

GET MORE P\&Q
IN'64-AT SQUEEZE A LITTLE MOREOUT OF THAT FOOD DOLLAR - LIKE THS!

1. Low, Low Prices ... Every Day on Nationally Advertised Produets.
2. PLUS S\&H Green Stamps . . The Best Known Phan In All The Yorld!
Che banquet given hy the Vars- ing hohby.
ity Club- The men of the Cen-
ter Hill Cross Rods Fire De- To know Mrs. Roy (Mary)
partment, supposedly were re- Leary is a pleasure, and even
partment, supposedly were re- Leary know Mrs. Roy (Mary)
sponsible for preasure, and even
for this tinner and be the food
though Ive known her for


 Me inessay evening the ladies of "Woman was selected as the
t.e "Hrd Home Demonstration BPW Clubb Hear" by the good to know
Club gave a coveled dish tup.
 club food: Everyone in especially Typewriting Contest night was Bosses. Night with
the BPW Club, which took Chowan March 3 place at the Center Hill Home
Demonstration Club Commun.
 $\begin{array}{ll}\text { mea, I } \\ \text { De juartment and that the Fire } & \text { Therefore, three students will } \\ \text { enter to represent Chowan. John }\end{array}$
 Now-since there are so many fore, they will enter four conthe county, I would appreciate
some of your recipes. Since district contest will be
hel East Carolina on Thurs variety is one of the keys to to
suiceessful meal planning, why not share your spectal ways of both schools, they will go to ITS SNUFF
 of the dangers of smoking, the
sontest. Each county is eligible
totking public has been deliuged district contestant

for each five county contestants | with substitutes, although one |  |
| :--- | :--- | :--- |
| alle | for each five county contestants. |
| Chowan County will send two |  |

 $\begin{array}{ll}\text { ubets will buy } 34 \text { million snuff } & \text { winner to the advanced district } \\ \text { pounds of it. Since snuff is not } & \text { contest. The two beginning dis- }\end{array}$ polinds of it. Since snuff is not
sirimked, it leaves no tar contestants will be the two
trist
posits and its nicotine does not postls and its nicotine does not est and second highest score i
ettr the lung. Seems to me the county contest. The
thite will always be a reason then there will always be a reason

aty an alibi for any habit- $\begin{aligned} & \text { the county contest. The ad } \\ & \text { vance contestant will be the } \\ & \text { student who compiles the high } \\ & \text { whe }\end{aligned}$ |  | est score in the county contest. |
| :--- | :--- |
| The Chown High and John |  | ture, caused rings on your furni- teams for the county contest will removed by putting some cig- of The Chowan Herald. 5 issue rub until the spot is gone.

Works very well: After washing your woi
sweaters in cold water, wrap dry in your autonatic washing High Sehool lunch room for the machine. This way they will week or Mar 20 are as fol diy faster and keep their shape
better. Monday: Weiners, weiner rolls, Use your vacuum cleaner at- pork and peaches.
taghment for cleaning lamp ter, milk, per shades. This wilt suck the dirt Tuesday: Beef vegetable soup,
oft, rather than rub the dirt in peanut butter, cheese and meat When face creams or cake de- $\quad \begin{aligned} & \text { salad } \\ & \text { Wednesday: Fried chicken, po- }\end{aligned}$ odorants begin to dry out, turn tato salad, string beans, hot rolls, them upside down and let them butter, milk, fruit salad.
set a while and they will be- Thursday: Fish sticks, cornBefore you start removing salad, strawberry shortcake, milk, the shells from hard boiled eggs, butter.
roil the egg between the palms Friday: Hamburgers, hamburgof your hand, then start peeling er rolls, creamed potatoes, gar-
the len large end first.

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1N $64-A T$


Wiw PLENTY OF FREE PAVED PARKING --PLUS FREE CARRY OUT SERVICE!

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| 2500 - Advertisers | ECO-P Pure |
| :---: | :---: |
| MAOKK | SANDWICH |
| MATCHES | SPREAD | pkg. 10c

Southern - Pure
FIG BAR CAKES


Easy Monday LIOUID BLEACH full half 79 d

Half Gallon

* PRODUCE SPECIALS * Florida Fancy Luscious - Ripe GREEN Honeydew

> CABBAGE Melons
 . 5
AVOCADOS FROZEN FOOD SBNCHABA Potatoes bag 29c

ORA
ORAF

