

Negro Home Demonstration News

By MRS. ONNIE S. CHARLTON, County Negro Home Economics Agent

This year National Apple Week will be observed October 11 through October 20.

Melvin H. Koble, Extension Horticultural Specialist, informs us that the North Carolina crop of apples is large. He says "we have excellent Red Delicious which are good for eating; excellent Golden Delicious which are excellent for eating, cooking, baking, etc. A good crop of Stayman Winesap; most excellent for cooking and baking; however they are good for eating. Plenty of Rome Beauty which are more or less a cooking apple".

With this bountiful supply families can enjoy the proverbial "apple a day" plus the many ways apples can be prepared and served in meals.

To supplement winter menus can or freeze apples.

Approximate number of medium size apples in:

1 pound.....	2-3 apples
1 peck.....	24-36 apples
1 bushel.....	96-144 apples

One pound of fresh apples will give about 3 to 4 half-cup servings of applesauce. To make 1 quart of frozen or canned apples requires about 3 pounds of fresh apples. One bushel will yield 16 to 20 quarts.

Canning Apples
Hot-Pack. Drop prepared apples in water containing 2 tablespoons each of salt and vinegar to prevent apples from darkening. Drain, then boil 5 minutes in thin syrup or water. Pack hot fruit to 1/2 inch of top. Cover with hot syrup or water, leaving 1/2 inch head space. Process in boiling water bath—pints, 15 minutes; quarts, 20 minutes.

Raw Pack—Pack prepared apples raw. Cover slices with hot medium syrup. Process pints or quarts in the boiling water bath 20 minutes.

Sugar Syrup
Sugar Syrup may be made from water or juice extracted from some of the fruit. The proportion of sugar to liquid will depend on the natural sweetness of the fruit and taste. Proportion:

tions for thin, medium, and heavy syrups are as follows:
Thin—2 cups sugar to quart water; yield of syrup, 5 1/2 cups.
Medium—3 cups sugar to quart water; yield of syrup, 5 1/2 cups.
Heavy—4 1/2 cups sugar to quart water; yield of syrup, 6 1/2 cups.

Boil sugar and water or fruit juice together for 5 minutes. Skim if necessary.

Canning Without Sugar
Fruit may be canned without sweetening—in their own juice, in extracted juice, or in water. Sugar helps canned fruit hold its shape, color, and flavor, but is not needed to prevent spoilage. Process unsweetened fruit the same as sweetened.

Apple Sauce
Wash apples, cut unpeeled apples into halves or quarters. Remove stem, blossom end and bruised spots. Place apples in saucepan with small amount of water, steam until tender. Press through a sieve. Add sugar, if desired, 1/2 cup to a quart. Heat to simmering point (185-210°F.) stirring to keep it from sticking. Pack into hot jars. Process (Boiling Water Bath) Glass jars, pints—10 minutes. Quarts—10 minutes.

Cosmetologists' Officers Installed

The Eastern Carolina Cosmetologist Association met September 25 at the Town and Country Restaurant in Williamston for a dinner meeting. The meeting was called to order by Maude Winborne, president, who welcomed the 24 members and eight guests. George Bunn of Kenly gave the invocation.

After dinner routine business was carried out. Mrs. Winborne expressed her appreciation to the members for the confidence placed in her in re-electing her president for another year and asked for their continued cooperation.
Mrs. Louise Thomas, secretary,

Dancing Instructor



Pictured above is Miss Mounicastle of the Mountcastle School of Dancing at Suffolk, who will conduct dancing lessons in the Elementary School auditorium. The lessons are scheduled to begin Friday.

gave a summary of the year's activities and it was noted that there was a gain of 19 new members during the year.

Mrs. Winborne made her committee appointments and then turned the meeting over to Mrs. Julia Harris of Greenville, president of the N. C. C. Guild. Mrs. Harris installed the officers of the ECC Association for the ensuing year. They are: President, Maude Winborne, Washington; first vice president, Farly Belle Chauncey, Washington; second vice president, Carolyn Lamb, Washington; third vice president, Thelma Hadley, Plymouth; fourth vice president, Elva Brady, Williamston; secretary, Louise Thomas, Chowan; treasurer, Augusta Williams, Greenville; historian, Anne Jenkins, Edenton.

Mrs. Harris used the key program in installing the officers, which was most impressive. The key is to be used in accordance with the duties of their respective offices.

The meeting adjourned to meet again October 30 at 8 P. M. at the Town and Country Restaurant.

The greatest and the most amiable privilege which the rich enjoy over the poor is that which they exercise the least—the privilege of making them happy.
—C. C. Colton.

CHRISTIAN SCIENCE

Overcoming fear will be a theme dealt with at Christian Science services Sunday in a Lesson-Sermon entitled "Unreality".

Opening the Scriptural selections is this verse from Isaiah: "Fear thou not; for I am with thee; be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness."

A correlative citation to be read from "Science and Health with Key to the Scriptures" by Mary Baker Eddy states: "Whatever is governed by God, is never for an instant deprived of the light and might of intelligence and Life" (p. 215).

The Golden Text is from II Timothy: "God hath not given us the spirit of fear; but of power, and of love, and of a sound mind."

Town Council Proceedings

Edenton, N. C., September 11, 1962.

The Town Council met this day in regular session at 8 P. M. at the Town Office.

Members present: Mayor John A. Mitchener, Jr., J. Edwin Bufflap, George A. Byrum, Luther C. Parks, C. A. Phillips, R. Elton Forehand and R. D. Dixon, Jr.

Mayor Mitchener called the meeting to order and Councilman Byrum gave the invocation. The Rev. George Holmes, Chairman Safety Committee of the PTA, appeared to request the Council to secure the services of some adult policeman or woman to help direct the various school crossing and to have cross walks painted with larger lines to increase their visibility. Mayor Mitchener praised Mr. Holmes for his work.

Motion was made by George A. Byrum, seconded by C. A. Phillips, and duly carried approving a 2 year lease between

the Town of Edenton and Joe Crisanti for 54.7 acres of land @ \$5.00 per acre per year for a period of two years with option to renew for two additional years subject to approval by the Federal Aviation Agency.

Motion was made by R. D. Dixon, Jr., seconded by George A. Byrum, and duly carried approving a lease between the Town of Edenton and Perlin Packing Company for — acres of land at \$5.00 per acre per year for two years with option to renew for two additional years provided it is approved by the Federal Aviation Agency.

The Council approved a lease between the Town and P. C. Ashley for the Go-Kart track for \$25.00 per year and 10% of all proceeds from any race providing the Town would be relieved of all liability and Federal Aviation Agency approves this lease.

Councilman Forehand was directed to work out a satisfactory agreement with Wade Brabble for an area in the Tower Building and an adjacent area in which he will provide 24 hour flying service at the Edenton Municipal Airport.

Clerk W. B. Gardner was directed to proceed with the beautification of the area at the foot of Broad Street.

Councilman Byrum reported on the building program. He stated that the committee would meet with Mr. Fuson, architect, on Thursday, September 13, 1962, to present approximate space requirements. The preliminary sketches should be ready by the October Council meeting.

Motion was made by C. A. Phillips, seconded by J. E. Bufflap, and duly carried declaring the Jerry Bemby property surplus to the Town's needs and authorizing the sale of said property subject to the approval of the Finance Committee.

Motion was made by J. E. Bufflap, seconded by Luther C. Parks, and duly carried granting permission to the Edenton Woman's Club to use the playground for the annual Halloween party.

George Freeman appeared to discuss the drainage project. Motion was made by C. A. Phillips, seconded by J. Edwin Bufflap, and duly carried authorizing him to proceed to advertise the project at the same time as the sewage project is advertised.

Motion was made by C. A. Phillips, seconded by George A. Byrum, and duly carried that

the Electric & Water Dept. be requested to install automatic switches on the signal lights at the Edenton High School on North Oakum Street.

The Finance Committee was directed to meet with the County Commissioners to work out an agreement for the radio equipment for the Town and County.

Motion was made by C. A. Phillips, seconded by J. Edwin Bufflap, and duly carried that Electric and Water Dept. bills in the amount of \$18,791.99 be paid.

Motion was made by R. D. Dixon, Jr., seconded by Luther C. Parks, and duly carried that Town of Edenton bills in the amount of \$4,835.60 be paid as follows:

The Chowan Herald, \$67.95; Norfolk-Carolina Tel. & Tel. Co., \$21.30; W. S. Private, \$75.00; L. C. Noyes, \$350.00; Postmaster, \$100.00; The Chowan Herald, \$17.36; Byrum Hardware Co., \$33.34; Colonial Motor Co., Inc., \$35.07; Norfolk & Carolina Tel. & Tel. Co., \$12.75; Hughes-Parker Hardware Co., 55c; Ralph E. Parrish, Inc., \$40.44; Mitchener's Pharmacy, \$6.49; Albemarle Motor Co., \$5.67; Gulf Oil Corporation, \$198.18; Ashley Welding & Machine Co., \$3.13; Elliott Oil Co., \$7.29; S. A. White, \$23.00; John W. Barnes Enterprises, \$50.57; Bunch's Auto Parts, 40c; Atlantic Supply Co., \$21.60; Ricks Laundry & Cleaners, \$6.19; Mitchener's Pharmacy, \$2.55; Norfolk & Carolina Tel. & Tel. Co., \$23.88; Smithson Electric Co., \$3.50; Byrum Hardware Co., Inc., \$4.04; Volunteer Firemen, \$45.00; Gulf Oil Corporation, \$15.52; Edenton Construction Co., \$2.06; Edwards Body & Fender Works, \$44.58; Town of Edenton E&W Dept., \$95.90; M. G. Brown Co., \$5.01; Buffalo Turbine Equipment Co., \$47.17; Edenton Tractor & Imp. Co., \$4.90; Byrum Implement Co., \$17.35; Hughes-Parker Hardware Co., \$25.26; Gulf Oil Corporation, \$42.20; Bill Perry's Texac Service, \$26.20; Ashley Welding & Machine Co., \$6.58; Transport Clearing of the Carolinas, Inc., \$15.30; J. D. McCotter, Inc., \$2.82; Elliott Oil Co., \$80.47; M. G. Brown Co., \$6.39; Bunch's Garage, \$153.76; Goodyear Service Store, \$11.80; Bunch's Auto Parts, \$8.89; Hobbs Implement Co., \$10.87; Scott Recapping Co., \$19.50; Byrum Hardware Co., \$13.14; Southern Block & Pipe Co., \$489.13; Edenton Insurance Agency, \$100.63; Edenton Construction Co., \$1.24; Town of

Edenton, E&W Dept., \$250.00; W. E. Mills, \$23.00; Wood & Hassell, \$60.00; W. B. Gardner, \$51.28; Twiddy Insurance & Real Estate Co., \$1,625.10; total, \$4,835.60.

There being no further business, the Council adjourned.
W. B. GARDNER, Clerk

SALE OF FISHING EQUIPMENT

Incident to the settlement of the Estate of Kermit L. Nixon, deceased, I will offer for sale to the highest bidder, for cash, at the mouth of Dillard Creek (on road near Junior Bunch's house) on Wednesday, October 17, 1962 at eleven o'clock A. M., all articles of personal property owned by said deceased and used in connection with his commercial fishing activities, consisting of, but not limited to:

One (1) deep nylon net complete
Fourteen (14) nylon pounds and some nylon running seine, a total of twenty-two (22) six-hearted nets in all, including the above

One hundred (100) or more fish stakes under shelter

Three (3) pound net boats with Ford motors complete

Boat shelter and stake shelter

The above equipment will be sold individually and collectively.

This equipment may be seen and examined by any prospective purchaser at any reasonable time prior to the sale, by appointment with Mr. Henderson M. Nixon.

Right will be reserved to reject any and all bids received.

Dated and posted this 17th day of September, 1962.

JOSEPHINE L. NIXON,
Administratrix
Kermit L. Nixon Estate.

CAPTAIN APPLE JACK

1/2 Pint \$2.00



A Blend of 65% Neutral Apple Jack, No Age, and 35% Apple Jack 6 Years Old.
Hickory Town Distilling Co., Eatontown, N. J.

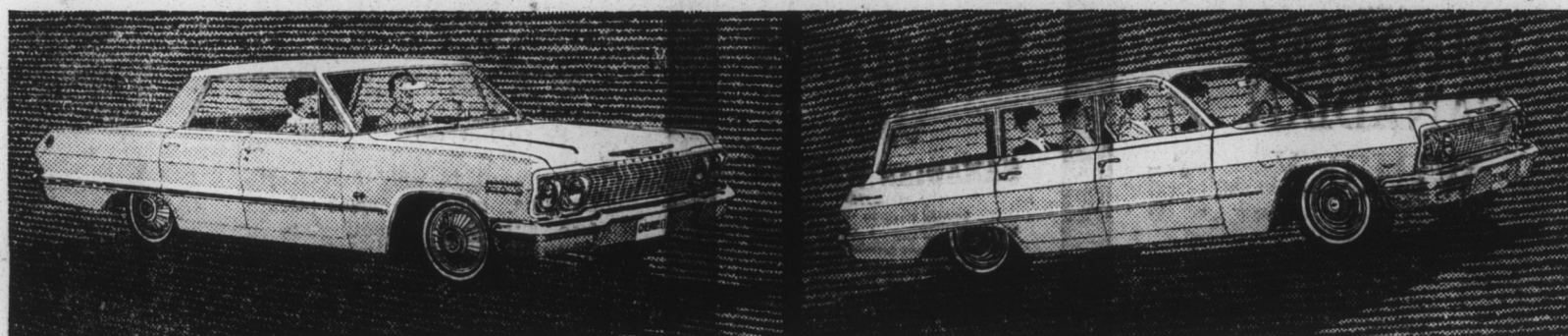
NOTICE! TOWN OF EDENTON TAXPAYERS

The Tax Books for the year 1962 are now in my hands for the collection of taxes. We urge you to pay your taxes now and avoid the penalty which will begin on February 1.

A PENALTY OF 1% WILL BE ADDED ON 1962 TAXES NOT PAID BEFORE FEBRUARY 2, ANOTHER 1% WILL BE ADDED MARCH 2 AND AN ADDITIONAL 1/2 OF 1% WILL BE ADDED FOR EACH ADDITIONAL MONTH TAXES ARE UNPAID.

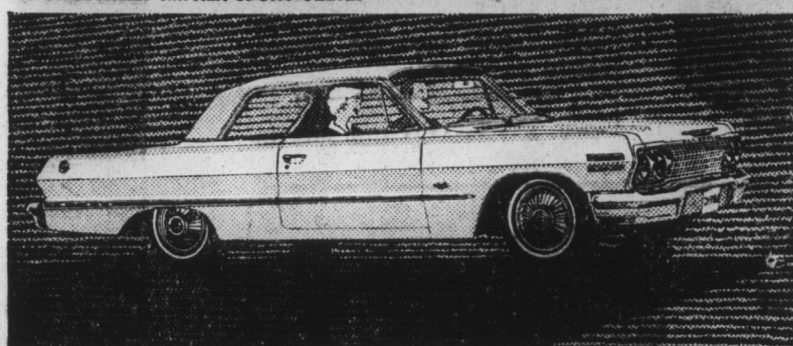
TOWN OF EDENTON

W. B. GARDNER, CLERK

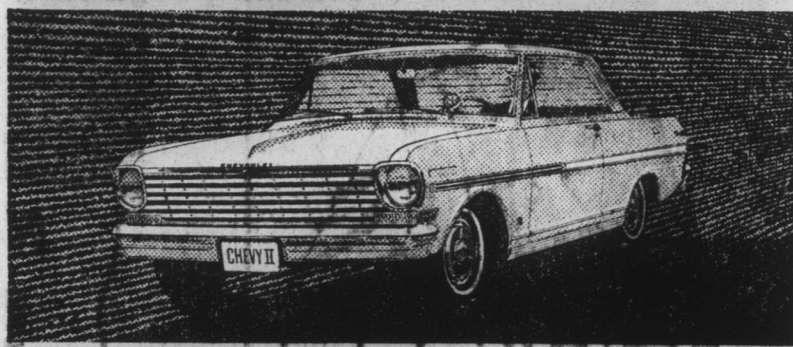


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'63 CHEVROLET BEL AIR STATION WAGON



'63 CHEVROLET IMPALA SPORT COUPE



'63 CHEVY II NOVA 400 SPORT COUPE



'63 CHEVY II NOVA 400 STATION WAGON



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