help she can get.

that the supermarket these party goodies will make them proud as they shelves are full of all sorts pass it to relatives, family of convenience "helpers" and can, with their own and guests from the neighborhood who have just ingenuity, come up with interesting and delicious, as popped by for a cup of well as nutritious, food for their families. A tray of holiday cheer.

Until recently the homemaker would have passed up any recipe which called for puff pastry. Even the most experienced cooks shy away from the long and tedious project without any real guarantee of ultimate success. Only the French know the real secret and are willing to spend the time to make puff pastry. Gone now is the chore of making this basic dough and all the attendant rolling, folding, turning and chilling involved in making puff pastry from scratch. Pepperidge Farm Frozen Puff Pastry is the answer and will help those who want attempt the extraordinary this holiday season. The recipes for these delicious whimseys were developed in the Pepperidge Farm Test Kitchen. They include Puffed Walnut Twists, Raspberry Kisses, Love Knots, Caramelized Puff Pastry Cookies and many others. What could be easier than thawing sheets of pastry dough and cutting them into rounds, squares or strips? Try it and you'll see.

Caramelized Puff Pastry Cookies 1 sheet Pepperidge Farm

Frozen Puff Pastry

Sugar

Thaw pastry 20 minutes at room temperature. Unfold and cut with a small biscuit cutter into 11/2-inch rounds; roll each round on a lightly floured surface to a 3-inch long oval. Spread sugar, 1/8inch thick, on flat surface. Brush one side of each oval lightly with water. Put ovals, moistened-side-down, on sugar. Press lightly with fingers to make sugar stick and then transfer, sugaredside-up, to ungreased baking sheet. After all pastry ovals have been sugared, put baking sheet in refrigerator to chill 30

preheated 450-degree oven for 10 to 15 minutes until puffed and sugar caramelizes and turns a light golden brown. Watch cookies and remove them as they are done. Makes 25 cookies

SECTION B

Rick L. Carnagua

Raleigh Firm

As Accountant

Rick L. Carnagua has

joined Ajinomoto U.S.A.,

Inc., in Raleigh as ac-

counting supervisor, the

Carnagua holds a B.S.

degree in accounting from

Ball State University.

Before joining Ajinomoto,

he was employed in various

accounting positions by

Cooper Industries in Indi-

Carnagua is married to

Construction is now well

underway on Ajinomoto's

\$37-million amino acids

plant at the eastern edge of

Raleigh. When completed in

late 1981, it will be the

largest capacity amino

acids plant in the United

The walking stick, an insect

was so-named because it

resembles the twigs of the

plants on which it lives.

the former Gail Yates of

ana and Raleigh.

firm announced today.

Raspberry Kisses 1 sheet Pepperidge Farm Frozen Puff Pastry

1 egg beaten with 1 teaspoon water

Raspberry Jelly Thaw pastry sheet 20 minutes, then unfold. On a lightly floured surface roll to 18x12-inches. Cut in half crosswise to make 2 rectangles. Brush one rectangle with egg mixture and cut into 11/2 inch squares. Top each with 1/2 teaspoon jelly. Cut other sheet into 11/2-inch squares and cut a small "x" in the center of each; put on top of jellytopped squares. Press edges together to seal and place on ungreased baking sheets; chill until ready to bake. Bake tartlettes in preheated 425-degree oven 10 to 12 minutes until puffed and golden brown. Transfer to wire racks to cool completely. If desired, after baking add more jelly to each tartlette. Makes about 4 dozen.

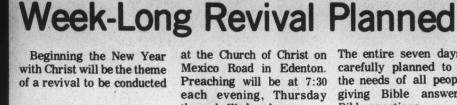
Puffed Walnut Twists 1 pkg. Pepperidge Farm Frozen Puff Pastry Sheets 1 egg beaten with 1 teaspoon water

1/4 cup sugar ½ cup ground walnuts or almonds

Thaw pastry 20 minutes and then unfold. Brush each pastry sheet with egg mixture and sprinkle evenly with sugar and nuts. Cut each sheet lengthwise into two rectangles. Cut rectangles crosswise into 1/2inch wide strips. Twist strips to make a spiral and place on ungreased baking sheet. Bake in a preheated 400-degree oven for 15 to 18 minutes until puffed and golden brown. Transfer to wire rack to cool completely before serving. Makes about

Love Knots 1 pkg. Pepperidge Farm Continued On Page 3

THE CHOWAN HERALD 論 Thursday, January 1, 1981



Medicare Hikes

Effective Jan. 1

More than 134,000 North Carolinians with Medicare supplemental coverage with Blue Cross and Blue Shield of North Carolina will see little difference in out-ofpocket costs when the deductible for hospital charges is increased January 1. Almost all of the Carnagua Joins additional costs will be absorbed by the health plan, according to Blue Cross

The increase requires the nation's 27.9-million citizens on Medicare to pay the first \$204 of any hospital stay. Medicare patients previously paid the first A native of Muncie, Ind.,

officials.

Other Medicare increases taking effect January 1 involve coinsurance amounts. After a patient pays the deductible, Medicare requires the patient to pay a portion of the remaining charges. This portion is called coinsurance.

The following coinsurance amounts will increase effective January 1:

-- The coinsurance amount for a hospital stay of 61-90 days will be \$52, increased from \$45. This applies to both High and Low Option Continued On Page 6



Rev. Steve Leicester Pastor

Beginning the New Year at the Church of Christ on The entire seven days are Mexico Road in Edenton. carefully planned to meet

> each evening, Thursday through Wednesday. This proclamation of the Good News is an annual New Year's event with this congregation. This year the racially integrated policy of the congregation is exemplified by the choice of Floyd Dethrow as visiting evangelist. The regular minister, Bill Mead, will

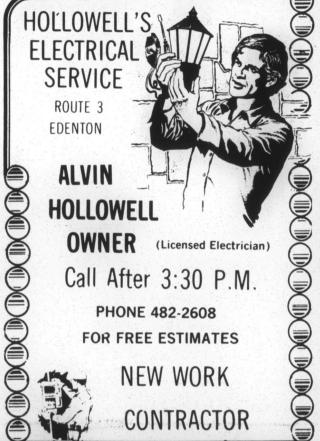
Preaching will be at 7:30

for the meeting. Sermons such as, "Things We Cannot Escape" will give Bible answers to problems of Christian living. Present day religious controversies will be examined in sermons such "Signs of Snakes and Strychnine". Great Bible lessons on comfort and hope will be presented in studies such as, "The Godhead".

the needs of all people by giving Bible answers to Bible questions.

It is hoped that Mr. Dethrow will be able to join Mr. Mead in some of the broadcasts for Early Morning Bible Study on WCDJ at 7:05 A.M. Both ministers will be available each day for private Bible studies. They may be contacted by calling the church at 482-4815. lead congregation singing

Nursery facilities are available for those who desire them. A wheelchair ramp serves as the main entrance to provide easy entrance to all worshippers. Contributions will not be taken any evening, nor will there be anything for sale or subscription. This is a planned time for family worship and all people are cordially invited to attend.





HOLIDAY CREATIONS - Delicious creations for the holidays can be made in a jiffy with frozen puff pastry. Here the basic dough has been fashioned into different shapes and sprinkled with nuts or sugar, or filled with raspberry jam as in the little square tartlettes.



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