

Know Your Social Security

By Lee Wallis
Field Representative
Disability Cases to be Reviewed

Under a recent change in the law, most Social Security disability cases will be reviewed periodically to make sure eligibility requirements are still met. Social Security disability checks can be made only for as long as a person's medical condition is considered to be disabling under the law.

receive benefits. A number of them are young, skilled workers considered most likely to recover. And with recent major advances in medical science and rehabilitation technology, many can be expected to return to work eventually. Some recipients who want to try to work even though still disabled are aided by certain provisions in the law.

completed, you will receive a written notice of the decision made in your case. If your payments will end, you will first have an opportunity to submit, within 10 days, any new information or evidence you feel should be considered. You also have a right to request a formal reconsideration within 60 days after receiving a notice you disagree with.

When disability benefits were first paid in 1957, people who qualified had to be at least age 50 and have a condition expected to be of "long-continued and indefinite duration or to result in death."

One allows full benefits to be paid during a 9-month trial work period. Another allows many impairment-related work expenses to be deducted from earnings.

DAR Slide Presentation

A slide presentation on the NSDAR Museum in Washington, D.C. will be given by Mrs. Walter Abbe at the monthly meeting of the Edenton Tea Party Chapter, DAR, at Boswell's Restaurant on March 17.

Because of the strict requirements, less than 1 per cent of these early recipients ever recovered. Most stayed on the disability rolls until they became eligible for retirement checks at 65 or died.

Also, Medicare can continue for up to 3 years if benefits stop due to work, and payments can quickly be restarted if the work attempt fails within a year after the last benefit check.

Preservation of artifacts of the Revolution was a primary aim in the founding of the NSDAR and even before the first formal meeting on Oct. 11, 1890, the founding members had set a goal "to collect and preserve historical and biographical records, documents and relics."

Legislation over the years changed the picture. Today an individual can get benefits at any age if he has an impairment that will prevent work for at least a year and meets the non-medical requirements.

If you are a disabled beneficiary whose case comes up for review, you may be asked for information about your condition or for help in getting a recent medical report.

Since 1890, this material has become an important decorative arts collection and the objects represent American life from the Revolutionary period to 1830. Paintings, silver, glass, porcelain, furniture and other art objects are now housed in Memorial Continental Hall in Washington, D.C.

As a result, people not permanently sidelined by accidents or disease may

Or you may be asked to take a special examination or test at government expense. After the review has been



Mary Jill Copeland

Copeland Appointed To Health Dept.

Mary Jill Copeland of Tyner has received an internship appointment to Bertie County Health Department. The internship is a component of East Carolina University's degree program in School and Community Health Education.

Graduates are eligible for certification as a Public Health Educator and as a public school teacher of health.

In the internship, Miss Copeland will have opportunity to engage in patient education in clinical settings, community information and organization and school health education.

At ECU she is a member of Eta Sigma Gamma Honor Society in health sciences and Kappa Delta Pi Honor Society in education. She is the daughter of Mr. and Mrs. D. E. Copeland, Route 1, Tyner, and a 1978 graduate of Chowan High School.

Recreation Report

Mr. Allstar Results
The Jr. Allstars competed Friday, March 5 in Elizabeth City. In their first game they defeated Elizabeth City by a wide margin and in the second game against Tarboro, Edenton was defeated.

Ladies Exercise Classes
A second session of Ladies Exercise Classes is scheduled to begin Wednesday, March 17. Elizabeth Zarbock will be the instructor and the registration fee is \$5.00. Anyone wishing to register should do so before class time, 9 A.M., Wednesday, March 17. These classes will last for ten weeks, for more information call the Recreation Department at 482-8595.

Save Tax Money By Averaging Says IRS

GREENSBORO — If you've been filing Federal tax returns since 1978 and have had a significant increase in earnings last year, you may be able to save some tax money by income averaging, the Internal Revenue Service says.

Under this method, part of an unusually large amount of taxable income can be taxed at a lower rate, the IRS said. To be eligible to income average, you must meet two tests. First, you must have been a U.S. citizen or a resident for all of 1981 and the four years prior. Second, you must have provided 50 per cent or more of your own support during the four years prior to 1981.

Schedule G. You determine your taxable income for each of the four years prior to 1981 and compute 30 per cent of the total. This figure is then subtracted from your income for 1981 and if it exceeds \$3,000, you may income average. Income averaging requires considerable arithmetic, but if you qualify, it can result in a good tax

saving. Detailed information is contained in Publication 506, "Income Averaging", available from the IRS.

"He that has seen both sides of fifty has lived to little purpose if he has not other views than he had when he was much younger."
William Cowper

SPDK KORNER



Hiding in this puzzle are twelve words about St. Patrick's Day. They read across, up and down, on a diagonal — even backwards! How many can you find?

1. GREEN
2. SHAMROCK
3. IRISH
4. MARCH
5. LEPRECHAUN
6. ST. PATRICK
7. LUCK
8. BLARNEY STONE
9. RAINBOW
10. POT O GOLD
11. SHILLELAGH
12. IRELAND

E L E P R E C H A U N S
D N A L E R I O U B D H
I W O S H A M R O C K I
S O N T B J L P K E P L
H B A W S L U C K C O L
H N E A D Y I R V F N E
S I S C E R E S W H M L
I A T O T I M N O O G A
R R W A F N E E R G L G
I A P M A R C H Y A K H
O T M T G H N T A I L E
S O P O T O G O L D J B



Hollowell's Electrical Service



Route 3
Edenton

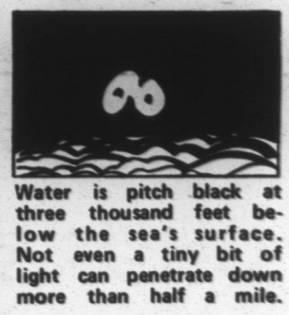
Alvin Hollowell
Owner

(Licensed Electrician)

Phone 482-2608
For Free Estimates

Call After 3:30

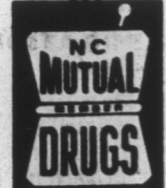
New Work Contractor



Water is pitch black at three thousand feet below the sea's surface. Not even a tiny bit of light can penetrate down more than half a mile.

Time is running out!

Only 1 Week Left
In Our 1982
Coupon Clipout SALE!



Mitchener's Pharmacy
&
Hollowell-Blount Rexall
**1982
Coupon Clipout
Sale**

Values For The Entire Family!

We recently delivered hundreds of coupon books to homes in our community. There is only one week left to take advantage of the outstanding values contained in this booklet.

Register between March 7 and 13 for an RCA Video Cassette Recorder to be given away March 31. See coupon book for details.

MITCHENER'S PHARMACY
&
HOLLOWELL-BLOUNT REXALL

OFFICE EFFICIENCY

Hints To Save You Energy And Money

Part-Time vs. Full-Time
Even if the business you run is small, determining how many of your staff should be permanent and how many part-time can sometimes be a full-time job. One factor that's always a good clue is how much time you... the boss... have to spend in planning an employee's work load. If you find yourself looking for things for an employee to do, you might be better off with a part-timer in that slot.



Are you spending a lot of time planning your employees' work loads?

Determining what office machines you need follows the same rule. If you don't spend much time copying, you don't need—and shouldn't pay for—an expensive machine that won't be used to justify its cost.

One copier, for example, the Xerox 2350 fits on top of a desk, operates at the rate of ten copies a minute and offers two modes of reduction. The 76 percent reduction mode can produce file-size copies of computer printout. The 63 percent reduction mode lets you reproduce two 8 1/2 by 11 inch documents on one side of an 8 1/2 by 11 inch sheet. It's also considered most affordable.

Any way you measure it, you can get more value from an employee or a machine when they fit your budget and can handle a wide range of jobs.

"I JUST STARTED GOING TO CHURCH."



When I was a child my parents took me to church. But after I left home, I got out of the habit. I didn't seem to have the "time". Then one day it dawned on me how much I missed church. I missed the friendship. And maybe, most of all, I missed the opportunity to learn about having faith in God.

I used the excuse that I didn't have time, or wasn't good enough to attend church. But there are so many good churches to pick from here in North Carolina

... I started attending a Baptist church and found people who don't claim to be perfect, but are friendly and care about me and my family.

Now, I have a faith in Jesus Christ and a place to worship. Times are difficult, but my church helps me find strength to get through each week.

Baptist churches throughout North Carolina are conducting special services during this time.

They want to get acquainted with people who want to go back to church. They will be looking for you. Visit during the HERE'S HOPE services.



North Carolina Baptists

Baptist State Convention of North Carolina and General Baptist State Convention of North Carolina, Inc. ©