## **BUILDING BOOM IS** FORECAST FOR AMERICA IN 1930

Ew Construction to Take Up Slack Estimated at Nine Billion Dollars. Every Part of the United States Will Benefit by Resumption of Building Activity.

By CALEB JOHNSON
(Special Writer for The Democrat)
All the signs point to the inauguration in 1930 of the biggest building ration in 1930 of the biggest building program in the history of the United States. And if it turns out that way, it will mean greater prosperity than ever for all parts of the country. For it doesn't make any different whefirer new building activity is concentrated in New York Chicago, Florida or California; wherever new entraction is under way all sections struction is under way all sections

benefit.

Everything that goes into modern Everything that goes into modera-building operations comes from some-where else. Our forerathers built with the materials ready to bond. To-day there is hardly a spot in the United States where a building of even the most modest kind can be constructed entirely of local mate-

rials.

Building activity, therefore, means first of all more business for the railroads and stramship lines. Lumber from the Pacific Northwest goes into Louses in Massachusetts and Virginia. Southern pine builds homes in Minnesota. Vermont marble, Indiana limestone, cement, lime, sand and gravel from every part of the country are used everywhere else. The mere transportation of building material makes for more employment and better times.

the most compact name state and try are called each everywhere close. The more transportation of building name and the big crises of complex empty, when the state of the collaboration of building in the center of the process of the collaboration of the collaboration of the collaboration of the collaboration of the critical building has been stated on the collaboration with tool and more money in Tay outlying corners of the collaboration of the critical building corners of the collaboration of the critical building of the center of the collaboration of the critical building corners of the collaboration of the critical building and the critical building and collaboration of the critical building and collaboration of the critical building and collaboration

sates for later by a burner percentage of new construction. New building has been slow for a couple of years, not it is starting up at a rate calculated to take op the slack.

The total amount of money which will be stient for new buildings in the United States in 1830 has been estimated by competent investigators at \$9.000.00.000. That figures out about \$72.50 for every man, yoman and child in the nation. At four to a family, it means about \$25 a month more money in circulation for each family, and that amount may easily make the difference between good times and bad times.

Building normally increases every year. There are 1.650,000 more people living in the United States this year than there were last, next year there will be another million and a balf. They have to be provided with homes. New factories, stores and of fice buildings have to be construct.

homes. New factories, stores and of-fice buildings have to be construct.



TRY SMART AND THEN THERE'S THE REAL SMART ONES THAT JUST ACT NATURAL! On Top of the World



M. P. Doherty, a Brooklyn steel erector, swinging out from the 69th story of the new Bank of Manhattan building in Wall Street, to look down on the Woolworth Tower and the money center of the world. The New York Stock Exchange is the low building in the center of the picture.



### DR. CALDWELL'S THREE RULES

THREE RULES

Dr. Caldwell watched the results of constipation for 47 years, and believed that no matter how careful people are of their health, diet and exercise, constipation will occur from time to time. Of next importance, then is how to treat it when it comes. Dr. Caldwell always was in favor of getting as close to nature as possible, hence his remedy for consti-

was in favor of getting as close to nature as possible, hence his remedy for constitution is a mild vegetable compound. It can not harm the most delicate system and is not habit forming.

The Doctor never did approve of drastic physics and purges. He did not believe they were good for human beings to put into their system. Use Syrup Pepsin for yourself and members of the family in constipation biliousness sour and crampy stomach, bad breath no appetite, he addaches, and to break up fevers and colds. Get a bettle today at any drugster and observe three three rules of health. Koep the head cool the feet warm the boards open. For a free true settle, jast write "Syrup Pepsin," Rept. BP, Menticello, Illinois.

Illinois.

Level, Smooth, Blue-grass Stock, Dairy, Grain, Orchards, Poultry Farms, Filling Stations and Flour Mills—good Home Markets and near Large Cities.

Tot aeres, splendid 7-room residence, large new bank barn, new tenement house and barn, all needed farm buildings 40-acre bearing or chard; fruit netted \$4,750 past two years; well watered, fenced and tim-bered; one mile railroad town-\$16,000.

200-acre dairy farm, level and smooth, two houses, one 6 and other 5 rooms; new dairy harm, silo and mill house, cost \$3,500. An abundance fruit, water and timber, three miles this city—\$6,000.

153 acres, new 6-room stone residence, barn and usual buildings; 12 acres timber, 30 acres creek bottom blue grass with running water; three

Sunday School, 10 o'clock n. m. Preaching services, 11:00 a. m. Sermon by Clayton B. Miller; sub-cct, "The Deadly Danger of Drift-ng".

at 11 a. m. and 7 p. m. E. Y. P. U.'s small pieces and one tablespoon mar-6 p. m. Mid-week prayer service on wednesdays at 7:30 p. m.

#### LUTHERAN CHURCHES St. Marks, Bailey's Camp

Preaching service every first Sunday at 11 a. m.; Sunday School ev-ery Sunday at 9.45 a. m.; Miss Synthea Moretz, acting superintedent.

Grace-Boone Preaching service every second and fourth Sunday at 11 a. m., and vespers every first and third Sunday at 7 p. m. Sunday School every Sun-

Preaching service every third Sunday at 11 a. m. Sunday School every Sunday at 9:45 a. m.; Cicero Town-

#### send, superintendent. Banner Elk

Preaching service every fourth Sunday at 3 p. m.

Mabel-Preaching every Second and Fourth Sunday at 3 p. m. Sunday School 10 a. m., Mr. Moretz, su-Salent—Preaching every First and Third Sunday, 3 p. m.

#### METHODIST CHURCH

DR. O. J. CHANDLER, Pastor Surday School, 9:45 a. m., J. D. Rankin, Superintendent.

Preaching at 11 a. m. and 7 p. m. be Dr. Chandler,

Epworth League, 6:15 p. m. Prayer meeting on Wednesday at

Church Announcements

Uncle St Tinklepaugh says Ruth
McCormick can go to the Senate if
she wants to, for all he cares, but
it seems to him there's enough old

DIRING TROUB women there now.

#### Golden Sundae

BOONE BAPTIST

REV. P. A. HIX Pastor

Sunday school 9:45 a. m., J. T. C.

Wright, superintendent. Preaching at 11 a. m. and 7 p. m. B. Y. P. U.'s 6 p. m. Mris-week prayer service on Wordnesdays at 2200.

Golden Sundae

Put in a saucepan one-half cup in life. I had to resign from the juice, three-fourths cup sugar and few grains salt and boil five minimal pieces, one tablespoon and out physically. My at 11 a. m. and 7 p. m. B. Y. P. U.'s 6 p. m. Mris-week prayer service on small pieces and one tablespoon marschino cherries cut in small pieces and one tablespoon marschino syrup. Serve over vanilla ice

# RUPTURE SHIELD EXPERT COMING TO

HICKORY, N. C.

-ON-Thursday, February 27 day at 9:45 a. m.; Professor George
L. Sawyer, superintendent.
Holy Community, Clark's Creek
Preaching service every third Sun-

#### ONE DAY ONLY

NO CHARGE FOR CONSULTATION

Sunday at 3 p. m.

To all these services, we most cordially invite the public.

J. A. YOUNT, Pastor.

WATAUGA CHARGE

REV. A. BURGESS, Pastor
Henson's Chapel—Second and School at 9:45, J. B. Horton, superintendent. Epworth League, 6 p. m.

Valle Crucis—Preaching every First and Third Sunday at 11 a. m. Sunday School 10 a. m., J. M. Shull, superintendent. Epworth League every Wednesday right.

Blowing Rock—Preaching every Second and Fourth Sunday, 7:30 p. m.

Mr. C. F. Redlich, the successful expert, says:

The "Perfect Retention Shields' hold the rupture perfectly, no matter what position the body assumes or how heavy a weight you lift. They give instant relief, contract the opening in a remarkably short time and strengthen the weak tissues (the real cause of rupture) so that they frequently recover their previous natural retaining power, needing no further caused by Rupture promptly disappear.

Truly remarkable and prompt results have been obtained not only with recent and not fully developed ruptures but also with old, long are lected ones.

Ingenious, recently perfected developed and prompt results have been obtained not only with recent and not fully developed ruptures but also with old, long are lected ones.

Ingenious, recently perfect Retention Shields' hold the rupture perfectly, no matter what position the body assumes or how heavy a weight you lift. They give instant relief, contract the opening in a remarkably short time and strengthen the weak tissues (the real cause of rupture) so that they frequently recover their previous natural retaining power, needing no further outside support. Stomach trouble, backache and constipation of the body assumes or how heavy a weight you lift. They give instant relief, contract the opening in a remarkably short time and strengthen the weak tissues (the real cause of rupture) so that they frequently recover their previous natural retaining power, needing no further outside support. Stomach trouble, backache and constipation of the cause of rupture productions and th

Ingenious, recently perfected de-vices are now holding ruptures firm-ly which heretofore never had been

Prayer meeting on Wednesday at C. F. REDLICH, Rupture Appli-p. m. ance Expert, Home office, 535 Bos-can't top Block, Minneapolis, Minnesota, truck

# **DURING TROUBLE**



JOSEPH N. HYDER

several times, and spent four weeks in a hospital. My digestion was so bad that absolutely nothing agreed with me. I had to take a handful of salts every night for constipation. I had awful pains in my head and back. I had my teeth extracted, my eyes examined, and took one treatment after another but never did get better until I gut hold of Sargen. Five bottles made me feel like a new mun from head to foot. I've gained 13 pounds already and haven't a sign No elastic be'ts nor filthy legstraps are used.

I purantee the durability of my absolutely sweat and moisture proof, sanitary appliances.

Seventy five per cent, of ruptured children recover completely through expert mechanical treatment according to statistics.

Do not waste your many.

oxpert mechanical treatment according to statistics.

Do not waste your money on wide by advertised mail order contraptions. You cannot fit yourself.

C. F. REDLICH, Rupture Appliance Expert, Home office, 535 Boston Block, Minneapolis, Minnesota.

REAL QUALITY AT BETTER PRICES

# We Save You Money

CAROLINAS HOME OWNED

Born and bred in Piedmont North Carolina, we know the whims and fancies of Carolina People. We, as your own home organization, are prepared to serve you with real honest in quality merchandise. You are not violating anybody's CODE OF ETHICS when you trade at CAROLINA'S OWN CHAIN GROCERY, and in addition you will SAVE MORE. And we stand ready to prove that statement

# SALMON A Car of Gold Standard 15c

MILK

Large 10c; Small 5c

COCOA

OUR MOTHER'S

Large 2-lb. can .... 27c

## KRAUT

That health food - made in Western North Carolina from native cabbage, the sweetest and best on earth-TWO LARGE CANS 25c

BROADCAST Pure Potted Meats 6 cans for 25c

BROADCAST Pure Vienna Sausage 3 cans for 25c

## CAMPBELL'S SOUP Six cans assorted ..... Six cans

PEAS, Glyndon Brand, they are good, No. 2 can ..... CORN, Robinson's Crushed, sweet and tender, No. 2 can 10c

OCTAGON POWDER, 2 packages for .....

VISIT OUR MARKET FOR REAL QUALITY FIRST MEAT

# SALAD DRESSING Salad Bowl, a real dressing—pint jar.

MAYONNAISE, Gelfand's or Wright's, 3 oz. jar..... 

CHOICEST OF FREUITS AND VEGETABLES AT ALL TIMES

PINTO BEANS, 3 lbs.....25c MATCHES, 3 large boxes . . 10c

MORTON'S SALT, 3 pkgs 25: Daniel Boone COFFFE, lb . 29c

CAROLINA STORES FOR CAROLINA PEOPLE

THREE STORES IN WATAUGA COUNTY

TWO IN BOONE-ONE IN BLOWING ROCK