

School Lunch Room Menus

Following are the menus at Chowan County Schools' lunch rooms for October 14-18:

Ernest A. Swain Elementary School
Monday—Hamburger patties, catsup, cheese slices, French fries, carrot and cabbage salad, school baked rolls, butter, blueberry pie, milk.
Tuesday—Corned beef with potatoes and onions, steamed cabbage, spiced beets, corn bread, butter, apple sauce, milk.
Wednesday—Weiners, baked beans, cole slaw, school

baked rolls, butter, apple pie, milk.
Thursday—Breaded veal cutlets, green beans, creamed potatoes, school baked rolls, butter, grapefruit sections, milk.
Friday—Turkey a la king, garden peas, sweet potato puff, school baked rolls, butter, peach pie, milk.
John A. Holmes High School
Monday—Hot dogs, ketchup and mustard, buttered potatoes, green beans, rolls, sliced peaches, milk.
Tuesday—Fish sticks, ketchup, French fries, green peas, orange juice, corn bread, chocolate cake, milk.
Wednesday—Fried chicken with gravy, creamed potatoes, buttered corn, rolls, jello, milk.
Thursday—Meat loaf with gravy, yams, cabbage, corn bread, coconut pudding, milk.
Friday—Turkey salad, turnip greens, apple sauce, potato chips, rolls, cookies, milk.

Thursday—Fried chicken, turnip greens, potato salad, rolls, butter, cake with ice cream, milk.
Friday—Fish sticks, cole slaw, buttered corn, corn bread, butter, peach cobbler, milk.
Chowan High School
Monday—Hamburger steak with gravy, mashed potatoes, tossed salad, tomato wedges, school baked rolls, butter, milk, peach halves.
Tuesday—Barbecue pork, string beans, cole slaw, cucumber pickles, hush puppies, butter, milk, apple cobbler.
Wednesday—Chicken pan pie, sweet potato puff, green peas and carrot, beet pickles, school baked rolls, butter, milk, ice cream.
Thursday—Roast turkey with gravy, steamed rice, green peas, cranberry sauce, sliced pineapple, school baked rolls, butter, milk, orange juice.
Friday—Fish sticks, pimento cheese, French fried potatoes, carrot and cabbage salad, hush puppies, butter and milk, block cake with lemon icing.

Who Pays ...

If you're sick or hurt?

Nationwide Insurance does with the Hospital and Surgical Plan that lets YOU choose the protection YOU want.

- Choose coverage for yourself, your spouse, your children.
- Choose an amount to cover hospital room and board, and other in-hospital expenses, up to any reasonable amount YOU think you'll need—for 90 days or 365 days.

Call me today for details.



Joe Thorud
 105 East King Street
 P. O. Box 504
 PHONE 482-2429

The Man From Nationwide Is On Your Side

NATIONWIDE INSURANCE
 Nationwide Mutual Insurance Company
 Home Office: Columbus, Ohio

D. F. Walker High School
Monday—Meat loaf, tomato wedge, mashed potatoes, green beans, rolls and butter, milk.
Tuesday—Weiners, finger rolls, cheese cubes, slaw, buttered corn, fruit gelatin, cake squares, milk.
Wednesday—Hamburger steak with rice and gravy, collards, pickled beets, apple cobbler, rolls, milk.
Thursday—Turkey with dressing and giblet gravy, peas, candied yams, lime gelatin, school baked rolls, milk.
Friday—Fish, tossed salad, lima beans, cornbread, apple sauce, cake, milk.
White Oak Elementary School
Monday—Breaded steak, buttered potatoes, limas, biscuits, butter, plums, milk.
Tuesday—Spanish rice with beef, green beans, apple sauce, rolls, butter, cookies, milk.
Wednesday—Turkey salad, orange juice, potato chips, green peas, crackers and bread, butter, jello, milk.

Groff Stationed At Thailand Site

U. S. AIR FORCES, THAILAND—S/Sgt. John E. Groff, son of Mr. and Mrs. Richard V. Groff of Route 1, Peach Bottom, Pa., is on duty at Takhli Royal Thai AFB, Thailand.

Sgt. Groff, a weapons technician, is a member of the Pacific Air Forces. Before his arrival in Vietnam, he was assigned to the 562nd Tactical Fighter Squadron at McConnell AFB, Kan.

He is a graduate of Edward Hand High School, Lancaster, Pa.

The sergeant's wife, Ruth, is the daughter of Mr. and Mrs. Robert W. Smith, 207 East Church Street, Edenton, N. C.

All things I thought I know; but now confess. The more I know I know, I know the less.

—Owen.

Second Thoughts

A man had a slight difference of opinion with his wife. But he acknowledged his error generously by saying: "You are right and I am wrong."

Ruritan Club To Sell Fruitcakes

The Chowan Ruritan Club will again sell Claxton fruit cakes for the holidays. Orders are now being accepted by any member of the club or by contacting Troy Toppin, president, or Lloyd Wayne Evans, secretary.

Advantage Of Middle Age

Middle age has compensation. Fewer things afford kick enough to make your conscience troublesome.

—Pioneer-Press, St. Paul.

VOTE Gardner for Governor NOV. 5th

1 1/2% 1 1/2% 1 1/2% 1 1/2% 1 1/2% 1 1/2% 1 1/2% 1 1/2%

Yes, FIRST NATIONAL BANK is now offering NEW CAR loans at 4 1/2%.

If someone offers you a better deal than this, you'd better take it



* Compare our 4 1/2% plan with 5% and 6% loans and see how much you save at FNB. Credit Life, Auto and Accident and Health Insurance available. Member FDIC.

AMOUNT	18 MONTHS	24 MONTHS	30 MONTHS	36 MONTHS
\$1,000	\$ 59.57	\$ 45.78	\$ 37.55	\$ 32.11
1,500	89.36	68.68	56.33	48.16
2,000	119.15	91.57	75.11	64.22
2,500	148.94	114.16	93.89	80.28
3,000	178.72	137.05	112.67	96.33

SCHEDULE OF PAYMENTS

Used Cars Also Financed At Low Bank Rates

COASTAL CONCRETE COMPANY, INC.

OF WINDSOR

Has Purchased J. D. McCotter Operation In Edenton. We Are Looking Forward To Serving The Residents Of Edenton And Surrounding Area. Thank You For Your Patience While We Are Making Our Equipment Change.

COASTAL CONCRETE CO., INC.

Phone 794-3120 Windsor, N. C.