By Albert T. Reid

### The Watauga Democrat

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and movie is immanly. If so, I can reply only that as I grow older the glory of being spectacular appeals to me less and less in comparison with the comfestable joys of peace.

Life seems somehow too short for controversy, and much of my income in these days is received not so much for what I do as for what I have learned not to do.

Patience, I have teatmed, is almost as important as work; while judg-ment uniformly communicis a much higher rate than well amentioned ac-

### Helps Along the Road

THE GLORY OF GIVING

What an example for the Church today! "Take ye from among you an offering unto the Lord, whosever is of a willing heart, let him bring it, an offering of the Lord." Let us is of a willing heart, let him bring it, an offering of the Lord." Let us remember that when we give to the cause of missions for the winning of souls and the building of a church in mission fields, we give not to a church or a mission society or to individuals, but we give unto the Lord, and we must answer to Him both for the quality of the girf, and the spirit of the giving. "The people bring much more than enough for the service of the work, which the Lord commanded to make" If the Church of Christ today with its wealth of mon-



Items from The Democrat of

form the act with much soleranity.

With Early State of the Control of t

you keep my ... And what I bid you, do ... F. B. Stone.

## The Family Doctor

By DR. JOHN JOSEPH GAINES

### BLOOD PRESSURE

All people have "blood pressure of one sort or anomer, "high," "low or "norma." Each "normal" pre-What is judgment? you ask. Well, it's the little voice that whispers: "That would be brilliant, but don't do it." Or, "That's a smart one; very smart indeed. Rut, for Heaven's sake, don't send it."

If you desire to know a little more than your neighbor, then learn that correct readings of blood-pressure are "systolic" and "diastolic." Beare. "systolic" and "diastolic." Be-cause the contraction of the heart, to force the blood through the body, is called systole; when the heart di-lates, to "diastolic pressure" is, to me, fully a simportant for the pa-

Mayor of Liverpool



British ma mayors believe in dressing Lord Edwin Thompson met the part. Walker of New York, in the

HOW CAN HE THE HOUNDS IF

THE HAY

They Eat Their Heads Off -

HORSE

ome-grown. The 24 men represented 3 counties. There are 22 counties that now have at least one membethe 400 Bushel Porate Clab and this is the first year that there has not been at least one Cubbler grow-

### Governor Names New Board of Agriculture day

Raleigh, N. C .- Governor Gard ner has announced the appointment N. Y. Physician Tells of the five members of the State Board of Agriculture, to serve with

State, Governor Gardner said, adding that he had named the board with fare, believing "it will co-operate to the fullest in every progressive and forward-looking movement in the agreement in the agreement of the entire Sold by Boone Drug Company.

State "

Lying and being in the town of Boone on King Street and known as now considered one of the great outstanding health giving remedies of the E. F. Lovill office lot. The bidding will start at \$330.00. This the 27th day of May, 1931.

J. S. WINKLER,

# Of Sargon's Powers

(Advertisement)

to the main public road, thence same direction with public road to a stake in the outside line; thence south with WATAUGA CHARGE

REV. H. M. WELMAN, Pastor

Henson's Chapel—Second and fourth Sundays, 11 a. m. Sunday School at 9.45, J. B. Horton, Superintendent. Epworth League, 6 p. m., Valle Crucis—Preaching e vory Strike in James Cook's line; thence said line to three chestnuts, the beginning corner of the ninety-six-acre tract pranted to Harvey C. Pennell in 1850; thence same course to a stake in James Cook's line; thence east with Cook's line to the public cond; thence with said road north to a stake in James Cook's line; thence east with Cook's line to the public cond; thence with said road north to a stake in the fine of the old ninety swarp tract. Caudill's corner; thence north 45 east with Candil's line to the beginning, containing fifty acres, more or less.

This the 22nd day of May, 1931.

G. D. BRINKLEY, Trustee.

Trivotte & Holshouser, Attys, 5-28-4

William A. Graham, as previded by the act passed by this session of the General Assembly, recognizing the five main divisions of agriculture and the sections of the State.

The new board follows: D. Reeves Noland, Haywood County, general farmer; J. G. Stron, Martin County, tobacco groyer; Charles S. Young, Cleveland County, cotton farmer; George Watts Hill, Durham, livestock, and D. H. Bridgers, Duplin County, truck farmer.

The old board consisted of ten members, representing the ten Congressional districts, political units, not a proper basis for representing the same of the grant and energy.

While those who actually benefit promithe use of Sargon marvel at the estate, Governor Gardner said, adding the trained physicians who have state, Governor Gardner said, adding that he had named the board with a can understand why Sargon is now considered one of the great ont.

This the 27th day of May, 1931 J. S. WINKLER.

Commissioner.