

# The Herald Kitchen: Picnics

By Mildred Huskins  
Picnics are a special part of summer fun and no picnic is complete without chicken.

Fried Chicken is probably America's favorite finger food. It is packed to take along on excursions to the lake or other recreation areas, for family reunions, sporting events, camping trips of just lunch in the backyard.

If you don't want to stand over a hot stove and fry chicken, there are other appetizing ways to make chicken a highlight of your outdoor dining in addition to the traditional fried chicken. For instance, easy-to-eat drumsticks take on an interesting new taste in "Cheesy Crispy Chicken". The chicken will cook in the oven while you're preparing the rest of the picnic lunch and it is delicious served either hot or cold.

Good nutrition is more important than ever in summer when outdoor activities increase. Chicken provides the complete protein needed daily to keep active bodies functioning at their best. And it is low in calories and fat content ... a bonus for those who like to keep trim and fit.

When packing chicken for a picnic, the National Broiler Council advises cooling it in the refrigerator rather than at room temperature. If you aren't traveling far and will eat within one hour, put the chicken in a plastic container or wrap it in foil. For longer periods, it is best to pack the chicken in an insulated container or ice chest until you are ready to serve it.

**Cheesy Crispy Chicken**  
12 broiler-fryer chicken drumsticks  
1 bottle (8 oz.) blue cheese dressing

## dressing

2 cups bread crumbs  
1/2 teaspoon celery salt  
1/4 teaspoon dill seed  
1/4 teaspoon pepper

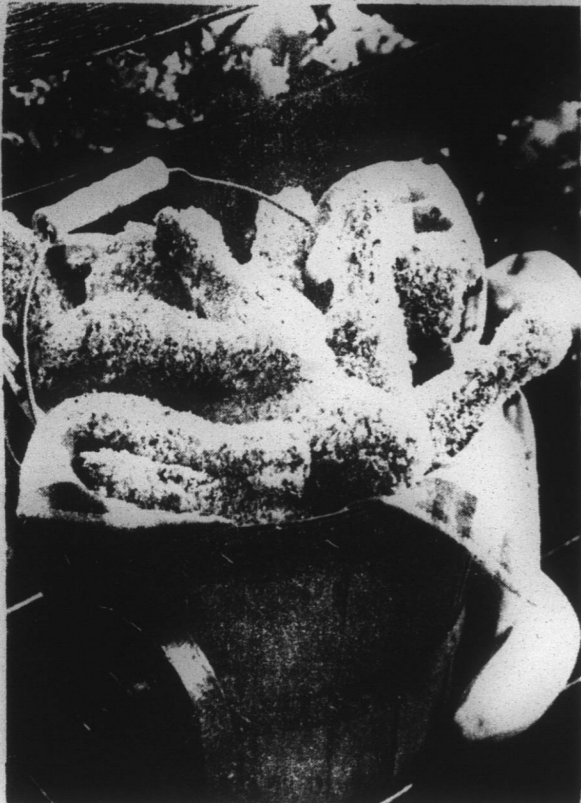
In a shallow dish, pour blue cheese dressing. In another shallow dish mix together bread crumbs, celery salt, dill seed and pepper. Roll chicken drumsticks, one at a time, first in blue cheese dressing; then in the bread crumbs. In large baking dish, place drumsticks in a single layer. Bake, uncovered, at 350 degrees for 30 minutes. Turn drumsticks carefully to avoid disturbing crust; return to oven for 20 minutes more or until fork can be inserted with ease. Serve hot or cold. Makes six servings.

**Chinese Chicken Chips with Dip** is a completely different way to take chicken picnicking. Boned broiler-fryer thighs are flattened and fried in thin disks for dipping. Flavored with soy sauce and ginger, they're especially good cold. Arrange them on a platter with a bowl of dip in the center.

**Chinese Chicken Chips with Dip**  
8 broiler-fryer chicken thighs, boned, skinned  
1/4 cup soy sauce  
5 tablespoons cornstarch  
1/2 teaspoon ground ginger  
2 cups cooking oil  
Dip

On hard surface with meat mallet or similar flattening utensil, pound chicken to 1/4-inch thickness

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**PICNIC CHICKEN** — For a different picnic in the park or at your favorite outdoor recreation area, try Cheesy Crispy Chicken. Easy-to-eat drumsticks take on an interesting new taste.

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# Washington Report: Spending Approved

By Congressman Walter B. Jones  
The House voted 354 to 63 this week to approve the record \$136 billion military authorization bill. This bill would give the Pentagon spending authority for procurement of weapons and equipment, operations and maintenance as well as research and development. A similar bill has been

passed by the Senate so the next step is a Conference Committee in which differences will be resolved. The House bill's \$136-billion authorization level is \$26.4 billion higher than last year's defense spending.

Final approval of the Military Authorization bill came after seven days of debate on many issues, including the MX Missile. The House approved an amendment requiring that before funds may be expended for the construction of the MX, the President must determine exactly what type of basing mode is to be used for the missile system. Congress will then be given the opportunity to approve or disapprove of the basing mode selected. In several other votes, the House supported development of the B-1 Bomber and included within the Defense Authorization funds for preliminary work on another nuclear aircraft carrier, the new M-1 Tank, the F-14 Navy Fighter, the reactivation of the bat-

tleships in New Jersey and Iowa, Trident missiles and continued development of the cruise missile.

Meanwhile, the House Ways and Means Committee continued to work on a tax reform bill. Unlike President Reagan's plan which contains a 25 per cent three year tax cut, the House Ways and Means Committee version presently contains a two-year, 15 per cent cut. The Ways and Means Committee proposal would leave the issue of a third year tax cut for Congress to decide next year. The Republican tax cut package includes an across-the-board cut in the tax rate, while the Committee proposal would target more tax relief to those who earn between \$15,000 and \$50,000 and less for those who earn more than \$50,000.

The Committee has also included several reforms in the estate and gift tax which will greatly benefit family-owned businesses and farms. There is great

concern that the current estate tax eats up too much of the estate of a farmer who dies leaving a family farm of a market value of, say \$200,000. Because of inflation, the value of the equipment on this farm alone may be worth that much, and, with an estate tax of around \$30 per cent there have been many cases in which the family has had to sell the farm just to pay the estate taxes. The Committee has devised a proposal which will increase the exemption for estate taxes to \$600,000 and has raised the credit against the unified estate and gift tax to \$192,800. This will exempt 99 per cent of all estates from the tax.

The Committee has also proposed a reduction in the estate tax rates. The Committee has proposed this rate be reduced from a maximum of 70 per cent to 50 per cent. The tax package developed by the Committee also increases the annual gift tax exclusion from \$3000

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## Bowen Family Reunion Held

The family of the late Joseph W. and Annie Bowen Barrow held a family reunion at Nags Head, July 10.

Swimming and games were enjoyed by many.

A buffet dinner was served to the following: Mr. and Mrs. Billy White and children, Michael and David and Mr. and Mrs. Ben Hernandez and children, Phillip, Barbara and Patrick Scalzi of Newport News, Va.; Mrs. Dean Pressgrove of Wildwood, Ill.; Mr. and Mrs. James Britton and daughter, Sheryl DeBlois of Haverhill, Mass.; Mr. and Mrs. Denny DeBlois and children, Derek and Joel and Mr. Ricky DeBlois and friend of New Hampshire; Mr. and Mrs. J. Frank White, Jr. of Charlotte; Mr. Jimmy White of Miami, Fla.; Mr. Steve Hoffer of Mt. Holly, N.J.; Mr. Johnny Barrow of Warsaw; Mr. and Mrs. Jack Barrow, Mr. and Mrs. Ronnie Sawyer and children, Rhonda and Bonnie, Mr. and Mrs. Jerry Peele and children, Eddie and Stephanie, Mr. and Mrs. Jerry Parks and son, Jerry, Jr. and Mr. and Mrs. William White of Edenton.

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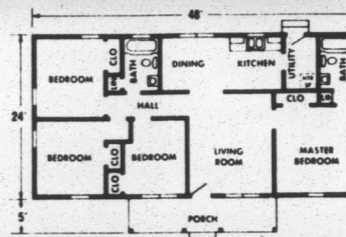
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