



JIM GOFF

# Jimmy Goff Called Hardwood Whiz Kid

By DALE GADDY

An unexpected but pleasant surprise to the basketball team and for the fans of the Appalachian State Mountaineers this year is "spunky Jimmy Goff," a hardwood whiz kid from Wytheville, Virginia.

Statistician James Jones reports that Goff, having appeared in all six pre-Christmas encounters for the Mountaineers, has netted 28 points for a 4.7 average. He has hit on 9 out of 20 from the floor for a 45 percent accuracy rating.

In addition, he has gotten five rebounds and has hit 91 percent of his free shots (10 for 11).

And to top it all, Goff rivals his fellow teammate Jack Lytton for the handle "smallest man on the squad." Like Lytton, Goff is 5'8" tall—or short—depending on the interpretation.

The twenty year old guard is 64.5" shorter than the average height of the App squad. And his 155 pounds is 21.8 less than the average weight of the Boone basketeers.

"But what little Jimmy lacks in height or weight, he makes up for in speed," said one player last week. "He's really improved since last year."

Goff, who is less impressed with himself than others, shrugs off his sudden rise to Mountaineer attention. "All I care about is our winning," he stated with a serious look.

"This year, more than ever before, I want us to win. I don't want us to settle for second best; we are going to do all we can to take first place in the conference this year." As he spoke, he jabbed his forefinger in the air for emphasis.

Goff's burning determination has never been more brilliantly displayed on the home court than at the recent App-Belmont Abbey game. Goff swept into openings that just didn't exist; he ran circles around the Crusaders; broke up play after play with dazzling dives; and was instrumental in several fast-breaks in the December showing.

Although officially he is a "second stringer," Goff plays as much each game as the start-

ing guards Lytton and Doug Wall. A consistent relief man, he enables the Mountaineer squad to play a hard brand of ball-hawking basketball.

Ironically, Goff says that his biggest thrill as a varsity player for ASTC came last year in a game which he did not participate in. "It was our victory over Lenoir-Rhyne, 64-58. I didn't play. I saw it all from the bench. But Bear meat tastes good, no matter where you are."

"That win was our biggest since I've been at Appalachian," he said smiling.

Goff, who dressed out with the Mountaineers his freshman year, lettered last year. With six games behind him this, his junior year, Goff has the experience which should continue to pay off during the remainder of the current season.

He, as do most of the App players, predicts that LR, Elon, and Western Carolina will be the toughest teams for the Mountaineers this year. "As go these games, so goes the season," Goff and his fellow players seem to agree.

A 1960 graduate of Wythe High School in Wytheville, Virginia, Goff played basketball, football, and track. In addition, he was active in the high school's Hi-Y Club, Library Club, and Monogram Club.

During his senior year he once scored 28 points in one game. "That was against Dublin (Va.) High School," he recalled.

Because of his lack of height, Goff admits that he was somewhat dubious about playing college basketball. But where there's a will to win—whether it be for a "mere" place on the bench or for the conference crown—usually, with work, there's a way.

"This can be Appalachian's year," Goff added. "I think we can take the title!"

If every individual would attempt to give something to life, instead of trying to take something, there wouldn't be any need to debate the virtues of capitalism and communism.



CONCORD'S SANDRA KISER is gaining practical experience in nursery school work on the Appalachian College campus in the laboratory for child development. In the picture, Sandra is working with Douglas Groce, left, and Carol Winkler, right.—John Corey photo.

# Farm Program Signup Will Begin In Watauga Monday

The regular signup for the 1963 Agricultural Conservation Program will begin January 7, and continue through January 25, county ASC chairman, Vaughn Tugman announced this week.

Farmers should make early plans for the practices they intend to carry out next spring and be ready to apply for whatever assistance it is felt will be needed on their farms.

Conservation of the soil and water resources is vital to the

economy of our country, Mr. Tugman said. A prosperous agriculture cannot continue unless these measures are continually carried out.

The following practices were selected by the Watauga county ACP development group and have been recommended to the State ACP development group for approval.

Seeding permanent pasture or hay. This practice is for the initial establishment of a permanent vegetative cover for soil protection or as a needed land-use adjustment.

Establishment of vegetative cover in crop rotation. This practice is for the establishment of additional acreages of vegetative cover in crop rotation to retard erosion and to improve soil structure, permeability, or waterholding capacity.

Liming farmland. This practice is for the initial treatment of farmland to permit the use of legumes and grasses for soil improvement and protection.

Initial establishment of a stand of trees on farmland for purposes other than wind or water erosion.

Permanent pasture or hay improvement. This practice is for

the improvement of established permanent vegetative cover for soil protection.

Forest improvement. This practice is for the elimination of undesirable trees and vegetation.

Open ditch drainage. This practice is for the construction of permanent drainage ditches for the purpose of draining cropland or pastureland for which proper outlets are provided.

Tile drainage. This practice is for the installation of underground drainage systems to dispose of excess water.

Winter cover crops. This practice is for the establishment of vegetative cover for winter protection from erosion.

Special conservation practice. This practice provides for the spreading of lime and fertilizer by airplane on land on which otherwise the material could not be spread.

## Mrs. Hayes, 86, Dies Sunday

Mrs. Margaret Camelia Hayes, 86, of Triplett died Sunday, December 23.

Surviving are one son, Arthur Hayes of Triplett, one brother, Jacob Hayes of Triplett, three sisters, Miss Alzenia Hayes and Mrs. Omar Miller, both of Triplett and Mrs. Sallie Triplett of Boone, and three grandchildren and six great-grandchildren.

Funeral services were conducted at 2 p. m. Wednesday, Dec. 26 in the Mt. Ephriam Baptist Church by the Rev. Wendell Critcher. Burial was in the Sommons cemetery.

# BREMCO Guarantees Cost Of Electric Heat

(Continued from page one) higher than in our own locality. We find that the majority of the installations on our system are in the mountain counties where heating seasons are longer and more severe. At present over 270 or two percent of the membership of the Cooperative are enjoying total electric living. Interest is mounting steadily in this modern concept of living better electrically.

Many people have the preconceived idea, or have been misled in thinking that electric heat is for the more expensive homes and the operating cost is beyond their means. Operating costs do vary, as with any heating system, with the types of

construction, amount of space heated, number in the family and weather conditions. From installations on the Cooperative's system where the heat has been metered separately records show reasonable operating costs on all sizes of homes varying from \$75 for a 900 square foot shell home to \$300 for a 3,600 square foot ranch style brick home.

Blue Ridge Electric Membership Corporation is one of the first electric utilities in the nation to offer such a broad guarantee on a heating system. This is further evidence of the progressive and pioneering spirit of this organization displayed throughout the years.

## Broyhill Speaks To C of C

(Continued from page one) or curtains around our borders to keep people in.

"This country has been built on the basic concept of freedom that we find in the constitution, individual freedom that stimulates private genius and adventure, and rewards effort.

"The thing that we and that you, as leaders of this community and this area, must do is to provide opportunity for the young people, for the children that are coming along at this time.

"We must fully utilize not only our natural resources but our human resources as well.

"In this section we see our young people moving to other parts of the country for employment opportunities. Very often we see the brightest and the best moving to other counties and to other states."

## Planning Your Homestead Is Called Important

Planning your homestead is probably one of the most important decisions you will make. Therefore, if you are building a new home or expecting to improve your present homestead, you'll find John Harris' new publication "Planning Your Homestead" a handy guide.

Harris, who is extension horticultural specialist at North Carolina State College, says that people may be living on a homestead the rest of their lives and therefore, the site should be selected carefully.

Some factors to consider are roads, electricity, telephones, convenience to fields, water supply, trees and lay of the land.

The circular tells how to make a plan before building. It is full of illustrations showing a typical homestead layout under various situations. For instance, location of trees and the lawn will have an effect on where the sidewalk to the house or driveway are located.

The publication, Extension Circular No. 346, can be obtained from your county agricultural agent's office or by writing the Department of Agricultural Information, N. C. State College, Raleigh.

## Savings & Loan Has Best Year

(Continued from page one)

R. C. Rivers, Jr., editor and publisher of the Watauga Democrat, is vice president; Mr. Marsh is secretary and treasurer.

Other directors are: Guy Hunt, owner and manager of Hunt's Department Store; Dr. William M. Matheson, retired dentist; Dr. W. R. Richardson, co-owner of Boone Drug Company; Walter H. Greene, farmer in the Meat Camp section; L. P. Holsinger, real estate and insurance in Blowing Rock; Howard W. Mast of Howard W. Mast and Company, in Valle Crucis.

The office staff consists of Miss Shirley Williams, Mrs. Mary Lea Gragg, Mrs. Anne Brown, and Mrs. Edie Andrews.

## Doctor Talk

By DR. JOHN B. REMBERT

Hepatitis, or acute viral inflammation of the liver, is a fairly common disease which is probably not adequately respected by the general public as being the serious disease that it is.

Although this is a rather self-limited type of viral infection, concentrating in the liver, there is always a potential threat of an incomplete recovery which can jeopardize one's health, and perhaps shorten life, due to the residual and progressive damaging effects.

Very often the beginning of the disease process may resemble a routine viral infection, with fever, malaise, headaches, and abdominal tenderness. But certain outstanding signs and symptoms usually appear to typify the occurrence of hepatitis.

Severe headache is extremely common, along with nausea, vomiting, loss of appetite and intolerance to fatty foods. Usually once the disease is established, jaundice occurs, detected by a yellowish tint to the white part of the eyes, and perhaps over the skin surface.

Naturally, since this disease is an acute inflammation of the liver, one can expect a rapid increase in the size of the liver, with considerable tenderness to palpitation of that particular organ. Certain other specific laboratory tests are made which very readily establish a diagnosis.

Hospitalization of the patient becomes necessary in that for the first few weeks he may transmit the disease, and particular care is given to products of excretion and eating utensils.

There is no specific treatment for this disease other than a carefully balanced and selective diet and prolonged, strict bed rest. This latter factor, bed rest, cannot be over emphasized because of the possibility of residual complication with the disease.

Adequate rest allows for complete healing and restoration to normal throughout the liver tissue. Sometimes it is necessary for one to remain in bed as long as several months in order to accomplish a completely normal recovery. The reduction in size of the liver is a very important guide for a complete recovery.

When normal activity is resumed too early, the health of the individual may be permanently damaged with the establishment of a chronic liver tissue due to faulty healing and incomplete return of normal infection of the liver cells.



LABORATORY for child development gives Appalachian State Teachers College students practical experience in nursery school work on the college campus. The course is held at Home Economics 300. In the picture, bottom, left to right, nursery pupils are Janet Fulmer, Bob Broome, Kim Wilcox, Ronnie Marsh, Elizabeth Bosworth, Mark Harrill, Cindy Corey, Eddie Dougherty, Paul Hughes, and Douglas Groce. On back row are ASTC faculty member, Miss Madge Rhyne, and student assistant, Miss Sandra Kiser.—John Corey photo.

# News Report From Washington

Washington, D. C.—Secretary of Defense Robert McNamara took on a battle when conviction forced him to recommend scuttling the Skybolt program. The Secretary, who has been involved in controversy after controversy since he took over the biggest department in the executive branch, waded fully warned into his latest fight.

McNamara estimated it would cost a half a billion dollars to finally perfect Skybolt and then about a billion dollars for every 330 Skybolt missiles after that—or three billions for 1,000. He figured the project was too doubtful to warrant such a possible waste.

But all this was known when McNamara took over his job. Two years ago study reports cast doubt on the feasibility of the project. Nevertheless, the British have relied upon it—and have based their entire independent nuclear deterrent on the availability of this weapon. Finally Prime Minister Harold Macmillan and President John Kennedy had to resolve the issue.

Cancellation does understandably cause shivers among the British, since they cannot finance the project alone. They have spent very little so far, and McNamara—trying to hold down costs couldn't justify further expenditure.

McNamara took the plunge, which he is doing pretty often these days, not having to be

elected to his post, in pushing cancellation. He gambled he would not lose the solid allegiance of England. And he gambled he could convince both the President and Congress on the question. Congress doesn't seem to have been convinced.

Adlai Stevenson may be serving on borrowed time as the United States Ambassador to the United Nations. President Kennedy has expressed faith in the former Democratic presidential candidate but there are lingering doubts.

Reports still persist that Adlai was among the doves, and not the hawks, in the tense Cuban nuclear drama. Neither Stevenson, nor certain others, appear to like the impression which has been built up, or the leaking of that impression to the press.

President Kennedy is gambling with the dollar in recommending tax cuts and continued heavy and deficit spending for expanded government services at one and the same time. The President believes economic expansion will follow the tax cuts and that the end will justify the means—deficit spending. He also believes that the stability of the dollar will not be affected by the deficit spending.

But if the tax cuts do not bring economic improvement fast enough to balance the budget in a year or two, the Presi-

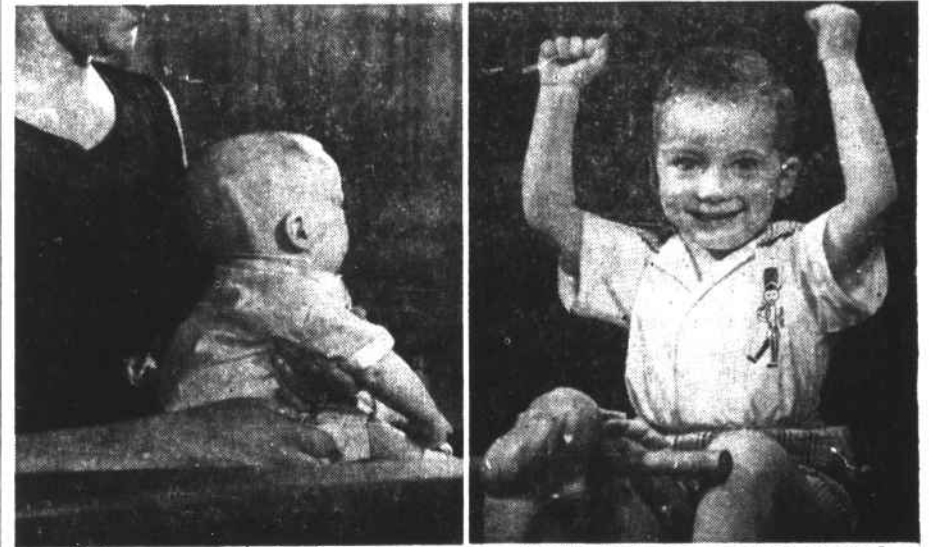
dent could be in serious trouble. Most likely, that trouble would show up only after 1964, reelection year for Mr. Kennedy, for the tax cuts, if enacted, won't begin until 1963 at the earliest.

There are strong financial conservatives on both sides in this struggle. Most of them agree with the President that cuts should be made now, but many feel that government economies are also in order, to balance the budget or come close to a balance. Senator Harry Byrd (D-Va.) and Representative Wilbur Mills (D-Ark.), of the key Senate and House Committees concerned, are of the latter school of thought.

The heat is apparently off in Berlin. East German party chief Walter Ulbricht recently said rebuilding East Germany's economy was now more important than settling the Berlin question. He even hinted Berlin could await 1970.

This is a dramatic switch for the East German boss, who is obviously taking his orders from Moscow. All of which demonstrates clearly, once again, the falseness of the claim that East Germany is an independent country. At the same time, Westerners in Berlin welcome the respite, and marvel at how it came about so abruptly, because of a single show of toughness and determination by President Kennedy.

# March of Dimes Helps Save Boy



Here's Johnny at age one after first operation . . . and today, leading a normal life at age four.

At his fourth birthday party, Johnny Wilson's big blue eyes sparkled as his mother carried in the most magnificent cake he had ever seen.

It was shaped like a huge boat plowing its way through mountainous waves of whipped cream and icing. Johnny's wine and he gave out kisses all around.

It was a happy affair. Yet at one time, Johnny's parents had little hope he would live to celebrate even his first birthday. For he was born with the often fatal birth defect of water on the brain, or hydrocephalus.

Surgical treatment saved Johnny's life when he was three months old. At that time, doctors performed what is known as a shunt operation. They inserted in Johnny's head a plastic tube which allowed excess fluid from the brain to be harmlessly absorbed by the youngster's body.

Without the operation, fluid within the brain is prevented from taking its normal course,

and causes the head to swell enormously. This is what had happened to Johnny. (If shunt surgery is not performed in time, mental retardation and blindness may ensue, even death, in certain cases.)

Since 1958, doctors have performed two other shunt operations and have treated Johnny for gastroenteritis and septicemia.

Today, Johnny leads a relatively healthy, happy and care-free life. Like any other little boy who lives on a farm, he loves to hug lambs, chase cows and tease chicks on the family's 100 acres near Columbus, Ohio.

He is a good example of thousands of afflicted children being helped to live nearly normal lives through a unique medical care program financed by The National Foundation—March of Dimes.

Babies with birth defects are born every other minute in the United States, 250,000 of them each year, almost 700 each day.

Johnny goes regularly to a special Birth Defects Clinical Study Center at Children's Hospital, Columbus, supported by March of Dimes funds.

It is one of more than 30 similar centers across the na-

tion set up for the study and treatment of birth defects.

At the center, trained specialists work together to help children with many kinds of birth defects. They include a neurosurgeon, orthopedic surgeon, internist, psychiatrist, physical therapist and medical social worker. They have put their skilled hands and minds to work on Johnny's behalf.

Every four months, Johnny's mother drives him to the center for his check-up. A doctor always measures his head to make sure there is no change in size. Since 1959, his head size has remained relatively constant.

Johnny is growing up to be an impish, energetic and friendly little boy who likes to do everything and go everywhere. Especially, he likes to wheedle rides on a pony at the next farm. He'll settle, though, for a tour on the tractor with his mother or father, Julia and John Wilson.

Like Johnny, other afflicted children who receive proper treatment may live to enjoy shooting cap pistols, watching television, singing songs or playing a toy banjo—with the best of four-year-olds.