

Lionel Watson Supports Appalachian High Activities; Seldom Misses Game

One of Appalachian High School's most ardent fans and supporters is Lionel Watson, who has transported the AHS Blue Devils' athletic teams and other student groups to games and school sponsored events for eight of the past nine years. During these years, "Lionel," as he is affectionately called by the students, has driven some 150 groups to and from events without a single accident.



LIONEL WATSON, POPULAR BLUE DEVILS SUPPORTER, POSES BESIDE NEW ACTIVITIES BUS

Mr. Watson, who is a mail carrier, started driving the Appalachian activities bus in 1953, which students called the "Blue Goose." He drove the bus for all school sponsored trips from that time except for one year when his business obligations would not allow it.

Last year, a group of Appalachian supporters got together and contracted for a more modern bus, a second hand Greyhound. Mr. Watson was instrumental in the purchasing and reconditioning of this bus which is now being enjoyed by the groups using it.

Mr. Watson has spent a considerable amount of his money and time in getting the bus in good condition. One of the first things Mr. Watson did, after the school received the bus, was to buy new tires for it. The bus has been repainted and refurbished, and plans now are to have a large emblem painted on the bus, so that the Blue Devils and Appalachian High groups will be easily recognized wherever they travel.

The bus is big enough for the school to send large groups to various events. School authorities feel it is as safe as any bus can be, and because of its serviceability it will get the students to their destination on time comfortably.

Dr. Roy R. Blanton, principal at Appalachian, said Mr. Watson makes these trips without pay, other than the pleasure he gets accompanying the students to their activities and serving the school. Dr. Blanton continued:

"The school and the community owe Mr. Watson a debt of sincere gratitude for his genuine concern for the welfare of all its students, and for all his faithful service in their behalf. His service to the school has meant sacrifice to him because on many occasions he has had to employ someone to carry on his regular work when he goes with the students."

"Because of its size and serviceability the school and the community have a bus of which all can be proud, but which would have been an impossibility without Mr. Watson's time, effort, and money."

SHORT DRESSES PREFERRED
Many long dresses are being shown, but the American woman is still wearing the short convenient cocktail dress with jacket for informal evenings.

Writes Of Advances In Medicine Research

By JOHN B. REMBERT, M. D.

Medical progress, through medical research, has been phenomenal during the past twenty-five years. Today, the eradication of diseases that formerly killed thousands upon thousands annually is expected by the public as one of its rights for living in this modern era!

During the past six years we have witnessed the victory of medical science, thanks to Dr. Salk, and hundreds of his co-workers, over poliomyelitis. It is apparent to many, and has been pointed out in this column in the past that the principle reason we continue to have any polio cases is because many still have not "bothered" to receive their immunizations.

Research since the initial development of the killed-virus vaccine by Dr. Salk has now produced a new weapon to attack this dread disease.

Dr. Albert Sabin has developed an oral poliomyelitis vaccine that has been clinically tested extensively in foreign countries and only this year tested in this country. Once these clinical trials have been fully evaluated and approval for its general use given by the National Institutes of Health the possibility for universal vaccination against polio will be at hand.

The chief advantage of the oral or live-virus, now used in this country, is that mass immunization can be achieved quickly and inexpensively. Few, if any, will object to this form of oral immunization—many (adults, as well as children) dreading "shots."

The response of the body once the oral vaccine is taken in rapid, with immunization developing within at least one week's time. The Sabin vaccine, once in general use, can be used to rapidly stop the chain-reaction or spread of the disease in an epidemic because of its ease of administration and the rapid immunity produced in the body.

The Council on Drugs of the House of Delegates of the American Medical Association at its recent meeting in New York City has urged the use of this live-virus vaccine for mass immunization — this endorsement coming prior to official approval by the Federal government.

In another column, the general topic of allergy was discussed, with most individuals connecting allergy with conditions of the respiratory tract and the skin. It is true that the majority of symptoms of allergic disease do involve the nose, throat, or lungs and the skin, but theoretically, any tissue or organ of the body may be the site of involvement.

Allergic reactions involving practically every organ and system of the body have been recorded in medical writings — such as the ocular system and the gastrointestinal tract and even the joints of the feet; but the renal and cardiovascular systems have rarely been affected.

The prevalent complaint of headache certainly has an allergic reaction as the causative factor in many cases. The allergic headache is referred to as a nondescript headache often but to an allergic reaction to a food and not necessarily associated with respiratory allergy.

The allergic headache is often described by the patient to be a throbbing pain or ache originating over the eyes, then gradually spreading and becoming generalized over the head. Characteristic of the allergic headache is the fact that the pain pattern varies so from patient to patient—in short, the typical feature of the allergic headache is that it is not typical.

Ocular allergy is quite common with the typical symptoms of itching and burning of the eyes or swelling and redness of the eyelids. This allergic involvement of the eye may extend beyond the lids and conjunctiva; in some cases involving the cornea and even the deeper structures of the eye. In case of such allergic reactions your doctor must be consulted immediately with proper treatment instituted to prevent possible irreparable damage to the eye.

Allergic reactions involving the stomach can be quite alarming at times, with distress so great as to raise the question of the possibility of a peptic ulcer or some other acute gastric crisis.



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School And Your Child

By JOHN COREY
Education Dept., ASTE

The "part-time" fathers our society seems to foster cause many children to be overly dominated by the female, says Dr. Wiley Smith, long-time professor of psychology at Appalachian State Teachers College.

Where are the daddys, and what's wrong with the feminine influence?

Dr. Smith reports these questions well answered in a book, "Father to the Child," written by a professor of child psychology at Queens College, New York, Dr. Everett S. Ostrovsky.

Divorce is of course an important factor in separating fathers from their children, says Dr. Ostrovsky. And occupations such as selling and the military keep others away from home. Long hours of business make absentee fathers out of many executives.

As for the female influence, it's wonderful; but too much is too much. A child needs practically equal exposure to masculine environment.

In fact, Dr. Ostrovsky suggests that "father-deprived" youngsters may suffer personality disorders ranging from sexual maladjustment to extreme aggressiveness or submissiveness.

In his book, the psychologist presents case studies made while he taught in a nursery school. They demonstrate the need that children have for companionship of a father—preferably their own father.

And when there's no daddy present, or present only on part-time basis, a lonely child frequently

demand a "father-substitute." Dr. Ostrovsky recommends that substitutes be furnished. He suggests several possibilities.

One method is to put men as well as women on the nursery school staff. The same goes for the elementary school, now taught primarily by women.

Fortunately, there are as many men as women today in high school. Actually, the latest government report places men ahead of women as high school teachers for the first time since 1890. Males now comprise 52.2 percent of the total.

The male influence, however, is needed much earlier in life. A father begins to take on greater significance for the child after early infancy. But the father's presence in some homes unfortunately doesn't increase with the child's need of him, says Dr. Ostrovsky.

Even if Junior does have a full-time daddy, Dr. Ostrovsky believes it's good for the boy to be exposed to many different male personalities.

For instance, the psychologist found in his case study of Paul, a five-year-old whom he called the Spartan Boy, that the child's image of a man reflected a tight-mouthed, unflinching "he-man" who shouldn't show feelings. His father trained him purposely toward excessive independence to harden his character.

Paul's contact with Dr. Ostrovsky in nursery school taught him that a male can be strong and also exhibit affection. Further, it isn't shameful to show fear, sadness or incapability.

The same benefits of being around other men accrue to a boy whose father allows the mother to "boss" the family because he's timid. Children soon learn from other men that all members of the male species aren't necessarily submissive by nature.

For father-deprived youngsters to obtain as well rounded a conception as possible of the male role in life, Dr. Ostrovsky suggests that any chance they have for a prolonged and satisfying relationship with a male adult relative, teacher or family friend should be exploited.

Opportunity for such children to visit homes where both parents are present gives a more realistic and better-balanced picture of home life. Male group-workers in community centers and camp counselors also can greatly contribute to the child's understanding and emotional enrichment.

Sub-District Meet At Valle Crucis

The Avery-Watauga sub-district meeting of the Woman's Society of Christian Service will be held Thursday morning September 21, at the Valle Crucis Methodist Church. The meeting will begin at 10 and will end following lunch at 1 o'clock.

All members and other interested persons are urged to attend.

TWO THOUGHTS ON SWEATERS
Style authorities differ somewhat when it comes to sweaters. Some designers favor the bulky look, but others show neater designs which have more shape to them.

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WATAUGA COUNTY, NORTH CAROLINA STATEMENT OF RECEIPTS AND DISBURSEMENTS JULY 1, 1960 TO JUNE 30, 1961

Cash in Bank July 1, 1960		\$ 67,590.25
RECEIPTS:		
Net Taxes Collected		\$223,935.98
Tax Penalties		2,783.83
Cost of Tax Sales		568.40
Court Costs		8,304.10
Schedule B Licenses		1,602.50
Marriage Licenses		816.00
State Intangibles Tax		10,579.75
Jail Costs		238.00
Rent		300.00
Interest on Securities		1,750.00
Farm Census		641.40
Forest Revenue		60.80
Miscellaneous	\$14,275.89	
Increase in Accounts Receivable	1,967.95	12,307.94
State and Federal Aid to Library		4,834.83
State Aid to Veterans Service Officer		1,000.00
State Aid—Welfare Administration		12,502.00
Child Care		414.00
Fines and Forfeitures		22,576.20
State and Federal Grants to Schools		74,448.37
State and Federal Grants—O. A. A.		131,750.81
State and Federal Grants—A. D. C.		137,521.50
State and Federal Grants—A. P. T. D.		45,815.37
Total Receipts and Beginning Balance		\$762,342.03
DISBURSEMENTS:		
General Fund Expenses		\$104,034.56
Health and Welfare Expenses		48,403.32
Decrease in Accounts Payable—Net		13,843.28
Bonds Retired		13,050.00
Bond Interest and Bank Exchange		673.57
School Fund Expenses		149,561.15
Old Age Assistance		139,816.00
Aid to Dependent Children		146,771.00
Aid to Permanently and Totally Disabled		52,880.00
Total Disbursements		669,032.88
Cash in Bank June 30, 1961		\$93,309.15