

The Chowan Herald

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THURSDAY, MARCH 29, 1956.
A LIFT FOR TODAY

★... Fear Not... Ye shall see him.
 —Mark 28:5-7.

THE POWER that rolled away the stone from the tomb of Jesus is the same Power that created the world and all therein, and is guiding the destinies of those who come to Him through the Risen Christ.

Merciful Father, in gratitude for the miracle of Easter may we consecrate ourselves to the incoming of Thy Kingdom among the nations of the world.

Another Hardship

Chowan County farmers who grow tobacco face another hardship this year due to an increase in hail insurance rates which were approved this week by Insurance Commissioner Charles F. Gold in Raleigh.

Because Chowan County was among some other counties to experience heavier damage by hail last year, the rates have been boosted, along with 24 other counties. The "poor" insurance companies don't want to take too much risk. Because Chowan County was hard hit last year does not necessarily mean that the same conditions will prevail this year, but the insurance companies want to take less risk than the farmers.

We haven't heard about any insurance company going broke due to payment of claims, but there's plenty of farmers who can go broke or so near to it that there's little fun to it if their crops are wiped out by the acts of nature. It appears to The Herald that the rate boost in Chowan is unfair. The insurance companies should be as willing to gamble on an investment as are the farmers who plant but know not what they will reap.

Worthy Of Support

The amazing progress in caring for the crippled in this generation is one of the most important observations noted in the undercurrent of news released in conjunction with the 1956 Easter Seal campaign.

More has been accomplished for the crippled in our time than in all generations of man's civilization.

Improvement in techniques is one explanation for the progress. Another is the work of both public and private agencies without whose efforts scientific advances would be meaningless.

Not many private organizations can match the superlative contribution made by the National Society for Crippled Children and Adults and its affiliates, including the Chowan County Easter Seal Society. For more than a quarter century, these societies have been providing care for the crippled and informing the public of the crippled's needs, spending Easter seal dollars responsibly, wisely and well.

This is the time of year when residents of Chowan County can again contribute to the cause. The Easter Seal program is in the finest tradition of humanity and deserves support. It continues through April 10.

Fight Cancer With A Checkup

April, Cancer Control Month, is at hand. The volunteers of the American Cancer Society, like the voice of the turtle, will soon be heard in the land. This year they will chorus a catchy message: Fight cancer with a checkup and a check. We hope our readers will add to this the best of refrains: check, double check, and without further ado, join the act. It's the greatest life-saving production ever to come to town.

By fighting cancer with a checkup, we can realize the Society's goal of doubling current cancer cure rates through mass adoption of early detection and prompt treatment. Last year 80,000 persons died of cancer only because treatment was begun too late. It cannot be stressed too often that most cancers are curable if caught or better, if checked, in time.

By fighting cancer with a check, we are helping scientists to conquer cancer through research; we are helping cancer patients with a wide variety of comforting services at home and in hospitals, and we are helping the ACS to spread life-saving knowledge of cancer throughout the nation.

So how about a dress rehearsal? Your cue is to strike back at the disease that strikes one in four, two families in every three. Can you recite the seven danger signals of cancer? Is your checkbook, or wallet or your coin purse close by? The ASC volunteers are taking the stage.

You're on.

HEARD & SEEN

By "BUFF"

There's a good reason to get up early on Easter morning. Three Easter sunrise services are scheduled, one on the Court House Green at 6:30 o'clock, sponsored by the Edenton Junior Chamber of Commerce, another at the Center Hill Baptist Church at 6 o'clock, sponsored by the up-county churches, and a third at the Edenton Assembly of God Church at the corner of First and Bond Streets. To attend either of these services might provide an opportunity for some people to see how the sun looks when it rises. Of course, taking it for granted the weather is fair. At any rate, Easter apparently is the one day of the year when a lot of people make their annual visit to a church. The front pews will, no doubt, get a dusting-off, which should delight some of the preachers who very seldom see the front seats occupied.

Some members of the cast for the Senior Class play, which was presented in the Elementary School Thursday night, didn't even get a program. All of the programs were distributed to those who attended, so that none were left. Members of the cast are, therefore, sending out an SOS in the hope that some who saw the play might still have the program. If so, please notify Miss McCollum at the Junior-Senior High School, for the actors and actresses would like to save the programs as a souvenir.

Wilborne Harrell had some scrambled eggs Friday, but he didn't eat 'em. He bought a dozen eggs and when in front of The Herald office the bag slipped from his hand so that every bloom' egg was smashed. Wilborne bought another dozen for he just had to have some eggs for breakfast.

Edenton Boy Scouts had a big time in the armory Tuesday night when they staged a barbecue supper and presented an interesting program. The boys sponsored the supper in an effort to help raise enough money for every Boy Scout to attend camp in the Blue Ridge Mountains near Waynesboro, Va., this summer. They'll be sponsoring other projects to help raise in the neighborhood of \$900 to cover the camping expenses, and here's hoping everybody will back 'em up in their efforts. They're a fine bunch of boys and the camping trip should be of great benefit to 'em.

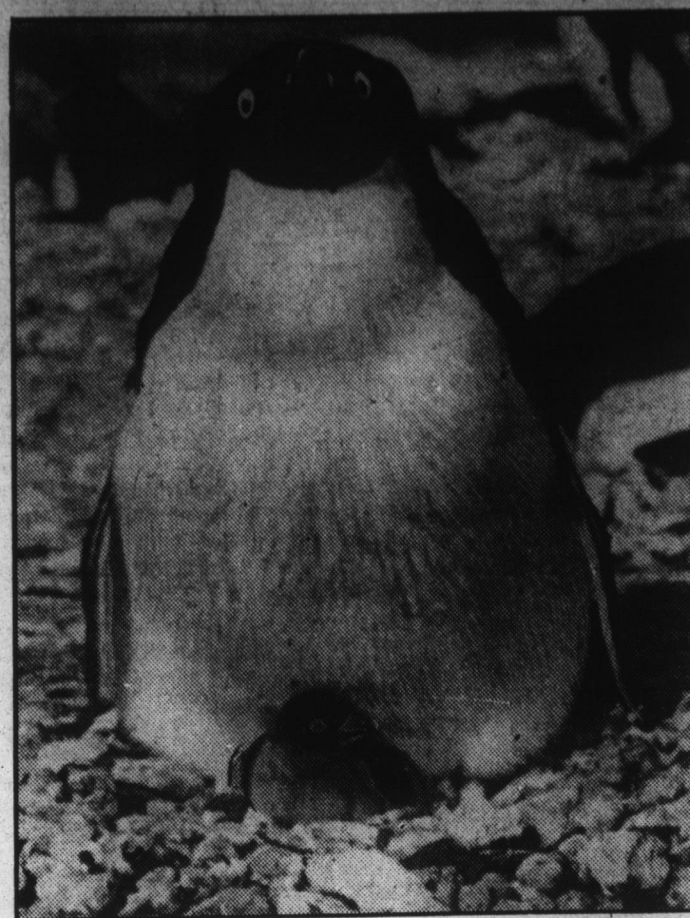
Rough boards just seem to be the style in the business section. In an unusual accident part of the Cuthrell Department Store building was torn out Tuesday morning, so that now a portion of the second floor is boarded up. Boards still close up a window at the Habit Grocery and, of course, the building at the corner of Broad and King Streets, to be occupied by Sears & Roebuck, and the telephone building on East King Street still are boarded up in front. Some boards disappeared this week, however, for new plate glass was placed in the Edenton Furniture Company store windows which was blown out by a strong wind recently. Maybe we'll soon get back to normal and when all the repairs are completed the business section will appear more attractive.

L. P. Chappell of the Belvidere community was in town the other day selling country smoked hams and I was asking him if a certain other Chappell was a relative of his. "Yes," he said, "sort of a shirt-tail relative. His great grandmother was a sister of my great grandfather." Well, I just let it go as a shirt-tail relative, for time's too short to figure it out.

Arthur Hollowell wasn't just acting sort of shiekish parading around without his hat for a few days. Fact of the matter, he walked out of the Red Men meeting Monday night without the thing. Fortunately, he went back in a few days and found the hat just where he had left it. Here's one who needs a hat, especially when it's raining, for the bald spot on top of the dome must be getting larger by the way the rain drops feel.

Mary Gilliam just don't have much patience with all this trying to reduce stuff. A little on the plump side, Mary says she would like to reduce some, but that every time her stomach grows a little bit, her mouth flies open and she has to stuff something in it.

Edenton's business section is taking on a new look with the new poles for the fluorescent lights now in place. The new lights are said to furnish much more lights than the old ones and at the same time burn less electricity. Maybe some of us should get fluorescent lights in our homes and business establishments when we look at the light bills along about the first of the month.



SURPRISE—It's a toss-up as to whether this mother penguin is more surprised by the cameraman or the newly hatched chick. An Adelle penguin, she's one of some 10,000 formally garbed inhabitants of the rookery on Ross Island in the Antarctic's McMurdo sound. A Navy photographer with the expedition preparing United States bases for participation in the forthcoming International Geophysical Year snapped this rare picture. Penguin mamas lay but one egg a year each.

WASHINGTON REPORT

City-To-City. The Winston-Salem Junior Chamber of Commerce and Junior Woman's Club have just completed a project that's attracting nation-wide attention.

The two organizations pooled their efforts and waged a campaign to send a gift of food from the city of Winston-Salem to the city of Karachi, Pakistan.

The actual transfer of the food was handled by CARE, the international relief organization.

The gift from Winston-Salem to Karachi, the first city-to-city gift sponsored in the United States, was made up of 313,815 pounds of surplus food. CARE arranged the purchase of the food from government surplus stocks at the rate of one dollar per hundred pounds.

Last week, Senator W. Kerr Scott made a speech on the project on the floor of the Senate.

Inspiration. "It took a lot of hard work and a lot of time to carry out this project," Scott said, "and it is the sort of thing that is a great inspiration for all of us."

Scott placed in the Congressional Record the complete story of the extensive fund raising campaign the Jaycees and Junior Woman's Club sponsored in order to raise the total amount of \$3,138.15 that went into the project.

Tobacco. Figures just released by the Department of Agriculture show that 53.6 per cent of North Carolina's cash farm receipts come from tobacco. This is the largest percentage of any state.

Next to tobacco, livestock, surprisingly, is next in importance to Tar Heel farmers as far as cash receipts are concerned. Livestock accounts for 23.9 per cent of the total cash receipts.

Surprisingly small is the percentage that cotton accounts for—only 7.4. Poultry and poultry products account for 9.8 per cent and dairy products account for 6 per cent.

Chickens. Here is an excerpt from an interesting editorial in a recent edition of the St. Louis Post-Dispatch:

"Chickens appreciate politeness. Our feeling is that this makes it practically unanimous. The authority for the way fowls feel about it is a poultry expert at Michigan State University. He says poultry-raisers should knock or call out before entering the pens. They should cultivate a good nest-side manner. Their first thought should be to induce their hens at all costs to remain calm.

"The hens will respond to this respect for their finer feelings, says the expert, by laying more eggs. This is the way of expressing gratitude that is both tangible and practical..."

So goes the editorial from a very distinguished newspaper. And anybody who knows anything about chickens agrees.

Okay. They win. Next time there will be a point made to knock before entering the chicken house. Now, who's going to speak to the rooster who makes it his business to wake up us poor bedraggled humans every morning before daylight.

KITCHEN COMMENT
 Less starch is needed if you use an ironer which exerts considerably more pressure than a hand iron. Use about one-half the usual amount of starch after sudsing and rinsing the clothes.

For a special breakfast treat, prepare bacon pancakes with spiced honey. Add one-half cup chopped bacon to the batter before baking. Serve with margarine and spiced honey, made by heating together one cup honey, one teaspoon cinnamon, and one-half teaspoon nutmeg.

Bring new life to an old lamp shade by recovering it with a strong textured cotton fabric.

When roasting a turkey or chicken, brush or baste the bird with melted margarine three or four times during the roasting period. This little trick helps make the bird's skin tender, crisp, and golden.

Service Establishments In Chowan Show Receipts Of \$696,000 During 1955

N. C. Census Report For Year Just Released

Receipts of 36 service establishments enumerated in Chowan County in the 1954 Census of Business amounted to about \$696,000, according to a preliminary report covering service trades, published by the Bureau of the Census, U. S. Department of Commerce. The combined yearly payroll of the county's service establishments was \$155,000. They reported 97 employees of whom 87 worked full time in the pay period ending nearest November 15. Proprietors actively employed in the operation of unincorporated businesses numbered 38.

Establishments providing personal services numbered 18 and reported receipts of \$228,000. Establishments primarily engaged in automotive repair, parking and other automotive services numbered 4 and had receipts of \$112,000. Establishments listed as "all other services" in the preliminary report numbered 14 and had receipts of \$356,000.

"Personal services" group includes such businesses as barber and beauty shops, cleaning and dyeing plants, laundries and laundry services, garment alteration and repair services, funeral services, photographic studios, shoe repair shops and shine parlors, as well as other personal services.

"Automotive services" group includes general automobile repair shops, battery service shops, tire repair shops, body repair and paint shops, automobile rentals, storage garages, parking lots, auto laundries, and other miscellaneous automotive services.

"All other selected services" group includes business services, miscellaneous repair services, amusement and recreation services, motion pictures, hotels, tourist courts, motels and camps.

Customer in store: "Why is it that I never get what I ask for?"
 Floorwalker: "Perhaps, Madam, because we are too polite."

Health For All

Counting Calories

How often we hear that abundant America is the best fed country in the world! Praise for the varied American diet is frequently expressed in terms of "calories"—we may hear, for example, that the people of less fortunate lands have only so many calories a day in their diet compared with the high calorie content of the average American diet.

In these days, when so many people are conscious of their weight, we hear about "counting calories." We take this to mean that people who are overweight avoid rich foods. But the fact is that everybody, even those whose weight is normal, should be concerned with calories—not so much with counting them but with distinguishing between two different

kinds of calories; for the kind of calories in our diet holds the key to good nutrition.

An important defect in the U. S. diet is the large consumption of "empty" calories—a defect which has worsened by about 40 per cent in the last 40 years.

What are "empty" calories? They are sources of body energy that provide virtually none of the minerals or vitamins essential for health. They are found primarily in sugar and cooking fats. If the intake of fats and sugar in our diet should be curtailed to cut down on "empty" calories, where do we find the "full" calories that do contain the minerals and vitamins we need? They are found in meat, eggs, and milk, starchy and watery vegetables and fruit. For better nutrition we should eat more of these foods.

It would be ironic indeed if well-fed American should suffer from poor nutrition because we don't know what kind of calories to count!

Customer—You're sure this is genuine airplane luggage?
 Salesman—You bet. It belonged to Orville Wright.

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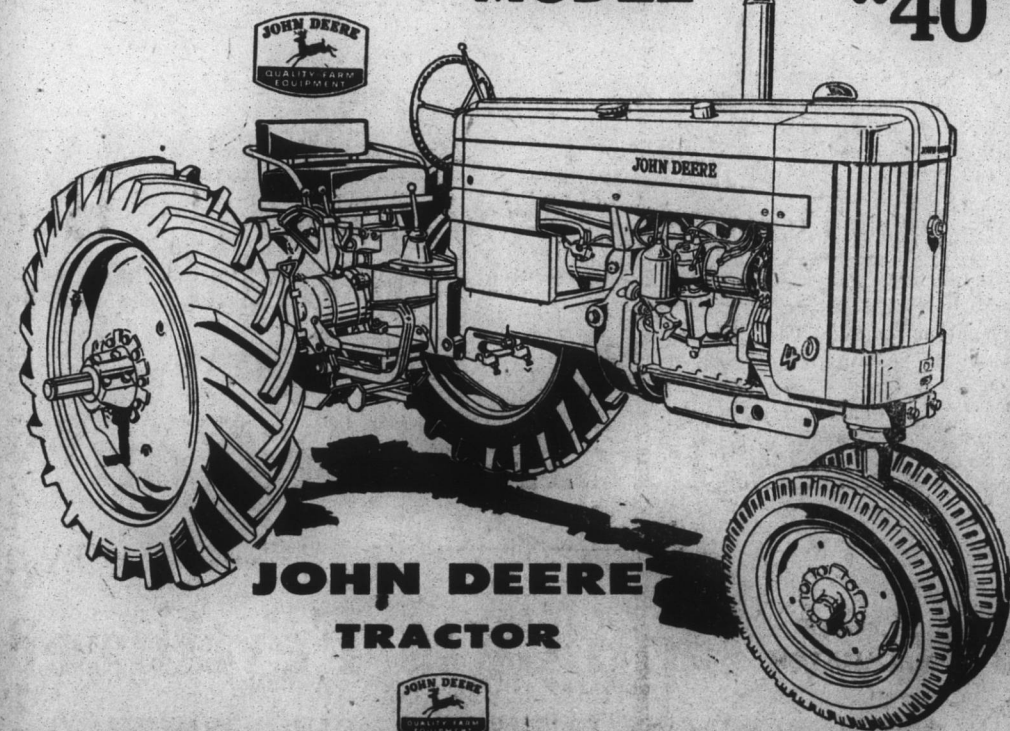
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