

News Of The Week Broilers, Milk Cows Good Combination

At Appalachian Hi

Students Rated
Members of the student body of Appalachian High School participated last week in a self-evaluation of social behavior and personality traits. The purposes of the evaluation are to make students more aware of desirable personal traits, to let them know how teachers arrive at ratings used on permanent school records, and to give them a share in the rating.

Three phases of the rating are the self-rating, the committee rating by members of the homeroom, and the teachers' ratings from all six classes and homeroom. An average of teacher ratings, rather than the rating of an individual teacher, becomes a part of the student's record and is used in providing information to college representatives and employers.

During homeroom on the first day of the rating, students discussed the meanings of such traits as cooperation, initiative, and maturity when applied to school situations. After the discussion the student then rated himself on the ten characteristics listed on school records. On the second day the homeroom divided into committees to rate other members of their homeroom. Within the next week every student will have an opportunity to compare his self-rating, committee rating, and teachers' rating.

Self-evaluation is considered an important step in social development. Such activities are planned and scheduled by the school's Faculty-Student Guidance Committee. This year the freshman English classes studied bulletins from previous years' evaluation procedures and listed newer, more up-to-date definitions for social and personal characteristics being used.

Senior Wjn "Nollee Bowl"
The National Honor Society sponsored the Appalachian High School "Nollee" Bowl in assembly on Friday, March 22. The program was patterned after the General Electric College Bowl seen on television on Sunday at 8:30 p. m. over WBTV.

The Senior Class challenged

the Junior Class. Senior varsity scholars were William High, Evelyn Edmisten, Joe Todd, and Patsy Beshears. The junior varsity scholars were Ronnie Hunt, Tol Cooke, Patty Oland, and Sam Adams. The senior team was coached by Miss Doris Jones, and the junior team was under the tutelage of Mr. Bill Ross.

The seniors were declared winners by a score of 305-380.

Home Ec. II Making Dresses
The second year homemaking classes are making lightweight pastel woolen dresses that they will be wearing in the very near future. The dresses are the basic type that can be worn with many different accessories to give a casual or dressed-up effect. Some of the accessories that the group will be making as a part of their construction problem are collars, cuffs, belts, sashes, and cummerbunds.

Following the work on clothing, home care of the sick and child care will complete the Homemaking II curriculum for the year.

Citizen of The Week
Martha Allen, an outstanding junior girl, was recognized as citizen-of-the-week, March 22. A member of Mr. Ross' homeroom, Martha is active in the Girls' "A" Club. She has been a cheerleader for several seasons in basketball and football. Martha resides with her parents, Mr. and Mrs. Bob Allen, on the Blowing Rock Road in Boone.

The student council elected Sam Adams as citizen-of-the-week for March 22. Sam, who is a popular member of Mr. Ross' junior homeroom, is an avid golfer. Living with his parents, Mr. and Mrs. Alfred Adams, on the Blowing Rock Rd., Sam also has two brothers.

BPW Girl
Elected as BPW Girl for the month of March was Evelyn Edmisten. Evelyn, who is chairman of Mr. Coffey's senior homeroom, is also active in the Girls' "A" Club and National Honor Society. She capably fills the position of editor of the High Life. Recently, the senior class named Evelyn "most influential." She lives with her parents, Mr. and Mrs. S. C. Edmisten, on the State Farm Road in Boone.

Rotary Boy
Curtis Richardson was named Rotary Boy of the Month for March. A member of Miss Elliott's senior homeroom, Curtis is an outstanding member of the band and chorus. He is a member of the group of singers who will go to Greensboro to the State Choral Festival in April.

Golf Schedule
Apr. 8—Lenoir—4:00 There
Apr. 12—Lenoir—4:00 There
Apr. 16—Elkin—2:00 There
Apr. 19—M'ton—2:00 There
Apr. 22—Elkin—2:00 Here
Apr. 25—W. Cent.—2:00 There
Apr. 26—Lenoir—3:30 Here
Apr. 27—Marion—10:00 Here
May 4—Marion—10:00 Here
May 9—W. Cent.—2:00 Here
May 13-14—NCHAA Tournament at Chapel Hill

Roster
Appalachian High School will field its first track team early this spring. Mr. Bill Gregg, who formerly coached track at Northwest High and is now assistant football coach at Appalachian, will head the local school track program. Some of the events that will be featured in a meet are the 100-yard dash, mile run, 180-yard low hurdles, and a mile relay. The field events featured are the high jump, broad jump, pole vault, shot put, and discus throw. Coach Gregg states that the team's schedule isn't complete yet, but some of the teams with whom it will compete are Lenoir, Hickory, Newton-Conover, Hudson, and the North Carolina School for the Deaf.



MR. AND MRS. BUEL GAMBILL, SR.



MRS. GAMBILL WATCHES COW GRAZE ON RICH PASTURE

"Broilers and milk cows make a good combination on any farm," says Mr. and Mrs. Buel Gambill, Sr., Route 1, North Wilkesboro, in the Mulberry community. They have been milking twelve to fifteen cows and selling milk to the Kraft plant at West Jefferson. They have about 20 acres of good pasture on their farm and rent about 20 acres more from a neighbor.

Jim Cottrell, Junior Wilcox, Sam Adams, Ronnie Hunt, Johnny Parker, J. E. Joiner, Jr., David Henderson, Johnny Stacy, Richard Agle, Jimmy Hayes, Dean Miller, Tom Adams.

Track Team
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two-stall elevated milking parlor, the milk goes through a stainless steel pipe directly from the cows to the milk room. The milk is restrained into the cans, then put into the cooler. They have hot and cold running water, making it easier to keep all utensils clean. The cows' udders are washed with a chlorine solution and dried before each milking. They are rightly proud of their no sediment, no sour reject record from the plant. Concreted areas in around their parlor, barn and covered walks are a great help in keeping down mud and makes it easier to keep their cows clean.

To cut down on winter feeding costs Mr. Gambill says he is planning on growing corn and putting up silage this year which will be put either in a trench or in a stack. More feed can be grown on less acres in the form of silage than any other crop. Their milk brings a good price at the Kraft plant because they are taking advantage of the volume premium and the cooler premium, the combination of which makes his milk bring an additional 40c per hundred more.

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CARD OF THANKS
We would like to express our sincere appreciation for the many kindnesses shown us during the recent loss of our wife and mother.—The R. V. Brewer Family.

CUBA WARNED
President Kennedy was positive in his warning that United States firepower will blast any Cuban-based warship or planes that dare attack American vessels or aircraft. Hours after the warning the Cuban Government "rejected and denied categorically" the charge that its jets poured rocket fire near the disabled shrimp boat Ala in the Florida straits.

CARD OF THANKS
We wish to express our sincere appreciation to our friends and neighbors for their many acts of kindness, the food and the flowers shown to us during the death of Mrs. Geneva Story.—The Family.

Richard Nixon criticizes the Kennedy Administration for lack of air cover in Cuban invasion.

FIGHTS FOR MUSTACHE
London — Fourteen-year-old Dick Bailey has grown a mustache that would be a credit to any man. However, when it caught the eye of the school soccer coach, he ordered Bailey to shave it off. "I'd rather not," said Dick. If Dick can hold out for another five weeks his lip ornament will be safe. He will graduate at that time.

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