

BROAD STREET BULLETIN

By KATE

I'm trying to be on a diet,
In order to wear a size 14,
And if you don't think that's a riot,
When your husband's a candy fiend.

The first of the Lenten luncheons will take place this week at the Methodist Church at 1 o'clock on Wednesdays of each week. Much preparation is being given for these one-hour periods with food for the body and soul. An interesting and inspiring speaker will give a short message at each luncheon and I'm sure everyone attending will be glad to have been there.

Just read the Insider about a "Woman's Worry Clinic" being held at a town in Virginia and sponsored by the Mental Health Association. These workshops will include "Brides, Budgets and Babies" for mothers of preschoolers, "Readin', Rightin' and Right" for mothers of children 5 through 8 and "Friction, Frictions and Fumin'" for mothers of fourth through sixth graders. The advanced class for mothers of teenagers is called simply "Chaos."

What do you wear while doing your housework? Bathrobe over your nightgown? Sloppy, worn out dressy dresses? Bed-room slippers? Worn-out shoes? You'd be surprised just how many women do wear just this kind of thing at home. Such costumes are bad for the morale and certainly not conducive to beauty or neatness. You can look neat, clean and even pretty at home with very little effort. A good pair of substantial, low-heeled shoes, a simple blouse and skirt or shirtwaist dress

make up a good costume for housekeeping, yet give you a good appearance if you have to answer the front door.

It's downright amazing how many people don't want to bother about a bouquet of flowers in the house. Don't be one of them, as an arrangement or even a small bouquet of jonquils for instance can work miracles in an otherwise seemingly gloomy house. From now on, flowers will be plentiful and it takes such little time to pick a few of them and decorate your home. The better-half can come home tired and out of sorts, but when he glances at the beautiful vase of sunny, yellow jonquils, he will, in spite of himself, feel that "God's in His Heaven and all's right with the world."

Looking for a quick Lenten dish? Try this shrimp elegant: 2 tbsps. minced onion, 2 tbsps. butter, 1 pound shrimp, cleaned, 1 4-oz. can sliced mushrooms, drained, 1 tsp. salt, 3/4 tsp. pepper, 3 tbsps. chili sauce, 1 2/3 cups water, 1 1/3 cups rice, 1 cup sour cream, 1 tsp. flour, 1 tsp. chopped chives.

Saute onion in butter, add shrimp and mushrooms. Continue to saute until shrimp are just pink, stirring occasionally. Add salt and pepper, chili sauce and water. Bring to a boil, then stir in rice. Cover and simmer 5 minutes. Meanwhile combine sour cream and flour. Stir into the rice mixture. Heat gently. Sprinkle with chives before serving. Makes four servings.

Here's another interesting recipe: PUMPKIN BREAD (Sent to me from South Carolina): 1 pound can pumpkin, 3 cups sugar, 1/2 tsp. baking powder, 2 tsps. soda, 1 1/2 tsp. salt, 1/2 tsp. pumpkin pie spices, 2 tsps. cinnamon, 3 1/2 cups flour (plain), 1 cup cooking oil, 4 beaten eggs. Sift dry ingredients into mixing bowl. Combine eggs, pumpkin and add to dry ingredients. Add oil and mix thoroughly. Pour into greased and floured tube cake pan or 2 large loaf pans. Bake 1 1/2 hours in 325 degree oven. Turn out when cool, about ten minutes.

Did You Know That—
A spot can often be erased from woolen material by simply rubbing it with the facing or wrong side of the same material?

Plant a few grapefruit seeds and you will soon have a pretty green plant for a centerpiece.

Use kitchen scissors to remove fins and tail of the fish when you bring it home after catching it. With a small sharp knife and a backward movement you can do the scaling next. The scissors will help you slit the fish before cleaning it.

To keep wet umbrellas from making a puddle on the floor, stand it on a sponge.

ANYONE KNOW ANY NEW HOUSEHOLD HINTS?

Talk Scheduled By Mrs. Allred

NEW YORK.—The State Women's Missionary Union Sessions meeting in Greensboro March 14-18 will learn for the first time about the Scripture crisis that has developed in the Christian world.

Mrs. Thurman Allred of Edenton has been invited by the State WMU Sessions to discuss the latest advances made by the American Bible Society in meeting this shortage of Scriptures. The society has planned to publish and distribute annually 75 million Scriptures, starting in 1966 in celebration of its 150th anniversary. This amount will satisfy only a small proportion of the world's needs for Scriptures.

Mrs. Allred is a member of the Speakers Bureau of the Women's Activities Department of the American Bible Society. The Speakers Bureau is part of the outreach of the American Bible Society. Its members are volunteers who are concerned with making people in this country aware of the serious shortage of Scriptures in every country, Christian and non-Christian.

Mrs. Allred is available for speaking to local church groups and also to associational gatherings.

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