### **Lamont Is Guest Speaker**

By Murray L. Goodwin
Agri. Ext. Agt.

r. Bill Lamont will be the ture speaker at the 1982 owan County Vegetable ting to be held on Friday P.M. in the Oak Grove Community Building. getable farmers please put this date down now).

Bill will talk about the latest in weed control for cantaloupes and waterlons. He will give the results of the extensive sting of Dacthal, Prefar, Sanalon, Alanap, and Paraquat, last year. These re tested in four or five places scattered from the Coast to Piedmont. One of these test was conducted in Planting Begins Joppa community on E. L. Hurdle farm.

He will present information about using plastic in growing cantaloupes. About half of the cantaloupes growing in New Jersey are grown on plastic. The use of plastic conserves moisture, controls weed and grass, and makes cantaloupes about a week to two weeks earlier.

Irrigating small plots with rip Irrigation will be

I will give the results of atermelon variety tests onducted with Mike and ohn Pippins and Winourne Brothers. Both of ese tests were good tests. he tests involve 11 arieties. New varieties in ests include, Mirage, loyal, Charleston, Sweet eat and Madera. Mirage is tripes, beautiful cutting atermelon production in our area.
Our cantaloupe variety

Carroll Bass. This was an Continued On Page 6-B

black sand and included 10 varieties. Nine of the ten varieties came up 100 per cent. New varieties include Super Star, Magnum 45, and Alaska. Magnum 45 may have commercial interest

We will show pictures of Silver Chief Sweet Corn. This variety may compete with Silver Queen and Quick Silver. It has some real characteristics. This is an excellent eating corn, beautiful appearance in the crate and often has two nice ears on the stalk. About all of this variety comes off at one time.

Forestry personnel of the Albemarle Land and Timber District, the northern half of the North Carolina Region, have launched the 1982 planting season. Crews are busy reforesting almost 5,000 acres of company land and more than 900 acres owned by members of the Tree Farm Family program. Genetically improved tree seedlings grown at Weyerhaeuser's nursery near Washington, are being used for the reforestation program.

Carlton L. Reason of Jamesville will retire from Plymouth Wood Products at the end of this month with 11 years service.

-0-Forestry personnel from long melon with dark Weyerhaeuser and other forest products companies nd high yield potential. in the area are undergoing this variety may have a co-operative refresher place in commercial training at forest fire fighting schools by the North Carolina Forest Service. The schools cover est was conducted on such things as coordination Lester Harrell farm with of ground crews. air sup-

#### **Alcoholism Awareness Week** Highlight Problem Of Alcohol Abuse

Alcohol is established in our society as a food, a drug and a poision. While the majority of us enjoy occasional imbibing, some 13million Americans are problem drinkers.

Alcoholism Awareness psychological problem. Week, January 17-23 is a time to focus special attention on the problems of alcohol / abuse and alcoholism. Although alcoholism as an entity is well-known, it is little understood. It is a major personal health problem as well as a burden to society, yet alcohol education is lacking and research is poorly funded in comparison with similar other illnesses, such as cancer and heart

Approximately 70 per cent of American adults drink alcoholic beverages with one out of every ten to twelve developing alcoholrelated problems. The consequences of continued heavy drinking include physical, social, psychological and economic family aspects. Currently, at least 10 per cent of all deaths are alcohol-related. Considering that alcohol acts as a poison in our system, it is not surprising that every vital organ in the body can be adversely affected by alcohol consumption. Brain disorders, muscle injuries and weakness, heart failure, gastrointestinal disorders and liver diseases are the major medical complications of excessive drinking. Heavy drinking during pregnancy has detrimental effects on the developing baby and can likely to have psychological result in mental retardation and physical abnormalities.

Alcohol's role as a drug can be either beneficial or adverse. Mild alcohol intoxication can serve as a has contributed to making ocial lubricant" enabling shy and inhibited individuals to loosen up a bit. its support of training and Alcohol has even been utilized in retirement homes to facilitate social indrug, alcohol can also be derstanding of alcohol and sed. Excessive drinking lead to uncontrolled ned by lonely, bored or rehabilitation services, as a happy individuals as a well as reducing the per-orm of self-medication. sonal tragedy of alcoholism.

While alcohol may temporarily relieve the symptoms of such individuals, it is never a cure. Selfmedication with alcohol may lead to alcoholism in addition to the underlying

Economically, problems with alcohol abuse cost our nation approximately \$60billion annually. Includ this amount are reduced production due to workers being absent because of alcohol-related illness, health care expenses and motor vehicle accidents; approximately half of all automobile accidents are alcohol-related.

Alcoholism is obviously a monumental problem. Scientists worldwide are examining the puzzle of why individuals react differently to alcohol. Many believe that a genetic factor is involved. This could explain why children of alcoholics are five or six times more likely to develop alcoholism than people not having a history alcoholism. A genetic factor may also protect certain people from developing alcoholism. It is known that certain ethnic groups, Orientals for example, frequently become sick after consuming only a very little alcohol. Consequently, many are unable to drink enough to become alcoholic. This sensitivity to alcohol has been linked to abnormal liver enzyme. It is estimated that genetic factors could account for as much as 80 per cent of all alcoholism. The remaining 20 per cent is or sociological roots.

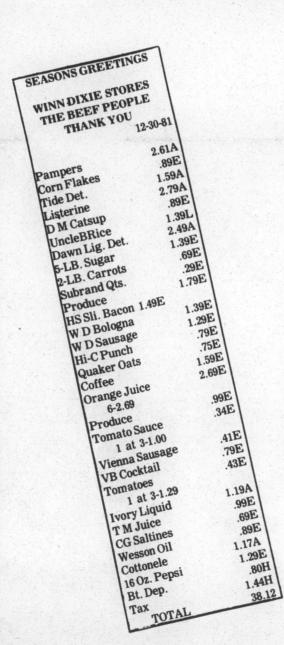
The N. C. Alcoholism Research Authority, comprised of nine members appointed by the governor NorthCarolinaaleadingstate in alcohol research. Through research projects, the NCARA is aiming at the prevention. A greater uneventual reduction in or. It may also be demands for treatment and



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