

Home Care Week Proclaimed

Gov. James B. Hunt has proclaimed the week of November 28 through December 4, 1982, as Home Care Week in North Carolina. Home Health Services are available to all citizens in need of home health care and their families.

To most people there is no place like home. This feeling is often intensified in times of stress or illness. The Home Health Service, a component of the District Health Department, is an agency designed to assist ill persons to remain at home instead of possibly experiencing lengthy hospital stays or nursing home placement. By remaining in familiar surroundings and with the support of family members the quality of life is enhanced for many who would otherwise be in the hospital or nursing home.

Skilled nursing care and other professional services such as physical therapy, speech therapy, and medical social services are provided in the home. The home health aide is often utilized to provide care under the direction of the registered nurse. Pa-

tients do not have to be bedridden but must be essentially confined to the home to qualify. The physician must order the service. Changes in the patients' condition are reported to the doctor in order for him to make appropriate changes in the plan of care as needed. Services may be paid for by Medicare, Medicaid, private insurance, or a sliding fee scale.

The health team assists patients and families to learn techniques of self care or home care by a family member. Someone must be responsible for the patients' care when the Home Health personnel are not in the home since the services are only part time. Areas of teaching may include such activities as diabetic teaching, including insulin injections, skin care, and exercises.

Treatments are provided as specifically ordered by the physician, such as catheterizations, special dressing, and injections. Frequently patients need only a few visits by the Home Health staff following hospitalization to assist during the recovery

period. For others care may be needed for long periods of time to prevent nursing home placement. Some patients with terminal illness wish to remain at home with the support of their physician, their minister, their family, and the Home Health staff.

With the increasing demand for nursing home beds in this area, Home Health Services can help to prevent unnecessary nursing home placement or extended hospitalizations in many cases. The quality of life for many is enhanced, especially for our elderly citizens who have learned through experience and have so much to offer through their influences. Home Health can be another way of providing care and remaining where many people would rather be, at home.

For services in Pasquotank, Perquimans, Camden, Chowan, or Currituck counties Call 338-2167.

"Procrastination is the art of keeping up with yesterday." Don Marquis

Sale Of Revenue Bonds Totals \$450-Million

RALEIGH—The N.C. Local Government Commission sold a \$450-million issue of electric revenue bonds November 24 on behalf of North Carolina Eastern Municipal Power Agency (NCEMPA).

The Board of Commissioners of the Power Agency met at 10:30 A.M. in Wilson City Council chambers to confirm the sale. The Agency's lead underwriter, Smith Barney, Harris Upham & Co.,

reported that the tax-exempt issue had been fully subscribed.

The true interest cost of the entire loan was 11.36 per cent. The issue was rated A by Moody's, and Standard & Poor's, the independent rating agencies. The bonds are in denominations of \$5,000.

It is the third issue for the Power Agency, which

represents 32 municipal electric systems in Eastern North Carolina, including Edenton. Initially, NCEMPA issued \$400-million in bonds on April 1 and \$450 million on July 16, 1984.

Proceeds from this bond sale will be used to purchase additional ownership interests in seven generating units presently operating or under construction on the Carolina Power & Light Company (CP&L) system.

To complete acquisition and construction of all units included in the joint project with CP&L, NCEMPA will issue an estimated total of \$2.85-billion in bonds through 1994.

An engineering report prepared for the Agency estimated that over the next 20 years, the Agency's power costs will be 5.5 to 6 per cent lower than the cost of the same amount of power bought

at wholesale from the private utilities. It projects cumulative monetary savings of \$1.1-billion through the same period and \$6 billion over the life of the bonds.

Principal and interest on the bonds will be paid from the revenues of the electric utilities operated by the municipalities participating in the Agency project. No pledge of the municipalities' taxing power is involved.

Self-Awareness Clinic

A Self Awareness/Health Clinic was held Saturday, November 20, 1982 at the Shepard Pruden Memorial Library for contestants who are participating in the upcoming Miss Vogue/Mr. Esquire Pageant.

The pageant is sponsored by Nu Eta Omega Chapter of Alpha Kappa Alpha Sorority Incorporated, located in Edenton, N.C.

The Self Awareness/Health Clinic included the following mini sessions conducted by area consultants: Drug and Law Enforcement—Mr. Ellis Paul; Health Consultation—Dr. James Slade; Dental Hygiene—Dr. Mary Marshall; and Potpourri—Sorority Members.

The purpose of the clinic was to give each contestant a better insight toward self and health care. Contestants who participated in the clinic were students from Camden High School; Lettie Bogues, Melody Brothers, Wendy Evans, Sheila Hughes, Sharon McPherson and Victor Spence. From John A. Holmes High: Yolanda Banks, Lawrence Bonner, Sandra Chesson, Kim McCleave, Patricia Halsey, Margaret Harrell, Ken Jones,

Denise Leigh, Ernest Riddick, Yolanda Shields, Pamela Spruill and Darran White. From Northeastern High: Valerie Sutton. From Perquimans County High: Bridgette Bryant, Zinnie Parker, Sandra Thatch and Keith Welch.

There are other high school students who will be participating in the Miss Vogue/Mr. Esquire Pageant, but were unable to attend the Self Awareness/Health Clinic. The next clinic is scheduled for December 4, 1982.

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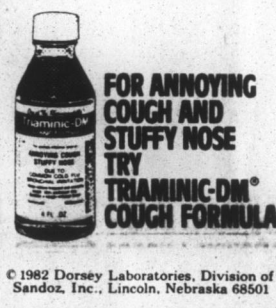
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