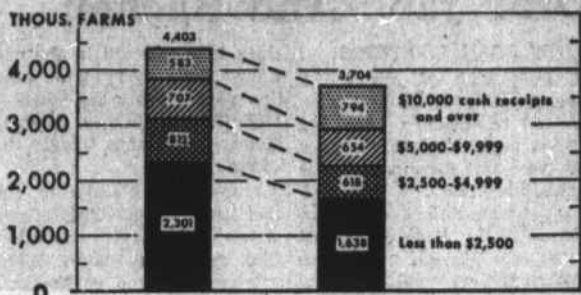


**Farms Are Larger but Fewer**



THE NUMBER LISTED TO THE TOP CENTER REPRESENTS THE NUMBER OF FARMS. SOURCE: 1959 CENSUS OF AGRICULTURE. U. S. DEPARTMENT OF AGRICULTURE. FEB. 28, 1961-6111. ECONOMIC RESEARCH SERVICE

**FARMS LARGER, FEWER.**—The total number of farms decreased by more than one fourth between 1954 and 1959. The sharpest decline was in the number of small farms with less than \$2,500 of marketings. Farms with sales of \$10,000 and over increased by more than a third.

**Town, Country H-D Club Meets**

The Town and Country Home Demonstration Club met on February 21, at the home of Mrs. Hugh Hagaman, with Mrs. Frank Steele as co-hostess. After the business session, in the absence of Mrs. Norman Isehour, Mrs. Joe Worth gave an interesting program on quick and easy meals, giving three tempting menus. The different members also gave some time-saving tips for quick meals. The club voted to give any assistance they could to the Watauga Rescue Squad, such as food and labor. It furnished some of the food for their annual barbecue supper Saturday night. The club welcomed Mrs. Robert Bumbaugh as a new member.



TWO APPALACHIAN COLLEGE PROFESSORS served as judges for scholarship competition in the District 4, North Carolina Federation of Women's Clubs contest at Cliffside Saturday morning. Dr. Ben Horton, right, head of the department of education, and Rogers Whitener, left, assistant professor of English, served on the panel of judges to select the district winner who will compete in the state contest to be held at a later date at Woman's College of Greensboro.—Larry Penley photo.

**Timbered Ridge Club Meets**

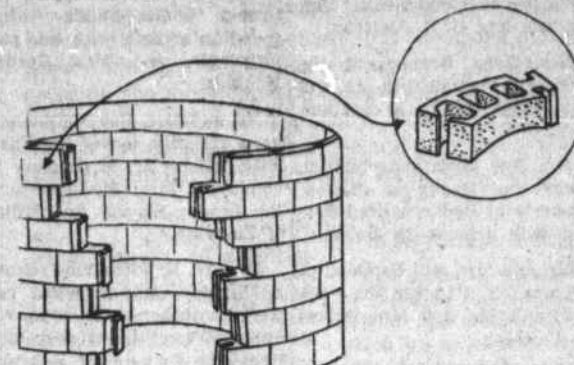
The Timbered Ridge Community Club held its regular meeting Friday night in the Community Building. Many future plans were made which included painting the inside of the Community Building. A family night program has been scheduled for March 8 for the Timbered Ridge Community and area. This program will begin at 7 o'clock and will include a covered dish supper and a program given by Mrs. Martha F. Jenkins, assistant Home Economics Extension Agent, and W. C. Richardson, Associate Agricultural Extension Agent, on the community 4-H Club program. The program will include a film entitled "Man Enough for the Job," and should be of interest to all people in the Timbered Ridge community and area. **BUSINESS PEACE CORPS** Dr. Mordechai Kreinin, Michigan State University economist, has suggested that a business Peace Corps be enlisted to give technical assistance to underdeveloped countries.

**Doctor Talk**

By JOHN B. REMBERT, M. D. The term "heart attack" is heard so often these days that it has become a familiar "household word"—but, just what does the term mean? In medical circles the term heart attack refers to the term "coronary thrombosis," which usually means that one or more of the arteries (coronary artery) supplying the heart musculature suddenly become obstructed (occluded) by a blood clot (thrombus).

the thrombosed or occluded artery dilate and new branches develop to nourish the area of the heart musculature surrounding the closed artery. While this healing process is taking place the heart needs as much rest as possible, so the period of bed rest will continue for a long period of time. Most individuals experiencing this initial heart attack will survive, but medical supervision will be necessary and supportive drugs continued to maintain the successful healing process. Marine Corps lance corporal hiked 100 miles in Okinawa in less than 17 hours.

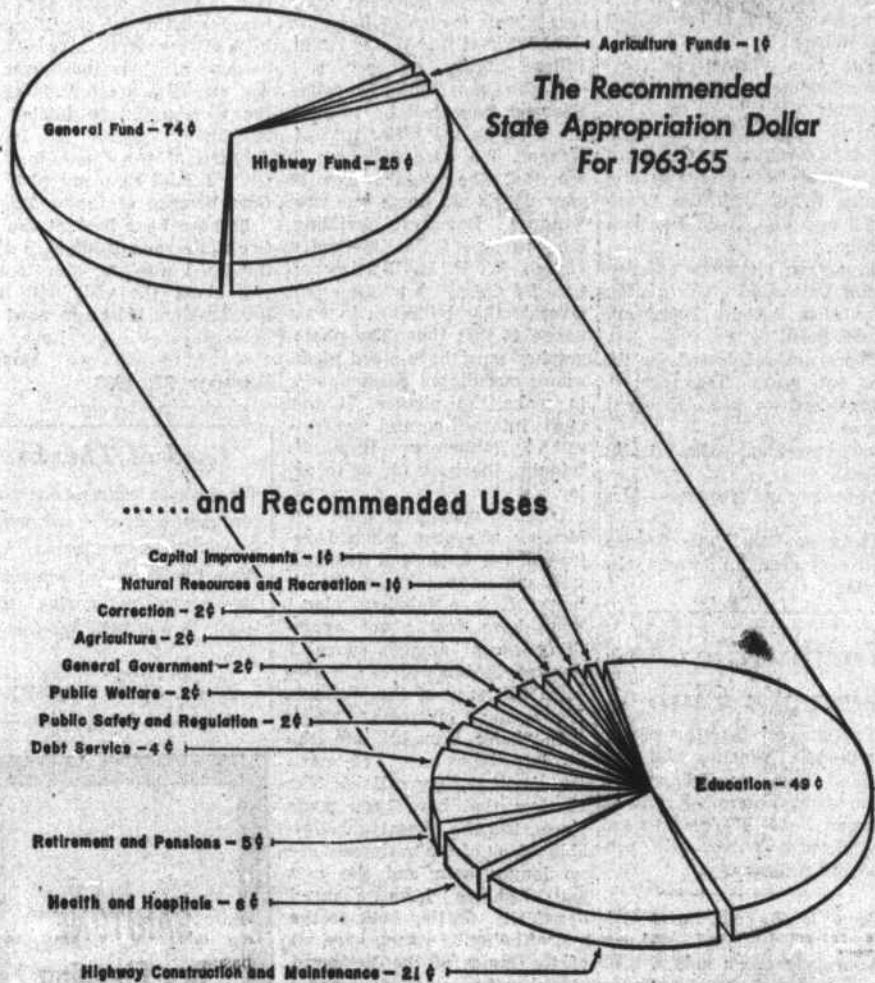
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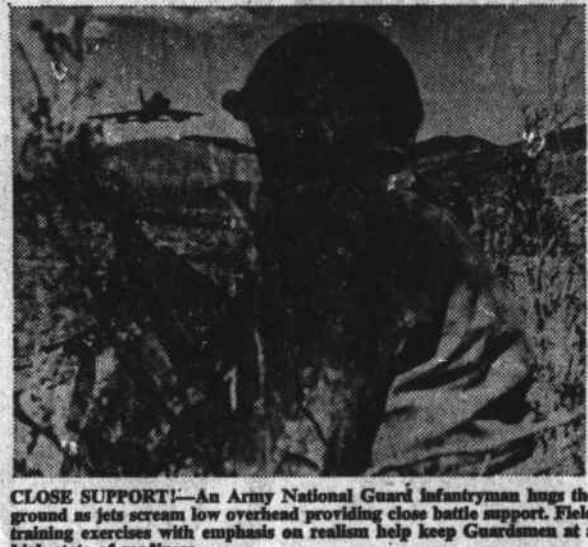
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**The Funds.....**



**National Guard "Operation Muster 1963" Recalls Practice of Early Colonial Days**



**CLOSE SUPPORT!**—An Army National Guard infantryman hugs the ground as jets scream low overhead providing close battle support. Field training exercises with emphasis on realism help keep Guardsmen at a high state of readiness.

**97.3% of Army Guard Units Rated Excellent or Superior**

Of the some 3600 Army National Guard units rated by the Regular Army during their 1962 Annual Field Training session last summer, 97.3% of them received Excellent or Superior ratings, the highest percentage in Guard history. The Guard spends two weeks in the field each summer sharpening their combat ability and being rated under the tough eye of regular Army evaluators. But this is just one part of National Guard training which has enabled it to earn the reputation of a ready reserve force in every sense of the word. At the very time these Army National Guard units in State status were earning their high ratings, two Guard divisions, one armored and one infantry, and some 260 non-divisional units were proving that their years of training had paid off. These were the units called to active duty during the Berlin crisis. Their performance is a matter of record including the fact that the two divisions were designated to STRAC, our fast-moving, crack combat command which is ready to move into combat anywhere in the world at any time. The high state of readiness of the National Guard stems largely from the fact that since October, 1958, all of the elements of the Army Guard have been fully engaged in unit training, learning to function as an effective military team through application of platoon and company tactics. This is possible because every Guardsman with no prior mili-

National Guardsmen all over the U.S. will be helping to put new meaning into an old practice as they observe "OPERATION MUSTER 1963" during the month of February. With what has been termed by Major General Donald W. McGowan, Chief of the National Guard Bureau, as "a great challenge to be met," the Guard is opening wide its doors to new recruits, men without any previous military service. "In a sense," Gen. McGowan comments, "this takes us back to the old purpose of Muster Day, as the day designated each year Gen. McGowan when all of the able-bodied men assembled on the village green for a roll-call. Thus, in every community, it was known exactly how many men could be counted on in the event of an emergency. Today we again have a situation which requires young men to stand up and be counted—to show they are trained and ready should they be needed by their country and community." "Operation Muster" marks the start of an intensive year-around recruiting drive designed to keep the Army National Guard at a strength of 400,000 and the Air National Guard at about 72,000. In every community where there is an Armory or an Air Guard base, both officers and noncoms will be on hand to answer questions and to outline details of National Guard service. The origins of the Guard are rooted deep in the country's past. A number of present-day units can trace their ancestry back to the "trained bands" which protected the colonies in the middle 1600's, well over 300 years ago. So many National Guard outfits celebrate their own "Muster Day" on or around February 22 in tribute to the memory of one of the most famous militia soldiers in history—George Washington. It was Washington, as President and former commander of the Continental Army, who first called national attention to the need for a strong and effective militia system. Just how strong and effective this system has become was expressed recently by the military analyst, George Fielding Elliot, and underscores the particular significance of "Operation Muster 1963." Mr. Elliot writes: "The days when the National Guard went into action a year and a half behind the Regulars are long gone; we might easily see a situation in which the first available reinforcements for a NATO emergency would be Guard divisions."

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