

Opening Date For Chesapeake Bridge-Tunnel To Be Definitely Set By Middle Of September

The south approach to the Chesapeake Bay Bridge-Tunnel is virtually complete and paving has started on the first trestle section of the 17.6-mile bay crossing, a bridge-tunnel official has reported.

Percy Z. Michener, project manager for the consulting engineering firm of Sverdrup & Parcel, told the bridge and tunnel commission that the contractor also has finished paving the causeway across Fishermen Island near the northern end of the project.

In addition, Michener said that Tidewater-Merritt-Raymond-Kiewit, the joint venture contractors, finished pouring the concrete roadway deck on the high level North Channel bridge last week.

Michener gave this picture of construction progress on the \$200,000,000 highway facility, which is scheduled to open next spring between the Norfolk sea and Virginia's Eastern Shore:

Trestle—The last pile was driven Wednesday, August 14, and asphalt surfacing started on the first trestle section Monday, August 19. Placing of bent caps and roadway deck will be completed by middle of September.

Islands—South Thimble Shoal Island is complete except for final cleaning up and the other three islands are finished as far as actual placement of rock and sand is concerned. Construction is underway on ventilation buildings and tunnel approach ramps on the northern three islands.

Tunnels—All sections of both tunnels are in place and opened up, although the north entrance of each tunnel remains blocked, preventing traffic through them. The tile work on Thimble Shoal tunnel is virtually complete and work crews are being shifted to the Chesapeake tunnel.

Approach Roads—The south approach road from Shore Drive to Chesapeake Beach is virtually complete and the north approach to Wise Point will be finished by October 1.

Bridges—Fishermen Inlet Bridge is complete and pouring of the concrete roadway deck is

for the high level North Channel Bridge was completed Thursday, August 15.

Paving is complete on the Fisherman Island Causeway.

Work is underway on the administration building, toll plazas and collection equipment and the maintenance and shop facilities.

Overall—Construction is better than 80% complete. Opening is set for next spring and the contractor has promised to set a definite opening date by the middle of September.

For The People

By **Bernadette W. Hoyle**
Public Information Officer
North Carolina State
Board of Public Welfare

Mark is over 40 years old and has been physically incapacitated by epilepsy since his early teens. As a young man he worked at various odd jobs in carpentry and construction work. Then he enlisted in the Navy, but was given a medical discharge after six weeks and was not recommended for re-enlistment because of his affliction.

As he grew older the epileptic seizures became worse, and he required extensive drugs to help control them. He was not capable of holding down a job, and his was a case that was found not to be feasible for training or rehabilitation. While his parents lived, they cared for him, and after their deaths he made his home with an unmarried uncle and two sisters. During one of his seizures, Mark fell into an open fireplace and was severely burned, making hospitalization necessary for several months.

Finally, the financial resources of his relatives were exhausted and application was made to the county department of public welfare for assistance for the afflicted man. The uncle, now nearly 80 years old, had given him a home for over 12 years, and the sisters, who had looked after his personal needs, are now married, have young children, and family obligations which make it impossible for them to contribute to his support.

Under the program of aid to the permanently and totally disabled, Mark was eligible for a monthly grant which makes it possible for him to have the required drugs and the necessities of daily living.

Aid to the permanently and totally disabled is one of the three financial assistance programs of public welfare. The other two are old age assistance and aid to dependent children.

Aid to the permanently and totally disabled is for needy persons between the ages of 18 and 65 who are physically or mentally unable to work. These persons must be making their home in this state; must not have the essential requirements of daily living such as food, job application, or an insurance



MOON-REACHING — Minneapolis, Minn., engineer works on Project Apollo. He is thrusting his hand into "space" by putting his arm into a special vacuum chamber. It will help him design astronauts' suits.

clothing, shelter and other necessary items.

Further information about aid to the permanently and totally disabled may be obtained from your county department of public welfare, or from the State Board of Public Welfare, Raleigh.

Health For All

Breathe Easy—Or Know
The Reason Why!

Some startling information usually gets unearthed when groups of people start giving out with their autobiographies. And of course everybody does just that from time to time, whether in the form of an income tax return, a survey questionnaire, a job application, or an insurance

benefit bid.

Not long ago, when disabled persons were declared eligible for Social Security benefits regardless of age, the resulting applications touched off a medical surprise. A disease few people had ever heard of, and practically nobody could pronounce was found to be the second ranking ailment among all those listed as causes of disability.

This unpleasant little item, a lung disease called emphysema, affects chiefly men over 50. As it progresses, it results in the obstruction of air spaces in the lung, causing severe difficulty in breathing. The condition comes on gradually, and at first may take the form of a slight shortness of breath that is mild but disproportionate to any physical

effort expended. Eventually, it can progress to a point where the affected person is short of breath on waking up in the morning.

As a matter of fact, shortness of breath that comes after no special exertion can be a sign not only of emphysema but of any one of a number of ailments in the group called RDM Respiratory Disease. Shortness of breath may seem a trivial discomfort, easy to brush aside with excuses and a hope that it will go away and stay away. And yet, if not investigated, it can turn out to fit the slogan made popular by Milt Gross, satirist of a generation ago: "From this come the worse diseases."

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CELESTIAL CALENDAR FOR SEPTEMBER

MERCURY Too close to the sun for observation this month.

VENUS Too close to the sun to be seen.

MARS In Virgo. Setting with the sun.

JUPITER Overhead at midnight.

SATURN In the S. W. at midnight.

THE MOON Full, Sept. 3; Last quarter, Sept. 10; New, Sept. 17; First quarter, Sept. 26.

SPECIAL THIS MONTH First day of fall on Sept. 23 at 1 p.m.

AT THE MOREHEAD PLANETARIUM
Chapel Hill, N. C.

HOW DO WE KNOW

(Schedule of programs)

for schools starts Sept. 4)

Write for Complete Schedule

The Morehead Planetarium gratefully acknowledges the generous cooperation of this newspaper in presenting this program listing.

TRY A HERALD CLASSIFIED AD



THIS YEAR HALF A MILLION CHILDREN WILL SWALLOW POTENTIALLY POISONOUS SUBSTANCES—500 WILL DIE!!

This unnecessary slaughter can be stopped if parents "poison-proof" their home.

How many times can you say "Yes . . . my home is poison-proof."

YES NO

Do you keep household products and medicines out of the sight and reach of children?
Even if you leave the room for an instant be sure the container is in a safe place.

Do you store household products only in their original containers? Cups, glasses, and soft-drink bottles are for food and beverages—NOT for bleach, kerosene, turpentine, etc.

Do you store medicines separately from other household products?

Are you sure that all your household products and medicines are properly labelled?

Do you always call medicine by its proper name? Medicine is NOT candy.

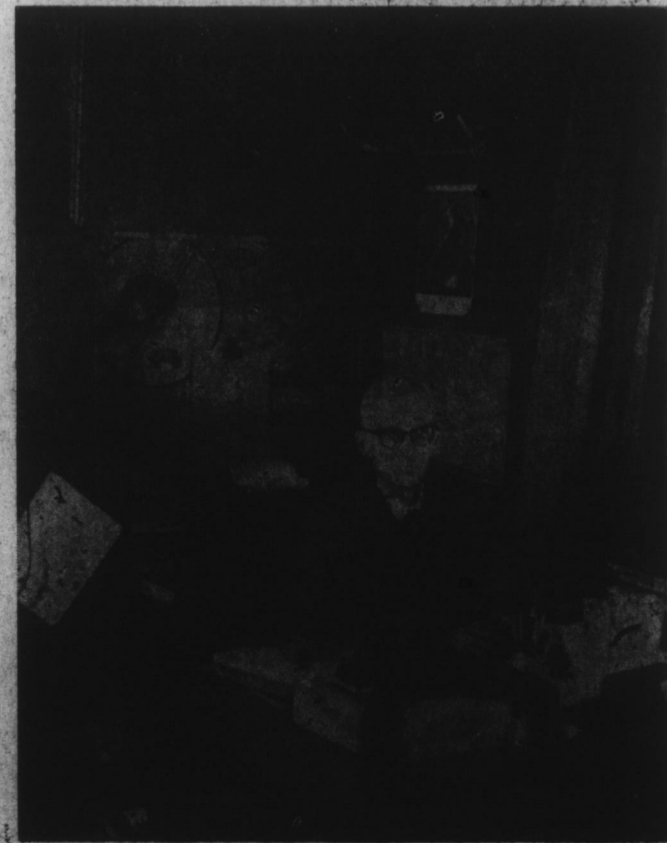
Do you clean out your medicine chest and storage cabinets regularly?

Do you use caution when you throw away an old container? The contents should be flushed down the drain and the container rinsed.

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