



BROAD STREET BULLETIN...

By Kate

THOUGH THE WRITER OF THIS COLUMN IS STILL AT HOME, SHE REMAINS UNABLE TO WRITE.

Lunch Room Menus

Menus in the lunch rooms of Chowan County Schools for November 9-13 will be as follows:

Chowan High School
Monday — Franks in roll, beef and vegetable soup, crackers, block cake with chocolate icing, butter, milk.
Tuesday — Pizza with hamburger and cheese, carrot and cabbage salad, sliced pineapple, cookies, butter, milk.

D. F. Walker Junior High School

Monday — Luncheon meat, green beans, cabbage and carrot salad, rolls, butter, milk, sliced peaches.
Tuesday — Porkettes steaks, spinach, buttered potatoes, rolls, butter, milk, pineapple.
Wednesday — Tuna salad, green peas, buttered corn, rolls, butter, milk, fruit jello.
Thursday — Country style steak, steamed rice, mixed vegetables, biscuits, butter, milk, chocolate cake.
Friday — Spaghetti with meat sauce, tossed green salad, rolls, butter, milk, apple sauce, spice cake.

Ernest A. Swain Elementary School

Monday — Weiners, carrot and cabbage salad, baked beans, rolls, butter, apple pie, milk.
Tuesday — Chuck wagon steak, butter beans, candied yams, rolls, butter, pineapple, milk.
Wednesday — Fried chicken, garden peas, potato salad, rolls, butter, fruit jello, milk.
Thursday — Beef stew with potatoes, onions and carrots, turnip greens, corn bread, butter, peach upside down cake, milk.
Friday — Lasagne casserole, buttered corn, rolls, butter, fruit cup, milk.

Wednesday — Hamburgers, mashed potatoes, green beans, beet pickles, rolls and butter, peaches, milk.
Thursday — Roast turkey and gravy, green peas and carrots, sweet potato puff, cherry jello, rolls and butter, milk.
Friday — Fish portions, cole slaw, French fries, apricots, block cake with lemon icing, hush puppies, milk, butter.

White Oak Consolidated School

Monday — Spiced ham, green lima beans, cheese wedge, buttered corn, block cake, rolls with butter, milk.
Tuesday — Chuck wagon steaks, whipped potatoes, green beans, chocolate pudding, rolls with butter, milk.
Wednesday — Roast turkey, green peas, candied yams, jello, rolls with butter, milk.
Thursday — Hamburger on bun, French fries, mustard and catsup, buttered mixed greens, devil food cake, milk.
Friday — Perch fillet, cole slaw, mixed vegetables, corn bread, lemon cake, milk.

John A. Holmes High School

Monday — Pork pattie, buttered potato, green peas, rolls, butter, sliced peaches, milk.
Tuesday — Spaghetti with meat sauce, cole slaw, string beans, corn bread, butter, pineapple upside down cake, milk.
Wednesday — Barbecue chicken, candied yams, green limas, biscuits, butter, jello, milk.
Thursday — Roast pork with gravy, mashed potatoes, buttered corn, rolls, butter, apricot halves, milk.
Friday — Beef vegetable soup, pimento cheese sandwich, peanut butter and jelly sandwich potato chips, strawberry shortcake, milk.

Cancer's Warning Signals!

1. Unusual bleeding or discharge.
 2. A lump or thickening in the breast or elsewhere.
 3. A sore that does not heal.
 4. Change in bowel or bladder habits.
 5. Hoarseness or cough.
 6. Indigestion or difficulty in swallowing.
 7. Change in size or color of a wart or mole.
- If your signal lasts longer than two weeks, go to your doctor.
American Cancer Society

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