

Suitcase Stuff

By "Skink" Browning

The Baltimore Elite Giants are dickering with the Frankinton Red Caps for an Easter Sunday baseball game and with Hillside for an Easter Monday game.

The best game at the CIAA basketball tournament last week in Durham was the Shaw-A&T game. . . . Shaw stole the show by forcing the top-seeded Aggies into two over-time periods before succumbing 94-86.

Hillside High School was defeated by Jordan-Sellars of Burlington, 61-47 in the Central Piedmont Athletic Association basketball tournament, held at the Merrick Moore High School in Durham, Feb. 24, 25, 26.

The Central Piedmont Association is a revamped organization that replaced the Old Bull City Tournament set-up. . . . The Central Conference satisfies all of the requirements of the State Athletic Association—the Bull City didn't. . . . Hillside won the Bull City basketball tournament nine times. . . . Roxboro and Hillside met in the finals six times with Hillside taking all six. . . . Burlington gave Hillside 11th first Bull city setback.

The Shaw University baseball team is loaded. . . . Ditto for A&T. The Ray Nixons of Mooresville are infatigable.

Herschell Sects of Nashville, Tenn., now of Roxboro, was a football standout at Tuskegee Institute during the Ben Stevenson era.

Theodore (Ted) Long of Rocky Mount, former Shaw University player, punted the ball the wrong way in a Shaw-Smith football game in Charlotte. . . . Instead of going down the field, the ball went over Long's head and over the fence.

Fred Wiley, the referee, called for time. . . . when the ball came to he gave it to Shaw to kick again. Long's next kick "right angled" out of play on the opposite side of the field, again, Shaw was given the ball. . . . After a series of arguments Long kicked again. . . . this time the ball landed into the rear of tackle Fats Hughes, who had moved temporarily into the backfield to help protect the punter. . . . Smith covered, finally gaining possession.

A&T football team once carried around a big live bulldog as mascot. One visiting team accused certain A&T players of forcing the dog to jump them during an argument on the field.

Years ago Lincoln University (Pa.) was noted for its "rabble" section. Whenever the Lincoln team was losing on the field, the "rabble" would take over. . . . More than once, the "rabble" won the ball game.

Va. State once dominated CIAA baseball—then, Johnson C. Smith, then A&T.

Cliff Galbreath, the popular basketball, football and baseball official from Roxboro officiated in the Virginia Interscholastic tournament held at Dunbar high school in Lynchburg last week for group I high schools. Galbreath is a member of the Piedmont Board of officials and is athletic director at the Woodlawn Elementary School I high schools Galbreath is a member of the Piedmont Board of officials six years ago and for a longtime was the only tan official listed with the National Association from North Carolina.



NEW LEASE ON LIFE—Former Central High school student Minnie Jean Brown is shown as she started her first day at the New Lincoln High school in New York, which gave a full scholarship to the expelled Little Rock (Ark.) student. The teacher, Mrs. Joanne Carpenter, holds the attention of her pupils (left to right): Nina Pivnick, Walter Miale, Minnie Jean Brown, York Mezzelle and Lila Orleans. (Newspress Photo).



BEVY OF BEAUTES—Wealthy New York brewery owner Rudy Schaefer is flanked by six lovely contestants for the title of "Miss Beaux Arts 1958," during the recent Beaux Arts Ball at the Savoy ballroom. Audrey Brake (extreme right) won out over stiff competition. (Newspress Photo).

St. Matthews AME Church

By MRS. MARIE M. RIDDICK

St. Matthews AME Church observed its second quarterly conference Sunday, March 2nd, with Dr. C. E. Gant, presiding Elder of the Raleigh district, in charge.

Sunday School opened at 9:30 a. m. with the superintendent, Master William Tate, in charge. After a very interesting discussion on the lesson, an excellent review was made by Rev. G. W. Troubfield, pastor.

At 11 o'clock the senior choir led the congregation into the reverent spirit of worship as it proceeded in the procession to the altar.

Dr. Gant, introduced by Rev. Troubfield, delivered his message from Mark 1:13: "And He was there in the wilderness forty days, tempted of Satan; and with the wild beast, and the angels ministered unto him." His theme was "Temptation of Jesus."

The invitation for new church members was given by the speaker, after which the holy communion was given and the spirit continued to run high.

On Monday evening at 8 o'clock a session was held with Dr. Gant in charge again. He commended the organizations for their cooperation and loyalty.

Burlington News

BURLINGTON

A variety program featuring top tunes of 1958 was presented in the Jordan Sellars gymnasium Monday evening to an enthusiastic audience.

There were musical renditions by The Five Thrills, Pettiford Quintet, The Be-Boppers, The Down Beat Orchestra, The Five Squeakers, Hollywood Midnights, The Three Jocks and many others. Individuals appearing were: Vigi-Lee Lee, Thomas Earl Alston, "Guitar Slim" Moore, Shirley Moore, LeRoy Pickard and his tenor sax, Edward "Evil Eye" Walker, Kay Francis, Counts, Margaret Byrd, Nora Pennix and many others. At the close of part 2 of the program, the finals of a baby contest, sponsored by the band promoters club, Angela Moore daughter of Mr. and Mrs. David Moore, first prize winner, Vanessa Griffith daughter of Mr. and Mrs. Sanay Griffith, second and Lawrence Dobey were third there are three other babies for consolation prizes, Pamela Jones, Baby Smith and a surprise for next week. Awards will be made for dance contest at our next program. Thanks to participants, parents and funds from the bank promoters club.

LADIES' AID PRESENTS PROGRAM

The Ladies' Aid Society of the C. C. Church presented its first program for the year. Miss Eva Everett was program chairman. Readings were given by Mrs. Susan Robinson, "My Church," Mrs. Agnes Newlin, "Famous Sayings of George Washington," Mrs. Lillie Holmes, "Lenten Season and The Lord's Prayer," Miss Audrey C. Porter, "Creation" by James Weidon Johnson; Mrs. J. W. Morrison, "You and Answer to Prayer," Mrs. L. E. Trolinger gave an interesting and concise talk on "Three Questions That May Be Asked by God on the Final Day." Musical numbers were solos by Mrs. Lawrence Morrow, "Coming Home," Mrs. Eva D. Miller, "Close to Thee" and a duet by Mesdames L. E. McPherson and M. H. Poole, "Saved by Grace." The closing remarks were by Reverend J. W. Morrison, the church minister.

CHILDREN'S CHAPEL

Reverend L. E. Gant, Superintendent of the Convention of the South of the Christian Congregational Churches, was the guest speaker on Sunday morning at 11 a. m. at Children's Chapel Church. Reverend Gant is director of Christian Education and Youth Work from Virginia to Texas and has two hundred and twenty churches under his supervision. What the church is and does was the theme for his morning discourse. "The church is fellowship with people, it is fellowship with peculiar worship, and it is witnessing worship." Reverend P. O. Alston, minister of the Second Christian Congregational Church, was pulpit associate and had the closing prayer.

THE EBENEZER CHRISTIAN CHURCH

Sunday School sponsored service Sunday night with Rev. David Jones as guest speaker. Music was furnished by the Jones Singers and Miss Maxine Wilson. The service begins at 6 o'clock in order to include the children and their parents who are expected to bring them to this service which was well attended and enjoyed.

BIRTHDAY DINNER

Mrs. Mary Ireland was honored with a birthday dinner at her home Friday night a turkey dinner was served and enjoyed by the 60 guests. The Soul Stirrers Prayer Band of Greensboro were present. Mrs. Ireland received many gifts. A birthday cake was given by the Elton Junior choir.

BETH ANNOUNCEMENTS

Mr. and Mrs. Charles Kendrick, 221 East Seventh Street, announce the arrival of a daughter on February 28 at Alamance County hospital.

ALAMANCE COUNTY HOSPITAL

Mr. and Mrs. Dewey Ferguson, 1408 Maple Avenue, announce the arrival of a son on February 17.

Mr. and Mrs. Norman Massey, Dudley Street, announce the arrival of a son on February 27 at Alamance County Hospital.

Pastor's Aid met Monday evening at the home of Mrs. Annie Thompson, Richmond Avenue, Mrs. Louise Graham is president.

Zones 3 and 5 will be meeting at the church Tuesday evening at 8 P. M. Mrs. Leona Reeves and Mrs. Manie Dixon will expect all members.

Method News

By MISS DORA D. STROUD

CHRISTIAN TABERNACLE

METHOD—Sunday, March 2nd was regular pastoral day at the Christian Church. Rev. Harvey Haywood filled his place in the morning service and those who heard Rev. Haywood's message were made stronger by the directness of his explanation of God's goodness.

WILLING WORKERS CLUB

The Community Willing Workers Club sponsored an entertainment of singing last Sunday afternoon at 3 o'clock. Mr. Edward Holloway was in charge of the musical program and the young people under his call did some fine singing. There were numbers by Mrs. Lyons and sister Mrs. Mattie Holloway an instrumental solo by Miss Janet Crossling and Mrs. Matthews and her three little daughters singing together as was sweet as could be.

Mattie Holloway and Mrs. Laura Manuel conducted a praise service while waiting for the singers. That was enjoyed by all present. A young man from Durham, N. C. was accompanist. Altho blind he gives God glory and praise by playing music for different services. Mrs. Mary Ida Harris and Mrs. Mattie Holloway sponsored the program.

OAK CITY BAPTIST

Mid monthly service will be held at Oak City Baptist church at 11 o'clock Sunday Morning. Our presence is solicited.

VISITS HOME CHURCH

The writer of this column visited her home church at Cary Congregational Church Sunday morning with the pastor, Rev. J. M. Burrell. We attended Sunday School which was grandly conducted and taught Supt. Mr. Sidney Jones. Lesson was taught by the pastor.

At 11 o'clock morning service began. The choir which is one of the best sang lovely music and they put their hearts and souls into it. Rev. Burrell in keeping with the Lenten season is preaching a series of sermons on Crosses Sunday he advised each of us to examine ourselves and lay down the crosses we are carrying which we should to gain eternal life.

It was lovely and all Christians must have felt the power of his wonderful discourse. A nice amount of money was raised for special mission work and the members returned in a goodly sum.

MISSIONARY CIRCLE

The Missionary Circle of St. James A. M. E. Church will meet with Miss Dora D. Stroud Sunday night at 8 o'clock. She invites all the members and all her friends far and near to be present.

WORKING AT BOYLAN CHAPEL

Rev. Sister Mary Frazier gave service at Boylan Chapel A. M. E. Church Sunday morning March 2. She assists Rev. McInnes the pastor there from time to time. The people are glad of her service and they have glorious times out there. May the Lord help her to accomplish much good there and elsewhere.

Mrs. Wilbertine Sillis is sponsoring a baby contest for St. James A. M. E. Church. Tickets will be sold beginning this week.

CAKE CONTEST

Tickets are on sale for the cake contest which will be held at St. James A. M. E. Church, Friday night, March 2nd. Three cakes will be given as prizes to the persons holding the lucky numbers. Buy your tickets now from Mrs. Sarah Smith and Miss Dora D. Stroud. A coconut, chocolate and five pound, pound cake will be the prizes. Cakes will be baked by the above named ladies.

The Clark sisters will render a short program before the drawing of the tickets.

Berry O'Kelly, P. T. A. barbecue dinner on Thursday, March 20th. Please buy a plate at one dollar a piece. All you care to eat will be on your plate. Nice big dinners we serve.

SICK

Remember the sick and send or carry cheer to them.

REMEMBER

To make this our home. Help us humbly to learn its laws and trust its mighty powers.

And the writer adds: Trust God first and the laws of the land can then easily be obeyed.

By W. E. Orchard

ROXBORO NEWS

ROXBORO — Miss Adell Williams and Mary Richardson are now riding a 57 Desota. The question is, "What happened to Catherine Richardson and Lois Hall?"

Eunice Featherstone and Mary Steward found out that it is much easier to break up than to make up in campus love affairs.

Mrs. Mary Alice Street of Baltimore spent the weekend with Mrs. Maggie Jay of Person County.

John Henry Williams, John Featherstone, Warden Holloway, Sammy Gary and other former Roxborians motored home from New York to spend the weekend with friends and relatives.

The Person County High School basketball team will play in the district state tournament in Burlington this weekend.

This is the final week for the Statewide Pastor's Popularity Contest, sponsored by THE CAROLINIAN. Rev. U. R. Booker is in third place. Each coupon on the front page of THE CAROLINIAN counts for ten votes. Buy a CAROLINIAN, clip out the coupon, place Rev. Booker's name, town and Jones Chapel Church on the lines designated for such and give the coupon to your newsmen or send it to THE CAROLINIAN, 518 E. Martin St. Raleigh, N. C., Monday, Let's win first place.

The Panther baseball team started practice Tuesday for the eighteen game schedule that lies ahead. Those returning from last year's squad are second basemen, Earl Thorpe and Earl Poole, third basemen John Lawson, shortstop, Rufus Beatts, first baseman, E. C. Gardner. Outfielders returning are Willie Royster, Robert Linceford, Bobby Steward and John Mitchell. No pitchers or catchers were left from last year's aggregation.

Schedule is as follows with a few possible minor changes to take place. Raleigh and Danville will be added to the slate.

BASEBALL SCHEDULE
1957-1958

Mar. 25, Chapel Hill, Roxboro; March 27, Chapel Hill, Chapel Hill; Apr. 3, Hillsboro, Roxboro; Apr. 3, Roxboro, Hillsboro; Apr. 9, Reidsville, Roxboro; Apr. 15, Hillsdale, Durham; Apr. 18, Reidsville, Reidsville; Apr. 1, Merrick-Moore, Durham; Apr. 24, Little River, Little River; May 2, Hillsdale, Roxboro; May 8, Reidsville, Reidsville; May 8, Merrick-Moore, Roxboro; May 13, Burlington, Roxboro; May 15, Burlington, Burlington; Apr. 22, Pleasant Grove, Roxboro.

Durham News

By MRS. IDA L. SCURLOCK
2916 MULBERRY ST.

DEATH

DURHAM — Mrs. Carrie Mack, 23 passed at her home on the Hillsboro Road Thursday at 7:30. Funeral services for Mrs. Mack were held Sunday at 2:30 p. m. conducted by her pastor at the Cain Chapel Church in Durham County. Burial followed in the church cemetery. Her immediate survivors include 7 daughters, two sons, nine grandchildren and 11 great-grandchildren.

ME GLEAD CHURCH OF ORANGE CO.

Meeting at Me Glead Church Friday night, 7:30.

Sunday School, March 9, 10:00 A. M.

Morning worship, 11 A. M. Sermon by the pastor, Rev. T. M. Mosby.

SICK AND SHUT IN

Mrs. Moore of Cass. St. is in Lincoln Hospital. Mrs. Christian Hopkins, Mrs. Beattie Filmore, Mrs. Elmore Johnson, Mr. Dallas Cole, Mr. Alex Howard, Mr. Dolphus Davis.

Rhamkatte

RHAMKATTE — Service was rendered at Watts Chapel Baptist February 23. The speaker was Rev. Hicks from Durham, sponsored by the Trustees for the benefit of the building fund.

Sunday, March 2, service was held at St. John A. M. E. Church with the pastor, Rev. E. Worthy in charge. Music was rendered by the Senior Choir. Night service began at 7:30 with the pastor in charge of the night service.

On the fifth Sunday night at St. John A. M. E. Church there will be a program rendered by the Fayetteville St. Baptist Church. This program is sponsored by Mr. Otha Glenn for the benefit of the building fund. Everyone is invited to come. The Third Sunday Evening the Melba Chorus of Sanford, M. C. and Poplar Springs Christian Church will render a program at St. John A. M. E. for the benefit of the building fund.

VISITING

Mrs. Roberta Ashe spent the weekend in Washington, D. C. visiting relatives.

BIRTHDAY

Mr. Joseph Glenn celebrated a birthday in February.

One pound of cottage cheese contains as much protein as two quarts of milk.

Home Owners Hall New "Fix-It Yourself" Concrete Repairing Material

Cracks or holes in concrete or cement walls, floors, driveways, walks, steps? Thousands of homeowners have discovered a new latex-cement repair job. It's called "Gump's Latex Concrete" and is now available in hardware, building supply and lumber stores everywhere.

You can apply it from 1/4" to 1" or thicker with no grinding or undercutting, chipping, roughening or priming needed to assure a good bond. All the messy, tedious preparation work necessary with ordinary cement-patching materials is eliminated, including the curing operation.

The new product is waterproof, unaffected by weather, adheres to any clean, firm masonry surface as well as to wood, metal, slate and glass, and it dries to a concrete-color finish.

You have a choice of two handy sizes. Each kit contains special cementitious material and a can of rubber-silicone liquid.

The Small Kit, sufficient to repair 60 to 150 lineal feet of average cracks, is \$2.65. The Large Kit, twice the size, is \$4.25.

How ready is your lawn mower to go to work when spring comes? Farmers should build their farms for future needs.

Rush Memorial A. M. E. Zion Church News

By MRS. MARION W. BOYD

Here, we are again after being confined to the house for more than 2 weeks on account of the illness of my mother.

Sunday was Quarterly Meeting Day at our church also Communion Day and we were indeed happy to be out again and enjoy the same. Our services began as usual with the singing of the Processional number "Holy, Holy, etc. Pausings as is our custom always around the altar for our prayer of consecration for greater service.

Our 1st hymn No. 409, "The King of Heaven His Table Spreads," was sung lined by our pastor from St. Matthew of the 5th chapter from the 11th through the 20th verse. The soul stirring prayer was also offered by our pastor.

Our 2nd hymn No. 413 "In Memoriam of the Saviour's Love" was sung while the congregation sat in deep meditation. Rev. Carson, then introduced and presented the Rev. T. J. Young, the Presiding Elder of the Raleigh District who brought us an inspiring message.

He chose his text from the same scripture read, St. Matthew 5:2 "And he opens his mouth and taught them saying: 'The Great Teacher.' The minister began by saying that Jesus was concerned with people. He also said that Christ began to teach them he selected a place. And seeing the multitude 'he went up on a mountain.' He also said that before we can have unity there must be true Christians with good religion.

I am sure that all of you know the scripture because it contains the Beautitudes. This was indeed a fine message. At the 3 o'clock hour Sister Gary her choir and congregation worshiped with us in the interest of the Youth of the Church then in the evening, our pastor chose the 66th Psalm for his discourse and talked at length from the 3rd and 4th verses.

We, are again inviting you to come and worship with us at one of our services on Sunday. We are sure that you will be greatly benefited.

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How ready is your lawn mower to go to work when spring comes? Farmers should build their farms for future needs.



TO OPPOSE FAUBUS—Chris E. Finkbeiner, 37, prominent Little Rock, Ark. meat packer, formally signs document making him the first candidate for the governorship of Arkansas, the post now held by segregationist Orval Faubus. Looking on right is secretary of state C. G. Hall. Finkbeiner will oppose Faubus in the Democratic primary. (Newspress Photo).

Rx for Health

Preventing Mental Illness

One of the most pressing medical problems today is mental health. Our faster, more complicated life does much to build in each of us fears, anxieties and tensions. When you feel that "just one more thing" will make you explode, remember that you are most likely reacting in a normal way to the pressures of our dynamic society.

But also remember that there is a difference between a "normal" amount of tension and anxiety and an abnormal amount that can cause serious emotional and mental distress. A certain amount of anxiety in everyday life is good: it keeps us alert and prepares us to meet new and challenging situations.

For the average person it is good when faced with fear, tension or anxiety, to ask himself, "How can I master it?" not "How can I escape it?"

An effective mental health program is aimed at preventing mental illness. The National Association for Mental Health offers the following guides for dealing with everyday anxieties which we all must face:

1. When faced with an unsettling emotional problem, talk with someone in whom you can confide and trust. Just talking about it helps let off some of the steam in your "mental pressure cooker."

2. When a problem becomes overpowering, move away from it. Indulge in some constructive activity while your mind refreshes itself. You will then be able to approach the problem again with a more rational viewpoint.

3. Keep your temper under control. Violent outbursts weaken your mental make-up. Work off your anger through some constructive activity, such as house-cleaning, tennis and hiking.

4. As much as you want to be, you can't be right about everything all the time. See the other fellow's side. (Learn how to compromise). This will lower your blood pressure, help prevent frustration and make you a more likeable person.

5. Do things for others. Too frequently we are so involved in satisfying our own needs that we don't see our problems objectively. By doing for others we gain a real sense of accomplishment and bring a fresh point of view to bear on our own problems.

6. Take one thing at a time.

When work and problems pile up, don't try to tackle the whole load at once. This can only lead to frustration and more problems.

7. Don't set impossible goals for yourself. If your goals are not realistic, you can only add to your normal state of worry and frustration. Decide which things you do best and concentrate on these, then patiently try to do some of the things you usually don't do too well.

8. Don't criticize too frequently. Remember that the other person is only human, too. Each of us has limitations and you must recognize these in others as well as in yourself. Help your family and friends develop their natural abilities within natural limitations and don't criticize if they don't measure up to what you think they should.

9. Be considerate. . . . in other words, "give the other person a break." This applies to the home, the highway in business and in our social life. Competition is good, but it must be tempered with consideration. By being considerate we relieve the tension on ourselves and the other person.

And when you feel that the pressures of life are becoming unbearable, visit your physician or psychiatrist. An early visit can prevent serious illness later.

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O give thanks unto the Lord, for He is good; because His mercy endureth for ever. —(Psalm 118, 1.)

Throughout all ages and all eternity, Almighty God seeks the soul of His children—seeking to fill our lives with the joy that comes from His good, His loving-kindness, His strength and His mercy. We create our own utter misery by willfully turning away from Him.

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