

Negro Home Demonstration News

By MRS. ONNIE S. CHARLTON, Negro Home Demonstration Agent

We have just finished meeting our schedule of 4-H Clubs for this month at White Oak Consolidated School, St. John School and Edenton High School.

Our lesson—demonstration with these clubs was on "Raising Small Fruits for Home Use." Emphasis was put on growing strawberries. We showed movie slides on how to grow this particular fruit. This work is one of our county goals for 1958—that of raising a square meal around home. We are working on this goal in our adult meetings, too, so please attend your meeting this month and each month.

We urge parents to work with their boys and girls. Help them get started in growing strawberries, and other small fruits, such as, dewberries and raspberries for home use.

Here are some suggestions on producing these fruits.

Suggested number of plants:

For Home Use—

1. 15 or more dewberry plants.
2. 15 or more raspberry plants.
3. 100 or more strawberry plants.

Varieties for Home Use—

1. Dewberries—boysenberry or youngberry.
2. Raspberries—Red—Latham and Mandarin; Black—Cumberland and Bristol.
3. Strawberries—Massey and Albritton.

How To Plant—

1. Dewberries: (1) Set plants apart in 6 feet rows for stakes.
- (2) Set plants in winter or early spring.
- Raspberries: (1) Set plants 5 feet apart in 5 feet rows.
- (2) Set plants winter or spring.
- Strawberries: (1) Set plants 12 inches apart in 3 1/2 feet rows.
- (2) Set plants from December to March.

Fertilization

Dewberries: After plants are set, apply stable manure or poultry manure or one tablespoon full of nitrate of soda. On Sandy or Sandy Loam Soil, apply manure or 1/4 pint of 8-8-8 grade fertilizer. Put this in a ring one foot from the plant. Make a second application July 1.

Culture: Prevent grass and weed growth by shallow cultivation.

Raspberries: The same fertilization and cultivation as dewberries.

Strawberries: Apply 2 quarts of 8-8-8 fertilizer per 100 feet of row 2 weeks before setting plants. In August or September use one gallon of 8-8-8 per 100 feet of row. Apply the fertilizer in shallow furrows on each side of the row. Cover the fertilizer by cultivating the soil back toward the plants.

The 4-H County Council will meet Saturday, January 18, at the office, 2:00 P. M. Officers from each 4-H Club are asked to be present.

This time of year there is generally an increase in home fires. This should remind us to be extra careful. Keep very young children in sight and in mind all the time; they need 100 per cent protection from fire. Teach older children the safe and proper use of fire; remember that they learn best by your example.

Are all of your chimneys kept in good condition. Repair cracks and other defects with cement mortar. Good roofing is one of the best protections against fire. Have stoves at least eighteen inches from walls and wood work. Take note of kerosene heaters. Whole families have been wiped out by fires caused by kerosene heaters when they flared up during the night. Check all electrical systems. Have a competent electrician install approved wiring. Get rid of all explosives or flammable liquids such as gasoline.

Never use gasoline or kerosene to light or quicken a stubborn fire in a coal or wood burning stove or fireplace. The minute you discover fire or suspect one, get out of the house and get every one else out at the same time.

Jaycee Annual DSA Banquet Jan. 29th

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past year, and he need not necessarily be a member of the Junior Chamber of Commerce.

For contributions to the general community welfare 50 points will be given, 25 points will be given for evidence of leadership ability and 25 points for evidence of personal or business progress.

At this banquet the Jaycees will also present awards to the "key man" of the year in the organization and to the first year man who has been the most outstanding in Jaycee activities. Bosses of the Jaycees will also be honored at the banquet.

Mr. Conger announces that the principal speaker for the occasion will be Bob Cox of Chapel Hill. He is at present national vice president and will be a candidate for national president at the annual Junior Chamber of Commerce Convention which will be held in Los Angeles in June.

Jaycees are looking forward to the banquet with a great deal of pleasure and it is believed this year's affair will be the most outstanding ever held.

Filipino Visits Chowan County

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the University of Georgia. He spent some time at State College at the State 4-H office observing State 4-H Club operations and procedures for several days before coming to Chowan County.

Mr. Rentutar is a graduate of the University of the Philippines, having earned his B.S.A. in 1941. At the present time he is connected with the Bureau of Agricultural Extension, Manila, as regional rural clubs agent. He is particularly interested in learning about local 4-H clubs and Chowan County was recommended to him by L. B. Dixon, assistant state 4-H club leader.

While he was here Mr. Rentutar attended 4-H club meetings at Chowan High School and also a meeting of the Oak Grove Local 4-H Club which was held on Tuesday night of this week.

"It is a privilege to have had Mr. Rentutar visit Chowan County," says Mr. Marsh, "and we wish that he could have stayed longer."

ROTARIANS MEET TODAY

Edenton Rotarians will meet this (Thursday) afternoon at 1 o'clock. The program will be in charge of Gerald James and President Robert Marsh urges a 100 per cent attendance.

RED MEN MEETING

Chowan Tribe of Red Men will meet Monday night, January 20, at 7:30 o'clock. Hurley Ward, the new sacheem, urges a full attendance.

January 19-25 Is VFW Week

Earl White, commander of William H. Coffield Post 9280, of Veterans of Foreign Wars, has announced that National VFW Week will be observed January 19-25 and pointed out that the VFW was the first veteran group to sponsor the annual nationwide sale of memorial poppies. The Veterans of Foreign Wars

conducted its first sale in 1922 and since then millions of the replicas of the red flower that grows so profusely in Flanders' fields have been sold under the copyrighted name of "Buddy" poppy.

The proceeds of these annual solicitations are used for rehabilitation and relief works and to help maintain the National VFW Home for members' orphans and widows at Eaton Rapids, Mich. This, incidentally, is the only home of its kind owned and operated by any veteran organization.

"By now," Commander White said, "the public is well aware of the fact that every cent contributed to the Veterans of Foreign Wars 'Buddy' poppy campaign is used for the relief of needy and disabled veterans and their dependents, and to help operate the national home."

Through these and other works, Commander White pointed out, "we give true exemplification to the Veterans of Foreign Wars motto: 'We honor the dead by helping the living!'"

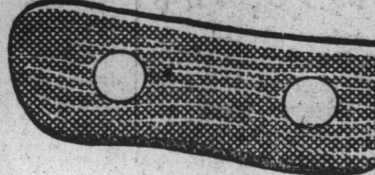
YOU'LL LOVE OUR TENDER, TASTY MEATS!

Top Quality—Frosty Morn SLICED Lb.

Bacon 59c

FRESH PICNIC—4-6 lb. Avg.

PORK ROAST 1 lb. 33c



TIDELAND PURE PORK Lb.

Sausage 33c

Swift's Premium Whole or Half Spring

Leg-O-Lamb 1 lb. 69c

Pot Luck Special! Swift's CHICKEN

Necks-Backs 5 lbs. 59c

Swift's Select Grain Fed Western Steer

Chuck BEEF 1 lb. **39c**

Thick Salt Meat

Fat Back 1 lb. 19c

TALL—TWIN PET can

DOG FOOD 7c

P & Q—Pure Bean

Coffee 1 lb. 69c

5-oz. Red Bird Vienna SAUSAGE can 10c

46-oz. Golden Hill Orange Juice can 25c

FRUIT-FLAVORING
PET INSTANT NONFAT DRY MILK
DELICIOUS!

28-oz. White House Apple BUTTER jar 23c

16-oz. Hershey's Chocolate Syrup can 21c



Giant Red Soap Powders **D U Z** pkg 75c

Full 2 Pounds Princess Cremes **Cookies** pkg 49c

P and Q Super Market **RECIPE OF THE WEEK**
By Mary Lee Taylor
Jiffy Spice Pudding

1 cup biscuit mix
1/2 cup finely cut, unsalted nuts
4 teaspoons sugar
3 Tablespoons Pet Evaporated Milk
2 Tablespoons water
1/2 cup sugar
1/2 teaspoon cinnamon
1/4 teaspoon cloves
1/4 teaspoon salt
1 1/2 cups water
1/2 cup Pet Evaporated Milk

Mix in a quart bowl the biscuit mix, nuts and 4 teasp. sugar. Stir in mixture of 3 Tablesp. milk and 2 Tablesp. water. Beat hard 30 seconds. Turn out on lightly floured board. Roll into a sheet 1/2 inch thick. Cut into 8 two-inch biscuits with floured cutter. Put into a greased 8-inch square baking pan. Mix in a saucepan 1/2 cup sugar, the cinnamon, cloves, salt, 1 1/3 cups water and 1/3 cup milk. Boil slowly 10 min., stirring often. Pour boiling hot sauce over the biscuits. Bake 30 min. in 375 oven (high moderate) until biscuits are brown. Serve warm. Makes 4 servings.

Full Pound Brenner Saltine Crackers **19c**

8-oz. Hershey's INSTANT COCOA can 23c
Tall ARMOUR'S MILK can 13c

Gwaltney's Pure Lard 1 lb. 16c



ALL 5c Chewing GUM 3 PKGS. 10c

U. S. No. 1 Maine White Potatoes 25-LB. BAG 89c

GREEN STAMPS
Save as you spend

FROZEN FOODS
10-oz. Gorton's Fish Sticks pkg. 37c
10-oz. Dulany Green Peas pkg. 17c

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S. H. Green Stamps

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\$4.35 4/5 Qt.

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