

SOCIAL SECURITY

Questions and Answers

George Dietrich, Field Representative of the Social Security Administration, is in Edenton every Thursday and is located in the Court House.

If you are about to send in your first medicare claim for repayment of doctor bills you have paid, a visit to the social security office may help to prevent a delay in payment, according to Thomas F. Wyatt, district manager in Greenville.

Wyatt says that in the past some medicare payments for doctor bills have been delayed because some simple but important bit of information did not go to the medicare carrier with the request for payment.

"To make sure payment will not have to be delayed while the carrier writes back for missing information," he said, "we invite beneficiaries to bring their first claim to the social security office before they send it to the carrier."

He stressed that the Greenville office will be glad to answer questions about any claim, but that the first claim an individual beneficiary makes is the one on which he is likely to need some help.

There are two methods of claiming payments for doctor bills under medicare. Under one, the doctor bills the patient for whatever part of the \$50 deductible has not been paid, plus the 20 per cent of the rest of the bill. He then claims the remaining 80 per cent from the medicare carrier. This method can be used only if the doctor agrees to it and also agrees that his total charge will be no more than the reasonable charge determined by the medicare carrier.

Under the second method, the patient pays the doctor and receives repayment from the medicare carrier. To show the carrier that the bill has been paid, the beneficiary either includes an itemized receipted bill from the doctor, or has the doctor show the necessary information on the request for payment form.

"The first time a beneficiary has a claim under this second method, Wyatt said, "we suggest that he let us review it and make

sure it is complete before he sends it to the carrier. Of course, if he prefers, he can send it directly to the carrier."

"If an older person in the Chowan County area wants to review his request for payment but is unable to come to the office at Greenville, he may send the claim to us by mail with a telephone number, and we will call him if we see any problems," he said.

The office is open from 9 A. M. to 12 noon each Saturday morning in addition to the regular weekday hours.

Veterans Corner

Editor's Note: Below are authoritative answers by the Veterans Administrations to some of the many current questions from former servicemen and their families. Further information on veteran benefits may be obtained at any VA office.

Q. My husband died this past month. I have received his pension check. Must I return it, and if so, will it be re-issued to me?

A. You must return the check. If you are eligible for widow's pension, your first check will be issued at your husband's rate of payment, if his rate was greater than yours. Thereafter, check will be at widow's pension rates.

Q. When will I receive my first payment for educational assistance?

A. After completion of first month of schooling, upon receipt of attendance certification, the first check will be released. This means you will receive it about the 20th of the following month.

Q. I understand Congress passed a law allowing veterans to apply for a special insurance known as "J" insurance. Is this true?

A. Yes, but the date for application for this type insurance expired May 2, 1966.

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Borrowers are usually optimists.



THEATER COMING TO CHOWAN — Two of the principal characters in the "Theater in Education" production to be presented at Chowan High School at 9:30 A. M., Tuesday are shown during rehearsals. Carol Mennie (Fortia) and Anne Countryman (Nerissa) play in "Merchant of Venice" scene. The group will appear at Perquimans County High School in Hertford at 1:30 o'clock the same day.

RALEIGH—For the fifth successive year, students in 60 high schools across North Carolina will have the opportunity to see live performances of excerpts from Shakespeare's plays by Theater-in-Education, Inc., a New York professional stage company.

The tour, which got underway January 30, comes to Chowan High School at 9:30 A. M., Tuesday. The playmakers go on to Hertford for a 1:30 o'clock performance at Perquimans County High School.

North Carolina is again the first state this year to see the group's production, according to Miss Lynn

Ely, producer and founder of the theater which over the past 12 years has staged performances of Shakespearean drama for school students.

This year's tour in North Carolina is being supported by funds provided by several North Carolina banks.

To be presented are scenes from "Merchant of Venice", "The Tempest" and Henry IV, Part II." The production is directed by Ernestine Perrie and the various scenes are bridges by a narrative written by Shakespearean authority Marchette Chute. "To educate you often

must entertain," Miss Ely said in discussing the new production. "Though if we just wanted to entertain we would do three comedies in a row. Our aim is to give a real sense of the language and of the greatness of these characters, and to break down the attitude that Shakespeare is difficult. We want to show that there are people behind the dialogue and the poetry."

The professional acting company features a highly-experienced quartet of actors: William Countryman, his wife, Anne Countryman, Peter Haig, John Bentley, and Carol Mennie.

estimated 6.2 pounds per person, was the highest since the early 1950's. All of the decline was in canned fishery products which dropped from 4.4 pounds in 1965 to 3.9 pounds in 1966. Consumption of cured products held at 0.5 pounds per person.

There was no single factor responsible for the decline in per capita consumption during 1966. The higher prices accompanying lower availability of canned tuna and pink salmon early in 1966 probably contributed to the decline. The effect of the change in the fasting requirements of the Roman Catholic Church is under study and will be known later. Reference from Bureau of Commercial Fisheries.

Good living includes a balanced life—devoted to work, culture, religion and recreation.

Crippling is robbing the nation of a vast resource of talents, says the Easter Seal Society. Many such physical disabilities can be overcome by appropriate treatment.

LISTAFF DEEDS

by Jan Christensen

Perked Punch and Pound Cake

Girls are interested in electricity—at least those in Randolph County are. Each year a 4-H electric workshop for county boys and girls is conducted by the local power companies and extension agents, explains Mrs. Joyce Spoon, assistant home economics extension agent. Already the 4-H'ers have learned the fundamentals of electricity and have made Christmas decorations, lamp cords, miniature motors and flashlight fuse testers, she says.

One Saturday morning the workshop was divided into two groups. While the boys took a tour of the local radio station, the girls learned about the use and care of electric appliances. When the boys returned, they found the girls had prepared refreshments: perked punch, prepared in an electric percolator; pop corn, popped in an electric saucerpan; and pound cake with peanut butter filling, toasted in an electric toaster-oven. Worthwhile "Gossip"

They're playing a new game in Nash County that's similar to "gossip," in that you hear something and pass it on to another. According to Extension Home Economics Agent, Mrs. Agnes Safy, the idea is the same. Homemakers are learning in small workshop groups how to fit basic muslin dresses, she states. They, in turn, work with similar groups in their communities, passing on the information and skills they've learned.

Blue Ribbon Tradition
While visiting the home of Mrs. Eva Reid, Rt. 5, Fayetteville, Mrs. Jane H. Ross, home economics extension agent, Bladen County, spotted a quart of peaches with a rosette blue ribbon on it. Mrs. Reid explained that the peaches were canned and exhibited by her daughter, Janice, as part of her 4-H project. She won the ribbon in area competition. Mrs. Reid said she remembered when her grandmother exhibited her county fair ribbon winners on the middle front row shelf of the pantry. "We're continuing the tradition," she added.

Displace Fallacies With Facts
Burke County homemakers are making every effort to displace fallacy with fact when it comes to food costs. The ladies are discover-

ing how many different forms of the same food are available and the differences in price. They are considering how much they pay for convenience foods. They are comparing costs of identical food items as advertising in newspapers from their own and neighboring towns, and they are learning how to figure the cost per serving.

One woman commented to Mrs. Jane C. Arndt, extension home economics agent, "We sure do need to know about some of these 'hidden costs' and to think about them before and while we buy."

Tips On Installment Buying
"Although installment buying enables people to enjoy the use of higher-cost items while

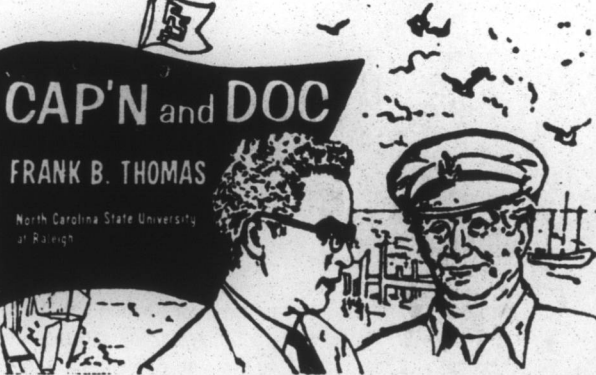
paying for them, it may encourage overspending," Mrs. Martha B. Adams, home economics extension agent, Richmond County, observes. What's more, the seller can repossess an item if payments are not made. This means the buyer may lose all or most of the amount he has already paid.

Often the cost of items bought on the installment plan is higher than if the buyer paid cash for them because of added carrying, bookkeeping and investigating charges, and insurance and losses on returned goods.

This would be a wonderful world, with millions of nice people, if men and women would learn to mind their own business.

GETTING UP NIGHTS MAKES MANY FEEL OLD

After 36, common Kidney or Bladder Irritations often occur and may make you tense and nervous from too frequent passages both day and night. Secondly, you may lose sleep and suffer from Headaches, Backache and feel old, tired, depressed. In such irritation, GYSTRIN usually brings fast, relaxing comfort by curbing irritating germs in strong, acid urine and by analgesic pain relief. Get GYSTRIN at drugists. Feel better fast.



Cap'n and Doc had missed several rounds of coffee and a few pipefuls of tobacco before we got together recently. We had a good old fashioned discussion going concerning market outlooks, trends, and marketing in general. Really, it was a fine conversation, but long. So we will devote this column to market outlook today and the next issue to growth of seafood industry. Pardon the quotes from other people but they help stress some real good points.

As 1967 began, total supplies of edible fishery products were heavier than same as in 1962-64. Consumption of fresh and frozen fishery products fillets, dressed whiting,

fish sticks and portions, halibut and lobster tails were relatively abundant. In canned products, salmon was plentiful. Scallops and crabs (including crab meat) were among the few popular frozen items with lower stocks than at the beginning of 1966. All in all, total supplies should be ample to meet the usual upsurge in demand during the Lenten season.

The per capita consumption of fishery products dipped to 10.6 pounds (edible weight) in 1966, down 0.4 pounds from 11.0 in 1965, but about the same as in 1962-64. Consumption of fresh and frozen fishery products gained in 1966 and, at an

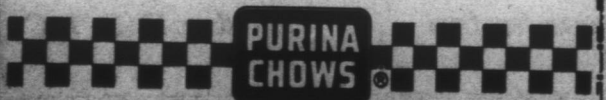


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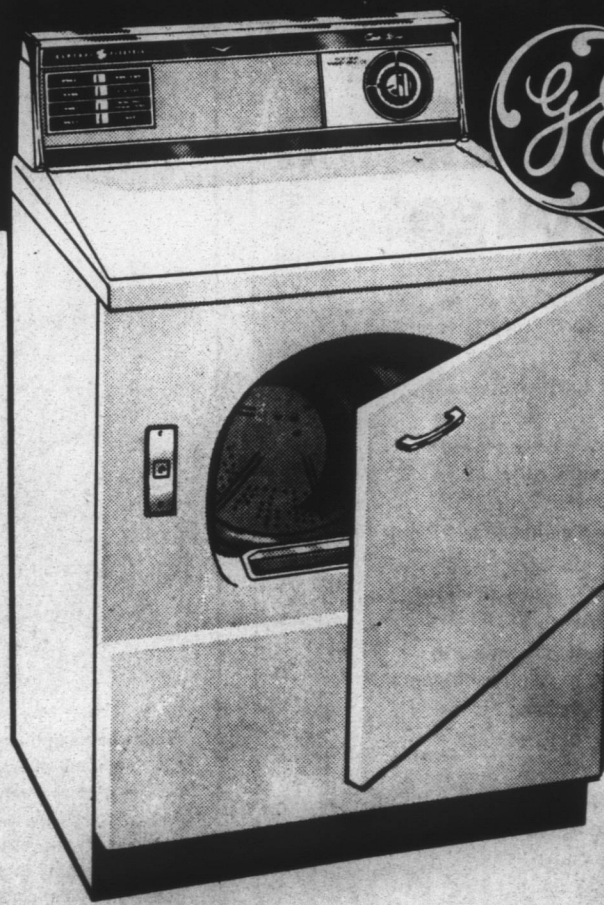
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