

Lord Is Guest Speaker

Some young people make good grades, play sports, get involved in community projects, have lots of friends and have loving families. Some don't!

A meeting for all adults and youth, sponsored by the Chowan County Youth Task Force, is scheduled for 7:30 P.M., March 25 in the Edenton Municipal Building. The meeting will be the high interest event for Youth Awareness Day, which received the endorsement of the Chowan County Commissioners at their February meeting with the signing of a Proclamation. The Proclamation encouraged the citizens of Edenton and Chowan County to come together to bring about community changes that contribute to youth problems.

A statewide effort to form Positive Youth Development (PYD) programs in every county has recently been initiated by Governor James Hunt and his newly created Executive Cabinet on Juvenile Affairs.

Vivian Lord, a member of State Positive Youth Development Training Team will be the keynote speaker for the Youth Awareness Day Program. She will offer an overview of PYD programs and how they can help local youth. Mrs. Clara Boswell, former Youth Task Force chairman who is helping to coordinate Youth Awareness Day activities, pointed out that "Sixty per cent of today's population are teenagers, who will be 100 per cent of the future's adults." "There is a need,"

she continued, "to work together with children in making step-by-step long range plans to make things better for them."

Positive Youth Development is the active process of calling upon citizen participation and community resources in an effort to make things better for young people in communities with delinquency



Vivian Lord

prevention as a goal. Vivian Lord, the keynote speaker for the program, is well qualified. She graduated in 1975 from the University of Georgia Cum Laude with a B. A. in Sociology - Criminology. In 1979, she received her Master's Degree in Criminal Administration from Goddard College. She is presently doing post graduate work in the area of Human Resource Development at North Carolina State University. She has also completed various training courses related to her field.

Vivian Lord has instructed on many problems, including crisis intervention, rape, sexual

abuse, and local strategies, throughout North Carolina. At present, she is an Instructor - Coordinator for the North Carolina Justice Academy.

Lord is also a member of the Juvenile Officers' Association, the North Carolina Association of Community Alternatives for Youth and the American Humane Association.

Recipient

Mary Beth Baxley, a resident of Cullowhee and a student at Western Carolina University, was named as this year's recipient of the North Carolina Speech, Hearing and Language Association (NCSHLA) Scholarship Award.

Mrs. Baxley competed with students throughout the state for the award which carries a stipend of \$1,000. Selection was based on scholastic achievement, research potential, clinical excellence and involvement in professional activities. Currently completing certification requirements in communication disorders at Western Carolina University, Mrs. Baxley

Continued On Page 8-A

For And About Women

Thursday, March 25, 1982

THE CHOWAN HERALD

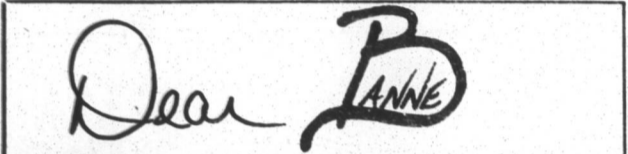
Page 3-A



Grace E. Adams

Spring Cleaning

RALEIGH — Spring cleaning can be dangerous to your eyes, the N. C. Society of Ophthalmology warned today. While that may provide a welcome excuse to some for avoiding such chores, medical eye doctors remind others that care is essential in the use of household cleaners.



Dear BANN,
Help! I'm in a rut and can't seem to climb out. I go to work each Monday through Friday and then rush home to tend to the household matters. A woman, only 30, with a happy family shouldn't think like this. When I retire to bed each night I can't help but feel that I've been cheated. Each day drifts into the next. The family income can't support a vacation at this time but I do need a break. Advice is needed because I can't kick it myself.

Signed
Not enough time!

Dear Not enough time,
Just calm down and relax. You're certainly not alone in this case. Millions of women complain that they haven't enough time for themselves. The only solution is to just make time.

Give the family some independence and stop worrying about every dust ball or dirty dish. Find yourself a couple of hours each day and call it yours. Morning is a wonderful time for a nice walk or good book. The family is important but then so are you. Treat yourself today!

ATTENTION!!

The Edenton National Guard Ladies Auxiliary will sponsor a flea market and arts and crafts bazaar at the new Edenton National Guard Armory at Edenton Airport.

Saturday, April 17, 1982
8:30 A.M. - 2:00 P.M.

\$8.00 per space

Individuals and clubs are invited to participate in this project. Reserve your space now by calling Shirley Kirby at 482-2207, Mearplene Peoples 482-2857, Cathy Everson 482-3311.



INSIGHT INTO EYESIGHT

DR. A. F. DOWNUM, JR.
OPTOMETRIST

The New Look Of Contacts

People who have been wearing glasses for years and switch to contacts are amazed at the new look it gives them.

YOU know you're wearing corrective lenses, but nobody else can tell. The small, thin, plastic lens fits directly over the cornea, taking the blur out of this "window of the eye" when looking at objects close up or far away. When the eye moves to look at something, so does the contact lens.

There are other advantages to this new look. When nearsighted people wear glasses, this tends to make their eyes look smaller than they are. It all depends on how much correction is needed for their nearsightedness. People who are

farsighted and wear glasses find their eyes look larger than they are.

But there's no change in the size of the eyes when you wear contacts. They look just like they should look, with the same natural shape and size you were born with. You have to learn how to insert and remove contacts and how to keep them germ-free. They require more care than glasses. But there's no substitute for the natural look.

In the interest of better vision

from the office of:

A. F. Downum, Jr., O.D.
103 W. Eden Street
EDENTON
482-3218

Miss Adams To Marry

Mrs. John Erwin Adams of Laurinburg, North Carolina, announces the engagement of her daughter, Grace Eugenia Adams of Rocky Mount, to Charles Christopher Bean of Edenton.

Miss Adams attended Greensboro College and was graduated from Campbell College. She is employed by the Nash County Board of Education as an elementary teacher.

Mr. Bean is a graduate of the University of North Carolina at Chapel Hill and the Wake Forest University School of Law. He is the son of Mr. and Mrs. Charles C. Bean of Burlington. Mr. Bean is an attorney in Edenton.

The wedding is planned for June 19 at the First United Methodist Church of Laurinburg.

"Knowledge is the only elegance."
Ralph Waldo Emerson

Society News

—O—
Mr. and Mrs. Raymond Mansfield have returned home after attending Mrs. Mansfield's sisters funeral in Salisbury, Md.

—O—
Mr. and Mrs. Tom Hopkins have just returned after spending sometime visiting their son and family Larry (Bubba) Hopkins in Palm Beach, Fla. They also visited a niece in Winter Haven, Fla.

—O—
Mr. and Mrs. Patrick Griffin and daughter, Regina, of Belhaven, N.C., and Mr. and Mrs. Kenneth Ormand and family, Kristy, Kary and Kenneth Jr., of Bath, N.C. visited Mr. and Mrs. Michael J. Jordan and Shannon this past weekend.

—O—
Mr. and Mrs. Robert M. Wiltshire, Sr., of Richmond, Va. spent this past weekend visiting her sister, Sara Miller.



Helen G. Pruden



Nell R. White

Engagement Is Announced

Mr. and Mrs. Watson Earl White of Edenton announce the engagement of their daughter, Nell Renee, to Gene L. Broman. Their marriage will be solemnized on April 24 in the Salt Lake Temple.

The prospective bridegroom is the son of Mr. and Mrs. Gene F. Broman of Valencia, California.

Miss White will graduate this semester from Brigham Young University with B. S. degree in Child Development and Family Relations.

Mr. Broman served a two year Mormon mission in Paris, France, and is currently studying accounting at Brigham Young University.

Wedding Plans Are Revealed

Mr. J. Norfleet Pruden announces the engagement of his sister, Helen Goodwin Pruden, to Paul Robert Kaufman of Belmont, Mass.

The future bride is the daughter of the late Mr. and Mrs. James Norfleet Pruden, Jr. of Edenton, and is a graduate of St. Mary's College and the University of North Carolina at Chapel Hill.

The prospective groom is the son of Mr. and Mrs. Robert J. Kaufmann of Belmont, Mass., and is a graduate of Beloit College and received his MBA at the American University of Washington, D.C.

Miss Pruden is an Account Executive at Robinson Associates in Boston. Kaufmann is a Finance Manager at Digital Equipment Corp. in Boston.

A May wedding is planned in Belmont, Mass.

LATE SHOW THIS FRI & SAT AT 11:30
A KARATE CHALLENGE
A KARATE SPECTACULAR
SHE'S A CHALLENGE
"SISTER STREET FIGHTER"
AT 11:30 ONLY

CONTINUING.....

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10:00 A.M. Until 5 P.M.
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Until 1:00 P.M.

Nightly By Appointment

Elizabeth Woolard
Marcela Crandall
Frances Copeland

Views On Dental Health



Richard N. Hines, Jr.
D.D.S.
Fellow of The Academy of General Dentistry

Sweet Tooth - No Tooth

If you have a "sweet tooth", you'll probably have to pay a penalty for your pleasure. This is especially true for youngsters and that penalty will be found in the form of increased dental decay. Too much sugar or sugar-sweetened foods taken too often bring on the plaque brigade in full force. When the bacteria in plaque (an invisible film on your teeth) combines with sugar, it forms an acid which eats away at teeth causing decay and a host of other problems. Plaque has a sweet tooth of its own. Don't feed it.

complete week. The children's teeth were then examined and the results were matched with the diet diaries. The findings showed that children who liked more between-meal sweet snacks had more cavities than those who ate less. They also found that children who ate more fruit and vegetable treats had fewer cavities than those who liked candy-cookie-cake treats. Keep that sweet tooth under control. You'll be glad you did.

A public service with the aim of promoting better dental health environment. From the office of RICHARD N. HINES, JR., D.D.S., 83 South Broad St., Edenton, N.C. Phone: 482-2778.

"We Cater To Cowards"

Catalog stores and sales agencies

WARD Truckload Appliance Sale

Every major appliance in the store is on sale now thru April 28!

359.88 1 1/2 cu. ft. refrigerator Freezer Buy now, get \$20 credit!	279.88 1 1/2 cu. ft. refrigerator Freezer Buy now, get \$20 credit!	499.88 18 cu. ft. frostless refrigerator-freezer. Buy now, get \$20 credit!
299.88 2 cu. ft. freezer Buy now, get \$20 credit!	299.88 Chest freezer Buy now, get \$20 credit!	699.88 Video Cassette Recorder Buy now, get \$20 credit!
339.88 1 1/2 cu. ft. refrigerator Freezer Buy now, get \$20 credit!		

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South Broad Street
Or Phone 482-4469

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Peanut City Hams.....lb. \$1.49
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Whole Rib Eyes.....lb. \$3.49
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Franks.....99¢
Carolina Fryers.....lb. 49¢
2-liter Cokes.....each 99¢
Vent-Vu 10lbs.
White Potatoes.....\$1.99

Rocky Hock Grocery

George Dracdy, Owner
Formerly W.A. Smith
Route 1 Edenton Phone 221 4031

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NOW \$79.95 WITH THIS AD PLUS up to \$26 of custom options FREE!

Your class ring will always have special meaning. Order it now at this special low price and get your choice of these custom options free!

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