

### Sarah Anne's Cooking Class

Many homemakers consider it a chore to use the last bits of food, although they really can provide flavor for many delicious dishes. One thing to remember about leftover meat is to use the meat in slices as long as it will slice. Try these recipes which feature leftover meats.

**Leftover Slices of Meat**  
Dip leftover slices of meat in milk, then in bread crumbs or corn meal and fry in deep fat. Dip slices in catchup, then corn flakes, then fry in deep fat. Devil the slices by brushing them with a mixture of melted butter, mustard and Worcestershire sauce.

**Curried Pork**  
2 cups chopped leftover pork  
1 cup sliced onion  
3 tablespoons pork drippings

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Maybe it's alright to order a guitar or a buzz-saw by mail, but when you buy insurance of any kind, you need a local man to advise and help you. For these reasons:

1. Insurance is so adaptable to individual needs these days, that practically every policy should be "tailor made." You need someone to measure your personal requirements and advise you closely.
2. If, later, you have a loss and a claim, your local agent can arrange collection for you with a minimum of worry to you!

**America Fore INSURANCE GROUP**  
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E. F. COE, Manager  
Box 12, Boone, N. C.

4 cups diced tart apples  
1 cup thin gravy  
1 teaspoon curry powder  
2 tablespoons lemon juice  
1 teaspoon salt  
Cook onion in pork drippings for 5 minutes. Add apples and cook until tender. Add the pork, gravy, curry powder, lemon juice and salt. Heat the mixture thoroughly stirring occasionally to prevent sticking. Serve hot with rice.

**Creamed Meat and Mushrooms**  
1 1-2 cups diced cooked meat  
1-3 cup drippings  
1-3 cup flour  
1 teaspoon salt  
Pepper  
1 1-2 cups milk  
1 small can mushrooms  
1 tablespoon grated onion  
2 tablespoons diced green pepper.  
Melt drippings, add flour, salt and pepper; make a smooth paste. Add milk gradually and cook until thick, stirring constantly. Add meat, mushrooms, onion and green peppers. Heat thoroughly.

**Ham and Egg Custard**  
4 slices of bread  
1 cup grated cheese  
Salt and pepper  
4 eggs  
3 cups scalded milk  
1 cup ground cooked ham  
3 slices bacon cooked and crumbled  
Cut each slice of bread into 4 strips. Arrange half the strips in a well greased shallow casserole. Sprinkle 1-2 cup of cheese over bread. Arrange remaining bread over the top. Beat eggs slightly and add salt and pepper. Add scalded milk gradually. Then add the ham.  
Mix well. Pour over the bread and let stand 30 minutes. Sprinkle top with 1-2 cup cheese and the crumbled bacon. Set custard in pan of hot water and bake in an oven 350 degrees for an hour or until a knife comes out clean.

**Rice And Meat Loaf**  
2-3 cups uncooked rice  
2 cups chopped cooked meat  
3-4 cup gravy or stock  
2 tablespoons margarine  
2 tablespoons flour  
Salt  
3 tablespoons chili sauce  
1 tablespoon chopped onion  
Tomato sauce  
Cook rice. Mix meat with gravy or stock and salt. Add flour and margarine which have been creamed together. Heat to boiling point, add chili sauce and onion. Spread half the rice in a well-greased loaf pan, over this spread the meat mixture, cover with the remainder of the rice. Press down firmly. Steam for 40 minutes. Turn out on platter and surround with tomato sauce.

**Barbecued Lamb**  
Gold roast lamb cut in slices  
2 tablespoons melted butter  
3-4 tablespoons vinegar  
1-4 cup currant jelly  
1-4 teaspoon dry mustard  
Salt and cayenne  
Make a sauce of the butter, vinegar, currant jelly, mustard, salt and cayenne. Reheat lamb in sauce.

**HANDY HAIRPIN**  
Syracuse, N. Y. — Finding a handcuff, Ann Neugent, 14, played with it and got herself locked in. She went to the police and Lieut. George Easterly tried all the keys he had and failed to open the lock. Finally, he took a bobby pin from the girl's hair and picked the lock.

**Try BISMAREX**  
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The REXALL Store

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For the Next 30 Days—Beginning January 25  
We will make for any 5 passenger car (except some of the largest makes) out of our Specially Treated Straw Fibre for only \$22.50.  
Also out of Plastic Plaids for any car (except the largest makes) for only \$35.00.  
The Covers are all nicely trimmed in Leatherette and cloth to match and tailored to fit the individual seats.  
We also have a complete line of Upholstery Fabrics for Furniture including the Nationally Known Plastics such as Duran and Boltadex.  
Truck Seats Covered and Rebuilt a Specialty.  
**MORETZ UPHOLSTERING SHOP**  
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**BOONE SHEET METAL WORKS**  
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Testimony before the house and senate committees on labor and public welfare in hearings on the increase of the minimum wage in the wages and hours act, is enlightening. More testimony insofar as the larger cities and towns are concerned is that the raise from 40 to 75 cents an hour minimum will cause no hardship since that wage is already being paid. Not so, however, in many small business concerns in small towns and rural areas, mostly in the South. Some testimony was brought out that average wage of unskilled labor in many sec-



**ACHESON'S MEET DIPLOMATS**  
... Dean Acheson, the new secretary of state, is shown with his lady as they arrived at Blair House to meet the Washington diplomatic corps for the first time since his appointment as the No. 1 cabinet member. The occasion was the president's annual reception for foreign diplomats.

### THIS WEEK IN WASHINGTON

The report of the commission headed by former president Herbert Hoover on reorganization of the executive branch of the federal government likely will be filed piecemeal with the congress between now and March 13 when the commission will officially die. "Several billion" dollars would be saved if report of the commission is carried out and more effective and efficient government would result, according to the report. President Truman is in full accord with the report of the commission. In the meantime, of tremendous importance as the congress got down to the committee stage in legislation was a report made by Secretary of Interior J. A. Krug before the senate committee on interior and insular affairs headed by Senator Joseph C. O'Mahoney of Wyoming. Secretary Krug's report was revealing in its scope both in the work being done with our natural resources and what is not being done but should be done to conserve the raw materials and energy required by the nation to produce the staggering amounts of goods and services necessary for our standard of living. For instance, we consumed two billion barrels of oil, six hundred million tons of coal, 96 million tons of iron and steel and 300 billion kilowatt-hours of electric power last year. But what happened in addition to this tremendous output? For every two tons of coal mined, one was left in the ground and lost; more energy was wasted through flaring of natural gas in the fields than is produced by the entire series of TVA dams; weight of the average automobile increased in the face of declining iron ore and oil reserves; public range land was over-grazed at the cost of less meat and wool tomorrow; we waste more undeveloped electric power than we produce, and burn in the air a fifth of the natural gas we produce. What we need do is look for more mineral ores in the 90 percent of our area which is not even geologically mapped; we need to add 17 million acres to farm land by irrigation and increase yields on 9 million more acres by supplemental water which can best be done by basin-wide development in the Columbia, Missouri, Colorado and other river valleys. Half the public range in the west needs more grass and other vegetation; 220,000,000 acres need re-seeding; we are using up saw timber at twice the rate of growth; we will need 80 million kilowatts of additional power by 1970 of which 30 million kw should be hydro-electrically provided by the federal government; we must extract oil from shale and coal; we must maintain the principle of the family-sized farm.

Said Secretary Krug: "The basic and traditional principles which assure the use, development and conservation of our natural resources for the benefit of the people as a whole, were seriously attacked during the 80th congress by those who would like to be able to exploit our resources for private gain. This attack came dangerously close to success, particularly insofar as it was directed at the public power program and the concept of the family-sized farm."

Probably never so adequately without question never so succinctly or with such polish and finesse has a question been handled by our state department as Secretary of State Dean Acheson handled the Joe Stalin press peace propaganda. Secretary Acheson punctured the phony propaganda with such finality that there could be no question in anyone's mind, least of all Mr. Stalin's, about where this country stands with regard to Russia and Russia's broken promises. President Truman was bombarded with questions in his press conference following the Acheson statement. The President wisely refrained from further comment other than to say Mr. Acheson had covered the question adequately and had said all there was to say on the subject.

tions of the South is about 50 cents an hour and that a boost to 75 cents will put some small businesses out of business.

Hot Ashes Can Cost Plenty in Cold Cash  
This is the season when hot ashes cost the nation plenty in cold cash, County Agent L. E. Tuckwiller of the State College Extension Service warned local farmers today. "More than 11 million dollars is lost each year in fires caused by carelessness with hot ashes and coals," he declared. "With the country's fire losses at an all-time high—700 million dollars was burned up in 1948—there is no excuse for such waste." Mr. Tuckwiller suggested four fire safety rules for farmers during February and March. 1. Never empty hot ashes or coals into wooden, cardboard or flammable containers. Use, instead, a metal trash barrel, preferably of the lid type. 2. Keep the area surrounding the furnace, stove or fireplace free of refuse and combustible material. 3. Be sure an Underwriters' approved fire extinguisher of the type designed to put out coal or oil fires is handy. 4. Always use a fire screen in front of the fireplace to prevent sparks from escaping into the room. Good habits of fire safety should be taught each member of the family, the county agent said, because "tending the fire" has become everybody's job in spite of modern inventions which have made many parts of the job automatic.

**NOTICE**  
North Carolina  
Watauga County  
The undersigned, having qualified as Executor of the estate of J. B. Ward, deceased, late of the County of Watauga, this is to notify all persons having claims against said state to present them to the undersigned on or before the 27th day of January, 1950, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment to the undersigned.  
This the 24th day of January, 1949  
BENNY WARD  
1-27-50

**IN THE SUPERIOR COURT**  
North Carolina  
Watauga County  
Charles R. Younce  
VS  
Willie Georgia Younce  
THE DEFENDANT, Willie Georgia Younce, WILL TAKE NOTICE that an action entitled as above has been commenced in the Superior Court of Watauga County, North Carolina, for the purpose of obtaining an absolute divorce by the plaintiff from the defendant on the grounds of two years separation, and the said defendant, Willie Georgia Younce, will further take notice that she is required to appear at the office of the Clerk of the Superior Court in the Courthouse in Boone, N. C. within 20 days from the 31st day of March, 1949, and answer or demur to the complaint of the plaintiff filed in this action, or the plaintiff will apply to the Court for the relief demanded in said complaint, which is that an absolute divorce be granted to the plaintiff from the defendant.  
This the 28th day of January, 1949  
FRED M. GRAGG  
Clerk Superior Court, Watauga County  
2-3-4c-B

**NOTICE OF ADMINISTRATION**  
Having qualified as the administrator of the estate of Dora L. Spann, late of the State of North Carolina, county of Watauga, this is to notify all persons having claims against the estate of the said deceased, to present them to me for payment within twelve months of the date hereof, or this notice will be plead in bar of their recovery. All those indebted to the estate are asked to make immediate payment.  
This February 7, 1949  
EDGAR HART, Admr.  
Blowing Rock, N. C.  
2-17-50

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**111 YEARS OLD**  
Hazelton, Pa.—The only regret that Mrs. Mary O'Neill, who recently celebrated her 111th birthday, has is that she can no longer thread a needle. She still bakes cakes, however, and does other household duties.

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**ARMOUR FERTILIZER WORKS**  
GREENSBORO, N. C.

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**The most Beautiful BUY for Performance**  
For real thrills and thrift—for the finest balance of performance and economy—owner after owner will tell you there's nothing like a Chevrolet! Its world's champion Valve-in-Head engine—now setting a trend for high-priced cars, but remaining exclusive to Chevrolet in its field—holds all records for miles served, owners satisfied, and years tested and proved.

**The most Beautiful BUY for Safety**  
To buy one of these brilliant new Chevrolets for '49 is to give your family fivefold safety protection found in no other low-priced car: (1) New Certi-Safe Hydraulic Brakes; (2) Extra-Strong Fisher Unisteel Body Construction; (3) New Panoramic Visibility; (4) Safety Plate Glass in windshield and all windows, and (5) the super-steady, super-safe Unitized Knee-Action Ride.

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