

BROAD STREET BULLETIN

— By —
Kate

God's great outdoors is really free
For each of us to look and see;
We do not have to ask the price
Nor does it call for sacrifice;
It's the joy of living and it's FREE!

WALK for health of your body and mind!

Did you listen and see the young people's concert with Leonard Bernstein last week? It was wonderful and for those of us who wonder sometimes about the future of our young people, this was proof to some as to the extent of their capabilities.

Entertainment was at its peak here Saturday night when a large part of Edenton's "pulsititude" was on display at the Womanless Wedding and talent show, sponsored by the local Woman's Club. The shapely participants "waddled" down the aisles accompanied by appropriate wedding music and various kinds of "stuffing." Everyone had fun, particularly the "actors." On the serious side was some extra good music by local talent. All in all, it was FUN and a couple good hours having it.

By the way, it's a mystery as to where Mr. B. found enough hair to make a curl in the middle of his forehead. He was right proud of it.

I heard some very good news Tuesday and I'll share it with you. Miss Nola Jean Bass, who has been a patient at the local hospital for quite a long time, is making rapid

Hospital Patients

Visiting Hours, 2 to 4 P. M. and 7 to 8 P. M.

Patients discharged from Chowan Hospital during the week of January 24-31 included the following:

Arthur Furlough, Mrs. Trunella Thomas, Charlie White, Walter Lewis, Master Gregory White, Joseph Holmwood, Jr. Mrs. Connie Bonner, Mrs. Elizabeth Tynch, Joseph Bivins, Mrs. Beatrice Morris, Mrs. Elizabeth Lawson, Mrs. Mattie Lee. Also, Mrs. Marie White, Mrs. Beulah Johnikins, Mrs. Pauline Copeland, Miss Selma Voliva, Miss Linda Twine, Mrs. Sarah Simpson, Master Bruce Jones, Jr., Mrs. Margaret Leary, Caleb Earl Stallings, Mitchell Nixon, Mrs. Nancy Bateman.

Births
Mr. and Mrs. Willie Benjamin Thomas, a son; Mr. and Mrs. Samuel Bonner, a daughter; Mr. and Mrs. Everett L. Lawson, a daughter; Mr. and Mrs. Elbert Earl Johnikins, a son.

About the only thing one can't buy these days is a reputation.

improvement and is at home with her family at the present time. I talked with her mother who, needless to say, is quite happy and confident that her constant faith and prayers by many people are partly responsible for this miraculous recovery.

Through the widely publicized End Measles campaign, approximately 300 children from Chowan County were given doses of measles vaccine at the local Health Department this past Sunday afternoon. Although most of the children suspected that they were going to get a "hurting needle," I think they were surprised that it really wasn't bad at all. This clinic was sponsored by the local Medical Society, with aides from the Health Department and volunteer workers. Volunteer workers were Mrs. Tom Shepard, Mrs. John Lavezzo, Mrs. James Darnell, Mrs. Warren Twiddy, Mrs. Thomas Ward and Mrs. J. Edwin Bufflap.

It's a good thing that the ladies of the Advance community just have their chicken pot-pie and ham supper once a year, or they certainly would be responsible for many overweight people. Each year since I've had the opportunity of stuffing myself with their delicious food, I declare it's the best yet and this past Tuesday night was even better than last year. One thing about it, they never lack for customers—in fact I'm surprised that there was enough to go around.

Did you know that the average American family sends 100 Christmas cards each year? One-fifth of those you receive comes from those you forgot to put on your list, another fifth comes after Christmas and five per cent winds up in the dead letter office.

Here's a few kitchen aids and suggestions.

Cut-up lettuce will not brown at the edges if you'll keep it in water when refrigerating.

Lessen the odor of cooking turnips by adding teaspoon of sugar while cooking.

Rubbing sticky labels with lighter fluid will make them easy to remove.

For a delicious new taste in lamb chops, try simmering them in a mixture of water and onion juice.

To keep from raiding the refrigerator at night, drink a half cup of lemon juice before retiring.

Sprinkle fresh mint or mint flakes over grapefruit for an interesting flavor and taste.

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