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DR. CECELE H. EDWARDS, professor of Nutrition at A&T College, Greensboro, delivered the keynote address at the annual meeting of the North Carolina Chapter of the American Dietetic Association held at the O'Henry Hotel, Greensboro, recently. She spoke on "Dietary Practices: Research and Its Implications for Nutrition Education." More than 150 members attended the meet in observance of the 25th anniversary of the organization.

Baptist Executive Calls U.S. "Nightmare Nation"

NEW YORK — A New York Baptist leader called American "a nation ridden by nightmares" and warned Americans to stop squandering time, energy and brain-power "fuming and fussing over little big things — 'pretenses in the struggle for peace, justice and first-class things.'" He urged achievement of citizenship.

The Rev. George Lawrence, Executive Director of Baptist Headquarters here and Assistant to the President of the Empire State Baptist Convention, made this plea in a sermon last Monday before more than 200 ministers and laymen at the Baptist Ministers' Conference of Greater New York and Vicinity in Metropolitan Baptist Church.

Rev. Lawrence delivered the annual Thanksgiving message before the conference, and it drew enthusiastic response and approval. He was introduced by Dr. Thomas Kilgore, Jr., pastor of Harlem's Friendship Baptist Church and President of the Greater Educational Center. Rev. William F. House,

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condition as in 1968 when Abraham Lincoln prayed to God to "heal the wounds of a divided nation." "We may not be at war today," said the preacher, "but we are a nation ridden by nightmares. There is the nightmare of Little Rock, Ark. There is the nightmare of Virginia. There is the nightmare of Mississippi. There is the nightmare of Alabama, of Georgia, of South Carolina — and there is the nightmare of Harlem, New York, and of 'Harlems' all over the nation and the world, in South Africa, in Chicago, in Detroit and wherever people are denied rights of human dignity, justice and first-class citizenship."

Rev. Lawrence said the nation's civil rights crisis "stems from the tragic fact that, as a nation and as a people, we are suffering from a terrible sickness of mediocrity, dying of ordinariness and perishing from piffiness. The devil has brainwashed us and keeps us from accomplishing big things and achieving greatness."

He called for "a positive program of conduct and action which stresses good will toward men. Unless we adopt this program now, Thanksgiving is a mockery and we face an impossibility."

The speaker said "cheapness, hatred, malice, jealousy and pettiness are massive road-blocks toward good will and greatness. Thanksgiving, 1968 stands not merely as a time of rapturous praise, and of innocuous peace, but as the hour for launching an aggressive program of love and understanding — of absolute good will toward all men."

Rev. Lawrence stressed that "Jesus is the lone and sure hope for a sinful and dying world. As we gaze today into the unexplored continent of time, we may be thankful for the Hope that does not die — the hope that we might yet see a world-wide harvest of peace, freedom and good will."

GO TO CHURCH SUNDAY!

Science Shrinks Piles New Way Without Surgery Stops Itch—Relieves Pain

NEW YORK, N. Y. (Special) — For the first time science has found a new healing substance with the astonishing ability to shrink hemorrhoids, stop itching, and relieve pain — without surgery.

In one hemorrhoid case after another, "very striking improvement" was reported and verified by doctors' observations.

Pain was relieved promptly. And, while gently relieving pain, actual reduction or retraction (shrinking) took place. And most amazing of all — this improvement was maintained in cases where doctors' observations were continued over a period of many months!

In fact, results were so thorough that sufferers were able to make such astonishing statements as "Piles have ceased to be

a problem!" And among these sufferers were a very wide variety of hemorrhoid conditions, some of 10 to 20 years' standing. All this, without the use of narcotics, anesthetics or astringents of any kind. The secret is a new healing substance (Bio-Dyne) — the discovery of a world-famous research institution. Already, Bio-Dyne is in wide use for healing injured tissue on all parts of the body.

This new healing substance is offered in proprietary or over-the-counter form called Preparation H. Ask for individually sealed convenient Preparation H suppositories or Preparation H ointment with special applicator. Preparation H is sold at all drug counters. Satisfaction guaranteed or money refunded.

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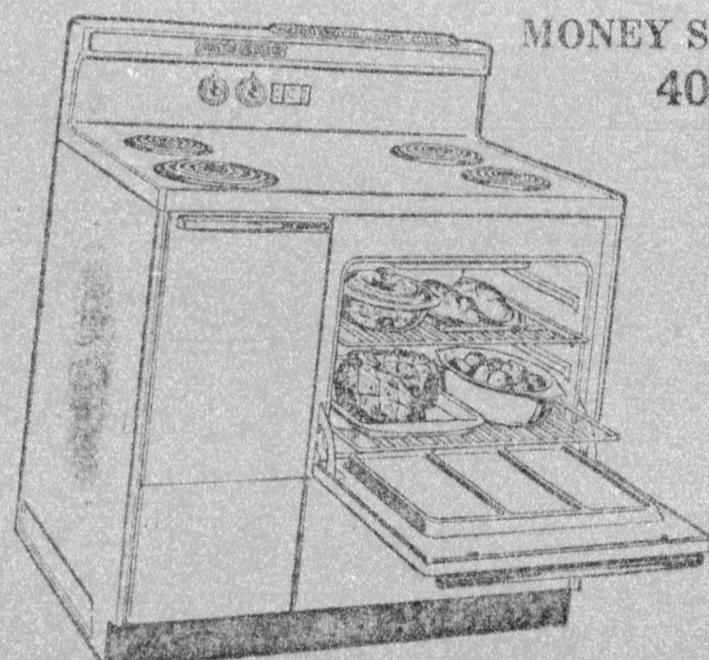
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