According to all the delicious we eat out at various tunctions, I know that Chowan County excells in good cooks. Last week, for example, we ate "out" ing and watching our large various than usual, starting with riety of birds—it is a fascinatthe banquet given by the Varsity Club. The men of the Cen-ter Hill-Cross Roads Fire Department, supposedly were rethe anesday evening the ladies of "Woman of the Year" by the Lie Byrd Home Demonstration BPW Club. It's good to know per, honoring their husbands What a variety of especially good food! Everyone in that club is a good cook. Thursday night was Bosses' Night with the BPW Club, which took place at the Center Hill Home Demonstration Club Communmeal, I believe that the Fire Dopartment and the Demonstra-NOW-since there are so many testants. excellent cooks in town and in the county, I would appreciate some of your recipes. Since variety is one of the keys to successful meal planning, why preparing food?

IT'S S'NUFF

the dangers of smoking, the emoking public has been deluged for each five county contestants. with substitutes, although one alternative has been overlookan alibi for any habit-

DID YOU KNOW-

removed by putting some cig- of The Chowan Herald. arette ashes on a wet cloth and until the spot is gone. Works very well!

After washing your wool sweaters in cold water, wrap them in a bath towel and spin dry in your automatic washing machine. This way they will dry faster and keep their shape.

tachment for cleaning lamp ter, milk, peaches. shades. This will suck the dirt as when using a cloth.

When face creams or cake dethem upside down and let them butter, milk, fruit salad. set a while and they will become soft again.

the shells from hard boiled eggs, butter. large end first.

Don't throw your apple peelfood which Buff and I get when ings or badly specked apples in ing hobby.

To know Mrs. Roy (Mary) Leary is a pleasure, and even sible for preparing the food though I've known her for a for this dinner and, believe me, short time, I like to think of her it was delicious. The ladies as a good definition of a Lady. were doing the serving and un- Her good citizenship and friendless I miss my guess, they liness was proven last week helped prepare it. Then on when she was selected as the

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Typewriting Contest At Chowan March 3

Continued from Page 1, Section writing II. Chowan High has 15 enrolled in Typewriting II. ity Building. Since eating that Therefore, three students will enter to represent Chowan. John A. Holmes High has 21 enrolled tion Club tried to out-do each in its advanced class. Thereother in serving delicious food. fore, they will enter four con-

The district contest will be held at East Carolina on Thursday, April 23. In this contest, if there are county winners from both schools, they will go to not share your special ways of the district contest as a Chowan County team, Each county is to enter the students compiling the highest scores in the county According to a recent article contest. Each county is eligible to enter one district contestant

Chowan County will send two county winners to the beginning e SNUFF. This year ap- district contest and one county proximately six million snuff winner to the advanced district contest. The two beginning dispounds of it. Since snuff is not trict contestants will be the two smoked, it leaves no tar de-students who compile the highposits and its nicotine does not est and second highest score in ter the lungs. Seems to me the county contest. The adre will always be a reason vanced contestant will be the student who compiles the highest score in the county contest.

The Chowan High and John A. Holmes High typewriting Class rings on your furniteams for the county contest will ture, caused by water, can be be released in the March 5 issue

Lunch Room Menus

Menus at the John A. Holmes High School lunch room for the week of March 2-6 are as follows:

Monday: Weiners, weiner rolls, Use your vacuum cleaner at- pork and beans, cole slaw, but-

Tuesday: Beef vegetable soup, off, rather than rub the dirt in peanut butter, cheese and meat salad sandwiches, cookies, milk. Wednesday: Fried chicken, poodorants begin to dry out, turn tato salad, string beans, hot rolls,

Thursday: Fish sticks, cornbread, buttered potatoes, toss Before you start removing salad, strawberry shortcake, milk,

roll the egg between the palms Friday: Hamburgers, hamburgof your hand, then start peeling er rolls, creamed potatoes, garden peas, apple pie, butter, milk.



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