

Elementary School Chorus Presents Concert Today

The three Mixed Chorus of the Appalachian Elementary School will present a concert of Christmas music Wednesday morning, December 21st, in the school auditorium. Two performances will be given, one beginning at 9:00 a. m. and one at 10:00 a. m.

Chorus I, seventh and eighth grade students, will sing "Gloria in Excelsis Deo", "I Wonder as I Wander", "Rocking Carol", and "We Wish You a Merry Christmas."

The public is invited to attend either or both performances. Included on the program are carols from many countries, both sacred and secular. Chorus III, third and fourth grade students, will sing "O Come, O Come, Emmanuel", "On Christmas Day in the Morning", "Sleep, Little Jesus", and "The Reindeer Song."

One-hundred-sixty students are members of the three groups. Student accompanists will be Robert Melton, Gray Wilson, Jenny Lou Robinson, Patty Sue Spencer, and Ruth Anne Williams.

Mrs. Gaynelle Wilson, director, will be assisted by Mrs. Dorothy Duncan, graduate assistant, and Miss Judy McCurry, student teacher.

Garden Time

By M. E. GARDNER
Following my suggestion that you try Espalier training of a pyracantha or some other suitable plant, several requests for help have been received.

The word Espalier means a trellis, framework (or wall) on which fruit trees or shrubs are trained in flattened form. The trellis may be made by using No. 9 galvanized wire attached to posts and stretched taut. Two or three wires may be attached and spaced about two feet apart, the first wire being two feet above ground. The framework may be shaped according to the pattern you wish to follow in training your plant. Any suitable wall (brick or wood) can be used.

The advantage of the trellis, or framework, lies in the fact that you can place either in full sun. This does not rule out the wall but it will be best not to use a wall in deep shade, as most of the plants suitable for Espalier training require some sunshine. The trellis is better adapted for formal patterns while the wall is best suited for informal patterns.

While a number of plants are suitable for Espalier training, perhaps the most commonly used are dwarf apple and pear trees, probably because of their early popularity in France and England. Others would include pyracantha, lilac, flowering quince, crabapple.

I suggest that you start with your plants so that training can begin as soon as planted. Ask your local nurseryman to help you select a plant that will require the minimum of initial pruning. You will want to give your plant some extra care, so begin with a good job of planting. The next step is selecting and training your main branches so that they will conform to whatever formal or informal pattern you select and also to the flat surface, if against a wall.

Frequent pruning during the growing season will be necessary to properly direct the growth and maintain the flattened form. This will consist of careful thinning out and heading back as needed. It will be necessary that the main stems or branches be tied to the trellis or wall. You can figure out the best way to do this. Just remember that precautions should be taken not to use anything around the branch that will girdle it or constrict growth.

Kindling wood dipped in wax will always stay dry and light instantly.

Legion Ladies Hold Meeting

The American Legion Auxiliary, Watauga Post, Unit 130, met at the Legion Hut Friday, December 9, at 7:30 p. m.

The meeting was opened by the president, Mrs. Troy Norris, and was conducted in regular form. Minutes of the last two meetings were read and approved.

A vote was taken to send \$5.00 to headquarters in Raleigh for furnishing the building. From the Poppy fund, it was voted to send Tommie Sue Ward ten dollars for Christmas at Butler Training School. Ninety dollars has been sent to the four veterans hospitals in North Carolina for gifts and cards for the veterans.

Help was given to a needy veteran's family amounting to \$25.00. More will be given them at Christmas, as well as to other needy veteran families.

The meeting adjourned by singing several Christmas carols and prayer led by the chaplain, Mrs. Hettie Hodges.

Candy, cake, cookies, and coffee were enjoyed by the Legionnaires and auxiliary members during the social hour.

Judge: "Now tell the court how you came to take the car."
Accused: "Well, it was parked in front of the cemetery, so I thought the owner was dead."

Health and Beauty

Any woman whose skin presents a fine, velvet bloom is lucky beyond words. Women born with this great asset are few. There are many today who cultivate and create a lovely complexion through proper diet, powder and powder-blended foundations.

The proper diet requires a little self control at times but the end results in face and figure more than compensate. Eat foods that are high in vitamin A. These include almost all vegetables, especially green, leafy ones almost all fresh fruit, especially citrus fruits—dairy products—be sure to drink at least one pint of whole milk each day. If you must diet use skim milk and watch the amount of fat you eat.

Exercise and fresh air will benefit both your complexion and figure. Poor circulation is often the cause of a muddy, tired looking skin.

The skin deep part of a beautiful complexion can come in the form of loose powder, a bottle of powder-blended foundation or a cake of cream-blended powder. Which ever you choose, it is important to take your time and buy carefully.

These powders should be chosen for texture as well as color. Some companies design their powders in

both light and heavier textures. Heavier powders have more clinging powder and absorb more of the skin's natural oils. They are best suited to an oily skin. Normal and dry skins like lightweight powders. Some very fine grained powders have exceptional cling and become any skin.

Face powder colors belong in three large groups—the pinks; the neutrals which are best for a ruddy complexion; and the goldens which add warmth to a pale complexion.

A good liquid tinted foundation helps hide imperfections. Foundations shades should be chosen to face powder colors. The new cream blended powder cake come in their own neat containers and are just the thing for your purse. There will be no loose particles to fly through the air or spill in your bag.

FOOD PRODUCTION DROPS
Home production of food on the nation's farms has declined 62 per cent during the last twenty years.

An Agriculture Department report showed that in 1940, food produced on farms for use represented 12.2 per cent of the total agricultural output. By 1959, this percentage had dropped to 4.6.

KNOW THE WEATHER

By E. H. SIMS
Does a mild winter always mean bumper crops in the summer and fall ahead?
A mild winter, contrary to what people believe, is not necessarily the best thing for trees and plants which produce salable products.

Some trees and plants require so many cold nights during the winter. If they do not receive this cooling process, which controls the dormant period, they are likely to produce little or bear too early, or both.

Thus an average winter is better than an extremely cold or an extremely warm one. And there has been little change in our average winter weather over the years—despite the fact that elderly people usually think the weather was colder in their childhood. It was slightly colder but the difference in the average winter at the turn of the century and today is relatively minor.

Help Fight TB
Christmas Greetings
1960
Use Christmas Seals

Suez Canal tolls are setting a record.
Berlin skeptical about new memorial church.
Montreal seeks outside help in crime wave.
U. S. dependents abroad expect to remain.

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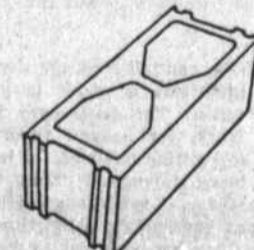
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