

Negro Home Demonstration News

By MRS. ONNIE S. CHARLTON, County Negro Home Economics Agent

Last week we discussed the "Wise Food Shopper". Today we shall continue with "Read The Label On Foods".

Acquire the habit of reading labels when you buy foods to know what is inside the can. The kind of food that is in the can is revealed by the label with its descriptions, pictures and other valuable information. For the shopper who makes label reading a habit and becomes familiar with the information on canned foods labels, food buying is easier and thriftier.

In this day of modern self-service food stores, the shopper has become increasingly dependent on labels for guidance. Modern merchandising, with its emphasis on saving time, frequently requires the shopper to make a selection without benefit of a discussion with the grocer. In making decisions, the shopper is turning more and more to the label for help.

Various public and private organizations recognize that when food shoppers depend on them, labels need props.

The Federal Food, Drug and Cosmetic Act of 1938 defines the label as "all written, printed, or graphic material accompanying an article at any time while such article is in interstate commerce or held for sale after shipment or delivery in interstate commerce." State and city laws apply to food within local jurisdiction. These laws are designed to safeguard you from food which is not fit to eat, from adulteration of food, from misleading information, and to help you know the quality of food.

This act requires all labels on foods which leave their home state to have:

1. The common or usual name of the product.
2. The net contents—in terms of weight or liquid measure.
3. The name and address of the producer or distributor.
4. For certain canned foods, a list of all ingredients.

Don't be a "guess" shopper! When shopping for canned foods, develop the habit of using the information on the label. The label is important because it serves as a "window" of the can. Here are some of the things that you learn from the label, and how they guide you to better selection.

Labeling Information—How it aids selection

Name of Product—Quickly identifies the food for the shopper.

Net Weight or Volume—Give accurate amount of contents of can, just as scales tell weight of market foods.

Brand Name—A guide for getting the same product each time.

Maturity of Product—Helps in selecting the flavor and texture of product preferred.

Size of Product—A guide in selecting for a particular use—for example, large or small pear halves.

Style of Pack—A guide in selecting for a particular use—for example, whole kernel or cream style corn.

Contents, Cans or Pieces—An aid in buying the amount needed.

Recipe Suggestions—Helps to get best table results from the food.

Staffings, Belvidere; Master John Wayne Griffin, Merry Hill; Miss Lois Toler, Edenton; Sherwood Harrell, Edenton; Mrs. Hulda Bunch, Hobbville; Mrs. Marjorie Ann Winslow, Hertford; Mrs. Eula Chappell, Belvidere; Miss Mary Oliver, Roper; Mrs. Ruth Bunch, Edenton; Mrs. Lucy Magdalene Leary, Edenton.

Negro
Mae Beulah Elliott, Tyner; Alice Wynn, Edenton; Lessel Eason, Belvidere; Agnes E. Bond, Sunbury; Richard Morris, Edenton; Maggie Blount, Edenton; Rais A. Jennette, Hertford; Marie Webb, Roper; Clemon Holley, Tyner; Annie Hill, Edenton; Robert Holley, Edenton; Charles Hoffer, Hertford; Mary Louise Britt, Tyner; Charles Rowson, Columbia; Callie Halsey, Creswell; Margaret Downing, Plymouth; Charles White, Hertford; Thomas Ferebee, Edenton; James Matthew Riddick, Edenton.

Births
Births during the same week were:

Mr. and Mrs. Horace W. Modlin, Tyner, a daughter; Mr. and Mrs. Julius Lee Bond, Sunbury, a daughter; Mr. and Mrs. Vance Douglas Hare, Tyner, a daughter; Mr. and Mrs. James Alton Winslow, Merry Hill, a daughter; Mr. and Mrs. Robert Lee Webb, Roper, a daughter; Mr. and Mrs. Charles Everett Winslow, Hertford, a son; Mr. and Mrs. Eugene Carpenter, Edenton, a son; Mr. and Mrs. Billy Gray Leary, Edenton a daughter; Mr. and Mrs. John H. Phillips, Hertford, a daughter; Mr. and Mrs. Watson Blanchard, Hertford, a daughter.

'Children And Money' HD Demonstration In September Meetings

Home Demonstration Club members will have for their demonstration in September "Children and Money". A very interesting report on "Shall A Woman Work" will be given by the community service leaders at these meetings. Plans will be made for the county fair, achievement day program and a number of other items of business.

Hospital Notes
Visiting Hours: 10:00-11:00 A. M., 2:00-4:00 P. M., 6:00-9:00 P. M. Children under 12 not permitted to visit patients.
Patients admitted to the Chowan Hospital during the week of August 17-23 were:

White
Mrs. Inez Modlin, Tyner; Mrs. Elizabeth Hare, Tyner; Mrs. Florence Smith, Edenton; Sam D. Spruill, Creswell; Mrs. Josephine Hollowell, Edenton; Mrs. Evelyn Taylor, Hertford; Mrs. Hulda Bunch, Hobbville; Mrs. Catherine Winslow, Merry Hill; Lya S. Byrum, Edenton; Mrs. Martha Jane Williams, Creswell; Master Phillip Lassiter, Edenton; Master William Elliott III, Hertford; Mrs. Marjorie Winslow, Hertford; Mrs. Gail Brickhouse, Edenton; Miss Marcia Ann White, Edenton; Mrs. Elizabeth Goodwin, Edenton; Mrs. Doris Carpenter, Edenton; Percy Rogerson, Hertford; Master John Wayne Griffin, Merry Hill; Master Roy D. Grant, Edenton; Miss Lois Toler, Edenton; Mrs. Eula Chappell, Belvidere; Sherwood Harrell, Edenton; Miss Mary L. Oliver, Roper; Mrs. Magdalene Leary, Edenton; Mrs. Edna Saunders, Hertford; Harlan Patrick, Roper; Mrs. Blanche U. Banks, Hertford; Mrs. Janie Woodley, Creswell; James Vick, Hertford; Dan Carter, Edenton; Marshall Woodley, Creswell; the Rev. Benjamin James, Columbia.

Negro
Agnes E. Bond, Sunbury; Charles Rowson, Columbia; Thomas Ferebee, Edenton; Richard Morris, Edenton; James Matthew Riddick, Edenton; Marie Webb, Roper; Annie Jane Hill, Edenton; Margaret Downing, Plymouth; Charles Hoffer, Hertford; James Jackson, Edenton; Henry Banks, Edenton; Charlie White, Hertford; Rachel Riddick, Hertford; Erma Mae Blanchard, Hertford; Hazel Phillips, Hertford; Ella Marie Gibbs, Hertford; Kenneth Wayne Halsey, Creswell.

Discharges during the same week were:

White
Mrs. Virginia Holton, Roper; Wayne Howell, Hertford; Mrs. Ethel Lavoie, Edenton; Mrs. Inez Modlin, Tyner; Mrs. Dorothy Hollowell, Edenton; Mrs. Ann Jordan, Tyner; Sherwood Harrell, Edenton; Eli Woodley, Edenton; Mrs. Eva Tyndall, Edenton; Haywood Phthisie, Edenton; Lyn S. Byrum, Edenton; Mrs. Catherine Winslow, Merry Hill; Mrs. Evelyn Taylor, Hertford; Mrs. Joyce Guynes, Edenton; Sam D. Spruill, Creswell; Mrs. Mattie Nixon, Tyner; Percy Rogerson, Hertford; Master Roy D. Grant, Edenton; Mrs. Elizabeth Hare, Tyner; Master Phillip Lassiter, Edenton; Master William H. Elliott III, Hertford; Mrs. Martha Jane Williams, Creswell; Mrs. Josephine Hollowell, Edenton; Claxton

Cotton Production Estimated Up 35%

The first cotton production forecast is for a crop of 345,000 (500-pound gross weight) bales. This estimate is based on August 1 reports from growers, ginners, and others throughout the cotton growing areas of the State. If the August 1 forecast materializes, a crop of this size would be 89,000 bales or 34.8 percent more than the 256,000 bales harvested last year but 7,000 bales less than the 1948-57 average of 419,000 bales. It is estimated that 395,000 acres of cotton will be harvested this year for an average state yield of 419 pounds per acre. The expected acreage to be harvested is 132,000 more than was harvested last year, but it is 228,000 below the ten-year average for 1948 through 1957. The increase over last year is due primarily to acreages released from the Soil Bank.

This year's prospective yield is 47 pounds below last year's turn-out, but it is 95 pounds above the ten-year average. The crop got off to a good start and on through the hot, dry weather of June presented unusually good prospects. With the heavy rains of July, fields began to put on heavy vegetative growths after which shedding of squares and young bolls was heavy. By the first of August a previously small boll-weevil population was beginning to build up, and the final outcome of the crop will depend on the effectiveness of weevil control and various other influences affecting its progress during the remainder of the season.

'59 Peanut Crop Is Above Average

The first forecast of peanut production in North Carolina for 1959 is estimated at 320,400,000 pounds. The estimate is based primarily on condition reports from growers as of August 1. Growing conditions have not been quite as favorable as they were during 1958 when North Carolina peanut growers harvested 331,080,000 pounds of peanuts from 178,000 acres for an average yield of 1,860 pounds per acre. Yield per acre for the current crop is forecast at 1,800 pounds, which if realized would be 418 pounds above the 1948-57 average of 1,382 pounds.

God does not want us to do extraordinary things: He wants us to do ordinary things.

—Charles Gore.

Legal Notices

ADMINISTRATRIX NOTICE
Having qualified as administratrix of the estate of John Garrett, deceased, late of Chowan County, North Carolina, this is to notify all persons having claims against the estate of said deceased to present them to the undersigned within one year from date of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.

This 27th day of August, 1959, MRS. EDITH G. BUFFLAP, Administratrix of John Garrett Estate.
Aug27Sept3,10,17,24Oct1

ADMINISTRATRIX NOTICE
Having qualified as administratrix of the estate of Mrs. Annie Garrett, deceased, late of Chowan County, North Carolina, this is to notify all persons having claims against the estate of said deceased to present them to the undersigned within one year from date of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.

This 27th day of August, 1959, MRS. EDITH G. BUFFLAP, Administratrix of Mrs. Annie Garrett Estate.
Aug27Sept3,10,17,24Oct1

EXECUTOR'S NOTICE
Having qualified as Executor of the Estate of Ezzell L. Ward, deceased, late of Chowan County, North Carolina, this is to notify all persons having claims against the estate of said deceased to exhibit them to the undersigned at Edenton, North Carolina on or before the 6th day of August, 1960, or this notice will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.

This August 6, 1959, PEOPLES BANK & TRUST COMPANY, Executors of Ezzell L. Ward Estate.
Aug27,Sept3,10,17,24,Oct1

EXECUTOR'S NOTICE
Having qualified as executor of the estate of Elbert K. White, deceased, late of Chowan County, North Carolina, this is to notify all persons having claims against the estate of said deceased to present them to the undersigned within one year from date of this notice or same will be pleaded in bar of their recovery. All persons indebted to said estate will please make immediate payment.

This 13th day of August, 1959, HERMAN WHITE, Executor of Elbert K. White Estate.
aug13,20,27,sept3,10,17pd

SALE OF VALUABLE REAL ESTATE
Under and by virtue of the power of sale contained in a certain deed of trust executed by Annie Burke and others, dated the first day of July, 1954, and recorded in Book No. 67, pages 343-344 in the office of the Register of Deeds of Chowan County, North Carolina, default having been made in the payment of the indebtedness thereby secured and said deed of trust being by the terms thereof subject to foreclosure, and the right of foreclosure having become absolute, the undersigned trustee will offer for sale at public auction to the highest bidder for cash at the Court House door in Edenton, North Carolina, at 11:00 o'clock A. M., on the 7th day of September, 1959, the property conveyed in said deed of trust the same lying and being in the Town of Edenton, Chowan County, North Carolina, and more particularly described as follows:

That certain lot with all buildings and improvements thereon located on the South side of East Freemason Street, and beginning at a point in the Southern edge of said street at the Northeast corner of the "Mrs. Cleo Gardner Freemason Street Property," thence running Southwardly with the George Lewis property West line to the line of the J. S. Northcott property; thence Westwardly and parallel with Freemason Street 60 feet to a point; thence Northwardly and parallel with the said George Lewis property line to Freemason Street; thence Eastwardly along the Southern edge of Freemason Street 60 feet to the place of beginning, and being the same property conveyed to Henry Burke, deceased, Will Goodwin and Henry Goodwin by deed from W. H. Gardner recorded in office of the Register of Deeds in the aforesaid County in Deed Book O, pages 332 etc., reference to which deed and the instruments therein mentioned is hereby made for further description and chain of title.

The highest bidder will be required at time of sale to deposit with the undersigned ten (10%) percent of the high bid for said property and will pay balance of the purchase price upon delivery of deed for said property.

Dated and posted this August 4, 1959.
R. C. HOLLAND, Trustee
aug13,20,27,sept3

WARNING!

In accordance with the ordinances of the Town of Edenton, dog owners who have not purchased tags for their dogs for the 1959-60 fiscal year by September 10, 1959, shall be subject to arrest.

TOWN OF EDENTON
John A. Mitchener, Jr., Mayor
Ernest J. Ward, Jr., Clerk

Hospital Notes

Visiting Hours: 10:00-11:00 A. M., 2:00-4:00 P. M., 6:00-9:00 P. M. Children under 12 not permitted to visit patients.

Patients admitted to the Chowan Hospital during the week of August 17-23 were:

White
Mrs. Inez Modlin, Tyner; Mrs. Elizabeth Hare, Tyner; Mrs. Florence Smith, Edenton; Sam D. Spruill, Creswell; Mrs. Josephine Hollowell, Edenton; Mrs. Evelyn Taylor, Hertford; Mrs. Hulda Bunch, Hobbville; Mrs. Catherine Winslow, Merry Hill; Lya S. Byrum, Edenton; Mrs. Martha Jane Williams, Creswell; Master Phillip Lassiter, Edenton; Master William Elliott III, Hertford; Mrs. Marjorie Winslow, Hertford; Mrs. Gail Brickhouse, Edenton; Miss Marcia Ann White, Edenton; Mrs. Elizabeth Goodwin, Edenton; Mrs. Doris Carpenter, Edenton; Percy Rogerson, Hertford; Master John Wayne Griffin, Merry Hill; Master Roy D. Grant, Edenton; Miss Lois Toler, Edenton; Mrs. Eula Chappell, Belvidere; Sherwood Harrell, Edenton; Miss Mary L. Oliver, Roper; Mrs. Magdalene Leary, Edenton; Mrs. Edna Saunders, Hertford; Harlan Patrick, Roper; Mrs. Blanche U. Banks, Hertford; Mrs. Janie Woodley, Creswell; James Vick, Hertford; Dan Carter, Edenton; Marshall Woodley, Creswell; the Rev. Benjamin James, Columbia.

For Sale

Five-Room House at 811 Bond Street
LOT SIZE 50 X 118 FT.
LOW DOWN PAYMENT BALANCE CAN BE FINANCED
Twiddy Insurance & Real Estate, Inc.
103 E. King St. — Edenton
PHONE 2163

NOTICE!

We will be open all day Wednesday, September 2nd... please see our complete line of school supplies.

- Notebook Paper 77 count 25c
- Notebook Paper 170 count 50c
- SCHOOL OPENING SPECIAL**
- Notebook Paper 400 count 87c
- Crayons, Blendwell and Crayolas 5c to 69c
- Pencils 3c each—dozen 29c
- Notebook Binders 29c to 79c
- Zipper Binders 98c to \$2.98
- Composition Books, Music Books, Typing Paper . . . anything you need in school supplies. Also visit our Hosiery, Rayon and Ready-to-Wear Departments.

YOU ARE LOOKING FOR BIG VALUES, WE HAVE THEM. COME TO SEE US!

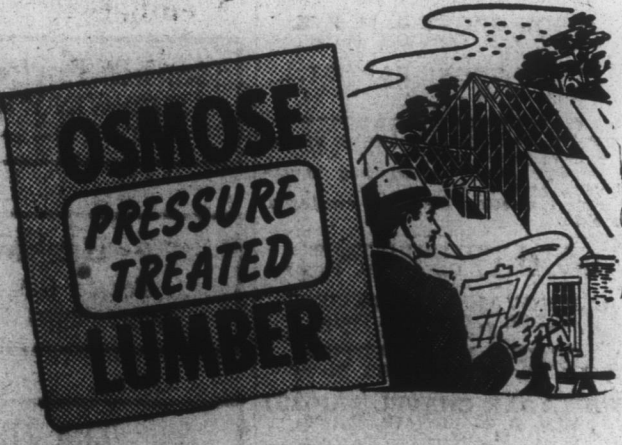
OSMOSE PRESSURE TREATED LUMBER

Guaranteed 25 Years

against wood's greatest enemies:

- ★ AGAINST ROT
- ★ AGAINST TERMITES
- ★ AGAINST DECAY

For The FIRST Time Ever - Osmose Pressure Treated Lumber Gives You This WRITTEN Guarantee!



NO OTHER LUMBER, TREATED or NOT, MAKES THIS WRITTEN GUARANTEE and Osmose Pressure Treated Lumber Meets FHA and VA Specifications—Eliminating Need for Other Termite Protection!

Buy Your Osmose Pressure Treated Lumber From

M.G. BROWN CO.
LUMBER - MILLWORK
BUILDING materials
2135-2136
Highway No. 7 SOUTH

The top-selling new 59 FORDS are bringing in the cream of the trade-ins!

See your **FORD DEALER'S USED CAR VALUES**

Easy financing terms to suit your budget

SEE YOUR LOCAL FORD DEALER

AMERICA'S GREATEST BASIC HOME VALUES
Creative Custom Line Homes

- Quality Built — Anywhere
- Built On Your Own Lot
- A complete finished home on the outside can be built as low as \$995 to \$2595 cash.
- Immediate Financing — No red tape. Up to 72 months to pay as low as \$30.86 per month pay only \$1.00 down.

For More Information — See or Call at 125 W. Cateret Street — PHONE 3052 —

CREATIVE HOME CORPORATION
Authorized Representative — A. V. Slade

86 PROOF

Old Gold

Straight BOURBON Whiskey

\$2.25 PINT
\$3.50 4/5 QUART

TRIPLE DISTILLATION COMPANY
ANNAPOLIS, MARYLAND