

### BROAD STREET BULLETIN

By Kate

February's the month of Hearts  
The main spring of our lives  
So give, give to the Heart Fund  
That others may survive.

Since our heart is our most vital organ, it is vital that we all contribute as much as possible to the local Heart Fund. I think all of us, at one time or another, think we have something wrong with our heart and it's frightening! Fortunately, most of the time it's nerves or imagination, but it pays to be sure and self diagnosis is NOT reliable. Heart trouble or not, please contribute to this fund, which in its fight and research against heart disease may prolong even YOUR life.

Tuesday morning there was a large flock of robins in our yard—the harbingers of spring? I hope so, but I believe they're hunting for food, as are all the various other birds which have come here lately. Much to our surprise, we even had three sea gulls feeding in our back yard Monday morning. Also woodpeckers, ovenbirds, red-headed woodpeckers, grosbeaks, crows, snow birds, and lots and lots of blackbirds. It's quite interesting to watch them and by feeding them wild bird seed, stale cookies, bread, etc., you will certainly have lots of feathered visitors.

One of the strangest legends of mythology is the one about the feud between the cabbage and the grapevine. The story goes that the two became enemies many centuries ago when the Thracian Prince Lycurgus injured or destroyed some grapevines belonging to Dionysus (or Bacchus), god of grapes and wine. As punishment, Lycurgus was lashed to the vine to think about his wrongdoings, and while bound he began to weep big fat tears. Where they fell to the ground, cabbage heads promptly appeared and nearby grapevines died away. An excellent source of vitamin C and despite the ancient feud, shredded cabbage and grapes team wonderfully to make a novel and delicious slaw.

We all have times, especially during these hard winter months, that we get bored with our way of life or our daily jobs. I read this recently, and it sure rings true. "Who am I?" Perhaps you don't think much of me at times, but if you were to wake up some morning and realize that you did not have me, you would start the day with an uneasy feeling. Without me, getting food, clothing, shelter and such luxuries as you enjoy would be a problem. Considering, also, the fact that you need me for the spiritual as well as the material things of life, I wonder that you sometimes neglect me as you do. What if I should get away from you? Your happiness would flee for a time at least, your friends and family would worry and your assets would dwindle. So, after all, I'm pretty important to you. Cherish me. Take good care of me and I'll take good care of you. I AM YOUR JOB!

Before I forget it—from last week's recipe for Chinese Chewy Bars—the eggs

were omitted. It should have read:

- 1 box light brown sugar.
- 1/3 cup oleo.
- 3 eggs.
- 1 1/2 cups self rising flour.
- 1 cup chopped pecans.
- 1 teaspoon vanilla.
- Blend sugar, shortening and add eggs. Mix well, add flour, nuts and vanilla.
- Spread on greased pan, bake at 350 degrees 30 minutes. Cut into squares. (Hope I didn't mix you up too much).

Here's a little hint for those of you who use chives the whole year 'round. Take an onion which has started to sprout and plant it in a flower pot. In a few weeks you will have a nice plant which will be just right for snipping greens.

When storing brown sugar, place a piece of bread in the canister with the sugar. This will keep the sugar soft and will also re-soften hardened sugar.

If your cake browns too quickly, place a pan of water on the top rack of your oven.

Nylon fishing line is good for restringing pearls or beads.

Save tops off cosmetic jars and bottles. Heat some paraffin and pour into these caps. Just before the wax hardens, push a small bouquet of artificial flowers into it. Makes pretty party favors or decorations for sick trays.

For a quick and delicious Ice Cream Sundae: Coffee ice cream topped with maple syrup and slivered toasted almonds. DELICIOUS!

Those Funny Accessories: No matter what season it is, you can walk into a sportswear store and find an array of extras or accessories to make your clothes more fun. Stockings which match or coordinate with sweaters. Rubber soled shoes which are printed to match your shorts and shirts. Handbags to match shifts. All kinds of clever new accessories will spur on the spring and summer clothing.

#### Joseph Harrell Gets Promotion

GREENVILLE — Seventy-three cadets in the Air Force ROTC detachment at East Carolina College have received promotions in rank. Lt. Col. Albert L. Kidd, director of the aerospace studies department, said the promotions include two technical sergeants, 10 staff sergeants, two airmen first class and 57 airmen third class. Cadets promoted include Joseph E. Harrell, airman third class, son of Mr. and Mrs. E. G. Harrell of Edenton.

VOTE FEB. 5th EAST For Congress

## NOTICE!

This is to notify the shareholders and members of the Edenton Savings and Loan Association that the annual shareholders' meeting will be held on Monday evening, February 7, 1966, at 7:30 o'clock in the Association office, 322 South Broad Street, Edenton, N. C.

JAMES C. DAIL, SECRETARY-TREASURER.

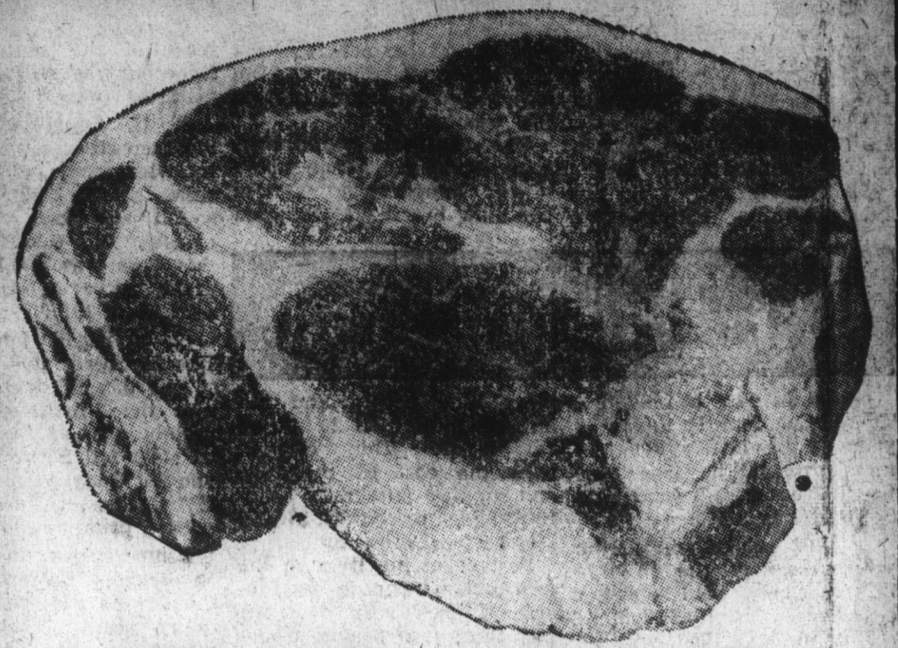
# CARLOAD BEEF SALE

Armour's Star — Heavy Western — Grain Fed

## ROASTS

**BONE-IN CHUCK** **39<sup>c</sup>**

Boneless Chuck.....lb. 55c  
Rib Roast, 1st 4 ribs.....lb. 75c  
Rib Roast, 5th-6th ribs.....lb. 65c  
Shoulder Roast.....lb. 59c



Choice — Western — Grain Fed — Steer

## STEAKS

Cubed Chuck STEAKS lb. 69c  
Bone-in Chuck STEAKS lb. 49c  
Bone-in Shoulder STEAKS lb. 65c

## STEAKS

PORTERHOUSE OR T-BONE

lb. **89<sup>c</sup>**

BONELESS Round Steaks — L.B. — 85c

12-OZ. ARMOUR'S STAR SLICED BACON pkg. 69c  
Boneless Stewing BEEF lb. 59c

Choice, Western — Boneless RIB STEAKS lb. 95c  
Fresh — Lean Ground Beef lb. 45c

SIRLOIN STEAKS L B 85c  
Round - Cube Steak L B 89c

Camellia — Pure Vegetable Shortening 3 1/2 tin 69c	Freshly Ground ECO COFFEE 1-lb. bag 69c	16-oz. Hall's Loaf Bread 2 FOR 33c	Morton Frozen CREAM PIES 3 — 14-oz. Pkgs. 89c	2-oz. ECO Brand Instant Coffee JAR 33c	Camellia — Pure Salad Dressing full quart 49c
No. 1 Tall ECO Farms Evaporated MILK 4 CANS 61c	70's — Marcal Table Napkins box 10c	Lube — 30W — Virgin Motor Oil qt. 20c	32-oz. Camellia Dish Wash DETERGENT can 39c	ECO Brand Detergent Lg. Box 25c Gt. Box 59c	

## ICE MILK

HI-Q ALL FLAVORS 2 HALF GALLON CARTONS 75c

A-Vegetable — Pattie OLEO 3 FOR 27c

Golden Ripe — U. S. No. 1 BANANAS lb. **10**

Edenton N. C.

**P & Q**  
SUPER MARKET

Phone 482-2169 Free Delivery Daily!

First Choice — Canned Biscuits 6 CANS 53c

VIRGINIA WINESAP APPLES 4 lb. bag **39<sup>c</sup>**

IDA - ORE — KRINKLE CUT FROZEN — FRENCH FRIED POTATOES 2 lb. package 29c