



OCTOBER 18-24 IS NATIONAL BUSINESS WOMEN'S WEEK — Hettie Wallace, president of the BPW, looks on as Mayor Roy Harrell signs the proclamation declaring Oct. 18-24 National Business Women's Week. This salute to America's working women is recognized throughout the country.

Taylor Family Reunion Held

Continued From Page 2-A of Arrowhead Beach, Edenton, N. C. Mr. and Mrs. Curtis Chappell of Hobbsville, N. C. Mrs. Dorothy Chappell, Miss Anne Saunders, and Miss Ise Spivey of Suffolk, Va. Mrs. Irene Spivey, and Mr. and Mrs. Ronnie Spivey of Tyner, N. C. Mr. and Mrs. Larry Spivey and son "Beau" of Edenton, N. C. Mrs. Celia Rae Copeland of Tyner, N. C. Mrs. Emily Copeland and children, Katherine and Candice of Belvidere, N. C. Mr. and Mrs. Allen Copeland and son Wesley of Belvidere, N. C. Mrs. Mary Hurdle and Miss Susan Weeks of Hertford, N. C. Mr. and Mrs. Harry Lee Winslow and Mr. and Mrs. Wallace Chappell of Belvidere, N. C.

Currie, Kanipe To Co-anchor New Show

WASHINGTON — Kay Currie and Lee Kanipe co-host TV-7's new weekday morning public interest program "On Top Of It All Today". Each Monday through Friday at 9 A.M. WITN-TV presents a half hour live program dedicated to exploring the people and life styles of down east North Carolina.

"On Top Of It All Today" features conversation, music, comedy and interesting guests from down east and around the country. In addition to co-hosts Currie and Kanipe, Virginia Gibson appears

daily providing musical entertainment on organ and piano. Leighton Ford's insight and Mr. Wizard's (Don Herbert) look into the world of science are regular features also.

Currie whose topical comments, and insightful interviews have made her a North Carolina institution, has greeted notables in the fields of entertainment, science, politics, news and the literary world during her 11 years as hostess and producer of "Hospitality House".

Kanipe, who is most widely recognized as the 6

P.M. Anchor for Eyewitness News brings on "On Top Of It All Today" his own warm and personable brand of interview.

Meeting the people of down east, and exploring life here in eastern North Carolina are the major topics of interest on, "On Top Of It All Today".

Art On Display At Local Library

• Twenty six pictures, representing twenty six artists, are now on display in the library. It is a very colorful exhibit covering many types of subjects and techniques. Realism, semi-abstract and total abstraction are successfully combined in this unique and exciting exhibition. The artist represent eleven states: California, Connecticut, Florida, Louisiana, Massachusetts, Missouri, New Jersey, New York, Pennsylvania, Virginia, and Wisconsin. Come and see it while you have a chance.

Happy Birthday

Tom Ward

The Bandon Notebook: Enjoying Fall

By Gil Holt
Substituting for
Maggie B.

Fall is here once more, with the many different colors of leaves falling. It is amazing the beauty mother nature can produce. This is another new week upon us with "Maggie B." and Trus still in New Jersey. We are

all hoping everything will be alright and they will return this week.

Deacon Butch Smith, "The New Covenant", Jeremiah 31:27-34.

Senior Citizens Walk, Oct. 19

RALEIGH — Senior citizens from across the state are invited to participate in the second annual Older Adults Walk for Fun and Fitness scheduled for October 19, at the North Carolina State Fair.

The event which is sponsored by the Division of Aging in the North Carolina Department of Human Resources is scheduled for 11:30 A.M. as part of the Senior Citizens Fun Festival to be held earlier in Dorton Arena.

It is anticipated that Governor James B. Hunt, Jr., Secretary of State Thad Eure, Secretary of Human Resources Dr. Sarah Morrow, Secretary of Agriculture Jim Graham and Bob Boal, chairman of the Governor's Council on Physical Fitness and Health will lead the walk.

"The purpose of the one-quarter mile walk from Dorton Arena to the Senior Citizens Information Center is to demonstrate that walking is the most popular form of physical activity for older adults," said Margo Rainer McEachern,

physical fitness specialist with the Division of Aging. "It is extremely beneficial in improving an individual's total health and can be conveniently and inexpensively participated in throughout life."

Certificates signed by Governor Hunt will be presented to all participants who complete the walk.

An entertaining program is planned prior to the walk at 10:30 A.M. in Dorton Arena.

For further information on the walk, interested persons may contact Margo McEachern at the Division of Aging in Raleigh. The telephone number is 919-733-3983.

Letter To The Editor
To The Chowan Herald Staff:

On behalf of the Band Parents Association I would like to thank each of you for all your work in making the Peanut Festival a big success, from the Souvenir Book to the Front Page spread in the paper the week of the festival. The excellent publicity we received helped to make the festival the big success it was.

Yours truly,
Beth Taylor
Festival Chairman

Presbyterian Sermon Topic

"Once upon an Apple" is the sermon title by the Pastor, Rev. H. E. Mallinson this Sunday at the First Presbyterian Church, Edenton, at 11 A.M. The congregation has been called to meet by the Session after Worship for the purpose of electing an Elder for the class of 1985. At 9:45 A.M. this Sunday, Mr. Larry Swindell of Swindell-Bass Funeral Home will be guest speaker.

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INSIGHT INTO EYESIGHT

DR. A. F. DOWNUM, JR.
OPTOMETRIST

Contact Lens or Glasses?

If you've been wearing glasses, should you change to contact lenses? A lot depends on your personal preference. Both glasses and contact lenses do the job they're supposed to do: help you see better.

Contact lenses are most popular with young people who are nearsighted and older people who have had cataract surgery, although new developments in lenses make them desirable for most vision patients. Over 15 million Americans have been fitted with contact lenses. And another million-and-a-half put them on for the first time each year.

Contacts don't steam or fog when the temperature suddenly changes. They tend to increase the peripheral vision, giving the wearer a wider view of what's around him. And it's almost impossible for another to tell when you're wearing them.

But they do require more care. More attention has to be paid to keeping them clean and germ-free. A lot depends on your needs. Your optometrist can help you decide what's best for you.

In the interest of better vision from the office of:
A. F. Downum, Jr., O.D.
103 W. Eden Street
EDENTON
482-3218

Views On Dental Health

Richard N. Hines, Jr.
D.D.S., Fellow of
The Academy Of
General Dentistry

Mouth Breathing Problems

Occasionally, you may notice a youngster who cannot breathe through his nose and uses his mouth for all his breathing. This may not seem abnormal - but it is, and can lead to a lot of future dental problems if not stopped early.

What causes mouth breathing? This habit is usually caused by enlarged tonsils and - or adenoids. (The adenoids are tonsils hidden above the throat and behind the palate.) When infected, they can enlarge and block breathing through the nasal passage. The child will gasp for air through his mouth.

Mouth breathing can lead to a host of dental problems such as "buck teeth", weak jaw, and dried-out gums that are susceptible to irritation and pyorrhea. It also can seriously distort the child's face through the years, narrowing nostrils, weakening the chin, and slacking the lips. Also, because the air doesn't pass through the normal heating-and humidifying nasal passages, it is dry, irritating and often causes frequent colds and infections, thus perpetuating a vicious cycle.

A public service with the aim of promoting better dental health environment. From the office of: **RICHARD HINES, JR., D.D.S.**, 437 South Broad St., Edenton. Phone: 482-2776.

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