



RECEIVE DEBATE PRIZES—Sectional finals in the Bicentennial Youth Debates were held in Edenton Saturday and winners were given medals and U. S. Savings Bonds at the conclusion. In picture at left, Sen. J. J. (Monk) Harrington presents the awards to Teresa Hill of Wilmington, winner in the Lincoln-Douglas debate. Earl W. Willis, Jr., of Hertford,

coordinator, is at left. The persuasive speaking award went to Leland Rogers of Garner. He is congratulated by Rep. Vernon James of Weeksville. At right, Lou Hafermehl, site manager of Historic Edenton, presents an award to David Carlton of Warsaw for extemporaneous speaking.

Boyle Leads 'Citizens For Reagan'

RALEIGH — Terrence Boyle will be coordinator of Chowan County Citizens for Reagan, Sen. Jesse Helms announced today. Sen. Helms is chairman of N. C. Citizens for Reagan for President. The county Reagan committee will consist of: M. H. (Hood) Ellis; Virginia H. Wood; Carol D. Becker; Ann D. Ellis; and John Becker, all of Edenton. "We are delighted to have Terry Boyle working for us in Northeastern North Carolina," remarked Sen. Helms. "I have great personal regard for him and know he will give our efforts there an enormous boost." Boyle will be working with Jerry Cox, coordinator of the Reagan campaign in Northeastern North Carolina, to organize campaign activities in Pasquotank, Perquimans,

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University Psychologist Does Research On Cigarette Habit

CHAPEL HILL—Trying to give up cigarettes? Dr. Judith Flaxman of the psychology department at the University of North Carolina at Chapel Hill might be able to help.

Flaxman is doing research on "Breaking the Nicotine Habit." Participants in her self-control program are taught how to get through the withdrawal period, how to alter daily habits and how to be comfortable in a new lifestyle.

Hints she gives volunteers to control their impulse to smoke include throwing out all cigarettes and cleaning ash trays. "Use them (ash

trays) for plants, sea shells or candy," Flaxman said. She also urges participants to alter their environment or image in order to lessen the cues for smoking. "Rearrange the furniture, dress differently, work in a different location."

Flaxman, who has had about 50 per cent success with other subjects, believes that breaking the habit is a feat. She urges talking about it to other persons: "Don't be modest about it."

Tests given to participants in the program determine why they smoke and what kind of techniques

will be administered. These tests show, for instance, if cigarettes act as tension reducers for a particular subject. The techniques for cutting out the habit, then, will be adapted accordingly.

The research, which is sponsored by the University Research Council, began in November, 1975, and should be completed by the end of spring semester. Then it will take about a year to analyze

and write up, Flaxman said.

So far 30 volunteers, answering ads in the local daily and student newspapers, have participated in the research. About half of these are students, the rest townspeople; two-thirds of the participants are women.

The program begins when the participant comes to Flaxman's office, fills out a smoking history form and

undergoes a personal interview. The participant is given several psychological tests and assigned to an undergraduate smoking counselor, who works actively with the person for the first three weeks. The remainder of the program consists of follow-up contacts with the participant.

Flaxman received her B.A. from the City College of

New York and her M.A. and Ph.D. from Northwestern University. She has completed research concerning similiar projects including her doctoral dissertation, "Smoking Modification: Gradual and abrupt, self control and aversive conditioning strategies compared," 1974.

Flaxman, an assistant professor, began teaching at UNC in August, 1974.

Blount Chairing Alumni Giving

CHAPEL HILL—James G. Blount, has been named Advance Gift Chairman for the University of North Carolina at Chapel Hill's Alumni Annual Giving (AAG) campaign for 1975-76.

Blount is vice-president and co-owner of Hollowell and Blount, Inc. Rexall Drug, a consultant pharmacist for Chowan Hospital, a member of the Rotary Club, Edenton Jaycees, Historic Edenton, Inc. Board, Edenton Cotillion Club (president), Edenton Baptist Church Finance and Deacon boards, Chamber of Commerce and Tourist Committee, will direct the gift effort in Edenton. He is a 1966 graduate of the university.

Last year, UNC alumni contributed \$322,565.25 to Alumni Annual Giving, the University's only unrestricted gift campaign. Advance gift solicitations resulted in \$184,753.00 of this total.

Since its beginning in the Fall of 1952, AAG has raised over \$3,888,000 for the university. AAG funds are

chiefly allocated to campus programs not provided for by state appropriations. Money raised by the AAG is used by the University where most needed and in such areas of scholarships, distinguished professorships, faculty research and faculty travel.

Griffin Named Systems Head

Erwin C. (Pete) Griffin, Jr., former Edenton resident, has been named systems manager for Nationwide Insurance in Canton, Ohio.

Griffin joined Nationwide in 1969 in the underwriting department in the companies' Raleigh office. Then, in 1971, he became systems coordinator there.

He moved to Nationwide's home office in Columbus in October, 1973, in the systems department and held an analyst position at the time he accepted his present job responsibilities.

Griffin is a graduate of John A. Holmes High and N.C. State University.

Pride in Perdue.

it means a lot to the Whites.

Why Chickens?

Reynold White's reply was "In December of '74 I had a heart attack. The doctor told me no more hard work. I was in the logging and sawmill business...and that's hard work. I sold my business. For about a year I didn't really do anything. I needed something to occupy my time; and earn money too. All along, I had been hearing about Perdue. By this time, they had made a lot of investments in the area. I decided they were gonna stick. I talked to my doctor. He gave me the go ahead so I built my first Perdue chicken house. Now I have two."

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The Whites

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2. Housing and equipment.
3. Provide electricity.
4. Cleanout.
5. Management.
6. Taxes.
7. Insurance.

Perdue

1. Furnish chicks.
2. Furnish feed.
3. Furnish fuel.
4. Furnish shavings.
5. Vaccinations and medication.
6. Broiler supervisor.
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