

BROAD STREET BULLETIN

By KATE

The Cedar Wax Wing, the beautiful bird, His visits in winter are brief, For which I am very grateful, Especially when laundering sheets.

Now that the month of February is gone, we feel that we are on the last lap of winter, even though we will still have intermittent days of cold weather, we know it will soon brighten up and every heart will sing the song of Spring. Already many yards along the way are full of blooming Jonquils, Forsythia and Flowering Quince. Many pansies are showing their pert faces, too, and it beats me as to how they can become so beautifully alive after staying out in the cold all winter. It takes a lot of optimism to plant them in November or February, but the results always merit the faith.

As I write this column, I'm thinking about today being Shrove Tuesday and tomorrow being Ash Wednesday, or the beginning of the Lenten season. Long ago, Lenten fasting meant eliminating not only meat from the diet, but also fat, eggs and dairy products. There is considerable disagreement about the origin of Lent. Some authorities attribute it to Moses, while others say it was observed long before that in Egypt and was one of the customs brought out of Egypt by the Israelites. Although Lent is now observed by churches, it was originally practiced for reasons of health, the idea to prepare by proper dieting for the "dangerous" change of season. However, it has been proven that the Lenten diet with its emphasis on fish is undoubtedly a healthy one. Getting back to the celebration of Shrove Tuesday, which the Pennsylvania Dutch call Fastnacht Day (Fat Tuesday). Housewives tried to use up all the dairy products before Lent began, thus creating

many traditional dishes, one being raised doughnuts of Fastnachts, brought from Germany by the Pennsylvania Dutch. When I make these doughnuts, I use the regular recipe for hot rolls, adding a dash of nutmeg or cardamom to the liquid. After the dough has risen one time, I roll it out and cut it with the doughnut cutter. Let the doughnuts rise again, then fry in deep fat, drain on brown paper or paper towels, cover with powdered sugar and EAT. (Good for the figure).

I hear a lot lately about the styles in men's clothing changing rather drastically. The new "shaped" suit seems to be the talk of the manufacturers. The shaped shirts have been on the market for some time. Then there seems to be a trend toward the wide tie again, so men, if you've kept some of your long-ago ties, they might just be right for the "new look." In competition with the short skirts, it is forecast that men's trousers will be shorter, looser, and more men will be wearing the "desert boot" style of shoe. One fashion flash contends that it's the older man who dresses more flashily than the young man who seems to be more conservative. I suppose it's a defiant fling.

We had a bad time in our neighborhood last week during the cold windy days. About once a year, flocks of Cedar Wax Wings will migrate this way and clean the Ligustrum trees of their blue berries. So, last week, just as several neighbors hung their laundry on the line, along came the Wax Wings. Yep, the laundry was repeated the next day, but not many took a chance on drying their outdoors. We did have a hoarse mocking bird who tried to chase the birds away, but I imagine there were too many Wax Wings against one mocker.

A Few Hints And Helps—

Brooming soaked in hot salt water wear better.

A mixture of one-half cup of turpentine, one tablespoon of salt will make a yellow ring in the bathtub disappear.

If your coffee has cooked too long and has a bitter taste, try putting a dash of salt in it and the bitter taste will be gone.

Place a piece of wax paper on the clothes line so that heavily starched pieces will not stick.

To make an emergency ice bag place a folded wet towel in the freezer part of the refrigerator. Put frozen towel in a plastic bag and tie the end shut.

Hines Speaker At Meeting Of DAR

Edenton Tea Party Chapter of the DAR will hold a luncheon meeting Wednesday afternoon, March 10, at 1 o'clock at the Edenton Restaurant.

The speaker for the occasion will be Richard N. Hines, superintendent of the Electric & Water Department. Mr. Hines will discuss the closed agreement between private electric power companies and rural cooperatives in regard to the ill effects on municipalities who operate their own utilities.

Mrs. Jackie Ricks, regent of the chapter, urges all members to attend the meeting.

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FRANKS 39^c

Fresh Frozen — Meaty — Lb. —

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Choice — Western — Shoulder or Rib

VEAL CHOPS 49^c lb.

USDA Inspected — Whole

PORK LIVERS 19^c lb.

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