

More Than 300 Vegetable Gardens Visited; Judged During A Contest

NASHVILLE — More than 300 vegetable gardens were visited and judged recently in connection with the Annual Vegetable Garden and Conservation Contest, according to an announcement from the Negro Farm and Home Agents' Office in Nashville.

The garden of Mrs. Hattie Bullock, a garden leader in the Swift Creek Community, was judged and scored 88 points out of a possible 100, the highest score in the entire tour. This well-planned and conveniently located garden included recommended varieties of 30 different kinds of green, yellow, Vitamin C and other vegetables. Mrs. Bullock also assisted in encouraging 61 families in the Swift Creek Community to participate in the vegetable production project.

Earnest Silks, garden leader in the Castalia Community, assisted 75 families in his community to take part in the contest. This was the largest number of families to take part in the contest, in any of the 12 communities participating in the contest.

According to the rules of the contest, a gold achievement plaque will be awarded to the community having the highest percentage of families scoring 70 or more points in the Vegetable Production and Conservation Project during 1958.

Following is a list of the points scored on vegetable production only by the various communities:

Tied for first place were the Swift Creek and Evans communities, each with 97 per cent of the gardens judged scoring 70 or more points: Red Oak, 96 per cent; Snow Hill, 93 per cent; Gold Valley and Drake, 75 per cent; Stanhope, 67 per cent; Castalia, 66 per cent; Jefferson, West Mount, and Sharpsburg, 48 per cent; and the Easton communities enrolled a total of 17 points, all of which scored 70 or above.

Points considered in scoring the gardens were the total number of different vegetables, location, insect and disease control, cultivation and size of the garden in relation to the number of members in the family.

One of the requirements still to be met by the families taking part and communities is that an adequate amount of vegetables be consumed in compliance with the recommendations set forth in the Family Food Conservation Plan. Recognition in the overall project will be based on scores made in connection with the Production and Conservation of vegetables according to the Extension recommendations.

The highest scoring gardens in each of the communities were as follows: Red Oak, Herman Royster.

96 points; Nashville, W. A. Jones-98; Stanhope, Mrs. Nola Wilkerson and Mrs. Glendora Taylor-94; Drake, Percy Jones-93; Snow Hill, Mrs. Matilda Southerland-90; Gold Valley, Mrs. Vida Allen-93; Evans, Tharl Richardson and Jimmie Arrington-96; Sharpsburg, Mrs. Lillian Smith-96; West Mount, O. D. Williams-97; and Easton, Mrs. Viola McCann-96 points.

A total of 110 people participated on the garden tour during the 12 days of visits.

"Raise Square Meal Around The Home" Days Observed In Nash

NASHVILLE — Raise A Square Meal Around the Home Field Days and Picnic was held in Nash County according to the following schedule: Tuesday, July 29, at the home of Mr. and Mrs. Conrad Jones, Sr., Route 3, Nashville (Snow Hill Community) at 5:00 p. m. The Evans, Castalia, and Snow Hill Communities were invited to attend the Field Day in this community.

On Wednesday, July 30, at 5:00 the last Field Day and picnic was held at the home of Mrs. Susie Williams, Route 2, Whitakers (Swift Creek Community). The Swift Creek, Cedar Grove, Rocky Land, and Battleground Communities were encouraged to attend.

On Thursday, July 31, at 5:00 p. m. the Field Day and picnic was held at the home of Mr. and Mrs. Olford Ricks, Route 1, Wilson (Stanhope Community). Stanhope, Bailey, Gold Valley, and Coopers were invited to attend.

Friday, August 1, at 5:00 p. m. the last Field Day and picnic was held at the home of Mr. and Mrs. John D. McCann, Route 1, Rocky Mount (Eastonburg Community). The Eastonburg, Sharpsburg, Jeffreys, Red Oak, and West Mount Communities were invited to attend.

The purpose of the Field Day was to discuss and show the value of raising a square meal around the home. The program was scheduled to start at 5:00 p. m. and last about one hour.



AN EXAMPLE of "Raising A Square Meal Around The Home" is demonstrated by Mrs. John Harrison of the Snow Hill Community in Nash County.

State College Answers

QUESTION: What is the trend in the sale of irrigation systems in North Carolina?

ANSWER: Downward. The more plentiful rains of the last few years have caused fewer farmers to purchase irrigation systems. Jim Netherton, irrigation specialist for the N. C. Agricultural Extension Service, says this is unfortunate. It appears, Netherton said, that farmers have not recognized that irrigation can increase the yield and quality of their crops even in years of normal and above normal rainfall.

QUESTION: Just what will farmers be voting on in the national corn referendum on Nov. 25 and who will be eligible to vote in the state?

ANSWER: Farmers will have a choice of keeping their present corn program, which calls for support prices of 75 to 90 per cent of parity for farmers who plant within their allotment; or accepting a new program which would eliminate

corn allotments and the present designated commercial corn areas. Under the new program, farmers could plant an unrestricted amount of corn and have it supported at 90 per cent of the average corn prices received during the three preceding years. All farmers in the 32 commercial corn producing counties of North Carolina can vote in this referendum.

QUESTION: How do corn prices compare this fall with prices a year ago?

ANSWER: Prices have already hit the low levels of a year ago in view of the bumper crop being harvested this year, prices should dip even lower before the season is over.

Olympic Wk. Features A Fund Drive

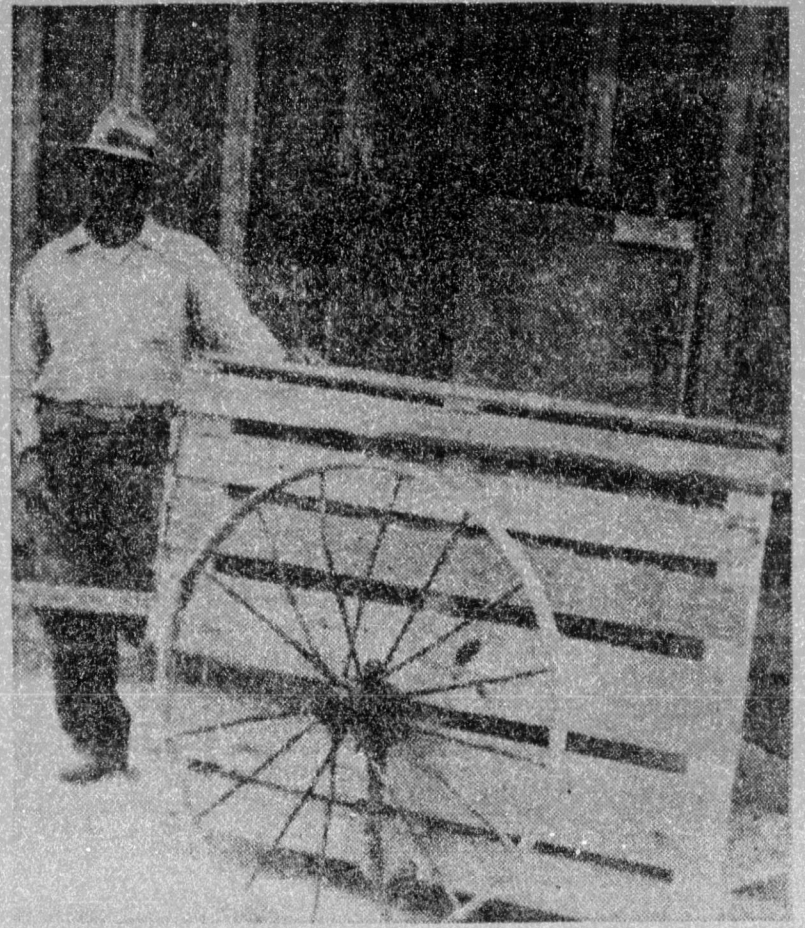
NEW YORK — (AP) — The U. S. Olympic Committee last week launched National Olympic Week with its \$1,500,000 1960 Fund Drive, aimed at financing an expanded program of development and intensive training of U. S. athletes.

The committee announced it is determined to field stronger and more representative teams in all phases of Olympic competition. "There never has been a greater challenge faced by the United States in its bid for continued Olympic Games prestige," said U. S. OC president, Kenneth L. "Tom" Wilson, in urging public support of the fund drive. We must redouble our efforts to produce a team which can compete successfully against all other nations in 1960 and in the future.

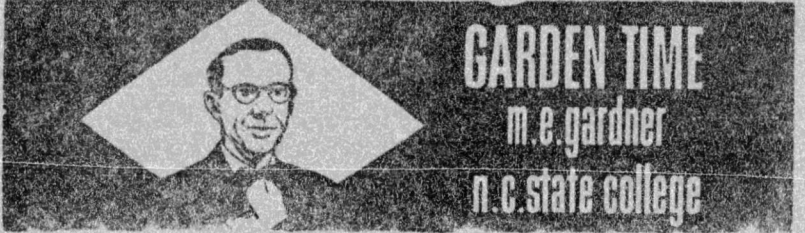
The committee said the fund of \$1,500,000, to be raised through public solicitation, will enable the U. S. Olympic Committee not only to carry out the normal responsibilities of selecting, equipping, transporting, housing, and feeding the U. S. teams for the Olympic and Pan American Games, but to better prepare these teams for Olympic competition.

Contributions, which are tax deductible, may be sent directly to Olympic, Baltimore Hotel, 43rd St. and Madison Ave., New York, N. Y.

While away the FAMU staff members pursued post graduate work at six universities.



A PORTABLE CRATE for moving swine breeding stock is owned by W. T. Battle, above, of the Evans community of Nash County.



A reader from Gardner sent me some camellia japonica leaves which are infected with a fungus spot. It is not serious and apparently no control has been worked out. It is found only on the old leaves and will cause no serious damage to the plant.

The disease occurs as irregular grayish spots, sometimes many, sometimes few, which eventually fall out and leave holes in the leaves. This trouble may be more prevalent this year because of the extremely wet weather in the spring and early summer.

I have a large oak tree in my yard which was attacked by a fungus spot for the first time this year. It was about 60 per cent defoliated two weeks ago. I attributed the severity of the disease to wet weather, however, a good crop of buds was formed before the leaves began to fall. I anticipate no serious effect. I will watch it next year.

Miss Barbara J. Hilliard Exhibits Grand Champ In A Tri-C'nty Hog Show

NASHVILLE — Grand Champion honors went to a hog belonging to Barbara Jean Hilliard, of RFD 2, Battleground, when the annual Negro Tri-County Market Hog Show and Sale ended recently. Swift and Company bought the hog for \$98.48.

Reserve Champion honors were awarded to a hog, which was entered in the show by John Harrison, RFD 2, Nashville. Z. B. Bullock and Son bought the hog for \$65.52.

The Tri-Co Packers of Spring Hope bought the Grand Champion Pen, owned by Asker Marshburn of RFD 2, Nashville, for \$193.83. The Reserve Champion Pen entered in the show by John Harrison of RFD 3, Nashville, received \$178 from The Barbours Livestock Market which bought the lot.

Participants in the show and sale were nine 4-H and NFA members from Edgecombe, Halifax, and Nash counties. First place went to Inboard Junior 4-H Club of Halifax. Members of the winning team included Derrick Green, Cynthia Cousins, and Vira Whitesides. The first prize award was \$13.

The Staney Creek 4-H Club took the second prize of \$8 with members John T. Williams, Rudolph Austin and Lorenza Hall. The Halifax 4-H Club won the third prize of \$5 with members Derreck Evans, Van R. Jones and Ed Jones.

In the swine showing contest, first place went to Glander Hilliard of Nash County, while second place was won by Tharl Richardson of Nash County. The winners received a 100-pound bag of feed by Calisco Feed Mill. Approximately 114 hogs were entered in the contest.

Other events on the program consisted of a meat-type hog grading demonstration by Jack Kelly, swine specialist from Raleigh, and a showmanship demonstration by Frank Jessup, with the livestock committee of the Rocky Mount Chamber of Commerce.

Sponsors of the show and sale were the Rocky Mount Chamber of Commerce with the cooperation of the Boards of Commissioners of Nash, Edgecombe and Halifax counties.

The mechanical corn picker can be the most dangerous of all farm machines, according to the National Safety Council.

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POULTRY PROJECT — Athean Deans and his grandson, Wade, of Nash County, are proud of the flock of 1,200 chickens that have been added to the income-producing enterprises on the Deans farm. The entire output of eggs from the poultry flock will be sold for purposes of hatching.

Tobacco Sharecropper Doubles Income By Raising Quality Hogs For Market

NASHVILLE — An 18-acre Negro sharecropper has just about doubled his income by raising quality hogs in addition to tobacco, reports State Agent R. E. Jones of the North Carolina Extension Service. The farmer is Asker Marshburn of Nashville, N. C., who started sharecropping cotton and tobacco in 1922, but never began getting ahead until a few years ago when he raised his first litter of pigs for market. Last year he sold more than 40 head, and if all goes well this year, he says he expects to market 80 porkers from his six Tamworth and Yorkshire sows.

Mr. and Mrs. Marshburn have trapped cotton altogether and are now counting mainly on four acres of tobacco and all the hogs they can grow feed for. Through a feeding program with their county agent, William F. Wright, has helped them to develop, the Marshburns put for 200 to 225 pounds on their hogs in five months.

"We keep them on pastures of fescue and ladino clover for about two months," says Mr. Marshburn, "then we put them in the pig parlor for finishing of during the next three months. There they are kept cleaner, and with the feed and water handy, they put on weight."

The 20 by 20-foot parlor has a concrete floor, a sloping tin roof on eight-foot supports, and fenced-in sides three feet high. It is equipped with a self-feeder and a self-waterer fed by a deepwell. Mr. Marshburn estimates that the parlor cost him about \$260, plus the feeder and waterer.

With their modern facilities and improved practices, the Marshburns have set an example in swine production for most of their neighbors. They have been leaders in shifting to meat-type hogs, developing improved pastures, using electric fencing, and in constructing a pig parlor. These are practices County Agent Wright has been pushing. And farmers from miles around come to see them demonstrated on the Marshburn farm.

Three years ago only 10 of the 2,500 colored farmers in Nash County were raising hogs in any quantity for market. Last year more than 50 sold from 20 to 100 head. Twelve farmers marketed a total of \$9,000 worth of hogs. While Mr. and Mrs. Marshburn sharecropper their four acres of tobacco, giving the landlord half of the crop as rent, they keep all they make on the hogs, says Mr. Jones. Now for the first time they think they will be able to see their way clear in a year or two to buy a piece of land of their own.

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State College Hints

BY RUTH CURRENT ON LOOKING OUR BEST — If you are too heavy, just cut down on the amount you eat. Say "no" to second helpings at mealtime and limit those between-meal snacks.

The underweight needs plenty of whole milk and a proper balance of protein (meat, fish, eggs, cheese) and starchy foods (bread, rice, potatoes, macaroni, etc.) plus some fat and plenty of vitamin rich vegetables and fruits. She needs sugars, too, but should include these in her regular diet.

What about height? Improved overcome height problems. The short girl will seem taller and may actually add an inch or her head high and standing more to her stature by holding straight. Even the tall person will gain in attractiveness by overcoming her natural tendency to slouch. Watch your friends, your classmates. Notice how those with good posture stand out in the crowd.

Exercise will distribute pounds to better advantage. Clothes, too, when well chosen, can be a great help in overcoming figure shortcomings.

You have a start toward a good figure. Next week let's look at your skin.

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