BRAND BROAD-BREASTED GRADE 'A' YOUNG





Ranksoiving of

• REDI-BASTED (10 LES. L. 79C

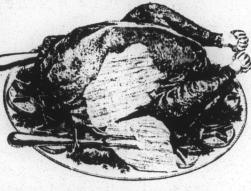
Special Holiday Meat Buys

SAVE 30c PER LB. BRAND REDI-BASTED (5-7 LBS. AVG.) CONTAINS NO BACK PORTION DRUMSTICKS US. 59C

WHOLE (6-8 LBS. AVG.) **RESH PICNICS** PINKY PIG BLADE PORTION FRESH PORK ROASTS US. 990

BRAND EZ CARVE RIB ROASTS 7-INCH ® BRAND U.S. CHOICE BEEF CUBED STEAKS IB. \$2.99

Brand Broad-Breasted Young Turkeys Are Special Bred To Yield More White **Meat! Insist On The Finest** For Your Family This Thanksgiving Day!



SHOP EARLY FOR BEST SELECTION OF CAPONS . GEESE . DUCKS . FRUITED HAMS & PICNICS CORNED HAMS
FRESH TURKEYS
FRESH HAMS

"FINE FOR DRESSING" VERNON'S BRAND FRESH OYSTERS

· SELECT 12-02 STANDARD\$

• LIVERS

BRAND GRADE 'A' HENS (5-7 LBS. AVG.) SHRIMP MG. \$2.99



BRAND WHOLE HOG PORK SAUSAGE ROLL

MOP & GLO SEE \$2.05 . BROWNIE MIX SOX \$1.43 . GELATIN



DARK MEAT SEE \$3.49

WHITE MEAT # \$3.99 STRIP STEAKS LE \$2.99

4 80X8 \$1.00 • TODDLER (48-07, M. \$6.19

SAVE 90c PER LB. BRAND U.S. CHOICE BEEF BONELESS FULL-CUT ROUND STEAKS

Southgate Mall, Elizabeth City, N.C., S.P. Pender, Manager Northside Shopping Center, Edenton, N.C., George Drawdy, Manager

Kidney Fund Contributions

"Residents of Edenton and Chowan County are to be congratulated for their contribution to the Kidney Foundation of N. C. To date, the 1979 fund raising campaign has yielded \$1,150.00," reports Mary Partin, Edenton's campaign coordinator.

Edenton's campaign was destined to be successful from the outset because of the following volunteers, clubs and churches that gave generously and enthusiastically with their time and money.

Volunteers: Elizabeth Byrd, Tamar Clarke, Elaine Gibson, Helen Headen, Rosa Joyner, Doris Litchfield, Johnson Mae Overton, Fannie Parker, Audrey Phthisic, Charlotte Small, Novella Wilson, Nelle Wood;

Civic Clubs: American Legion Auxiliary, BPW Club, Chown Ruritan Club, Chown Senior Citizens. Fannie Parker Club, Jaycettes, Lions Club, Edenton Retired School Personnel, Edenton Woman's Club:

Home Extension Clubs: Advance, Beech Fork, Cape Colony, Center 'Hill, Chowan, Ebonettes, Gum Pond, Paradise Road, Ryland, Yeopim, and Mrs. Glady White;

Churches: Edenton Baptist Church Youth Council, Pleasant Grove AME Zion Church. Providence Baptist Church, St. John's Baptist Church, and St. John-the Evangelist Episcopal Church.

Programs of the Kidney Foundation that will be enchanced by this money are those of patient services, public education, professional education. research and the organ donor plan. The program also provides financial assistance for transportation expenses to dialysis patients who must travel to and from routine dialysis treatments. Many of these patients must travel up to 200 miles round trip three times a week for this life-saving_treatment. Last year in Chowan County, five dialysis patients made such regular trips to hospitals for treatment.

If our readers want to help the Kidney Foundation give the Gift of Life, contact Mrs. Partin (482-4745 - morning hours) or mail your check to Kidney Foundation of N.C., P. O. Box 2383, Chapel Hill, N.C. 27514.

Restrictions Are Stifling

"Washington bureaucrats need to understand that they are seriously hurting both consumers and farmers when they pursue policies of 'absolute perfection' in environmental quality, safety and health."

Jimmie Parrish, president of the Chowan County Farm Bureau, said regulatory restrictions are being piled on farmers almost faster than they can count them.

Parrish pointed out that farmers can have a unified voice in opposing the unfair regulations by joining Farm Bureau during the current membership drive. He said the organization - which is organized at county, state and national levels - had been very effective in reducing the impact of many of these regulations on agriculture.

"These bureaucrats talk about complete bans on some farm chemicals, about total safety in places of employment, about elimination of all traces of yet-unproven and so-called disease-causing substances from food. But what they don't seem to realize, Parrish said, is that risks are everywhere, everything we do, and they have to be balanced every day against benefits. They should know that nothing is absolutely perfect."

Parrish pointed out that membershipin Farm Bureau is one way a farmer can help fight the growing regulatory problems they face in their everyday operations.

He urged area farmers to join the organization during the current membership



WINN-DIXIE RALEIGH, INC.

PRODUCE PATCH

FLORIDA WHITE GRAPEFRUIT OR

ORANGES

POTATOES

CRANBERRIES

U.S. #1 SWEET

5-LB. 88c

LBS. 88C

59c

JUMBO STALKS