

# ANGIER NEWS

**BY MRS. POLLY C. STOKES**  
**ANGIER**—Sunday was regular pastoral day at Williams Chapel, Rev. A. B. Massey, pastor preaching a powerful and soul stirring sermon His text: Forsaken Christ, taken from St. Matt. 27:46. He emphasized that Christ came in a sin-cursed world to seek and save the lost, to redeem humanity. Yet He was left alone to die in a dying hour and was forsaken by all.

He will not forsake us. If we leave Him out of our program we have left out all and cursed is any nation who has no king such as He.

We were happy to have Rev. M. M. Freeman of Lillington at the services Sunday.

The morning services were followed by a children's day program in the afternoon.

The Raleigh District Sunday School Convention will convene at Cedar Grove A.M.E. Zion Church on the 4th, 5th and 6th of July. Pastor, Rev. L. B. White, Rev. T. J. Young, presiding elder.

Mrs. Arletha G. White is spending vacation days at home with her mother, Mrs. Rosa H. Greene.

Mrs. Rater, Bunde of Virginia and Fuquay Springs and Mrs. Sara Young of New York City visited their mother last week, Mrs. Mary Matthews.

**CONGRATULATIONS ON YOUR BIRTHDAY**  
 Misses Delores (Dee) Dean Matthews, birthday Sunday, June 16th; Willa Delores Stokes, Jennifer Stewart, and Rev. L. M. Laughlin birthday, June 23. Many happy returns.

Rev. J. W. Jones and choir of Raleigh will be at Cur's Chapel the 3rd Sunday in July. Dinner will be served on the ground. The affair will be sponsored by Mr. Henry Cutts.

**SICK AND SHUT INS**  
 Rev. A. M. Minter, Dunn, N. C. pastor of Cutts Chapel is in Lincoln Hospital at Durham. Other shut-ins: Rev. Wiley Cutts, Mrs. Dora Dewar and Mrs. Katie Covington. Remember your sick and shut-ins.

**YOU ARE WELCOME AT SCOTT'S TOURIST HOME**  
 Also . . . Cafe  
 All Kinds of Drinks and Sandwiches & Dinners  
 HALF BLOCK FROM BUS STATION  
 Fuquay Springs, N. C.

**Tom Ashworth's Tire Service**  
 • TIRE RECAPPING  
 • DISTRIBUTOR OF GULF OIL PRODUCTS  
 Phone 626  
 Fuquay-Varina  
 New and Used Tires

**SAVE UP TO 60% On Building Materials**  
 It Will Pay You To Come To Varina For . . .  
 • Building Materials  
 • Appliances  
 • Home & Farm Needs  
 SEE US BEFORE YOU BUY!

**VARINA Wholesale Builders Supply**  
 "Your Building Material Super Market"  
 Varina, N. C. Phone 345

**THIS WEEK'S SPECIAL!**  
 21 INCH TV TRUETONE  
 \$169.95 — Best Term sIn Town  
 • Wizard Appliances • Wizard Batteries  
 • Davis Tires • Oil • Western Flyer Bicycles  
 • Turetone Radios

**Western Auto Associate Store**  
 FUQUAY SPRINGS, N. C.

**STEPHENS SUPPLY CO.**  
 Varina, N. C.  
 Hardware, Dept. Ph. 26 — Building Supply Dept. Ph. 589  
 • ANYTHING TO BUILD WITH  
 Frigidaire Appliances  
 Lawn Mower SPECIAL . . . Only \$69.95  
 23" CUT — 2 1/2 H. P. CLINTON MOTOR  
 BEST BUY IN THE CAROLINAS

## HEALTH HINTS

By Dr. Harley D. Scanlan, President National Chiropractic Association

**For The Mother-To-Be**  
 The usual discomforts that occur during pregnancy—backaches, leg cramps, abdominal pains, are the result of physical alterations and changes which occur during this period. The most marked of these takes place in the abdominal and pelvic areas where the child is developing and in the lower back, which must alter its position to accommodate the increased weight, by correspondingly increasing the depth of the curve of the lower back.

This curve increase often creates the appearance of "sway-back." It develops rapidly during the period of pregnancy. Following this increased growth in the abdominal area, organs become crowded. The mother's body changes to keep pace with the weight increase. If the mother's back is not flexible enough for this change to come about, backaches will occur, and all of the conditions mentioned above may develop. Crowded organs encourage constipation and circulatory failure symptoms. These are all affected by physical changes, and the mother must direct her attention to the physical state of the expectant mother.

The important care here must come from the chiropractor who specializes in the treatment of the spine for this is the location of the difficulties that derive from the rapid physical change. Consultation with the doctor of chiropractic will bring prompt relief and correction of these conditions. Such attention, plus moderate exercises and proper diet and hygiene, will be of great value to the expectant mother.

**CONGRATULATIONS ON YOUR BIRTHDAY**  
 Misses Delores (Dee) Dean Matthews, birthday Sunday, June 16th; Willa Delores Stokes, Jennifer Stewart, and Rev. L. M. Laughlin birthday, June 23. Many happy returns.

Rev. J. W. Jones and choir of Raleigh will be at Cur's Chapel the 3rd Sunday in July. Dinner will be served on the ground. The affair will be sponsored by Mr. Henry Cutts.

**SICK AND SHUT INS**  
 Rev. A. M. Minter, Dunn, N. C. pastor of Cutts Chapel is in Lincoln Hospital at Durham. Other shut-ins: Rev. Wiley Cutts, Mrs. Dora Dewar and Mrs. Katie Covington. Remember your sick and shut-ins.

**YOU ARE WELCOME AT SCOTT'S TOURIST HOME**  
 Also . . . Cafe  
 All Kinds of Drinks and Sandwiches & Dinners  
 HALF BLOCK FROM BUS STATION  
 Fuquay Springs, N. C.

**Tom Ashworth's Tire Service**  
 • TIRE RECAPPING  
 • DISTRIBUTOR OF GULF OIL PRODUCTS  
 Phone 626  
 Fuquay-Varina  
 New and Used Tires

**SAVE UP TO 60% On Building Materials**  
 It Will Pay You To Come To Varina For . . .  
 • Building Materials  
 • Appliances  
 • Home & Farm Needs  
 SEE US BEFORE YOU BUY!

**VARINA Wholesale Builders Supply**  
 "Your Building Material Super Market"  
 Varina, N. C. Phone 345

**THIS WEEK'S SPECIAL!**  
 21 INCH TV TRUETONE  
 \$169.95 — Best Term sIn Town  
 • Wizard Appliances • Wizard Batteries  
 • Davis Tires • Oil • Western Flyer Bicycles  
 • Turetone Radios

**Western Auto Associate Store**  
 FUQUAY SPRINGS, N. C.

**STEPHENS SUPPLY CO.**  
 Varina, N. C.  
 Hardware, Dept. Ph. 26 — Building Supply Dept. Ph. 589  
 • ANYTHING TO BUILD WITH  
 Frigidaire Appliances  
 Lawn Mower SPECIAL . . . Only \$69.95  
 23" CUT — 2 1/2 H. P. CLINTON MOTOR  
 BEST BUY IN THE CAROLINAS

## Spotlight on HEALTH

Science Features. Another Kind Of Ulcer

Penic ulcers in the stomach are so common that few persons realize they also occur in the esophagus, the tube that carries food from the mouth to the stomach. In fact, a recent medical study indicates that esophagitis — as this condition is known medically — may be much commoner than previously believed, even by doctors.

Reporting in the "American Journal of Surgery," Drs. E. E. Benedict and G. J. Nardi, of the Harvard Medical School, state that improved methods of diagnosis have led the medical profession to discover more cases of esophagitis than ever before.

The condition appears to be more prevalent among men than women. It also occurs most frequently between the ages of forty and seventy, although the Harvard researchers report one fifteen-year-old patient and another of ninety years.

The condition is one that grows progressively worse unless detected early and properly treated. At first, it produces heartburn, occasional vomiting, and soreness in the throat. Eventually, the esophagus becomes so narrow the patient can hardly eat or drink, and then only with great pain.

Diet, the Harvard doctors write, is very important in the treatment of an ulcerated esophagus. Unwise eating or drinking may be very injurious to the inflamed membrane. Alcohol, fried or highly seasoned foods should be entirely omitted from the diet, the doctors recommend.

As for medical treatment, the doctors point out that antacids are particularly useful because they neutralize gastric acidity, which is the cause of the ulcer.



They cite such drugs as Gelusil, in either tablet or liquid form, as excellent for the treatment of esophagitis. Gelusil, probably the most widely prescribed of the antacids, contains aluminum hydroxide and magnesium trisilicate, the combination making the most effective of acid neutralizers.

In cases which have progressed too far for medical and dietary treatment, the doctors say surgery may be necessary to remove the ulcerated tissue.

As yet, the condition is not nearly as common as stomach ulcers but the Harvard researchers point out that any person with a stomach ulcer is always in danger of esophagitis because regurgitation of acid from the stomach can lead to ulceration of the esophagus.

**The Robe that Packs in Its Own Pocket**

Here's a neat travel companion—a smart-looking robe that packs right inside its own pocket. Take it off, stuff it in the pocket, zip up and presto, where's the robe? The pocket becomes a neat little packet for easy carrying or packing. The real magic, however, is in the fourth fabric of Calanese acetate, which is so free of wrinkles that you can shake it out of its little eight-inch square pocket, and wear it immediately without pressing. Designed by Lady Fair, the robe is creating so much excitement, that they are going to make one for the men too.

**HOW TIMES HAVE CHANGED!**

**YESTERDAY—** IT TAKES COURAGE AND AMBITION, SON BUT IF YOU WORK HARD YOU CAN BE A FINANCIAL SUCCESS.

**TODAY—** WORK HARD? WHAT'S THE USE!

**DISCRIMINATORY TAXES— THE PENALTY OF SUCCESS!**

**When in the Course of human events, it becomes necessary for one people to dissolve the political bands which have connected them with another . . .**



**PRINCE FLEES HAITI**—Provisional President Daniel Fignole of Haiti faces the press at Miami airport, shortly after arriving in this country in exile. Fignole, who ruled the island republic for 19 days, was spirited from Port-au-Prince by plane when a military coup overthrew his government. Rumors that Fignole has been executed lickered off three days of rioting in Haiti in which scores died. (Newspress Photo).

**A SECRET OF DURABILITY HIDDEN IN MODERN ROADS**

Drainage pipe is passed through pipe underground without disturbing traffic on the surface.

**EDITORS NOTE:** This is another in a series of articles on developments that will go into the 13-year national and local government highway program with its \$100 billion expenditure and vast improvement.

One of the secrets of why today's highways are superior to those of the past lies unseen in the roadbeds.

Hidden is the vast drainage system that underlies each new super-road. A model of modern highway construction, the Pennsylvania Turnpike, contains up to three miles of concrete pipe for each mile of thoroughfare. Adequate drainage at each side of the pavement and in the median strip assures long-term stability for the highway.

The familiar round shapes of concrete drainage pipe are produced by American-Marietta Company in 50 of its plants.

They and other manufacturers have their work cut out in the years ahead, for each billion dollars of superhighway expenditure means the purchase of 2,000 miles of concrete drainage pipe.

And the 304,600 bridge structures, called for in the 13-year master blueprint of roads to be built, represent only crossings of 20 feet or more. For many of the smaller overpasses, sizable drainage pipes are now available without the expense of building culverts on the site.

Round concrete shapes are tailored to the job in varied diameters.

**Truly American— Including Air Conditioning**

A Carrier Year-Round Weathermaker fits gracefully into the wholesome atmosphere of this warmly traditional kitchen, lending to its comfort no matter what the season. Easily tucked into closets or other out-of-the-way locations, the Weathermaker, in an inconspicuous part of the household it serves, delivering controlled climate throughout every room every day of the year. It provides central heating as well as cooling at the twist of a thermostat. The Weathermaker insures a cleaner and healthier home as it cools, heats, dehumidifies and filters the air.

## Old-Fashioned Oatmeal Cookies



The sandbox set will soon be home for the summer so the house will be fairly bustling with activity. After a hard afternoon of building castles in the sand, the "younguns" will be more than ready for old-fashioned oatmeal cookies and tall glasses of icy milk.

Be sure to keep the cookie jar filled to overflowing with Oatmeal Raisin Cookies for just such an occasion. This chewy, rocky, hot, nut-rich flavor duo to the rolled oats inside and is chock-full of plump raisins. Oatmeal Raisin Cookies are a one-in-a-million snacking treat that's as delicious as well as nutritious!

**Oatmeal Raisin Cookies**  
 Makes 3 dozen cookies

1-1/2 cups sifted enriched flour	1 cup brown sugar
1 teaspoon soda	2 eggs
1 teaspoon salt	2 tablespoons milk
1-1/2 teaspoons cinnamon	1 cup rolled oats (quick or old-fashioned, uncooked)
1/2 teaspoon nutmeg	1/2 cup shortening, soft
3/4 cup shortening, soft	1/2 cup granulated sugar
1/2 cup granulated sugar	1 cup raisins

Heat oven to moderate (350° F.). Sift together flour, soda, salt, and spices into a large bowl. Add shortening, sugars, eggs and milk. Beat until smooth, about 2 minutes. Stir in rolled oats and raisins. Chill in refrigerator for about one hour.

Turn out onto well-floured board; knead just enough flour into dough to make handling easy. Roll out to 1/4-inch thickness and cut with large floured cookie cutter; sprinkle lightly with granulated sugar; place on greased cookie sheets. Bake in pre-heated oven (350° F.) 12 to 15 minutes. Remove from cookie sheets immediately.

**122 Degrees Awarded By J. C. Smith University**

CHARLOTTE — Johnson C. Smith University awarded degrees to 122 seniors during its eighty-ninth annual commencement exercises here last week. Those receiving degrees from North Carolina were:

**Bachelor of Arts**  
 Selma M. Abraham, Charlotte; Almette H. Alexander, Charlotte; Samuel Lee Allen, Noida; Peola L. Allison, Mocksville; Betty E. Anderson, Hillsboro; Alice J. Barber, Belmont; Willie Marshall Barber, Belmont; Joyce M. Bogue, Belcross; Ruby H. Brown, Charlotte; Sara L. Burns, Monroe; Barbara J. Carson, Tryon; Thelma H. Carter, Charlotte; William E. Cooper, Rose Hill; Maude L. Crains, Gastonia; Rosella I. Davidson, Charlotte; Barbara C. Doss, Asheville; Thomas Harold Duff, Gastonia; William T. Edlemon, Rockwell; Lillian T. Faison, Wadesboro; Shirley D. Gardner, Reidsville; Laura J. Gibson, Lenoir; Charles M. Gentry, Charlotte; Paul Hastie, Halesville; Paul Hastie, Halesville; Charlotte (Cum Laude); Mildred D. Harris, Charlotte; Emma D. Jones, Clinton.

**Bachelor of Science**  
 Isaac G. Alexander, Charlotte; Jean Nivens Blue, Monroe (Cum Laude); Joe L. Craig, Asheville; Amos H. Dancy, Dover; Floyd Leon Davis, Georgetown (Cum Laude); Hazel E. Ellis, Charlotte; Daniel Webster Fiesman, III, Charlotte; Anna Banks Harris, Reidsville; James H. Houston, III, Charlotte; David Lee Hunter, Charlotte; Samuel H. Konegav, Charlotte; Alice L. Parker, Lenoir; Roy P. Patterson, Lenoir; Harry Robinson, Jr., Hamlet; Rutis Douglas Spears, Charlotte; Edison L. Tove, Jr., Plymouth; Halsem Wheeler, Reidsville; Jerome Nathaniel Williams, Charlotte.

**Shop Apex Bonus Money Stores**

**FARMERS Supply Store**  
 FANCY GROCERIES  
 Quality Meats • Feed Hardware  
 U. S. No. 1 New Hill, N. C.

**STEVE'S PLACE**  
 YOU ARE WELCOME!  
 Shop at Steve's—All Kinds of Fresh Meats, Groceries, Cold Drinks and Cigarettes.  
 3 MI. S. APEX U. S. No. 1

**Tunstall's Store**  
 MAYNARD TUNSTALL, Prop.  
 At Friendship U. S. 1 Heavy & Fancy Groceries Pure Gas & Oil  
 Rt. 2, Apex Phone EL 4-1918

**TERRELL'S GROCERY**  
 118 W. DURHAM RD. CARY, N. C.  
 GROCERIES OF ALL KINDS  
 First Quality Meats  
 Fresh Seafood & Poultry  
 FULL LINE OF GENERAL MERCHANDISE  
 Free Delivery  
 Phone HO 7-6106

**Veale's Shell Service**  
 FIRESTONE • U. S. ROYAL  
 Jet, U. S. No. 1 & N. C. 5A  
 New, Used and Full Cap Tires At Popular Prices  
 APEX, N. C.

**WILLIAM PENN**  
 66 PROOF 6 YEARS OLD  
**PENN**  
 BLENDED WHISKEY  
 \$2.25 PINT  
 \$3.55 4/5 QUART  
 GOODERHAM & WORTS, LTD., PEORIA, ILL.