

Sarah Anne's Cooking Class

Bread for toast should be cut in slices from one-eighth to one-half inch thick. Toast in the oven or in an electric toaster.

French Toast

3 eggs
1-2 teaspoon salt
2 tablespoons sugar
1 cup milk
6 slices stale bread
Beat eggs slightly, add salt, sugar, and milk; strain into a shallow dish. Soak bread in mixture until soft. Cook on hot, well greased griddle or frying pan. Brown on one side, turn and brown on other side. Serve for breakfast, or luncheon, with jam, marmalade or maple syrup.

Caramel Nut Toast

1-4 cup butter or margarine
1-4 cup brown sugar
12 slices enriched toast
1-4 cup chopped walnuts or pecans
Combine butter and brown sugar. Spread 2 teaspoons of sugar mixture on one side of each slice of toast. Top each slice with chopped nuts. Place toast, spread side up, on an ungreased cookie sheet. Toast in an oven 350 degrees for 5 minutes. Serve immediately.

Cheese Toast

1-2 cup mayonnaise
1 teaspoonful prepared mustard
7-14 teaspoon grated onion
2 cups grated American cheese
10 slices enriched toast
Combine mayonnaise, mustard, onion and cheese. Spread 2 tablespoons cheese mixture on each slice of toast. Place toast, spread side up, on an ungreased cookie sheet. Toast under preheated broiler for 8 minutes or until cheese melts. Serve at once.

Cheese Toast No. 2

6 slices enriched toast
1 cup milk
2 tablespoons flour
Salt
2 tablespoons butter or margarine
1 cup grated sharp cheese
Make white sauce of the milk, flour and butter. Salt to taste. Add the grated cheese. When cheese is well-blended with the sauce, pour over toast. Serve hot with strips of breakfast bacon.

Milk Toast

Toast bread, butter it well, sprinkle with salt and pour scalded milk over it.

Orange Raisin Toast

2 tablespoons grated orange rind
1-4 cup orange juice
1 cup granulated sugar
Dash of cinnamon
14 slices raisin bread toasted
Combine orange peel, orange juice, sugar and cinnamon. Spread 1 tablespoon orange mixture on one side of each slice of toast. Place toast, spread side up, on an ungreased cookie pan. Toast under a preheated broiler for 3 minutes. Serve immediately.

Tomato Cream Toast

6 slices buttered toast
1 cup milk
2 tablespoons flour
1-8 teaspoon soda
2 tablespoons butter or margarine
Salt
1 cup tomato, fresh or canned
Make a white sauce of the milk, flour, butter and salt. Cook and strain the tomato and add

"Patl Said to Mr. Ed." HOW TO HELP OUT A SLOW SUITER

The young couple sat together on a dark bench. After a long pause she asked dreamily, "Joe, do you think my eyes are like stars?" "Yeah," he replied. "And do you think my teeth are like pearls?" she continued. "Yeah," he said. "And do you think my hair is like spun gold in the moonlight?" she persisted. "Yeah," he repeated. "Oh, Joe!" she exclaimed. "You do say the most wonderful things!"

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the soda. Stir the hot tomato into the white sauce and pour immediately over toast.

Cinnamon Toast

Cut stale bread in 1-4 inch slices, remove crusts, and cut in 3 pieces, crosswise. Toast spread with butter, and sprinkle with sugar mixed with cinnamon, using 3 parts sugar and 1 part cinnamon. Let stand in oven until melted.

Orange Toast

3 tablespoons soft butter or margarine
1-2 cup confectioners sugar
1 tablespoon orange juice
1 tablespoon grated orange rind
8 slices enriched toast
Combine butter and sugar. Add orange juice and orange rind. Spread 2 teaspoons orange mixture on one side of each slice of hot toast. Serve at once.

Mushroom Milk Toast

1 can condensed mushroom soup
2 cups milk
1 teaspoon butter
6 slices enriched bread
Combine mushroom soup and milk and beat with a Dover beater until blended. Heat mixture, add butter and serve 1-2 cup over 1 slice of toast 1 each soup bowl.

Evan Pattishall Is With Naval Research

Evan Gradick Pattishall, Jr., son of Mr. and Mrs. Evan G. Pattishall, Jr., recently joined the staff of the office of Naval Research in Washington, D. C. He was previously employed by the Appalachian State Teachers College, Boone.

Lieutenant Pattishall was commissioned in the Navy in June 1944 at Plattsburg, New York. Pattishall holds a Bachelor of Medicine, Master of Medicine, and Doctor of Philosophy degree, receiving his education at Davidson College and University of Michigan.

The office of Naval Research carries on a program of fundamental research in fields of vital interest to the Navy. It aids financially more than twelve hundred research projects in two hundred civilian universities and laboratories, and the prime purpose is to provide good liaison between civilian and governmental research organizations.

Lieutenant Pattishall resides with his wife at 211 Duke Street, Alexandria, Virginia.

A REASONABLE DOUBT

A movie director was giving his final directions for the filming of a jungle scene. Addressing the male lead, he said: "You tear through the jungle as if you were running for your life. This tiger here," and the director pointed toward a cage on the set, "will pursue you for exactly 300 feet. No more. Do you get that?" "I do," nodded the actor dubiously, "but does the tiger?"



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New State Road Map Is Just off the Press

The State Highway Commission's newest road map—the

black and white service edition—is just off the press.

The 1951 edition shows all the state's primary numbered highways and as a new feature includes a number of \$200,000,000

bond issue roads, especially those which serve as vital connecting links.

The map also includes an index to cities and towns and points of interest, now bus and

truck weight restrictions, ferry schedules, a small mileage map and "Rules of the Road."

Also available for free distribution from the Commission's Raleigh office is the revised 1951

edition of the Commission's colored tourist map published with the cooperation of the Department of Conservation and Development.

GOING TO THE DOGS
Vistor: "Poor fellow, I suppose you were tempted and fell?"
Convict: "Yus, lddy—tempted by a 'andbag, an' fell over a per-lishin' dog!"

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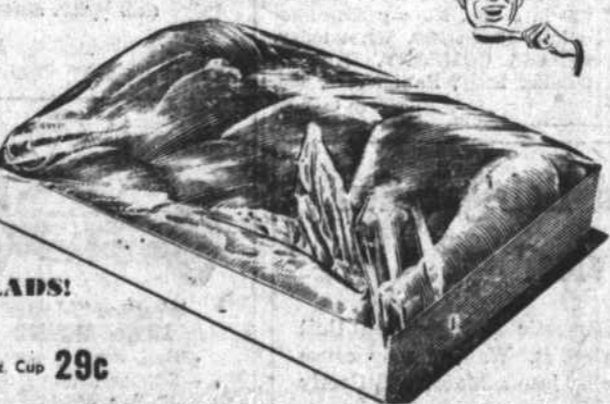
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