

Gap Creek Community Forms Unit Of Development Group

The citizens of the Gap Creek community met at the Gap Creek Baptist Church on March 22 for the purpose of organizing under the Community Development Association of Northwest North Carolina.

This is a joint organization, consisting of citizens from Ashe and Watauga Counties.

The following officers were elected:

Chairman—Mr. Jack Wellborn, Deep Gap.

Vice-Chairman—Jack Watson, Deep Gap.

Secretary—Treasurer—Johnny Fairchild, Deep Gap.

Reporter—Mrs. Ocie Blackburn, Deep Gap.

The following community projects were selected:

Community Signs—Russell Wellborn, chairman; Roe Church, Lee Watson.

Community Clean-Up—Rodney Howell, chairman; Wendell Church, Johnny Fairchild, Eddie Moretz, Mail Boxes—Jack Wellborn, chairman; Carl Cheek, Eugene Watson.

Youth Activities—Mr. and Mrs. Robert Hartzog, Mr. and Mrs. Lavern Watson, Mr. and Mrs. Buddy Blackburn.

Roadside Beautification—Mrs. R. B. Howell, chairman; Mrs. Eugene Watson, Mrs. Ardney Blackburn, Mrs. Martha Bledsoe.

The group will meet on the fourth Tuesday of each month at 7:30 p.m. at the Gap Creek Baptist Church. The next meeting will be held April 25.

G. J. Ward and C. L. King were in charge of the organizational meeting.

Work speeded on Arkansas Basin development.

Boone Jaycettes Have Meeting

On Monday night, March 13, the Boone Jaycettes had their monthly meeting at the home of Jan Schaefer. Vice-President Polly Winkler was in charge of a most interesting program presented by Mrs. Scott Swift and Mrs. Stanley Harris, Avon representatives. Mrs. Scott gave some very helpful suggestions and demonstrations on the use of her various Avon products for women. Facial make-up was emphasized, and all the girls enjoyed using the samples given them.

A business program followed, which centered around the Watauga Beauty Pageant, now set for April 29. Various committees were appointed to help plan and carry out the pageant.

Refreshments, with a St. Patrick's theme, were served, after which the meeting was adjourned.

TRADE AT HOME



Television brings into the home of 1st grader, Harvey Deal of Boone, the nation's finest basketball playing and other quality programs. Therefore, the "big eye" isn't the villain it's sometimes made out to be, according to research reported by Dr. Paul A. Witty, noted Northwestern University educator. But parents need to guide their children toward viewing the worthwhile programs. (John Corey photo.)

School And Your Child

By JOHN COREY

What's the straight word on the harmful effects of TV watching by children?

Much has been said about the "big eye" weakening Junior's sight, handicapping his learning to read, reducing his outdoor play, lowering his school grades, hardening his sense of compassion, and consuming too much time (21 hours a week for elementary school pupils, 14 for high schoolers).

In 11 years of research involving 20,000 American youngsters, Dr. Paul A. Witty, professor of education at Northwestern University, has released findings which indicate that television isn't a villain after all—provided parents and their offspring exercise a little selectivity in viewing programs.

Dr. Witty and his associates concluded: "Television has not brought about a marked reduction in outdoor play, hobbies, sports, and creative activities."

Children haven't substituted it for the ball, fishing pole, or doll. Actually, one study discloses over 30 per cent of school-age youngsters cultivate new hobbies because of TV. The televising of national tennis matches at Forest Hill, for instance, spurred interest in the net game.

"Heavy viewers don't get substantially lower grades than those who seldom watch TV."

"Relatively few pupils read less; many pupils believe they read more."

"Primary pupils appear to show gains in vocabulary as a result of TV viewing."

"Eyes are not harmed," according to the National Society for the Prevention of Blindness, "if

proper seating, clear focusing of the set, and proper room lighting are observed."

"But—there is some evidence that overexposure to Westerns and crime programs may have an adverse effect on some children."

It may lower children's sensitivity to human suffering and lead them to accept or condone brutality," says Dr. Witty.

The Northwestern University educator believes parents should guide their boys and girls toward viewing programs of value. Parents set models for other things. Why not TV?

Further, mothers and dads can wield terrific influence on TV programming. A letter or call to a station or sponsor condemning, say, "77 Sunset Strip" for its violence, or praising Leonard Bernstein's New York Philharmonic program or "Twentieth Century," has real effect on TV executives.

Public opinion opposing the junk dished out last year has resulted in better programs, overall, this season.

Still, as TV's Grand Old Man, Ed Sullivan, admits, too much gory fare still spatters the television screen.

But Sullivan agrees with Professor Sam Becker of the State University of Iowa that kiddies can't be insulated from all the world's evil, even should TV drop all violence.

The answer, according to Sullivan, Becker, and others, lies with parental censorship at home, helping youngsters develop their own judgment.

Summarizes Professor Becker: "I cannot help but feel that the parents are primarily responsible

Household Hints

By RUTH CURRENT

Prunes Rich In Food Elements—Serve them spiced, minted, or pickled. Use syrup from pickled peaches and from any sweet pickle. Prunes are a fine condiment to serve with roast pork or beef. They are especially good with sausage—minced, puréed, or halved. Prunes give a special zest to puddings, custards, and gelatin deserts. They are rich in flavor and high in vitamins and other necessary food elements. They are good and good for us. This is the season of the year that we should eat prunes.

When To Salt And How Much—Salting foods is not a matter of a pinch, a dash, a shake or a heavy hand. Salt to measure adds to flavor of foods.

For yeast breads, baking experts recommend 1 teaspoon of salt for a 1-pound loaf of bread. Always add the salt to the liquid ingredients and stir to dissolve. Never add salt just to the yeast solution—it would immediately begin its retarding action.

For quick breads, the rules are 1 teaspoon salt for 2 cups flour. Sift the salt with the dry ingredients.

In cakes made with butter or shortening, generally the salt is sifted with the flour and the leavening.

For plain pastry, use 1 teaspoon salt to 2 cups flour for best flavor—not a "salty" taste but good pie crust flavor.

In meats, according to latest and most authoritative sources there is no measurement rule indicating how much to use with oven roasts or pot roasts or other solid pieces of meat. The reason "why not" is because, generally the amount of salt is related to

the surface area exposed. However, with ground meat such as for loaves, patties, or hamburgers, the rule is 1 pound of ground meat mixed well with the salt just before shaping and cooking.

In making roast meat gravy, although the flavor is dependent upon the kind of meat being cooked (beef, pork, lamb or veal) the salt seasoning is generally in the amount of 1 teaspoon of salt to 2 cups of water.

Chicken Supper To Be Held At School

A chicken supper will be held at the Parkway School April 8th from 5:30 to 8 o'clock.

Everyone is invited and the proceeds from an admission charge of 50c and \$1 will go for school purposes.

Seventy-nine U. S. Marines were awarded the Medal of Honor, the highest combat decoration, for their acts of valor performed during World War II.

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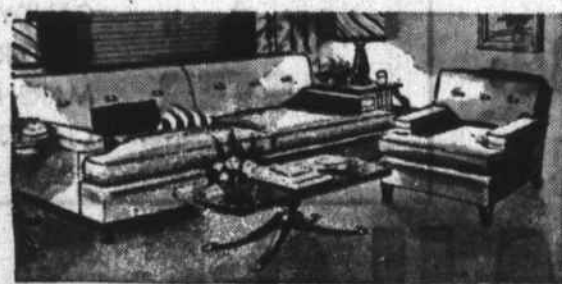


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