

Dr. Ready To Speak At N. C. Farms PTA Meeting Monday

Dr. I. E. Ready, director of Curriculum Study, N. C. State Board of Education, will discuss "Trends in Curricula in Grades 1-12" at the Boone Parent Teachers meeting Monday at 7:30 p. m. The program, according to Eric DeGroot, president of Boone PTA, was originally scheduled for the January meeting but was cancelled due to bad weather.

The meeting will be held in the Elementary School auditorium.

Dr. Ready will discuss trends based on recommendations of the curriculum study groups which



DR. I. E. READY

have been studying curricula in N. C. schools for the past two years. These study groups have evaluated curricula with the following guiding questions in mind:

1. What is the job of the school?
 2. What makes a good school?
 3. In the school, are time and energy concentrated on educational tasks?
 4. Are the leaders in the community working for quality of education?
 5. What else is needed to insure quality of education?
- Some of the general recommendations pertaining to improving public school education in North Carolina which grew out of the evaluation are centered around:
1. The school's job is an educational job.
 2. Quality teachers, and enough of them, are essential if quality education is to be provided.
 3. Quality education requires a teaching situation that encourages excellent instruction and serious study.
 4. Quality education requires that teachers be given the professional help they need and the tools they require to do a good job.
 5. Quality education requires full recognition of individual differences.
 6. Quality education requires a classroom emotional climate that promotes effective learning on the

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BOONE, N. C.

North Carolina's small farms are getting smaller, while the big ones are getting bigger.

Take Wayne County. The latest Agricultural Census shows that the number of farms with less than 20 acres of cropland dropped from 873 in 1954 to 512 in 1959. Farms with more than 20 and less than 30 acres declined in number from 1,201 in 1954 to 733 in 1959.

In the same time, the number of farms with 50 to 99 acres of cropland rose from 495 to 611; with 100 to 149 acres, from 87 to 121; with 200 to 499 acres, from 5 to 18.

"It's easy to understand why the large farms are getting larger," says Wayne County Agent Mark Goforth. "Most farmers have an active desire to own more land. If they're making a good profit, they'll always be in the market for additional land."

But why are the smaller farms getting smaller, wonders Goforth. "It may be that the small farmers are selling all or part of their land to catch up debts," he suggests. "And they may be selling their land and working off the farm."

Goforth hopes that the farmers are combining their land with that of neighbors, for an operation of more economical size.

"One farmer can add 20 per cent more land without increasing his cost 20 per cent," he says.

In 1940, Wayne County had 4,915 farm units. There were 4,888 in 1954. And in 1959, there were only 3,518.

"In general, the more aggressive farmers continued to farm," says Goforth. "They're working harder and better to improve yields per acre and profit per acre."

Goforth says more and more farmers are telling agricultural workers: "Someone else has been tending this land and not making very good crops. How can I increase the yields? I cannot work unless I make a profit."

CARD OF THANKS

The family of Major Carlos DeLima wishes to extend its deep and sincere gratitude to the community, not only for their sympathetic response at the Major's death, but for the kindness and friendship which they extended to him during his lifetime. Boone's generosity in accepting and liking the Major contributed no small happiness and satisfaction to his last years. For making these years the more happy, we are especially grateful to each of you. — Mrs. Carlos DeLima, Miss Joanne Aldridge, Mrs. Patricia Aldridge Maslow.

Doctor Talk

By JOHN B. REMBERT, M. D.

The human heart is the most astounding pump ever known to man. In fact, it is responsible for man's existence. Without its continuous performance the human body can not remain alive. It has been calculated that the heart pumps more than four quarts of blood to the body a minute, a large quantity considering that this human pump is no larger than a man's fist—also, it has been calculated that the heart beats between two to three billion times in an average life time, this beating going on day and night as long as the body remains alive.

If you look at a picture of the human heart you will notice that it is shaped somewhat like a cone, tilted to one side with the point downward. The heart, situated within the chest above the diaphragm and between the lungs, is a hollow muscular organ. Looking at the inside of the heart it is divided into two parts, namely the left heart and the right heart.

The left heart is then divided into two chambers, the top chamber is called the left auricle; the bottom is called the left ventricle. The right heart is divided in like man-

ner, the upper chamber called the right auricle; the bottom department is called the right ventricle. Since the heart is built of muscle and all work done by muscle is by contracting and then by relaxing and repeating this process over and over again, you can see how the pumping action of the heart is carried out. It is important to keep in mind that not all heart muscle tightens at the same time, the tightening process spreading from above downward, the various compartments of the heart at different times, making these compartments smaller and this squeezing forces the blood from the heart and throughout the body for tissue nourishment.

Mrs. Walls Is Dead At Age 80

Mrs. Callie Norris Walls died at her home, Route 1, Boone, February 19.

She was 80 years of age, and had been a life long resident of Watauga county.

Funeral services were conducted February 21 at Bethel View Methodist Church by the Rev. R. H. Ballard, the Rev. Heywood Hyatt, and the Rev. Arlie Moretz. Burial was in the church cemetery.

She is survived by three sons, four daughters, one brother and two sisters: Guy S. Walls, Baltimore, Md., Grady Walls and Gus Walls, Oakland, Calif.; Mrs. Woodrow Starnes, Route 1, Boone, Mrs. Bertie Coffey Fleetwood, Mrs. Larry Moore, East Kinsburg, N. J., Mrs. Carl Goines, Birmingham, Ala.; Robert Norris, Route 1, Boone; Mrs. Jeff Houck, Todd, and Mrs. Copa Greene, Stony Fork. There are 17 grandchildren and 29 great grandchildren.

BORROWING \$6.9 BILLION

The Treasury announced plans to borrow \$6,900,000,000 in an operation which takes into account the current recession and the gold problem.

The department, in its first financing announcement since the Kennedy Administration took office, said it will raise the money through an offering of eighteen-month notes paying 3 1/4 per cent interest.

New X-ray device works in millions of second.

Plans Made For Cattle Sale In October

The beef cattle producers of Watauga county met on February 14 in the Courthouse in Boone to make plans for the proposed special sale at Boone in October.

A special beef cattle sales committee was elected. The committee is composed of Fred E. Greene, chairman; Bill Krider, vice-chairman; Charles Blackburn, secretary; Johnson Christenbury, Harry Hamilton, Jr., Fred Critcher, Burl J. Greene, Lewis Norris.

Special community committees were elected and asked to determine the number of yearling steers and feeder calves that can be secured for the proposed sale.

A report on the accomplishments of these committees is requested on February 25, and at dates to be designated from time to time until July 1, at which time at least 500 calves and 500 yearlings must be signed to get the Boone sale listed on the State Sponsored Advertising list.

The special committees are as follows, with first named being chairman:

- Todd section—Bill Krider, Millard Stevens.
- Big Hill-Fairview—Tom Jackson, Milton Moretz, Odell Moretz.
- Meat Camp—Wade Clawson, Burl J. Greene, N. Claude Greene.
- New River—Charles Blackburn, Collis Austin, Ferd Michael.
- Rutherford-Deep Gap-Laxon — Grady Moretz, Jr., Clyde Moretz.
- Bamboo-Aho — Fred Critcher, Jack Triplett, Hammond Hampton.
- Brushy Fork—Lonnie Henson.
- Cove Creek-Laurel Creek—Fred Greene, Aud Ward.
- Upper Cove Creek — John K. Perry, Clint Eggers, Clay Thomas, Tom Lawrence.
- Matney—Lee Ward.
- North Fork — Robert Thomas, Raymond Donnelly.
- Beaver Dam — Dick Farthing, Lewis Norris.
- Foscoe—H. O. Aldridge, Robert Fox, Arl Sluder.
- Valle Crucis—Johnson Christenbury, Henry Taylor, Tom Ward.
- Upper Beaver Dam—Joe Wilson, Dean Reese.
- Elk — Stewart Simmons, Ward Carroll.
- Vice President asks cut in arms to Middle East.

Cranberry Crunch Pie Popular Treat

Cranberry-sparked meals are family sellouts every time, especially when cranberry crunch pie is served at the end of the meal.

The U. S. Department of Agriculture says cranberries and cranberry products are plentiful.

USDA says cranberry crunch pie is an easily fashioned, delicious pie, which has a crust made of quick-cooking oats that teams flavorfully with cranberries. To prepare, put the contents of one can of whole cranberry sauce into a bowl. Break the sauce apart with a fork and stir in 1/2 teaspoon fresh lemon juice. Set the sauce aside.

Then prepare the crust. Mix together 3/4 pound softened sweet butter with 1/2 cup flour, 1 cup quick-cooking uncooked oatmeal, and 1 cup light brown sugar. As soon as the ingredients are well blended, divide the mixture into half and use half for the bottom crust. Spread the dough evenly over the bottom of a 9-inch oven-proof glass plate.

Next, cover evenly with cranberry sauce filling. The remaining dough is the topping. Since the dough will be slightly sticky and difficult to spread over the cranberry mixture, drop by spoonfuls as evenly as possible over the sauce. Bake 45 minutes in preheated 325-degree oven. Serve warm as is, or with whipped cream.

Extra Special Tuna Meal

Eating in a Chinese restaurant brought to mind how very good it is on occasion to have a main course made with a non-thickened sauce. This Tuna Rice Skillet dish is the answer, for it is easy, quick and oh so good. Serve with it a medley of buttered canned vegetables such as carrots, lima beans and tomatoes. Add a crisp green salad, hot rolls, and chocolate sundae for dessert.

Tuna Rice Skillet

1 cup raw regular rice	2 cans (6 1/2 to 7 oz. each) tuna
1/4 cup shortening	1/4 cup chopped ripe olives
2 cups canned clam juice	
1/4 teaspoon salt	

Cook rice in hot shortening in a heavy skillet until golden brown, stirring constantly. Add clam juice and salt; mix. Cover and bring to boiling; reduce heat and cook gently until rice is tender, about 25 minutes, stirring occasionally. Add tuna broken into chunks and olives; mix gently. Cover and continue cooking 10 minutes. Garnish with whole ripe olives, if desired. Four to six servings.

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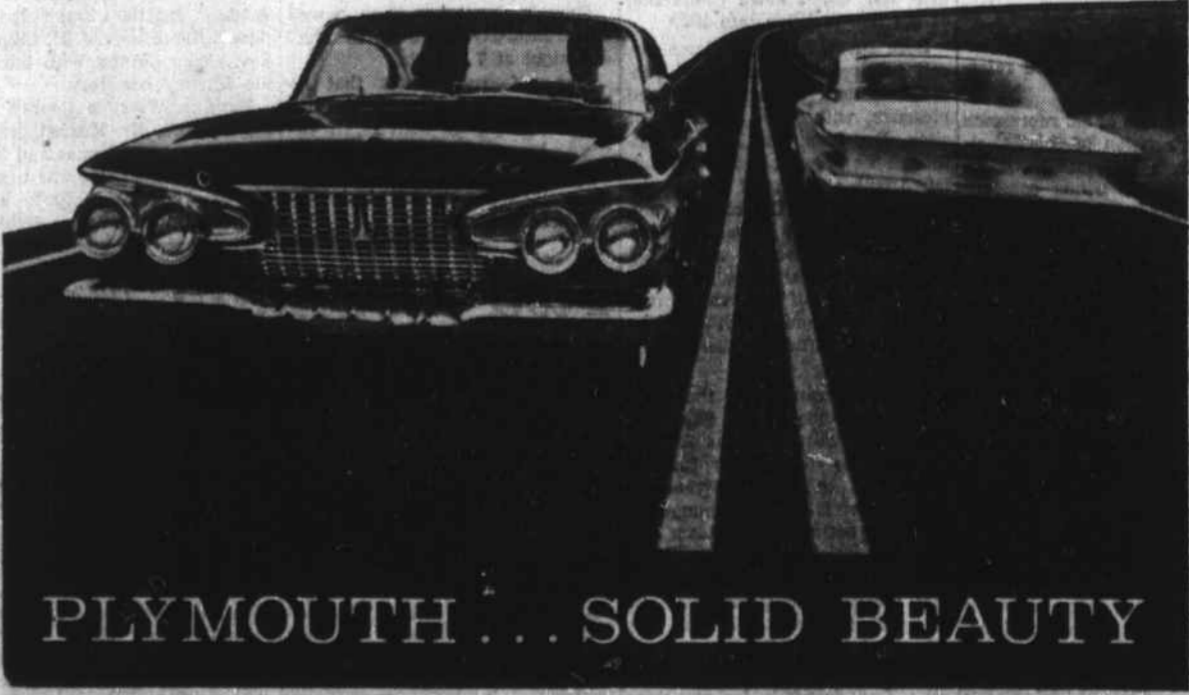
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