### **Doctor Talk**

affected

ache is referred to as a nondescript

over the eyes, then gradually

spreading and becoming generalized over the head. Characteristics

of the allergice headache is the fact

that the pain pattern varies so

from patient to patient-in short,

the typical feature of the allergic

swelling and redness of the eye-

deeper structures of the eye. In

case of such allergic reactions your

Allergic reactions involving the

stomach can be quite alarming at

times, with distress so great as to

raise the question of the possibility

of a peptic ulcer or some other

As the reader can see, allergy

can play an important part in the

general health of all-and in this

day of many chemical sprays and

sibility of increased allergic re-

actions is more prevalent than ever

no increase in resources used.

other synthetic materials the pos

lids. This allergice involvement

individuals infected with colds varies very little, whether he lives in the far north, in the temperate the same is true whether you live in a crowded city and daily in contact with many, many e or live on an isolated farm in the remotest part of the mid-

among all age groups, but percent-age wise the highest incident is found among the pre-school child action as the causative factor in many cases. The allergic headthis is especially true if this pre-school child happens to have an older brother or sister attendbendacks often due to an allergic reaction to a food and not necesing school and bringing the infec-tions home. As we grow older the incidence of colds per year desarily associated with respiratory creases until the average adult has approximately two to three colds

Just what we man by the com-non cold is hard to define—not being an illness caused by a bacterial invasion of the body and therefore not amendable to various laboratory studies, we must rely upon the symptoms caused by the disease to define its meaning The common cold is without question caused by a virus or a number of viruses and after invading the body cause changes after a twentyfour to forty-eight hour incubation period. The symptoms first noted are usually headaches, sore throat and malaise, and less frequently chilliness and sneezing. After these initial changes the imfection then causes profuse nasal drainage, nasal obstruction, and cough. The entire period of time extending over a period of five to seven days—symptoms extending much beyond this period of time are usually not due to the viral infection, but rather to a secondary involement by one or more practice of many patients rushing to their family doctor for an injection of Penicillin or some other antibiotic is foolish-such drugs having no beneficial effect on viruses; in short, it is a waste of time and antibiotic and must be strongly condemned

Why we have colds has been the topic of conversation for gen-erations—but now it has been definitely proved that this disease is an infectious process of the body. All the tales you have heard in the past, such as night air, drafts, fatigue, nervous tension mproper diet, overwork, many others, causing colds have been scientifically studied and none have stood the test-all have been proven to have no influence on colds or the subjects' susceptibility to colds.

In an earlier column the general topic of allergy was discussed, with most individuals connecting allergy



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BOONE, N. C.

### Echo Satellite **Gets Wrinkles**

the nose, coated surface which cause heavy skin, but signal is now visible during mornorgans ing hours only.

Although the 100-foot dis Allergic reactions involving prac- daily over a point on the earth ticulty every organ and system of project Echo engineers at Bell the body have been recorded in Laboratories, Holmdel, say it is ticulty every organ and system of medical writings — such as the visible only three times now dur-ocular system and the gastruintes-ing early morning hour. The tinal tract and even the joints of earth shadow prohibits visibility ing early morning hours. The

vascular systems have rarely been are causing a reduction in the in-The prevalent complaint of head-ache certainly has an allergic retensity of the received signal, result from three factors-(1) Loss of gas pressure inside the sphere (2) Echo's path in and out of the earth's shadow where temperature variation is extreme and (3) effects of air drag.

Bell Laboratories engineers have been recording the level of signals The ellergice headache is often described by the patient to be a throbbing pain or ache originating coming from the huge satellite cal theory. This helps to deterthe present condition of Echo I

Engineers say that Echo, zoom ing across the sky at 16,000 miles per hour, has a life expectancy of about one year. A satellite's life span is determined by solor radiation pressure and air drag.

headache is that it is not typical. Ocular allergy is quite common with the typical symptoms of itch-Echo, launched under the spon sorship of the national aeronautics ing and burning of the eyes or space administration, tours the earth every 118 minutes. Presentthe eye may extend beyond the lids ly, its closest distance to the earth and conjunctiva, in some cases inis 720 miles, while its farthest is volving the cornea and even the 1,250 miles.

Experiments are now being run only once a week at Holmdel. Pridoctor must be consulted immediately with proper treatment instituted to prevent possible irreparable damage to the eye.

marily, they involve receiving carrier signals transmitted from the U. S. Naval Research Laboratory at Stump Neck, Maryland.

> Question: How much hay does the average Tar Heel dairy cow eat per day?

Answer: From 21/2 to 41/2 pounds per 100 pounds of body weight



Sugar Grove, N. C.

JERRY ADAMS, Agent Total farm output went up 19 CO 7-2403 per cent from 1950 to 1959, with

racking your brain for just the the conventi-

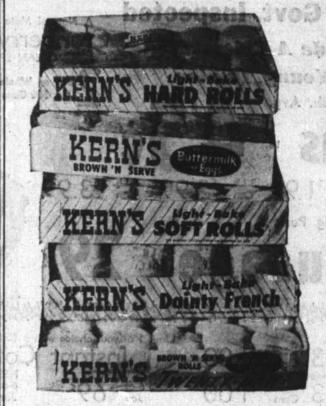
The old stand by colors, strong wire, red and green, have been deserted. In their place you will find almost every color combination that is different-shocking pink and soft green, Williamsburg blue and gold. One display room in a large department store featured a living room decorated in white, gold are

I can't help you pick just the low stripped of its leaves and thing for Aunt Mary, but I can painted or gilded. In the proper

It seems the modern school has in Christmas wreaths. They are produced its own Christmas decor- incorporated in the usual way with

and apple green. It was quite at not remember and if you know of any Santa might overlook, do your Spraying a Christmas tree gold, part of seeing that none is for

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