

Principal Cites Progress Made At Cove Creek Elementary School

By EDWARD L. BLACK, Principal
The school year got off to a smooth start with an enrollment of 378 and has now risen to 391.

We were fortunate in that we have only three combinations this year. The combination grades were carefully screened so that all children would be at about the same level of learning.

All of the children were grouped homogeneously as nearly as possible in reading ability as well as the other instructional subjects.

This year I have attempted to build up two areas which were greatly lacking—the teaching of reading and our library program.

Our reading program is making progress in grades one through eight. Teachers are using a combination of methods, phonics as well as the sight-say method.

At a recent reading clinic, held by Mr. Umberto Price, reading instructor, Appalachian State Teachers College, eight of our twelve teachers participated. This program arranged by Mrs. Dessie Mae Edmisten, Supervisor, has been one of the highlights of this school year.

Many new reading books have been ordered to help our teachers with the fundamentals of reading and phonics. They have followed along with the program and have shown a great deal of interest.

Reading and phonics are taught every day to our seventh and eighth grade students. Mrs. Jamie Henson has done a wonderful job with the fundamentals of reading while I have tried to teach phonics. Correlating these two, we hope to better prepare our students for high school.

Our library has been one of my chief concerns this year. So far we have purchased over 300 new books for our library and have placed a set of new encyclopedias in every classroom from grades four through seven. There are only two grades which do not have a set of reference books in the classroom, but the encyclopedias have been placed on four-wheeled carts so that they can easily be pushed into these two rooms.

Our librarian, Mrs. Lucille Wallace, has worked hard cataloging our books and establishing a card file. We have concentrated our

purchases to high level of interest, but easy to read material for those who are having difficulty with their reading since this seems to be the greatest need at present.

Next year our budget will be spent on the above average children.

Our selection of magazines has been increased this year to help our children with their reading, current events and items of world importance.

I do believe that our library would favorably compare with most of the libraries in the county, but there is still a great deal of progress to be made.

The cafeteria has functioned smoothly this year under the capable leadership of Mrs. Grady Johnson. Our school employs three cooks besides Mrs. Johnson, and feeds on an average of over 325 students each day, an increase of more than 50 daily over last year.

There has been several purchases for our cafeteria this year: new plates, silverware, soup bowls, pans and knives.

At the beginning of the year, we owed \$820.00 on a new refrigerator, which has now been paid down to \$360.00. This obligation will be paid off by the end of March and we will be debt free.

Mr. Angell bought four new tables and 24 additional chairs for our cafeteria, which were greatly appreciated. This has enabled us to feed more in less time, thereby cutting down on our cost and increasing the instruction time for the students.

This year I have established a card file system on all children in our school, to be used primarily in case of emergency. This will enable us to contact the parents and obtain the parents permission to take their child to the family doctor, should it be necessary.

Also, I have established a handbook for teachers, stating school policy and procedure covering various items of school interest. This handbook has cut down on the number of routine questions and has helped the teachers to operate more efficiently.

The Cove Creek PTA graciously donated \$50.00 for science equipment which has been spent through the N.D.E.A. An additional \$100.00 of school funds were used in making a total purchasing power of \$300.00 worth of equipment. We would like to acknowledge

our thanks to the PTO for the donation.

Our boys and girls gave a delightful Christmas program under the direction of Mrs. Jimmie Mast, Mrs. Vera Church, and our two first grade teachers, Mrs. Hazel Mast and Mrs. Murriel Glenn. There was a large turnout and many favorable comments made by the parents.

Cove Creek Elementary School is fortunate to have an excellent custodian this year, Mr. Clifford Norris. Mr. Norris has to keep two buildings clean, besides hand firing two boilers; he has a great deal of responsibility and does an excellent job. Our health inspection ratings have been very high this year.

Mr. Angell has said that the basement of the newer building will be painted so that the wasted space can be turned in to a play area for our smaller children. Mr. Hiram Brooks has donated three chinning bars for our new play area. We certainly do appreciate this donation. This will be an excellent place for the children during inclement weather.

Later on this spring, we hope to have a chicken supper for the community in order to raise money for our library. We believe that the supper would bring in at least \$500.00. This would certainly go a long way toward the need of building up our supply of books and equipment.

Our clinic has been repaired. New sheets, blankets, and spreads have been bought, and an ample supply of first aid equipment has been purchased to take care of emergencies. We are going to ask if it can be painted to make it more attractive, cheerful, and sanitary.

We have purchased new physical education equipment for the children, among which are basketballs, softballs, bats, and kick balls. This area will be given more concentration next year to bring it up to par.

I sincerely feel that these four months have been good months and that progress has shown up in many areas. I feel that progress has been made in the areas of instruction, administration, morale, and attitude. Our teachers seem to be enthusiastic about their work and have cooperated very nicely with the policies that I have established this year. I believe that this trend will continue throughout the remainder of the year.

Dental Health Week Announced

(This is published in cooperation with the local dental society which is this week observing Children's Dental Health Week.)

What is the relationship between nutrition and dental health?

In general, if you eat the kind of diet recommended for general health, you'll be getting the essentials for dental health.

During the years the teeth are being formed (from about five months before birth to the age of eight years), an adequate supply of calcium and phosphorus is needed for hardening of the tooth structure. Once the teeth are fully formed and calcified, the enamel does not need any more calcium and cannot absorb any. The gums and the bones of the jaws must have the same nourishment throughout life as the other tissues of the body.

While a good diet does play a part in the development of sound, healthy teeth, only fluorides have been proved to help develop decay-resistant teeth.

As far as preventing tooth decay is concerned, what you do eat is perhaps, less important in preventing tooth decay than what you don't eat, provided what you don't eat is sweets.

What causes tooth decay? Various studies that have been made indicate that bacteria always present in the mouth act on fermentable carbohydrates, especially sugar, to form acids. The acids attack the enamel of the teeth. Eventually these acid attacks result in decay.

No way has yet been found of removing bacteria permanently from the mouth, although brushing temporarily decreases the number of bacteria. But sugar can be eliminated—or at least the amount that is eaten can be reduced. The teeth of those who eat sweet snacks frequently during the day are subjected to almost continuous attacks.

Brushing immediately after eating does help to remove some of the sugar before it is converted to acid. When brushing is not possible, the mouth should at least be rinsed with clear water.

Only Two Librarians Have Served ASTC; Rapid Progress Is Noted

By LARRY PENLEY

Only two librarians have served Appalachian State Teachers College during the 60 years of its existence as a State Institution.

The library has grown from 3,000 books housed in two rooms in the administration building to a modern library with 109,000 books since William L. Eury became associated with the college as assistant librarian in 1929.

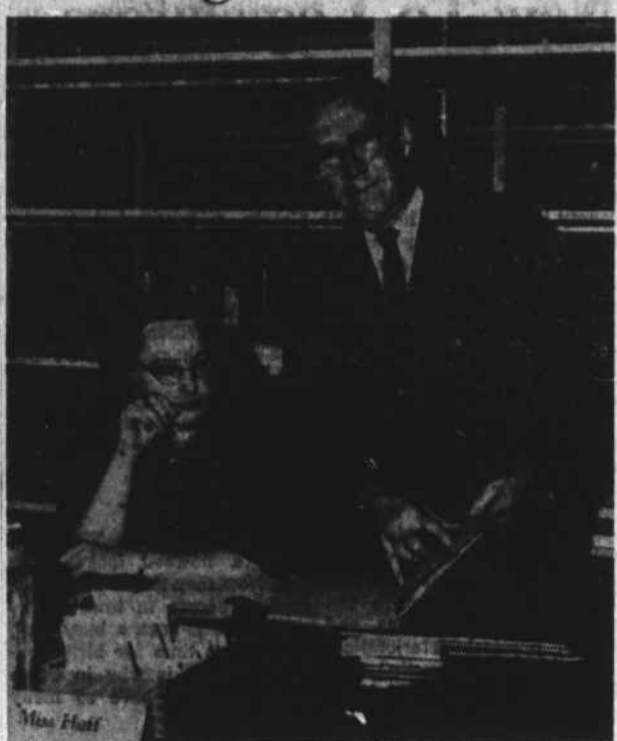
Eury became a librarian somewhat by accident. His undergraduate work was in the field of mathematics and French. During the summer of 1928, he took over for Librarian Mrs. Emma H. Moore while she was recuperating from an accident. Eury liked the work and was invited by the college administration to come to Appalachian as a full-time assistant in the library. He earned his degrees in library science later at Peabody College.

Mrs. Moore, who became librarian in 1915, fondly referred to her 23-year-old assistant as the "boy helper." She served as librarian for about 20 years.

Miss Louise Eury of Bessemer City, sister of the librarian, recently wrote a letter in praise of Mrs. Moore of Roanoke, Va., who died on Oct. 13, 1962, and was buried in Boone. Miss Eury said, "Many students recall Mrs. Moore, who was quite a fixture at Appalachian for many years. She wanted, above all, to have quiet in a perfectly ordered library. There was no shilly-shallying, lally-gagging around the sacred portals and environs of her domain. I remember well being expelled because of a lapse of decorum. Later I came to know 'Miss Emma' as a very dear friend."

Eury said, "During that first year I rolled up my sleeves and started from scratch to catalogue the books and make the library as modern as possible."

Since that small beginning the library has grown until a building was erected in 1935 to house it. This building was remodeled in 1955 and again in 1959. Due to the growth of the



APPALACHIAN LIBRARIAN William L. Eury shows Mary Alice Huff, cataloguer for the library, the first book that was entered in the accession book in 1929.—Larry Penley photo.

student body and the lack of space in the twice remodeled library, Eury says that additional library facilities or an adequate new building is needed now.

During the early 1930's the Appalachian library remained open 30 hours a week and closed at 5 p. m. each day. Now the library is open for 80 hours a week and closes at 10 p. m.

From a staff of two in 1929, the library now employs eight full-time librarians and 75 student assistants.

Appalachian uses the "open stack" to enable students to select their own books. Eury said that the "open stack" speeds up the operation of the library and doesn't keep students waiting for 30 minutes as is sometimes the case in the "close stack" libraries.

"Most people do not realize the work that is involved by the library staff to get one new book on the shelf and ready for circulation. From start to finish about 10 people will handle the new book in getting it ready for use. For each book a Library of Congress card is ordered and it takes from a week to a month to get these cards. The library can make temporary cards for a book to get it in circulation but this involves duplicate work. It costs the library about \$4.50 in labor and materials to get a new book on the shelf.

Now in his 34th year at Appalachian, Eury paid tribute to the late Dalphin Disco Dougherty's work in making the present library possible. In 1959 the library was named the Dalphin Disco Dougherty Memorial Library.

Report Farm Land Sales

Any Watauga County farmer who has bought or sold land should report it to the Agricultural Stabilization and Conservation Service office immediately so that the records can be brought up to date for all farms in the county.

Farms which have allotments and feed grain bases established may be affected by sale or purchase of any land and these changes should be made before planting time. All interested parties who are involved in a land sale should bring their recorded deeds for the property to the ASCS office according to Roy W. Isley, office manager. We have now way in the County ASCS office of knowing about changes in land ownerships unless the interested producers advise us.

When producers buy or sell land having an allotment, they should check with the county office prior to the sale if there is any question about the division of the allotment crops. Agreements made by producers on dividing allotments cannot be accepted by the County ASC Committee under present regulations.

The allotment notices for 1963 will not be mailed to farm operators on farms involved in divisions or combinations until such farms are properly constituted.

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