

Cancer Telephone Service Available

By William Erwin
 DURHAM - "My father-in-law has cancer. Should I boil his sheets?"
 "What are the symptoms of colon cancer?"
 "Is there anyone in Randolph County who could stop by every day or two and check on my mother?"

These are three of the more than 40,000 questions North Carolinians have phoned in over the last six years to the Cancer Information Service at the Duke University Comprehensive Cancer Center.

The service will continue at least another three years, thanks to a \$678,000 contract just renewed by the National Cancer Institute.

North Carolina residents can call the service without charge from any phone in the state by dialing 1-800-672-0943. (Callers using pay phones should work through the operator, as in a collect call. Their coins will be returned.)

Specially trained staff members and volunteers answer the phones from 9 A.M. until 4:30 P.M. weekdays. At other times, callers can leave their names and phone numbers on an answering device; someone from the service will call back.

"The purpose (of the telephone service) is to transfer and translate cancer research findings to the community - both the public and health professionals," said Dr. Diane McGrath, director of the Cancer Education and Communication Program at the cancer center.

All information given over the phone is approved by cancer specialists at one of the state's four medical schools before it is passed on

to callers, she said. "A typical case is an individual who calls and wants to know what the symptoms of a particular type of cancer are," Dr. McGrath said. "A man may have to get up frequently at night, for instance, and have a problem urinating. He's afraid those might be symptoms of prostate cancer. The first thing we tell these callers is not to jump to the conclusion that it's cancer. Those symptoms are indications of a variety of problems."

Cancer information specialists at the service don't just read off a list of symptoms when asked, she said. They try to find out more about the caller first and what's on the person's mind.

"Often the first question asked is not what the caller really wants to know," Dr. McGrath said.

Anyone calling about a possible cancer symptom is encouraged to see his or her doctor. "One of our primary intents is to help the callers in their own doctor-patient relationships," she said.

Toward that end, the service doesn't answer questions about the appropriateness of a particular patient's prognosis. "These are questions only the patient's doctor can answer," Dr. McGrath said.

In addition to providing factual answers about cancer, information specialists at the service can refer callers to sources to help for cancer patients and their families in each of North Carolina's 100 counties. The service mails information as well as giving it over the phone. "We've distributed

more than a million pamphlets," Dr. McGrath said. "Most of the requests have been from people who want to quit smoking."

The telephone service is only the most visible part of a multi-media approach to cancer information, she said. Two quarterly newsletters - North Carolina Cancergram for health professionals and Cancerwise for laymen - also are published.



Deborah C. Brown

Deborah C. Brown Appointed

Officials of the American Lung Association of North Carolina announced the appointment of the new Regional Director of the Eastern Region effective February 1.

Rowland Pruette, President of the Association, said Deborah C. Brown has been named to fill the position of Regional Director which was held by Mrs. Connie Landen until January 31 of this year.

A native of Rocky Mount, Bryan received her undergraduate degree in education from the University of North Carolina at Chapel Hill. She completed her Master's Degree in Educational Supervision at East Carolina University in 1979.

Formerly, Bryan was Director of Howard Memorial Day Care Center in Tarboro for 4 years. Prior to that, she was a teacher with Rocky Mount City Schools. She is a member of Jarvis Memorial United Methodist Church.

Centered in Greenville, the 22-county organization serves, Beaufort, Bertie, Camden, Carteret, Chowan, Craven, Currituck, Dare, Gates, Greene, Hertford, Hyde, Jones, Lenoir, Martin, Northampton, Pamlico, Pasquotank, Perquimans, Pitt, Tyrrell, and Washington counties

Our tax laws say the individual must prove his returns are correct. So play it safe and hold on to those copies of your returns and all supporting information.

March 22-26, Teacher Appreciation Wk.

The week of March 22-26 has been designated Teacher Appreciation Week throughout North Carolina. E.A. Swain P.T.A. urges parents and community leaders to recognize and applaud teachers for their dedication, patience and efforts to constructively mold young lives.

Swain PTA urges parents to write a word of appreciation to their child's teacher and principal today.

Who are the people instructing our youth? Consider: Tons of patience, tenderness and love. Educating today to benefit us all tomorrow. A beacon, guiding our

children along the way. Caring how "they" do and how "we" feel. Helping our young ones through each day. Entertaining, making learning more fun. Round it all up and it's just one word - TEACHER!

Thank you. E.A. Swain Parents Thankful and Appreciative

WORD SEEK™

Famous Structures
 E A B G P G S U E Z C A N A L O K S
 C S N I L M E R K O C R H N L P T L
 A H N R F I L J D K J N A E A A L D
 E O L Y I N L M L G E C N S T R L B
 G D A O T T I Z E K I M W U I C L M
 D E I E U L A U P T C Y E O P D A K
 I R R F M V S I A D T O S H A E H Y
 R T O R S F R V W I F N L E C T E L
 B A M H J R E E C L O C A T S R C O
 N E E I O V O I T N J I I I N N
 Y H M F V S I B T B B Y B H L O E D
 L T N B G D E A A P I S V W O M D O
 K E L C A R N N R H G S U A P P N N
 O B O R T D T I T N B U L S O H E B
 O O C Y E G A P U W E O R A R E P R
 R L N T R A D E C E N T E R C P E I
 B G I J F B E M A F F O L L A H D D
 S N L I B E R T Y B E L L M D J N G
 U E H U A T K R E W O T L E F F I E

Answers: United Nations, Statue of Liberty, Eiffel Tower, Trade Center, Brooklyn Bridge, White House, Lincoln Memorial, Louvre, Arc de Triomphe, Versailles, London Bridge, Big Ben, Vatican, Acropolis, Wasa, Mint, Suez Canal, Capitol, Globe Theatre, Radio City, Hall of Fame, Independence Hall, Liberty Bell, Kremlin

Closeness Is Important

Sometimes people with aging parents forget how important the feeling of family closeness is to those parents.

"Emotional closeness to aging parents may be more important than geographical closeness," says Isabelle Buckley, extension aging specialist at North Carolina State University.

"It may take some ingenuity to keep family ties strong, but it's important for all generations," she explains.

Children should accept, too, the fact that older persons may want to remarry - for companionship, for sexual needs, for the need to have a home and family, or for the need to be needed. The same reasons, Miss Buckley notes, that most people marry.

Garden Club Clinic Held

The Chowan Garden Club held its March meeting at the Cape Colony Club House. John Smith, owner of the Edenton Floral Co., held a floral arrangement clinic with each lady making an arrangement to take home.

Susan Knighton, Elizabeth Zanback, and Ann Giles were appointed to be the Nominating Committee for 1982-83 officers. They will give their report at the April meeting with election at the May meeting.

The April meeting will be a tour of the Elizabethan Gardens in Manteo with lunch at Fisherman's Wharf.

Ann Giles and Joy Obonn reported that corsages and boutonnieres are continuing to be made once a month for birthday recipients at Elder Lodge.

CHARLOTTE LIBERTY MUTUAL INSURANCE COMPANY

is proud to announce the association of **Barbara S. McCleave** with our Edenton Staff.

Mrs. McCleave will be working with sales and service in the Center Hill, Tyner, Rocky Hock, and Edenton areas.

You may contact Mrs. McCleave for help with your insurance needs at 482-3510.

CHARLOTTE LIBERTY MUTUAL INSURANCE COMPANY

Telephone - 482-3510

Social Security News

By Lee Wallio
 Field Representative
 Congress has recently changed the law that determines the amount people with Medicare must pay for the cost of hospital care.

Everyone with Medicare who receives more than 60 days of hospital care during a benefit period, or who receives more than 20 days of care in a skilled nursing facility during a benefit period, must pay part of the daily cost of their care.

Under the old law, the amounts they were required to pay were based on the hospital insurance deductible that was in effect when the benefit period started.

This was true even if the care was received after a new deductible became effective.

Under the new law, the Medicare recipient is responsible for the current year's daily amounts, even if the benefit period has not ended.

A person whose benefit period started in 1981 and who required more than 60 days of hospital care or more than 20 days of skilled nursing facility care that extended into 1982, will have to pay part of the daily cost of care based on the 1982 hospital insurance deductible.

Another change in the law that affects Medicare recipients is the elimination of the "carryover rule" for medical insurance.

Under the old law, any covered medical insurance expenses incurred by a recipient during the last 3 months of a year that counted toward the annual deductible for that year, also counted toward the deductible for the following year.

This carryover rule no longer applies.

Still another change effective in 1982 increases the annual deductible for medical insurance under Medicare from \$0 to \$75.

As a result, a person must have \$75 in approved charges for doctors' bills or other covered expenses in 1982 before Medicare will begin paying 80 per cent of the approved charges for the remainder of the year.

Now Available

\$250,000 Cancer Insurance

- No age limit.
- Effective 10 days after issue.
- For individuals or business groups.
- Pays in addition to other insurance you may have.

- Contact -
Earl G. Harrell
 Phone: 482-2259
 P. O. Box 67
 EDENTON, NC

HOW DOES YOUR PEOPLES BANK IRA GROW?

Fixed Rate or Variable Rate - that's the choice Peoples Bank offers its IRA customers. Peoples Bank wants you to get the most out of your retirement savings so you can get the most out of your retirement.

Variable Rate IRA - A variable rate will be paid based on, and will not be less than, the discounted 91 day Treasury Bill rate. The investment will be a Time Deposit with an 18-month maturity. For as little as \$20.00 per month, you can take advantage of this rate.

Fixed Rate IRA - A \$500 minimum deposit is required and a fixed rate will be paid for 18-months on those funds. A new fixed rate will be established each month.

Daily compounding on our part and regular deposits on your part will give your IRA a snowball effect.

Get your IRA underway with a choice of plans.

To make your Individual Retirement Account as convenient as possible, Peoples Bank offers four deposit plans:

Direct Deposit from Payroll - Peoples Bank's Employer Assistance Program allows you to specify an amount to be transferred from your monthly pay to your IRA.

Scheduled Deposit Plan - Establish your own payment schedule with Peoples Retirement Club. You can use our handy coupon books to make your IRA contributions along with your monthly bills.

Direct Deposit from Checking - Peoples Bank will transfer an amount you specify from your checking account every month.

Direct Deposit from Savings - Specify an amount to be transferred each month from your savings to your IRA.

Peoples Bank
 Member FDIC