

DISPLAY TALENTS — The talents of senior adults of the Rocky Hock community were displayed November 17 at a luncheon held in their honor. Many items were displayed and are being inspected in the above picture.



SENIORS HONORED — Pictured here are some of the 80 senior adults of Rocky Hock Baptist Church and community who were honored at a luncheon on November 17.

Church Honors Senior Members

Senior members of the Rocky Hock Baptist Church and community were honored at a luncheon November 17. The luncheon is an annual affair sponsored by the Woman's Missionary Union of the church.

Mary Long, WMU director, welcomed approximately 80 senior members who enjoyed a delicious meal which was prepared and served by other WMU members.

Following the meal, a program along the theme of "Never Too Old to Serve" was presented, the participants of the program

being of the senior members' group. They shared their talents of singing, poetry, playing the piano, etc.

In addition to these talents, many of them brought items that they had made themselves which were displayed for all those in attendance to see. The beautiful handwork included quilts, afghans and other knitted and crocheted items, seed pictures, Christmas decorations, pillows, wood carvings, place mats, handbags, jewelry, clothes, flower arranging and a book of poetry written by one of the

members.

Rev. Larry McClure spoke briefly to the honored guests reminding them that more than 2,000,000 persons in the United States become senior adults every year; that there are now over 31,000,000 senior adults presently in our nation and that millions of these older people have become a strong economic, political

and religious force in America.

He stressed the fact that they had been in the past and still are very useful citizens and have much to contribute to the church and community.

The following poem was written and read to the group by Maggie Harrell, one of the senior members of the church.

SUNSET GOALS

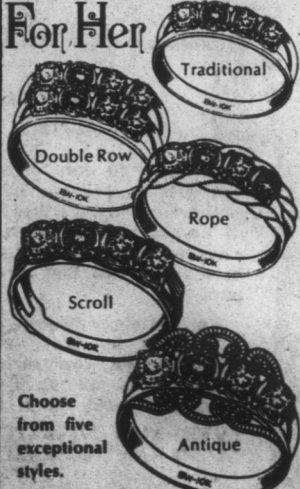
We sometimes worry, fret and frown
It looks like the world will get us down.
We get out the liniment, roll and rub;
Then take off our clothes - soak in the tub.
Our bones seem to creak each time we walk;
Voices get shaky when we try to talk.
Seems as if the older we get
The more we have about which to fret.
There is no need for grief or sorrow.
After the sunset always comes tomorrow -
Tomorrow! Eternity! Parting never.
There we'll live forever and ever.
No aches or pains or wondering why;
No time to worry - no cause to die.
Think of the good times we have had.
The good of times outweighs the bad.
Then everything seems to be going wrong
Get out the hymn book - sing a song.
Think of the joys with each to share,
And love — there's nothing to compare.
When friends and loved ones share a kiss,
Accept it with pride - it's nothing amiss.
Keep your chin up, smile all the while.
Soon they will catch the same joyous smile.
Let the old bones creak and shake;
The sunset years should happiness make.
Bless the Lord with all your soul -
After all, He is our GOAL!

ECHSA Committee To Meet

The Project Review Committee of the Eastern Carolina Health Systems Agency will meet December 1, at 7 P.M. at the Thomas Willis Regional Development Institute in Greenville. Agenda items will include discussion of the following

1122 Reviews and Federal Projects for continuation grants:
Haan Planning and Development Corp. - acquisition of 118-bed nursing facility in Elizabeth City,
Guardian Care-sale and leaseback of Elizabeth City of extended care facility,
Sea Level - nursing home conversion of 40 hospital beds to skilled nursing beds,
Outer Banks Health Service,
Pitt County Mental Health Center,
Roanoke-Chowan Mental Health Center,
Wayne County Mental Health Center,
Halifax Mental Health Center, and
Edgemore General Hospital (HURA).
The public is welcome to attend the meeting.

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Fogged Windshield Unlawful

Motorists who fail to clear frost from their car's windshield, side, and rear windows not only risk having or causing an accident, but they also risk receiving a traffic citation, according to highway patrol commander, Col. John T. Jenkins.

Jenkins pointed out that failure to clear all the frost from all car windows was not only unsafe but also a violation. North Carolina law requires the windshield, rear, and side glasses to be free from discoloration

which impairs the driver's vision or creates a hazard, he said.

During this season of the year, Jenkins suggested, motorists should anticipate frost and cover their car glasses at night. If they do not, they should scrape all frost from all car glasses before starting out on these frosty mornings.

Motorists attempting to reach their destination while peering through a "peep-hole" of frost can expect enforcement action by the patrol, Jenkins said.

VEPCO To Aid Elderly

Elderly or infirm persons who may overlook their electric bill and thus face the prospects of service disconnection will benefit from an innovative plan announced today by Virginia Electric and Power Company.

Under the program, called Third Party Notice, a person designated by a customer will be sent a copy of any past due notice that the customer receives. This notice will be sent in time for the third party to take steps to handle the situation before any cutoff action is taken.

The Third Party can be anyone known by a customer—a relative, friend, clergyman, or social agency. This person is not obligated to pay the customer's bill, or to guarantee that the bill is

paid. The Third Party agrees only to receive a copy of the cutoff notice. It is then up to the individual to take appropriate action.

Kenneth W. Lane, manager of customer relations for Vepco, said, "This is a good program designed to prevent hardship, especially to our elderly or infirm customers. And, it is another step in Vepco's efforts to work individually with customers."

Lane said that Vepco is one of the few utilities in the nation to undertake such a program. He noted that all customers will receive an explanatory brochure with their monthly statement. A tear-off card is attached for the customer and third party to complete, sign, and return to Vepco for enrollment in the program.



DISPLAYS TROPHY—Sharon Bond, Route 3, Edenton, proudly displays the seven-point deer she killed Friday near Highway 32, six miles from Edenton. The hunter shot at about 50 yards with a 30-06 rifle.

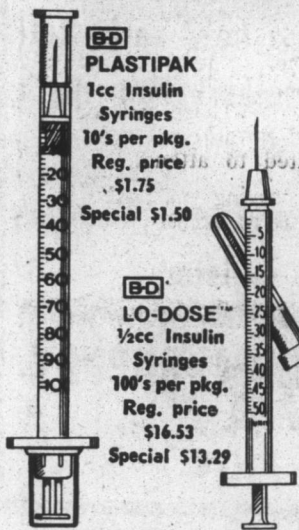


In Arizona there's a pit 4,100 feet in diameter and 570 feet deep gouged out by a meteorite that fell 30,000 years ago.

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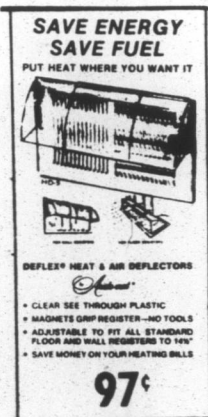
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