

What Is A Christian?

By TERRY JONES

"Ye are the salt of the earth; Ye are the light of the world. A city that is set on a hill cannot be hid." Matthew 5:13-14.

What is a Christian? This is a vital question that we should all stop and analyze. If you are a member of a church that teaches the doctrine of Jesus Christ then you profess to be a Christian. You are a representative of God, whether you like it or even realize it. Since there are so many professing Christians maybe we had just better find out what we claim to be. Just because a person is a church member this by no means makes him a Christian, but the follower of Christ usually will join a church to be able to work for his Lord in a better way.

A Christian is a follower of Christ. Christ's twelve disciples were Christians, Jesus told them, "Ye are the salt of the earth; the light of the world." A Christian is like unto a city set on a hill that cannot be hid. A follower of Christ is meek, he hungers for righteousness, he is merciful, pure in heart, a peacemaker and is willing to be persecuted for Christ's sake. He is all of these things according to Jesus. Although a Christian is meek he will stand up for his Lord, he will shun the using of his Master's name in vain. A follower of Christ will present his life a stable sacrifice to the world to fight against all of its evil. He will by no means give in to temptations. A Christian will do his best to stand up to the trials that confront him especially if he has been converted after being a follower of the world. He will endure his fellowmen's sneers and live Christ in front of his friends even if he has to be persecuted with words. A Christian will never look back on his old life of sin with desire.

The reward of the Christian is peace with God, a personal friendship and a Heavenly home with the Almighty. These are

the rewards all humanity searches for but the Christian has found the key. To sum it all up, a Christian trusts in Christ to take away his sin and burdens and does his very best to follow in the footsteps of the Master.

How do you measure up? What kind of representative of Christ are you?

Father's Advice

Black—"What did ner father advise when you told him you loved his daughter, but only had a thousand dollars saved up?"

White—"He advised me to invest it all in a one-way railway ticket with no stop-overs."

Health And Safety Tips

From The American Medical Association

MAKING FRIENDS

Do you often feel lonesome and "out of things?" Do you feel blue and rejected and wonder if life is worth living?

Everyone does now and then. Sometimes loneliness, even in the midst of family and business associates and acquaintances, can become an acute psychological problem. All of us are more or less shy. We often think that other people don't like us, and this makes us unhappy.

Everyone wants to "belong," to be a part of a group and to

do things along with others who share our interests, our aims. Membership in groups with useful purposes is of great value to our own personality.

Making friends is easy for some persons; others have to work at it. Those who have no friends often are the ones who would most like to have them, but don't know how to do it. Shyness and timidity is a habit that can be overcome. The American Medical Association offers a few suggestions that have helped many people, of all ages, to overcome loneliness.

—Try to concentrate on your assets and, for the time being, pay little attention to your shortcomings. You are not alone in doubts and insecurities. Everyone has them.

—Cultivate a cheerful atti-

tude. Say "Good Morning" to other folks in the office. Life is pretty complicated at times, but it is interesting and challenging. Approach your problems as a challenge that can be met.

—Try to develop your sense of humor. People who become offended easily generally do not attract friends. If someone snaps at you, reply with a smile, and, often as not, the anger will melt.

—Make people feel important as much as you can. If a compliment is deserved—on appearance, on effort, on achievement—don't fail to give it. For men: Always make a favorable comment when a lady changes her hair style. This can be highly important to feminine morale.

—Remember the old saying: "To have friends, you must

be a friend." Invite a neighbor over for coffee. Send cards to the sick and on birthdays and anniversaries. Do the little things that show other people you are interested in them. In turn, they will be interested in you.

At first learning to make friends may make you self-

conscious and uncomfortable, but with patience and practice it will come more naturally. At the heart of friendship is a genuine interest in other people. This can be cultivated if you will just give it some thought and effort now and then.

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