

The Arts

INVEST NOW...
COLLECT FOREVER

The Chowan Arts Council has worked quietly for many years to offer artistic enrichment to local citizens. This being "The Year of the Arts", the council is striving even harder to offer a wider variety of activities.

Very few Chowan citizens are aware of the role the local arts council has played in recent years - trying to offer an awareness of the fine arts and folk arts to people of all ages.

In the past, this group has offered enrichment classes to the youngsters of the county. These classes strive to offer a variety of educational experiences that cannot be offered in the school system. Dance classes were organized under the direction of Marcia Gordon four years ago and have steadily gained students, not only from our county, but also from surrounding areas.

Mrs. Gordon's recitals have been enjoyed by the public and have proven the success of her endeavors.

The C.A.C. has aided the Choral Society financially by helping secure music folders and music.

Art classes have been offered to citizens of all ages by local artists.

Watercolor classes were taught by Steve Andros during which the council paid tuition for three local high school students to pursue their talents.

The North Carolina Symphony and the Belvidere Quartet from Baltimore have performed locally in the past as well as local musicians.

Receptions for visiting artists have been sponsored by the local organization.

No one can deny that local art shows during the past Pilgrimages and Peanut Festivals have been received well and enjoyed by young and old, Chowan Citizens and tourists.

The Chowan Arts Council is presently making preparations for the 1979 Pilgrimage Art Show which will be held on the Courthouse Green on April 21.

Not only has our local art council been of an educational significance to the county, but also an asset economically. Highlights such as the art shows draw not only the craftsmen to our area, but also the tourists and observers.

The Chowan Arts Council is a nonprofit organization whose aim is to expand cultural activities to all ages.

For And About Women

Thursday, March 8, 1979

THE CHOWAN HERALD

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Herald Society News

Miss Michele Livengood of Raleigh visited her grandparents, Mr. and Mrs. Cecil Fry last weekend.

Mr. and Mrs. Ronnie Harrell of Cary visited his parents Mr. and Mrs. Jesse Harrell last weekend.

Raleigh was guest of Mr. and Mrs. Ralph Outlaw Sunday.

Congratulations to Miss Fran Hollowell, first year student at Peace College for being inducted into Phi Theta Kappa during formal ceremonies on Thursday, February 22.

Rusty Barath student of Louisburg College is home on spring break visiting his parents Mr. and Mrs. Miklos Barath.

Among those from Edenton attending the ACC Basketball Tournament in Greensboro last week were Joe Thorud, George A. Byrum, Thomas Byrum, Cam Byrum, Robert White, Mr. and Mrs. Hoke Roberson and Mrs. and Mrs. Bruce Jones.



Miss Martha Jo Hollowell has returned to Shenandoah College and Conservatory after spending her spring break with her parents, Mr. and Mrs. W.H. Hollowell, Jr.

Marion Thrower attended Martin Community College Seminar for the Retro Spring and Summer Hair Styles.



OBSERVANCE PROCLAIMED—Mayor Roy L. Harrell has proclaimed March 11-17, Employ The Older Worker Week in Edenton. He is shown in foreground above with Bill Taylor, local Employment Security Commission representative for Older Workers. According to Taylor, "It is a good time for us to remember that capability, not chronological age, is the true measure of a worker's worth. He pointed out that older workers have less absenteeism, fewer job related accidents, and less turnover than their younger counterparts.

Jaycettes Meet

Edenton Jaycettes held their monthly meeting February 28, at the Edenton Restaurant with 14 members present.

A donation was approved for the Heart Fund.

A crafts meeting will be held Tuesday at 7:30 P.M. in the home of Janet Harmon.

All Jaycettes will meet at the Jaycee building March 17, at 10 A.M. for "spring cleaning".

A committee was formed to assess the Jaycee building and report back to the club on needs that the Jaycettes can meet.

Nominations for officers were accepted for the coming year. Elections were held. The 1979-1980 Jaycette officers are:

President — Carolyn Nixon; First Vice President — Janet Harmon; Second Vice President — Claire Mills; Secretary — Gayle Layton; Treasurer — Janet Nixon; Corresponding Secretary — Linda Renner; Directors — Belva Biggs and Linda Edmundson.

The installation banquet will be in April. Details will be announced later.

TICKETS ON SALE—Tickets for a barbecue supper are now on sale at Chowan Academy. Mrs. W.H. Hollowell, Jr., second from right, secures her tickets from Denney Winslow, Bobbie Keaton and Pam Carney.

PTO Sets Supper

The Parent-Teacher Organization at Chowan Academy is sponsoring the sale of barbecue plates on March 17. Plates will be available from 4 P.M. to 8 P.M.

Tickets are now on sale. The tickets may be purchased from Chowan

Academy students or at the following locations: J&K Goodyear Tire Service and R. Elton Forehand Insurance Agency in Edenton; Earl Smith's Store in Rocky Hook; and Woodard's Pharmacy in Hertford.

Barbecue may also be purchased by the pound.

Mumps May Affect The Unborn

All kids have to have measles and mumps, right? Wrong. There are now excellent vaccines that will protect our children against both kinds of measles and against mumps.

Rubeola (Measles), mumps, and Rubella (German measles) were commonplace among small children for centuries. Most children had relatively mild cases, recovered without problems, and thence were immune.

But not all of them. Rubella and rubeola both can cause serious complications in the occasional child. Rubella often is so mild that it is overlooked, but if acquired by a woman in early pregnancy, the disease poses a direct threat of heart defects and other defects to the unborn child.

Live virus measles vaccine is safe and effective, says the American Medical Association. Age of vaccination should be 15 months, or later for children who miss out at this age. It also should be given to children who have received the killed virus measles vaccine. In the event of a neighborhood epidemic, your doctor might decide to begin immunizing children at as early an age as six months.

Widespread use of the rubella vaccine could eliminate the reservoir of disease among children, who are the major source of infection of pregnant women. Adolescent and

adult women should be vaccinated well in advance of possible pregnancy. One pregnancy is suspected, or confirmed, the women should not be vaccinated.

Live rubella vaccine is recommended for children at 12 months or later. If a combination vaccine — the two measles and mumps — is used, it is given at 15 months.

Live mumps virus vaccine should be administered to children at 15 months of age. It also is indicated for children approaching puberty, for adolescents, and for adults (especially men) who have not had the disease.

Nutrition Workshop

As part of National Nutrition Week, Extension Program Aides Johnnie Bass, and Margie Harrell held a workshop demonstration. The workshop was conducted by Xa Tran, a native of Viet Nam, and currently residing in Chowan County.

Mrs. Lester Copeland of Ryland assisted in the demonstration.

Eleven participants from Expanded Food and Nutrition families attended and learned to prepare Egg Rolls Oriental Style. A tasting party was enjoyed by all.

Mrs. Bass and Mrs.

Harrell, work with the Expanded Food and Nutrition Program which is offered through the County Extension Office. Anyone interested in this program is asked to call 482-8431.

Methodist Topic

"The Product of The Cross" is the sermon topic selected by Rev. Richard R. Blankenhorn for the 11 A.M. worship service Sunday at Edenton United Methodist Church. His text is Colossians 1:20.

The first in "The Protestant Hour" (United Methodist Series) radio programs can be heard at 2 P.M. Sunday on WRCS, 970. Dr. Barry Bailey, senior minister at First United Methodist Church in Ft. Worth, Tex., is the preacher.

Disneyland Tour To Be Sponsored

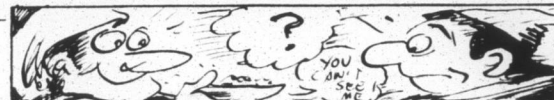
Disney World is the land of family recreation and great excitement. Plan to spend your vacation this summer at Disney World in Orlando, Fla.

The Ebonnetts Extension Homemakers Club of Edenton is sponsoring a tour to Disney World the first week in July. Expenses for the trip include transportation to Florida and back to Edenton, hotel for three nights and four days, three breakfasts, and transportation to Disney World from the hotel.

For more information, please contact Mrs. Bessie Walton at 482-4849.



DEMONSTRATION HELD—Xa Tran, a native of Viet Nam, recently conducted a cooking demonstration as part of National Nutrition Week observance. Shown with her are Johnnie Bass, extension program aide; Mrs. Gladys White, Extension agent; and Mrs. Celia Copeland of Ryland.



People once believed that wearing or eating fern seed would make them invisible.

GIVE DOGGIE A TREAT

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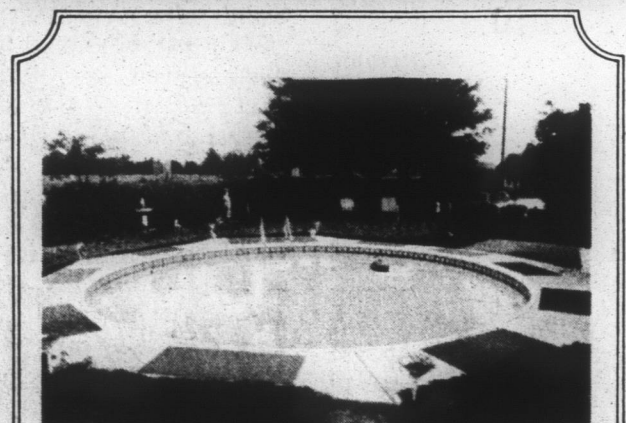
More people go to museums than play tennis, go bowling, jog, play softball, or go fishing.

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