# "Negro's Faith In America Is Unshaken,"—Asa Spaulding

shaken. Asa T. Spaulding, former for what profiteth is a man to gain he can find anywhere else UNESCO delegate said here Sun- the whole world and lose his soul?

Spaulding, who represented the U. S. as part of a 1956 mission to the UNESCO conference in New Delhi. India, addressed an Achievement Week audience at North Carolina College.

The Durham chapters of the Omega Psi Phi Franternity sponsored the observance.

Spaulding said in his talks with "little men" around the world on to his white brother The enjoyhis New Delni trip, he found that | ment of what America is restricted America has lost prestige. He said, as applied to him, and his oppor "There are those who feel that funities are limited in many areas. much of America's loss in prestige has corse about because of her failure to blace more emphasis on moral and spiritual values; especi-

## RINGWORM-DANDRUFF

Dersulan = 5

## No Nagging **Backache Means a** Good Night's Sleep

lar acties and pains may come on with over-exertion, emotional upsets or day to day stress and strain. And folks who eat and drink unwisely sometimes suffer mild bladder irritation... with that restless, uncomfortable feeling.

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Or what would he give in exchange for his soul?

The fraternity observance has or its theme this week, "Moral and Spiritual Values: America's Greatest Need.

Speaking of the disparity be tween theory and practice in race relations in the U.S., Spaulding said, "To the Negro American, the physical image and estimate of the country are the same as they are at least in practice if not in theory Largely because of the badge of color, his flife, liberty and pursuh of happiness' are circumscrib-

states in these United States which vould even deny the Negro Ameican the right to "due process of to rid himself of the shackles which bind him to a state of "secend class citizenship." Yet, he still believes that under our democratic

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### Science Shrinks Piles New Way Without Surgery Stops Itch-Relieves Pain

For the first time science has found a new healing substance with the astonishing ability to shrink hemorrhoids, stop itching, and relieve pain - without

zurgery. In one hemorrhoid case after another,"very striking improvement' was reported and veri-fied by doctors' observations. Pain was relieved promptly. And, while gently relieving pain, actual reduction or retraction (shrinking) took place. And most amazing of all this improvement was mainined in cases where doctors'

phservations were continued over a period of many months! In fact, results were so thorough that sufferers were able to make such astonishing state-ments as "Piles have ceased to be

New York, N. Y. (Special) - | a problem!" And among these sufferers were a very wide va-riety of hemorrhoid conditions, some of 10 to 20 years' standing All this, without the use of narcotics, anesthetics or astrin-

gents of any kind. The secret is new healing substance (Bio-Dyne\*) - the discovery of a world-famous research institu-tion. Already, Bio-Dyne is in wide use for healing injured tissue on all parts of the body.
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is offered in suppository or oint-ment form called Preparation H.\* Ask for individually sealed convenient Preparation H suppositories or Preparation H ointment with special appli cator. Preparation H is sold at all drug counters. Satisfaction guaranteed or money refunded.

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Mr. and Mrs. Charles LaSister

some Southern States deny colored and thermo-nuclear weapons of of Rights," he does have greater Americans "due process of law," destruction, these are the values of privileges in theory, and greater the Negro's faith in America is un- which the world has greatest need; promise of the future in fact, than

Arthur Edwards, NCC student leader, served as master of ceremonies at the program. Jerome H. Dudley, student body president, introduced the speaker. Robert Howie and Miss Celia Davidson furnished music, and the Rev. J. W. Smith, Jr., was in charge of devotionals.

The speaker and Mrs. Spaulding were honored at a reception after the address at the home of Mr. and Mrs. J. W. Goodiee, 117 Ma-

ASSOCIATED NEGRO PRESS

STUFFING FOR THE BIRDS Shucks of corn, sheaves of heat, apples, pumpkins and cider, aw" and to carry on, through the too, all play an important role in established legal channels and cen- forming the traditional Thanksstitutional processes, his struggle giving picture. Vet, the greatest of all stars on this day continues to be Mr. Turkey.

The success, then, of this annual least depends largely upon the nighty "family" bird .... how you've got the perfect recommen dation. Here it is. . . . Sausage Rice Stuffing" This is a recipe with the essence of simplicity for busy homemakers; and it is one certain to please everyone.

Packaged pre-cooked rice uaranteed always ready in jiffytime-is the main ingredient in this stuffing, combined with sausage meat, mushrooms and a deli ious blend of seasonings. Once you've tried it, you'll agree

tops all stuffings and is surely ne you'll want to serve with chicken and other fowl, too, on

SAUSAGE-RICE STUFFING 3-4 pound bulk sausage meat

3 tablespoons buter 3-4 pound mushrooms, chopped 3-4 cup chopped onion

4 cups (13-7-8 ounce box) packed pre-cooked rice 4 1-2 cups water

3 cups diced celery 3-4 cup chopped celer 4-1-2 teaspoons salt

3-8 teaspoon pepper 3-4 teaspoon savory 3-8 teaspoon thyme 3-8 teaspoon sage

METHOD: Place sausage meat skillet and saute until brown. Add butter, onion, and mushrooms and saute 3 minutes longer. Then add rice, water, celery, celery leaves, and seasonings. Mix just until all rice is moistened. Bring quickly to a boil over high heat. Cover and remove from heat. Let stand

CRANBERRY AND ORA GE SALAD

1 cup hot water 3-4 cup cold water

1-2 small orange, unpeeled 2 cups raw cranberries medium apple, diced toption, tus," he claimed.

Makes 6 servings.

#### Massie Patterson Carib Singers To Tour Many Areas

NEW YORK CITY-Last Sunday evening, Massie Patterson, who has for some years been furthering the knowledge and appreciation of calypso singing and dancing, presented her group in the Young Men's Hebrew Association's Kaufman Concert Hall, 92nd Street and Lexington Avenue.

The program consisted of auch Jamaican folksongs as: Vendors on Way to Victoria Market, Dumplin Woman, and Cha, Cha, Cha, by the entire ensemble; a trio number; Shimmy Like a Lady (Mickey Newby, Zebedee Collins, Joyce Johnson): and a solo entitled

Featuring the music of Trinidad were: Donkey Song Medley, Limbo, Marian, Boo Boo Man, Back to Back and Basay Down (emsemble numbers); Pig Knuckles (Louise Palmer): Stone Cold in De Market (Gigi Guignard); The Litand Siesta (Newby, Alvin George, 1 Barbara Gordon, Lance Haven). Representing Halti were : Im-

Perseverance (Collins).

semble); and Invocation to Dan- more regard for the protection of balla (Johnson, Haven, Wolker). Even Bahaman music was inmission's members." cluded: Peas and Rice (Haven). contributed Dance to the Drums Newby and Collins presented

Dance (Stick Pfight); and Jeffrey and Walker danced Belle Congo, There was a calypso arrangement of Little Maids (Walker, Guignard, Gordon, Robert Whitley, Newby, Collins); and a song by Massie Patterson; Miss Emmalina (John an, Collins), Whitler and Ralph Borsey rendered. drum duet. Marie Lee was the off-stage planist thru out the

program.



MARRIES A NEW YORKER Mrs. Iris Collins, 803 E. Davis Street announces the marriage of her sister, Miss Carol Lane, above, formerly of Raleigh, to Mr. George Kandolph of Josephine. Pennsylvania recently. The comple now resides in South Ozone Park, L. I., New York, Mr. Randolph is currently employed as correction efficer by the State of New York. Both were entertained by the bride's sister, Miss Dorothy M. Lane, of Brooklyn, New York last weekend.

## "Quiet Hour" Of Organ Music At NCC

DURHAM-North Carolina College's Music Department launched a special quiet hour of organ muic on November 5.

Miss Celia Davidson, organist will play an organ interlude from 4:30 to 5:13 in the B. N. Duke Auditorium on Wednesday after

The quiet hour is described as 'purely an informal affair" aimed to provide only "a place for rest in a soothing atmosphere.

## Anti-Bias Agency Head Cites Needs

ATLANTIC CITY, N. J - (ANR) -With sharp and well - chosen words, Charles Abrams, chairman, 8 minutes. Put stuffing into tur- gainst Discrimination, told delekey. Do not pack tightly. Roast at gates to the New Jersey Welfare once. Makes 14 cups stuffing or Council at the Hotel Traymore here lihat the American suburban neighborhood had become the breeding ground of bias, fear, and I package orange-flavored gela- discrimination and that a whole generation of American home owners were exposed to it.

Such communities have "subordinated intelligence to race, religion, income, color, or social sta-

Mr. Abrams cited a recent study by his commission which made METHOD: Dissolve gentin in the following conclusions: (i) Ne-HOT water, Add cold water, Chill groes must have higher qualificauntil slightly thickened. Cut orange tions than whites to compele for in wedges and remove seeds. Put jobs: (2) lack of formal schooling orange and cranberries through is more of a handicap for the Nefood grinder; add apple and sugar, gro than for the white; (3) there Fold into slightly thickened geta- is considerably higher drop-out atin. Pour into individual molds, mong Negroes in New York State Chill until firm. Unmold on crisp at the high school level, (4) while lettuce. Serve with mayonnaise one out of five white high school graduates completes college, only one out of nine Negro high school graduates does so; (5) school

grades vary for Negro youth from city to city in the state. Also, the SCAD chairman indicated that although Negro youths rom segregated schools in the South experienced difficulity in adjusting to interracial school situations in New York State, educators recalled instances where Negro students showed a "more positive and constructive attitude toward school" than their white

"The Negro," one educator told commission investigators, "expects more of himself and maintains more of a direction in his acade-

mic pursuits." "The Negroes do as well as, if not better than, the whites, according to traditional educational

standardds." Mr. Abrams told the conference's delegates that there should be a more effective President's Committee on Government Contracts

and Federal Civil Rights Commis-With reference to the Civil Rights Commission, Mr. Abrams stated that when most of its efforts should have been directed primarily to Mississippi, Arkansas and the South generally, "it has tie Monster (Guienard and Helena | chosen to spread its fragile wings Walkern; Better Woman (Wolker); to embrace the 49 separate states with 49 separate state committees -including one each in New York, Massachusets, New Jersey and pression of a vondoo ritual (en- Pennsylvania, which have shown | minorities than some of the Com-

And as a precautionary foil to Massie Patterson and credit for excessive song there was a native the choreography goes to Jeffrey orchestra number. Jerome Jeffrey and Collins. LP records C 1-1007 are available on Columbia. The combination of variegated costumer, lighting effects and

> quaint music afforded the splendid audience assembled the enjoyment it deserved. The company will soon embark on a tour, thru the co-operation of Sam C. Patterson, of No. 123 West 119th Street.

corn counties of North Carolina are eligible to vote in a national corn referendum scheduled for No-The costumes were designed by vember 25.



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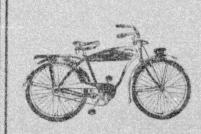
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Girl's Batons		1.00	- A
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	A	SET	

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