

# Improved Uniform International Sunday School Lesson

By REV. F. B. FITZPATRICK, D. D., Dean Moody Bible Institute of Chicago (65, 1928 Western Newpaper Union)

## Lesson for July 8

SAUL AND STEPHEN

**LESSON TEXT**—Acts 22:3, 4, 19, 30; 26:4, 5, 9-11; 7:54-55.  
**GOLDEN TEXT**—Be thou faithful unto death and I will give thee a crown of life.  
**PRIMARY TOPIC**—Saul's Cruelty to Christian People.  
**JUNIOR TOPIC**—How Saul Persecuted Stephen and Others.  
**INTERMEDIATE AND SENIOR TOPIC**—Is Conscience a Safe Guide?  
**YOUNG PEOPLE AND ADULT TOPIC**—Stephen's Influence on Saul.

1. Saul's Training (22:3, 4; 25:1, 5, 9-11).  
1. Taught to love his own nation (v. 3). He declared, "I am a Jew." Saul was a strict Pharisee. The Pharisees were the nationalists of their day. Being a strict Pharisee he was therefore a patriot. Those who are intelligently loyal to their own nation can most effectively help others.  
2. Taught to love God's law (v. 3). "Taught according to the perfect manner of the law of the fathers." Love for the Bible is a valuable asset in life. To be destitute of love and reverence for God's Word is to be out on life's ocean without chart or compass.  
3. He was zealous toward God (v. 3).  
His heart and soul went out toward God with great enthusiasm. The root meaning of the word "zealous" is "to boil." It means a passion for God and His work. It was zeal for God that made Saul think of and plan for His work.

4. Saul Hears the Voice of Jesus (Acts 22:9, 10).  
It was while on his way to Damascus with authority to arrest and imprison Christ's disciples that he heard a voice from heaven saying, "Why persecutest thou Me?" It was this sight of the living Christ that wrought the change in Saul.  
5. Saul Thoroughly Conscientious (Acts 26:9, 10).  
In his conscientiousness he opposed Jesus, for he regarded Him as an impostor. Saul is to be commended in that he responded to his conscience, but he is condemned for his attitude toward Jesus. Conscience is the law of life for every man, but it needs to be regulated by God's Word.

6. Stephen's History (7:54-55).  
In order to understand the significance of Stephen's martyrdom a synthetic view should be obtained of his life.  
1. Chosen as a deacon (6:1-7). He was one of the seven men appointed to look after the temporalities of the church.  
2. Why Stephen was opposed (6:8-15). In his work of charity he testified of Jesus Christ and by the Holy Spirit wrought miracles. These mighty deeds aroused the people. The following features characterized him: (1) Wisdom. He was a man of common sense. (2) Grace. He had a beautiful character. (3) Power. He had the ability to do wonders and great signs, and he spoke the truth effectively. The men who opposed him were not able to resist the wisdom and the spirit by which he spoke. Not being able to withstand him, they arrested and brought him before the great council. Even here they could not silence him by argument, so they decided to do it by violence.

7. Stephen's Martyrdom (7:54-60).  
Stephen made a magnificent defense before the council. This he did by tracing the history of Israel from the call of Abraham to the crucifixion of Christ. His aim was to show that God had never been localized and that the temple was but a small part of God's plan. He did not speak against the temple, but showed that God did not in the full sense dwell in it at any time. This contention he proved from Scripture (Isa. 61:1, 2; I Kings 8:27). In his conclusion he declared that the Jews had always resisted the Holy Spirit. Now their stubbornness had reached its culmination in the betrayal, rejection and murder of the Son of God. This charge cut to the heart. His arguments were unanswerable. In this hour of trial God gave him a wonderful vision. He was permitted to look into heaven itself where he beheld the glorified Son of man standing at the right hand of God.  
8. Saul Consenting Unto Stephen's

## About Your Health

### THINGS YOU SHOULD KNOW

By John Joseph Gaines, M. D.

#### Hot Weather Diet

A few days ago I had occasion to take a noon meal at a first class restaurant which supplies a large trade. The mercury outdoors was reaching for the century mark. The waitress dropped a menu-card in front of me which read:

#### OUR STANDARD FEATURES

Prime ribs of beef, au jus.  
Roast loin of pork, apple sauce.  
Porterhouse steak, cuts to order.  
Breaded veal cutlets, lima beans.  
Goose liver sausage, onions.  
Krautkurters and kraut.  
Old home farm sausages.

A certain from that list, on a hot day and for a fat man with blood pressure! There was one at a neighboring table, devouring one of those steaks served rare; he was calling to his aid a bottle of Worcestershire sauce, with which he literally forced his overworked stomach to swallow the insult! It is no wonder that apoplexy is still on our unconquered list.

In hot weather we do not need heat-producing fuel in the body. We have calories enough without adding more.

A capable breakfast at this season may consist of a dish of cereal, butter, toast, an egg, two strips of crisp bacon, a half-cup of black coffee if the day's task is strenuous—and an orange or half a cantaloupe.

The noon meal should be sustaining: brown bread, buttermilk, well-cooked garden vegetables, stewed fruits, a moderate slice of boiled ham, or a much more moderate one of cold roast beef. The meal will be complete with the addition of a piece of plain apple pie or custard. The fewer condiments, ice-cold temptations and fancy sweets the better.

And the evening meal? Well, as nearly nothing as possible, if you would retain the health that I am assuming you have. This bit of advice is not for invalids, you know.

#### KILL THE POTATO BUG

There isn't any use in going to the expense and trouble to plant and cultivate a crop of potatoes, and then let the bugs and blights reduce the yield several bushels. Of course not all the potatoes in the county are affected with either, but several farmers are reporting trouble with the bugs and there are some signs of blight.

That sprays potatoes with a poisoned Bordeaux mixture increases the value per acre over the non-sprayed ones has been shown by experiments conducted in various sections of western North Carolina over a period of six years. The average increase yield was 52 bushels to the acre, with a net gain, after the cost of spraying had been deducted, of \$52 per acre. Four experiments conducted in eastern Carolina showed an increase of 26 barrels per acre over the non-sprayed potatoes. These experiments were conducted by the department of agriculture and can be relied on as reliable information.

To prepare the poisoned Bordeaux mixture, one will need the following: Three good wooden barrels; four pounds of copper sulphate (blue-stone); five pounds of stone lime; two pounds of arsenate of lead; two wooden buckets and some thin cloth. Place the four pounds of blue-stone in a cloth and hang it in barrel No. 1, containing 25 gallons of water. It should be hung so the blue-stone is

#### Death (8:1-3)

The very ringleader in this persecution was Saul. Stephen's death is described as falling asleep. Devout men buried him, making great lamentation over him.

#### Prayer

More things are wrought by prayer than this world dreams of.—Tennyson.

#### The Bible is a Window

The Bible is a window in this prison-world, through which we may look into eternity.—Timothy Dwight.

#### A Trustful Soul

The praying life cannot be an anxious life. Patience in prayer means a trustful soul.—John Timothy Stone.

#### Happiness

Real happiness comes from within. Outside things can never create it. Happiness is a habit.—Ewing.

just covered by the water. Since it dissolves very slowly, it should be hung in the water the night before using or dissolve it in warm water. Now place the five pounds of stone lime in barrel No. 2 and add water gradually, until slacking ceases and the mass is in somewhat of a creamy condition. Then add water to make 25 gallons. You now have four pounds of blue-stone dissolved in 25 gallons of water in one barrel and five pounds of lime in 25 gallons of water in the other barrel. Now into the third barrel, which should be much larger than the other two, pour these two solutions at the same time through a fine strainer. After the two mixtures have been poured into the third barrel dip out a bucket of the solution and in it mix the two pounds of arsenate of lead and the four pour back into the barrel and stir the solution well. We now have 50 gallons of Bordeaux mixture containing four pounds of copper sulphate, five pounds of lime and two pounds of arsenate of lead all dissolved and well mixed. The solution is now ready to be used.

It will take about 100 gallons of this solution to spray an acre one time as all the surface of the plant should be slightly wet with the solution.

Those who are having trouble with the beetles, but are not in position to spray with poisoned Bordeaux mixture, it is suggested that you take one pound of calcium arsenate, mix it with seven pounds of fine lime and dust the potatoes early in the morning when the leaves are damp. You can use a thin sack to do the dusting or a dust gun made for the purpose of dusting vegetables.—Julian A. Glazener in *Brevard News*.

#### Correct

Although this rhyme may give you a grin,  
It's time, you will agree:  
There are two or three monkeys in  
Most every family tree.

#### SOME REWARD!

Chelmsford, England, July 27.—A junk dealer picked up \$500 in the street here, returned it to the owner and was rewarded with eight cents.

#### NOTICE OF EXECUTION SALE

By virtue of an execution directed to the undersigned Sheriff of Watauga county from the clerk of the superior court of Watauga county in that certain action entitled "C. M. Clark vs. Wilson Townsend," I will on Monday, August 6, 1928, sell to the highest bidder for cash to satisfy said execution, interest and cost all the right, title and interest which the said Wilson Townsend has in the following described tracts of land: Beginning on a small dogwood sprout in the old Louis Townsend line, Etiee Presley's corner, and running south 86 west 100 poles to a stake in the Presley line; then south 30 (or 4) west 11 1/2 poles to a locust at a well; thence north 85 1/2 east 104 poles to a stake in the old Louis Townsend line; then with said line 11 poles to the beginning, containing 7 acres, more or less.

Beginning on a stake in Larkin Townsend's line, and runs east 100 poles to a stake; then south 16 1/2 poles to a stake; then west 100 poles to a stake; thence north 16 1/5 poles to the beginning.

Beginning on a stake, running east 100 poles to a stake; then south 24 poles to a stake; then west 100 poles to a stake; then north to the beginning, containing 3 1/2 acres, more or less.

Beginning on a small sugar tree, Larkin Townsend's heirs' corner, and runs west 150 poles to a stake, Larkin Townsend's heirs' corner in the old Norwood line; then south with said Norwood line; then with said Norwood line 133-4 poles to a bunch of ash bushes, the Benjamin Townsend corner; then east with said Benjamin Townsend line 150 poles to a spanish oak, the Benjamin Townsend old corner; then north 13 poles to the beginning, containing 13 acres, more or less.

Sale to be between the hours of 10 a. m. and 2 p. m.

This 2nd day of July, 1928.  
L. M. FARTHING, Sheriff,  
By P. C. WYKE, D. S.

#### NOTICE OF DISSOLUTION

This is to notify all persons that the firm of Hodgson & Jackson has this day been dissolved. All accounts due the firm will be paid to J. W. Jackson and all accounts that said firm owes to be paid by J. W. Jackson. I will not be responsible for any debts contracted by the said firm after this date.

This June 22, 1928.  
A. W. HODGSON.

Figures of the budget bureau Saturday estimated that the state of North Carolina will have a surplus.

#### NOTICE OF SUMMONS

North Carolina, Watauga County, in the Superior Court, Before the Clerk.

Mrs. Ralph Teague vs. Ralph Teague. The defendant, Ralph Teague, will take notice that an action has been commenced in the superior court of Watauga county, North Carolina, to dissolve the bonds of matrimony existing between the plaintiff and the defendant and the said defendant will further take notice that he is required to appear at the office of the clerk of the superior court of Watauga county in the courthouse of said county in Boone, N. C., on the 26th day of July, 1928, and answer or demur to the complaint of the plaintiff in said action, or the plaintiff will apply to the court for the relief demanded in said complaint.

This 25th day of June, 1928.  
A. E. SOUTH,  
C. S. C.

#### NOTICE TO DEFENDANT

North Carolina, Watauga County, in the Superior Court.

Mamie Rhea vs. Norbon Rhea. The defendant in the above entitled action, Norbon Rhea, will take notice that an action entitled as above has been commenced in the superior court of Watauga county by the plaintiff, Mamie Rhea, for the purpose of having the bonds of matrimony heretofore existing between said plaintiff and defendant declared void and for the purpose of securing a divorce from said defendant a vinculo matrimonii. The defendant will further take notice that he is required to appear at the courthouse in Boone, N. C., on the 30th day of July, 1928, and answer or demur to the complaint of the plaintiff or the relief therein prayed for will be granted.

This 25th day of June, 1928.  
A. E. SOUTH,  
Clerk Superior Court.

#### NOTICE OF MORTGAGEE'S SALE

By virtue of the power of sale contained in a certain mortgage executed to B. W. Horton on the 1st of November, 1926, by A. M. Minton and wife, Annie Minton, which is recorded in the office of the register of deeds for Watauga county in Book 4, page 111, and later transferred to the undersigned, and default having been made in the sum of money thereby secured as therein provided, I will on Saturday, July 21, 1928, at 1 o'clock p. m., at the courthouse door of Watauga county, sell to the highest bidder for cash the following described real estate:

Being lots 142 and 143 as shown on a map and plat of Daniel Boons Park addition to the town of Boone which map is recorded in the office of the register of deeds for Watauga county in Book 1, at page 7, to which reference is made for fuller and more complete description of same.

This June 21, 1928.  
L. J. HOWARD,  
Assignee of  
B. W. HORTON,  
Mortgagee.

6-24-44 Brown & Bingham, Attys.

#### NOTICE OF SALE

By virtue of the power of sale contained in a certain mortgage deed executed to S. C. Byrd by Rose Jestes and husband, J. W. Jestes, on the 25th day of September, 1924, which mortgage is registered in the office of the register of deeds for Watauga county in Book Y at page 180 to secure the payment of the sum of \$300.00 due and payable on the 26th day of March, 1925, and default having been made in the payment of said sum as in said mortgage deed provided, I will on Monday, July 30, 1928, between the hours of 10 a. m. and 2 p. m., at the courthouse door of Watauga county, sell to the highest bidder for cash the following described real estate, to-wit:

Beginning on a sugar tree stump in the Rebecca Presswood line, runs south to a chestnut, J. R. Berry's line; thence with J. R. Berry's line to a chestnut tree, J. R. Berry's corner; thence with Dar. Oliver's line to a beech tree; thence north with said line to a tamarack, J. R. Berry's corner; thence with Barlow's line to a water oak, J. R. Barlow and Rebecca Presswood's corner; thence with Rebecca Presswood's line to the beginning, containing 50 acres, more or less.

This 25th day of July, 1928.  
W. W. MAST, Adm'r.  
C. S. Byrd, Dec'd.

#### NOTICE OF ADMINISTRATION

Having qualified as administrator of the estate of G. W. Carroll, deceased, this is to notify all persons having claims against the estate of said deceased to present them for payment within one year from this date; or this notice will be pleaded in bar of their recovery. All persons indebted to the estate will come forward and make immediate settlement.

This June 4, 1928.  
J. N. CARROLL,  
F. G. CARROLL,  
Administrator.

#### NOTICE OF SUMMONS

North Carolina, Watauga County, in the Superior Court.

The Federal Land Bank of Columbia, Plaintiff, vs. G. A. Thomas, J. P. Thomas, J. H. Thomas, W. C. Walker, W. W. Mast, Trustee, Bank of Blowing Rock, S. C. Eggers, Thomas Hopkins, J. Y. Walker and the Sugar Grove National Farm Loan Association, Defendants. The defendant G. A. Thomas will take notice that an action entitled as above has been commenced in the superior court of Watauga county, North Carolina, to foreclose a mortgage on real estate situated in Watauga county, said state, executed by defendant G. A. Thomas to plaintiff; and the said G. A. Thomas will further take notice that he is required to appear before the clerk of the superior court of Watauga county, at his office in the courthouse at Boone, North Carolina, on the 13th day of July, 1928, and answer or demur to the complaint in said action, or the plaintiff will apply to the court for the relief demanded in said complaint.

This 12th day of June, 1928.  
A. E. SOUTH,  
Clerk Superior Court.

#### NOTICE OF SERVICE BY PUBLICATION

State of North Carolina, County of Watauga.

Mrs. F. S. Watson, administratrix of T. S. Watson, deceased, vs. Mamie Watson, Lona Greer, Mamie Greene, Flossie Greene, Lester Watson, Otis Watson, Myrtle Coffey, heirs-at-law, and George Greer, guardian for John White, Tom White and Frank White, minor heirs of Lola White, deceased; and Albert Watson, guardian ad litem for Gwyn, Brown, minor heir of Harriet Collins, deceased. The defendants above named will take notice that an action entitled as above has been commenced in the superior court of Watauga county, N. C., to secure an order of sale of land for assets to pay debts; and the said defendants will further take notice that they are required to appear at the office of the clerk of the superior court of Watauga county at the courthouse in Boone, North Carolina, on the 25th day of July, 1928, and answer the petition in the said action, or the plaintiff will apply to the court for the relief demanded in the said petition.

This 19th day of June, 1928.  
A. E. SOUTH, Clerk,  
Superior Court, Watauga County, North Carolina.

6-21-44

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## Perils of Childhood

It must be all of twenty years ago that mother first gave me Syrup Pepsin  
For those Fevers, Colds and Bowel Troubles of Childhood  
How time flies. My good mother has gone to her rest, but I have faithfully relied upon her judgment and have given Syrup Pepsin to my two children since they were born. It is certainly a noble medicine and never fails of its purpose. I like to recommend it.  
(Name and address will be sent upon request.)  
And in the Evening of Life  
When age comes creeping on, with bowels relaxed, muscles weak, digestion poor and blood thinned, then is when constipation does its evil work in a night. Dr. Caldwell's Syrup Pepsin is so palatable, sets so well in the stomach, works so easily, so gently, so kindly with old folks as to accomplish its purpose without gripe, pain or other distress. For biliousness, sour stomach, coated tongue, headache, fevers, colds and constipation from infancy to old age Syrup Pepsin is recommended everywhere and sold by all druggists.  
For a free trial bottle send name and address to Pepsin Syrup Company, Monticello, Illinois.  
Dr. Caldwell's SYRUP PEPSIN

## THE FUMBLE FAMILY

By Dunkel  
Through Autocaster Service

—I'VE HAD ENOUGH OF THIS! CONTROL YOURSELF, POP!  
GOSH! I LOVE YOU!  
YOU'RE ADORABLE, MOLLY DEAR (SIGH)  
ARE YOU SURE YOU LOVE ME?  
SWEETHEART—THERE AIN'T NUTHIN' I WOULDN'T DO FOR YOU!  
GOOD!  
—PREPARE TO DIE, DERN YA!  
S-S-SIR—YOU MISUNDERSTAND ME!  
M-MINE IS AN UNDYING LOVE!