

## FOR WOMEN

While delicious rosy strawberries are in season be sure to store some of their fine flavor on your pantry shelf. When summer days are past, the strawberry jam and other sweets will bring to your table the memory of bright summer days.

Homemade strawberry sweets take little time and trouble when you make them the modern short-bowl way with powdered fruit pectin. Use these easy recipes for strawberry marmalade and strawberry jam.

**STRAWBERRY MARMALADE**  
Yield: about 9 medium glasses (4 1-2 lbs. marmalade), 4 cups prepared fruit (1 orange, 1 lemon and about 1 1-2 quarts ripe strawberries), 5 1-2 cups (2 lbs. 6 oz.) powdered fruit pectin.

**METHOD:** First, prepare the fruit. Remove skins in quarters from 1 medium-sized orange and 1 medium-sized lemon. Cut quarters flat; shave off and discard about half of white part. With a sharp knife or slicer, slice remaining rind very fine, or chop or grind. Add 3-4 cup water and 1-16 teaspoon soda; bring to a boil and simmer, covered, for 10 minutes, stirring occasionally. Section or chop peeled fruit, discard seeds. Add pulp and juice to undrained cooked rind and simmer, covered 15 minutes longer. Crush thoroughly about 1 1-2 cts. fully

ripe strawberries. Combine fruits and measure 4 cups into a LARGE saucepan.

Then make the marmalade. Measure sugar and set aside. Add powdered fruit pectin to fruit in saucepan and mix well. Place over high heat and stir until mixture comes to a hard boil. Cook gently 1 minute. At once stir in sugar. Bring to a FULL ROLLING BOIL and BOIL HARD 1 MINUTE, stirring constantly. Remove from heat and skim off foam with metal spoon. Then stir and skim by turns into glasses or jars. Cover at once with 1 1/2 inch hot paraffin. If jars are used, seal.

Yield: about 11 medium glasses (5 1-2 lbs. jam), 4 1-2 cups prepared fruit (about 2 quarts ripe strawberries), 7 cups (3 lbs.) sugar, 1 box (2 1-2 oz.) powdered fruit pectin.

**METHOD:** First, prepare the fruit. Crush completely, one layer at a time, about 2 quarts fully ripe strawberries. Measure 4 1-2 cups into a VERY LARGE saucepan.

Then make the jam. Measure sugar and set aside. Add powdered fruit pectin to fruit in saucepan and mix well. Place over high heat and stir until mixture comes to a HARD BOIL. At once stir in sugar. Bring to a FULL ROLLING BOIL and BOIL HARD 1 MINUTE, stirring constantly. Remove from heat and skim off foam with metal spoon.



**PALMYRA CIVIC LEADER** — Mrs. Estelle A. Smith, Rio 1, Palmyra, is prominently identified with the religious and civic life of Lower Halifax County (Scotland Neck area) and the Endstreet Baptist Church where she serves as vice president of the Senior Choir. Mrs. Smith was the first Daughter-Elk to qualify for a fine IBPOEW choir robe thru a music department program promoted by W. T. Grimes for the N. C. IBPOEW Association, K. P. Battle, president. Mrs. Smith is also first vice president of North Carolina Farmers and Homemakers Conference; president of the County Council and 4-H leader of Halifax County; assistant chairman Elks State Fund and financial secretary, Essex Temple No. 764, IBPOEW of Scotland Neck. She is happily married to John Smith, an industrious farmer of the Palmyra community. — J. B. Harren Foto.



**ADMINISTRATIVE INSTITUTE DELEGATE** — Dr. F. R. Robinson, Dean of St. Augustine's College is one of sixty (60) college administrators attending the Fourth Annual Institute on College and University Administration, which is being held at the University of Michigan, Ann Arbor, Michigan, July 6-11. The purpose of this Institute is to take up with competent college administrators certain vital issues in the area of higher education.



**HEADS NORTH CAROLINA MORTICIANS** — A. R. Kelsey, prominent mortician of Salisbury, was elected president of the North Carolina Funeral Directors and Morticians Inc. for the year 1958-59. Mr. Kelsey is widely known in civic and fraternal affairs of the state, and is owner and manager of the Noble and Kelsey Funeral Home in Salisbury.

## Enjoy A Light, Bright Skin, Even During Summer Mos.

Does the sun mean fun to you? Do you enjoy a whole summer full of outside pleasures... swimming, boating, picnicking, gardening... and keep your skin soft and supple glowing with beauty, unravaged by sunburn and wind?

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Artra contains the miracle ingredient Hydroquinone which lightens and brightens dark pigmentation on both white and Negro skins. Applications of Artra before exposure to sun will prevent excessive darkening and burning. Yet it is absolutely safe for healthy complexion.

The medical marvel Hydroquinone was discovered quite accidentally about 20 years ago but was marketed commercially only recently. Hydroquinone was first noted when a group of Negro workers who had worn rubber gloves for some time had unusually light hands. Investigation proved the gloves had been treated with an anti-oxidant containing Hydroquinone. Then followed years of testing by a team of medical researchers.

Doctors found they could use this Hydroquinone with great success in lightening brown or black pigmentation due to many causes—freckles, age patches and abnormal darkening caused by pregnancy and Addison's disease. White and Negro skin alike benefited from Hydroquinone.

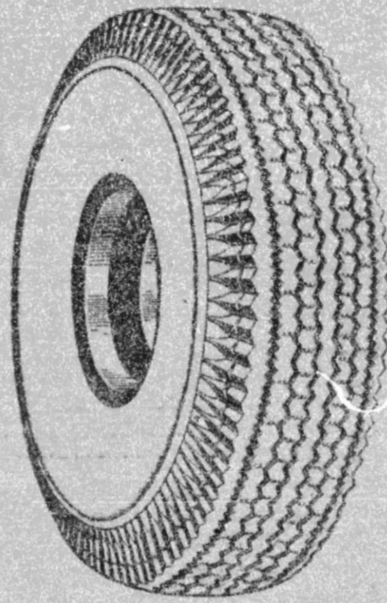
One interesting fact was revealed... in Negroes both abnormal

and normal areas became lighter while on white skin, only the darker portions were bleached. Light skin was unaffected.

Obviously Hydroquinone was not only medically sound, but

possessed remarkable therapeutic qualities. This fact so impressed executives of one of the world's leading pharmaceutical houses that they adapted Hydroquinone as the base

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Smoked Sausage	lb. 29c	Clorox Bleach	Qts. 19c

## Home Grown Tomatoes Lb. 10c

Blue Plate Strawberry Preserves 3 lb jar	59c	Lemons	Dos. 29c
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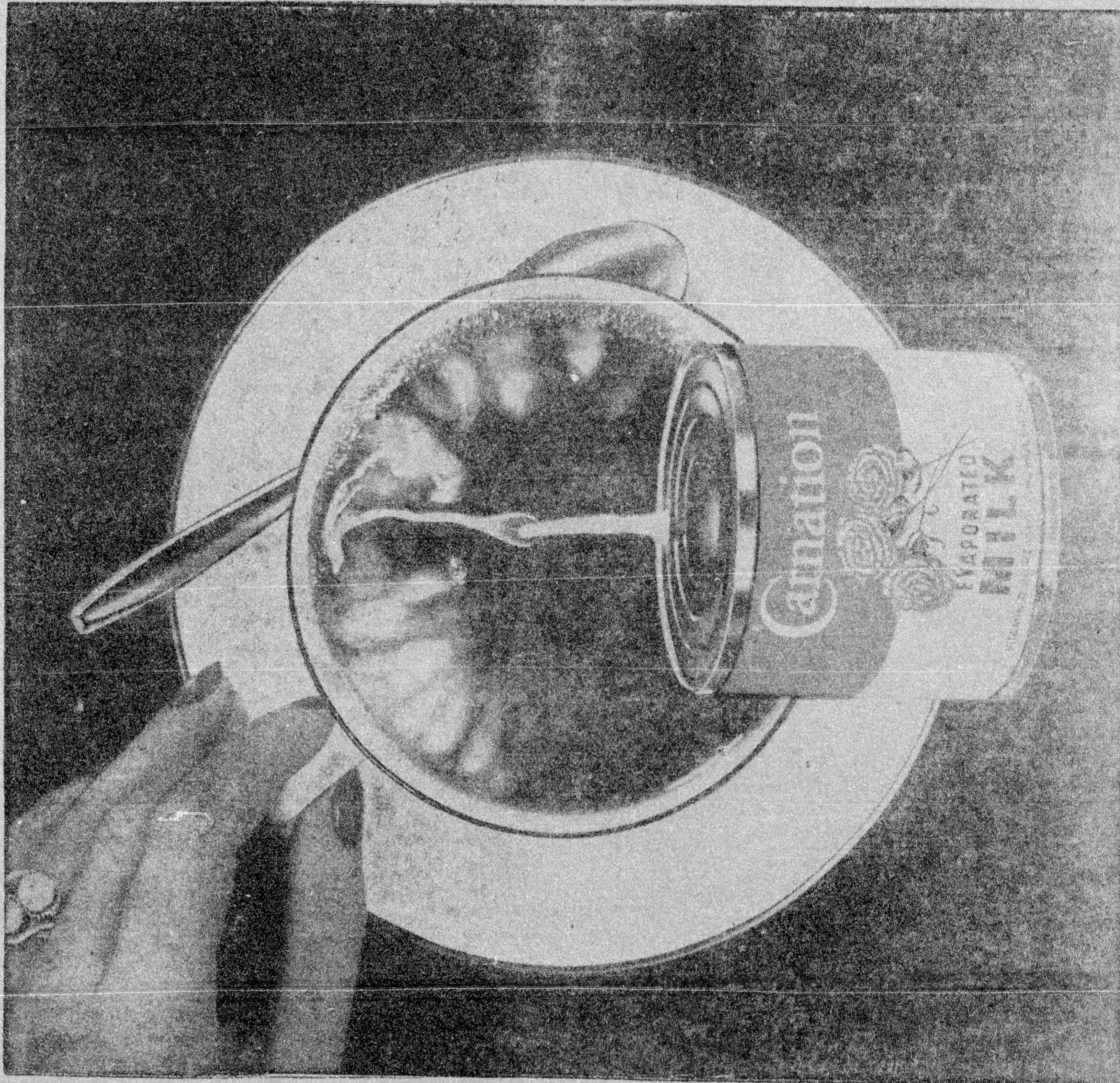
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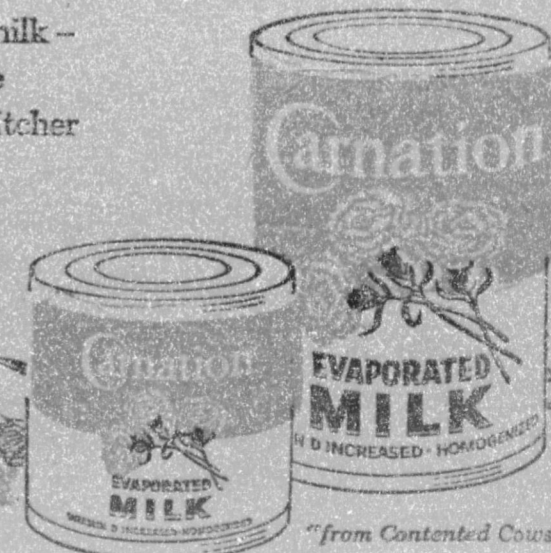
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