

EPISCOPALIANS MAKING STUDY OF RURAL WORK

Second Period of Field Work Has Been Completed at Valle Crucis

Demonstrations of Christian rural work brought about by an increasing interest in rendering a stronger Christian service to farm and small town residents are now being evaluated as the closing session of the Southern Rural Church Leadership School's now being held at Valle Crucis under the leadership of the Rev. A. Rufus Morgan, Franklin, Chairman of the committee on rural work for the Episcopal Province of Sewanee. The group has just completed its second period of field work in the western counties of the state in the areas of Happy Valley, Morganton, Glen Alpine, Tester Mountain, Dutch Creek and Banner Elk where daily vacation Bible schools were conducted and night meetings held.

Clergymen, seminary students and women workers from all parts of the United States have been receiving training and working in local communities under the direction of Miss Charlotte Tompkins, Division of Christian Education, National Council, New York, Miss Maude Cutler, Director of Religious Education, Diocese of Southern Virginia, and Prof. Ralph Felton, Director of the Department of Rural Church Work, Drew University, Madison, N. J. Those taking active part from North Carolina are the Rev. Wilbur C. Leach, Valle Crucis; Rev. Grant Folmsbee, Lincolnton; Rev. James McKeown, Boone; Sister Virginia Hetherington of Church Army, Murphy; William Bolton, Marion; Mildred Farrow, Baltimore; Mrs. E. L. McKinsey, Glendale Springs.

Taking part in the project from other sections of the coun-



'WATCHDOG OF THE TREASURY' . . . Comptroller Gen. Lindsay C. Warren called "watchdog of the U. S. treasury," who told the senate Mead committee that "it is the rule rather than the exception" for some high government officials to accept lavish entertainment from wartime contractors.

try are the Revs. H. Newton Griffith, Opelousas, La.; Kenneth R. Robinson, Albany, N. Y.; William S. Brace, Edgefield, S. C.; George Merkel, Atmore, Ala.; William Davidson, Montana. Students include Capt. W. G. Avery of the Church Army, Washington, D. C.; W. J. Johnson, Arkansas; James O. Bodley, Tenn. Misses Betty Smenner, New York City; Patricia Page, Mass.; Helene Schnurbush, Mass.; Ann Hopkins, R. I.; Catherine Wheeler, New York; Mrs. Kenneth R. Robinson, Albany, N. Y.

The general program and plan of organization for the project is under the direction of the National Council of the Episcopal Church, New York City, through its division of domestic missions. Rev. Clifford L. Samuelson, Associate Secretary of the Division, is giving the school his personal supervision as it evaluates its work of the past month.

Sarah Anne's Cooking Class

It is a long time between supper and breakfast and during all those hours you are using up energy even when you are asleep. That's why breakfast should be the most delightful meal in the day and not a race with the clock. Follow the rules below and start your family off with a good substantial breakfast.

Fruit
Oranges, grapefruit or tomatoes.

Cereal With Milk
Alternate hot and ready to serve varieties. Serve with plain or top milk.

Eggs
One a day, when scarce stretch them by making French toast, adding to creamed dried beef, making omelets.

Bread
Any variety of enriched whole grain toast, muffins, rolls, salty lunn, batter cakes or waffles.

Coffee for adults.
Milk for children.

French Toast
2 eggs
1-3 cup milk
1-3 teaspoon salt
6 to 8 slices bread
2 tablespoons butter or margarine
Make a batter of eggs, beaten light, add milk and salt. Dip slice of bread in egg mixture and fry in skillet. Heat skillet, add butter and fry until browned. Extra butter will be needed after 2 or 3 slices have been browned.

Eggs Scrambled With Tomatoes
2 teaspoons chopped onion
2 tablespoons butter or margarine
1 cup stewed or canned tomatoes.
4 eggs
Fry the onions in the butter for a few minutes. Add the tomatoes and simmer a short time. Beat eggs slightly with a fork, add to the tomatoes and cook gently stirring lightly until creamy. Season to taste. Serve plain or with toast.

Bread-Crumb Batter Cakes
1-2 cups bread crumbs
1-2 cups scalded milk
2 eggs well beaten
3 tablespoons melted shortening.
1-2 cup sifted flour
1-2 teaspoon salt
3 teaspoon baking powder
Soak the bread crumbs in the scalded milk until soft. Add the eggs, shortening and dry ingredients. Bake on a hot griddle.

Cheese Toast with Bacon
1-2 pound bacon
4 tablespoons bacon drippings
4 tablespoons flour
2 cups milk
1-2 teaspoon salt
Paprika
1-2 teaspoon Worcestershire Sauce
2-3 cup grated cheese
Fry the breakfast bacon until delicately browned. Make a sauce with the bacon drippings, flour and milk. Season with salt, paprika and Worcestershire sauce. Add the cheese. Cook until cheese is melted. Pour over 8 slices of toast and place 2 slices of bacon on top of each.

Hash Browned Potatoes
3 tablespoons fat
2 cups boiled potatoes chopped fine.
1 small onion chopped fine
Put the fat in a heavy skillet and let it get sputtering hot. Add the potatoes and onion and spread out evenly. Do not stir. When the bottom crust is golden brown, sprinkle with salt and pepper and fold over like an omelet with the aid of a pancake turner and slide into a hot platter.

JUNIOR ORDER MEETS
Gurney P. Hood, state treasurer, Junior Order U. A. M. was a special guest at the meeting of the organization held in the Junior Hall Monday evening. It is announced that a special meeting of the Daniel Boone Council will be held at 8 o'clock on August 10, the degree work to be by the North Wilkesboro degree team. A class of about 30 candidates is to be initiated.

NOTICE!
We expect Carl Riddle, expert harness maker and repair man, on or about August 1st. He makes or repairs anything in leather.
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FRANKLIN D. ROOSEVELT! . . . Godfrey Tearle, who will portray the late President Roosevelt in a film, is shown as he strikes a typical pose aboard liner as he sailed for Europe.

Czech Babies Get New Clothes To Supplant Sacks

Czechoslovak babies, at least the youngest ones, are not wearing flour-sack clothes this summer, following distribution of more than three-quarters of a million American Red Cross chapter-produced garments.

Miss Lybie G. Pintner, Cleveland, Ohio, with the American Red Cross mission to Czechoslovakia, told of the flour-sack transition in a recent letter from Praha. With the new American garments, the children now start life with clean, well-fitting clothes, instead of hand-me-downs.

Sixty thousand layettes sent over by the American Red Cross are being distributed to families for whom baby clothes were a casualty in seven years of war. To this distribution is added 25,000 pairs of shoes, 50,000 hospital garments and 20 million surgical dressings.

"When I used to read the knitting instructions to my mother as she worked away on her Red Cross yarn for garments and sweaters, I never expected to be on the distributing end as well," Miss Pintner wrote. "I wish she and the other volunteers could share personally in the thanks we receive for these much needed items."

5-Point Program Is Set By OPA

Washington—O P A's consumer advisory committee Tuesday laid down a five-point anti-inflation program calling for a "strong stand" against "premature" removal of price ceilings on basic commodities, particularly food items.

The committee unveiled its program as OPA announced that cotton clothing prices are going up 6 to 8 per cent and that bed sheets and other household linens soon will cost about 17 per cent more.

The advisory committee said in a statement that despite "several major inadequacies" of the new price control law "we believe the act can still serve to check inflation if wisely administered and if buttressed by intelligent consumer action."

The committee said that "minimum program" was necessary to make the act work.

"1. A strong stand on the part of the government administrative agencies involved against premature decontrol of all basic commodities, with immediate emphasis on foodstuffs.

"2. Immediate adoption of administrative policies and procedures which will guarantee that commodities will be reconrolled when prices give evidence of becoming inflationary.

"3. Strengthened enforcement by OPA of all price ceilings.

"4. Assumption by the Presidents . . . of the important responsibility for co-ordinating the anti-inflation fight, a responsibility clearly implied in the new legislation. We recommend that the President take immediate steps to set up advisory committees to represent the consumer view in all agencies charged with administering the present act.

"5. As an indispensable part of the foundation for effective government action in controlling inflation, the establishment on the part of consumers of a strong consumer organization on a local, state and national basis."

U. N. seeks means to fill UNRRA's place next year.

Dairy cattle to be flown from the United States to Greece.

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Your Head Off!
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If it fails to stop your cough due to colds, ask for your money back.
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Seed Grazing Crops For Cheaper Feeds

Supplemental grazing crops for fall, winter, and spring grazing furnish some of the cheapest feed that a farmer can grow, say livestock men and agronomists of the State College Extension Service and the Agricultural Experiment Station.

They lay down four simple rules for success with these crops. These rules are: seed early, seed heavy, cross drill in seeding so as to get a perfect stand; and apply plenty of fertilizer at planting and some nitrogen in the fall and again in the spring.

The time to plant is in August for the western part of North Carolina and September for the eastern half.

Dr. R. L. Lovvorn, pasture crops specialist, suggests a seeding of one bushel each of barley, oats, and rye per acre plus 15 pounds of Italian rye grass and 15 pounds of crimson clover. Three bushels of oats and one bushel of rye added to the rye grass and crimson clover also makes a good seeding combination.

Some farmers are seeding 30 pounds of rye grass and 20 pounds of crimson clover per acre.

Where a grower finds that he is unable to seed until late in the season, after the Hessian fly-free date, he can use a mixture of 2 bushels of wheat, 20 pounds of rye grass, and 15 pounds of crimson clover.

Farmers are using 6-8-6 fertilizer at rates depending on the fertility of the land for the initial fertilization. On rich land they are starting with 3000 pounds per acre and this amount is increased on the medium to poor lands, depending on the richness of the soil and whether it is particularly sandy or not.

SANDS HOM ECLUB MEETS WITH MRS. SMITH BROWN

The Sands Home Demonstration Club met Friday afternoon, July 26, at the home of Mrs. Smith Brown. At the opening of the meeting several topics of importance were discussed, including Farm and Home Week at State College, Raleigh, and arrangements for the club picnic next month.

Following the business session, the home agent, Miss Matheson, led a very interesting discussion on insecticides.

At the close of the usual club hour, the members gave a party in honor of Mrs. Chester Jones.

The meeting next month will be a picnic on the Parkway. The members will be notified concerning arrangements. The husbands and families of each member are given a special invitation to the picnic.

The hostess served a party plate to the members.

GOOD TURN COSTS LIFE

Mt. Clemens, Mich. — As Nolan V. Lane, 20, stepped on his brakes to pick up a youthful hitchhiker, he lost control of his automobile, which hit a parked car and then a tree. Lane was dead when pulled from the wreckage.

Army Air Forces ready to order rockets to rise 130 miles. Army reports "re-education of 74 per cent of German prisoners.

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1. Tell us why you like or dislike to live in Watauga county.
2. In 50 words or less.
3. All contestants must be residents of Watauga county.
4. Address all entries to Contest Care Boone Merchants Ass'n, Boone, N. C.
5. All entries must be in by 4 p. m., Saturday, August 17.

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