



### Drive-In Window At Bank

Scene from inside the drive-in window at the Northwestern Bank where services starts today (Thursday). Patrons may drive in from King Street, get banking service without leaving their cars, and depart by way of Howard Street, says A. T. Adams, vice-president in charge of the Boone office of North-

western. Controlled parking will be provided for customers on the bank lot, while the large Belk lot adjacent and the lot behind Appalachian Theatre are leased by the bank for free parking.—Staff photo, Rivers.

## Forest Flourishes In Memory Of Soldier Poet And "Trees"

Although "Joyce Kilmer's tree" will soon disappear from the campus of his alma mater, an entire forest deep in the North Carolina mountains flourishes in memory of the soldier-poet who wrote "Trees".

The stately white oak which inspired the poem is on the campus of Rutgers University in New Brunswick, New Jersey, where it was announced recently that the tree would have to be cut down because all efforts to save it from the ravages of old age had failed.

Nature lovers and the millions of others familiar with Kilmer's poetry are reassured by the fact that in Joyce Kilmer Memorial Forest a 3,800-acre tract of hardwoods and evergreens in Nantahala National Forest has been set aside since 1936 to stand as a living monument.

The entrance to Joyce Kilmer Memorial Forest is 15 miles northwest of Robbinsville, North Carolina, and accessible from U.S. Highway 129 by a Forest Service road terminating in a cool glade where there is a picnic area. Along more than 20 miles of marked hiking trails originating here, visitors to Joyce Kilmer Forest can explore one of the most impressive virgin forests in America. On a plaque near the entrance they read the poem "Trees". Beside the trail through a cathedral-like grove of giant trees a bronze marker

on a boulder is inscribed to the memory of the poet who was killed in action during World War I.

Movement for the memorial forest was initiated in 1934 by the Veterans of Foreign Wars, which petitioned the Federal

Government to set aside a fitting area of trees to be preserved for all time in its primitive and natural state. Joyce Kilmer Memorial Forest was dedicated July 30, 1936, 18th anniversary of Kilmer's death in France.

## Shortage Of Skilled Workers Is Problem

U. S. Department of Labor studies show that even in periods of high unemployment many jobs remain unfilled because of the shortage of skilled workers. Through the Manpower Development Training Program it is hoped that many unskilled workers may be trained for these jobs.

The Manpower Development Training Program is a program to give training in various fields to people who are unemployed or working below their skill capacities, or who are members of farm families with less than \$1,200 net family income or between the ages of 16 and 22 years who need additional training and schooling.

The training courses are conducted by the Employment Security Commission at no cost to the trainees. Many trainees will be eligible for allowances

while they receive their training. Heads of families may receive \$24 per week plus \$5.00 per day for subsistence.

Among the courses recently approved are: upholsterers, North Wilkesboro 36 weeks; auto mechanics, Greensboro 26 weeks; bricklayers, Shelby, 18 weeks; carpentry, Shelby 38 weeks; bricklayers, Waynesville 36 weeks.

Any person who is interested in any of these courses should contact the nearest Employment Security Commission office, or information can be secured at The Farmers Home Administration office or the County Agent's office located in the County Courthouse.

What has become of the old-fashioned man who believed that great wisdom was to be found in the nation's capital

## Health And Beauty

The condition of your hair is but a reflection of your general health. You have all seen neglected, undernourished animals. All of them had dull, scraggy unkempt, dead-looking hair. The same can be said of human beings.

The hair responds readily not only to the local care, which you bestow upon it, but to the food you eat, the amount of sleep you get, bathing, exercising, and so forth. If you meet a child or an adult with clean skin, rosy cheeks, sparkling eyes, and shining well-kept hair, it bespeaks health and well-being.

The hair is nourished from the blood stream, and the blood is made from what you eat. For this reason you must eat foods that are rich in vitamins, minerals, fats, proteins, sugars, and starches. The glands are influenced by diet. They in turn have much to do with the hair.

Irish moss is used in making desserts in this country, but in Ireland the people eat quantities of these sea products, which are known as sea greens and are rich in iodine. It is supposed to account for the thick black hair that is so common on the Emerald Isle.

Animals that are properly fed, and whose owners see that their coats are well brushed daily look sleek. Their hair has a satiny sheen never seen in uncared for animals.

If a lady wants shining locks, she should keep her hair clean and her scalp exercised by frequent brushings. This brings the blood to every tiny follicle and feeds the hair. After a vigorous brushing, the scalp glows with warmth, and has a feeling of well-being which is induced by improved circulation.

Massage helps to invigorate the scalp. It is a good practice to catch it up in little bunches and pull it energetically. This loosens and exercises the scalp. It is said that women do not become bald as do men because the scalp is fed by blood which is brought there by brushing, massage, pulling the hair, etc. Men's hair is kept so short that it does not receive proper exercise. The hair follicles cease to provide nourishment on account of an insufficient supply of blood to the parts. In consequence, the hair falls out and the follicles die. After this happens, nothing can make the hair grow back again.

Air and sunshine are good for the scalp. Hair should be massaged every day and shampooed on an average of every two weeks.

### Grogans Have Reunion 18th

The annual reunion of the late Abner Grogan family was held on August 18, 1963 at The New London Ruritan Club House, Lynchburg, Va. About ninety relatives and friends attended. Among those out of town were: Mr. Carl Eggers, Mr. and Mrs. William A. Eggers, Roslee, Willmaier, and George Eggers, Brenda and Linda Robertson of Dilliner, Pa., Mr. and Mrs. Kenneth Guthrie of Roanoke, Va.

### HIGH TARIFF AND ECM

Senator Fulbright has cautioned the European Common Market that a high tariff wall against American exports could lead to a withdrawal of some United States troops from Europe.

### FIFTH SET OF TWINS

Sydney, Australia — John Struthers, 46, who earns \$42.50 a week as a factory machine greaser, said: "I know that I was the father of twins again

when I saw the two cots in the hospital. No one knew she was having twins until they arrived. I'm very happy about it."

The boy and girl, each weighing five pounds, brought the

Struthers brood to fourteen, five sets of twins and four single births.

Haiti making bid for French ally.

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