

## Teenagers And Alcohol

C. Everett Koop, M.D. An important decision facing many young people is whether and how to use alcoholic beverages.

Most teenagers have tried some alcoholic beverage by the time they graduate from high school. Studies have shown that as many of these youngsters approach early adulthood and become more independent of their families, their drinking increases both in frequency and in quantity. Although alcohol dependence is not common among teenagers, experimenting with alcohol can result in many other serious consequences. Surveys have found that approximately 3 million young people aged 14-17 years old have problems with use of alcohol. More than three million, or 27 per cent, of all 10-12th graders drink at least once a week; more than half of these youths at their vulnerable age drink heavily at least once a week. Six per cent of 12th graders report that they drink daily.

One of the most tragic consequences of youthful alcohol abuse is the high number of fatal automobile accidents. More people between 15 and 24 years old die from this cause than from any other. countless others also are killed or injured in accidents involving teens and alcohol.

In October, Secretary of Health and Human Services Richard Schweiker declared that alcohol abuse by young Americans and its resulting tragedies are a "challenge to our national conscience," and initiated a major offensive to mobilize public and private action against the problem.

The Secretary's initiative includes conferences in 10 U.S. metropolitan areas to help teachers, school principals, PTA members, and others in the educational and health system expand alcohol abuse prevention and education programs; another series of meetings to train persons to assess the need for and develop community-based treatment services for youth; and a Secretariat Conference in Washington, D.C. in Spring 1983 to draw national attention to the work of students themselves against drinking and driving. One youth movement, Students Against Driving Drunk, has spread rapidly from its inception in a small Massachusetts community, and there are similar efforts around the country.

"We cannot bring back those who have died, but we can spare others," Secretary Schweiker said in launching his drive against teenage alcohol abuse.

Besides the carnage it causes on the road, teenage drinking causes other problems. It can interfere with day-to-day relationships with friends and family members, or with school work. It often is a contributing factor when

teenagers get in trouble with school authorities, or with law-enforcement agencies. As a physician, I have seen many cases of alcoholism which started with adolescent alcohol abuse. I know the effects can be long-term, as well as short-term.

Preventing teenage drinking problems is a challenge facing our entire society. It must be solved by the combined efforts of many sectors. Of crucial importance are parents' attitudes toward drinking. Parents are the earliest role models for teenagers. If a teenager sees his or her mother and father practicing moderate drinking, such as refusing unwanted alcoholic beverages even when there is social pressure to drink, the chances are better that the youngster also will adopt healthy drinking attitudes and habits.

A major role in preventing alcohol abuse also can be played by educators, health professionals, and community agencies through providing alcohol education programs. In fact, programs proven to be the most effective have extended from schools into comprehensive programs aimed at educating the entire community, enlisting the collaboration of parents and community organizations and institutions. A variety of approaches have included providing alternative activities, influencing attitudes through the media, and promoting community involvement.

States and local communities across the Nation currently are conducting media campaigns and other prevention activities in connection with public education and prevention programs of the National Institute on Alcohol Abuse and Alcoholism. Adults involved in prevention programs also have a chance to examine their own attitudes about alcohol. If you are interested in becoming involved in alcohol abuse prevention for young people, contact your State office for alcohol abuse and alcoholism. Or write to the National Institute on Alcohol Abuse and Alcoholism, Division of Prevention and Research Dissemination, Room 16C-10, 5600 Fishers Lane, Rockville, Maryland 20857.

I call upon you to join the campaign against the tragedy of teenage alcohol abuse.

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## Carowinds In Search Of Performers For Shows

CHARLOTTE—Carowinds theme park will be launching a massive six-city talent search in late January to find performers for its 1983 live shows program.

The search will begin with auditions at Carowinds theme park on January 30.

Auditions will also be held at the University of South Carolina in Columbia on Jan. 31; East Carolina University in Greenville, N.C. on Feb. 1; University of North Carolina in Chapel Hill on Feb. 2; University of North Carolina in Greensboro on Feb. 3; and the North Carolina School of the Arts in Winston Salem on Feb. 5.

Carowinds Live Shows Manager Bill Miller stated that the park needs approximately 100 performers and technicians to work in the 77-acre theme park's eight live shows.

Representatives from Taft Attractions, Carowinds' parent company, will also be present at the auditions in search of talent for Taft's other parks in Richmond and Cincinnati.

"We need singers, dancers, musicians and specialty acts such as magicians and jugglers," stated Miller.

Miller reported that over 1,000 performers auditioned for the live shows last year, and he expects an even higher number to compete for these jobs in 1983.

Said Miller of the benefits of being selected for a Carowinds live show, "By performing in our shows, individuals not only receive in-

struction by professional choreographers and music directors, but also receive the discipline and stage presence acquired from participating in a long running show."

Miller added that previous Carowinds performers have been selected by Taft Attractions to perform on cruise ship lines, in U.S.O. tours overseas and in industrial shows.

Carowinds live show alumni have also gone on to perform in stage shows in Las Vegas, dance in Broadway musicals and even compete in the Miss America pageant representing North Carolina.

Auditions will be held on a first-come, first-served basis. No appointments will be taken, and the individuals must be 16 years old.

Singers should bring music for two pieces in the proper key. An up-tempo and a ballad are preferred. Auditions are limited to two minutes, and a piano accompanist will be provided (a cappella singing is not permitted).

Dancers should prepare a two minute routine which best demonstrates their talent. A cassette player and phonograph will be available for accompaniment.

Instrumentalists should also prepare a short selection; however, they will also be required to sight read. A piano will be provided at all audition sites.

All instrumentalists will be auditioned as individuals. Carowinds does not hire musical groups with the ex-

ception of Bluegrass bands. Feb. 6.

Interviews for technicians will be held at the School of the Arts in Winston Salem on Feb. 5.

Technicians, costumers, Hanna Barbera characters and usherettes will also be interviewed at Carowinds on

More information on the Carowinds auditions can be received from the Carowinds Live Shows Department, P.O. Box 240516, Charlotte, N.C. 28224, (704) 588-2606.

Carowinds will reopen for its 1983 season on March 19.

## Sports Officiating Course

Area baseball and softball coaches and umpires will have pre-season opportunity to dust the cobwebs off their rulebooks for the two popular summer sports activities at College of The Albemarle next month.

The college's continuing education division has scheduled two "Sports Officiating" courses that cover the intricacies of regulations and mechanics for each sport. The baseball segment will begin on January 3, followed by softball-related classes starting on January 5.

Each course will continue for eight weeks, meeting from 7 P.M. until 9 P.M. on respective class nights. Baseball classes will meet in Room A-201, and softball in Room A-210 at the North Road Street campus in Elizabeth City.

The courses will be taught by Roy Perkins, Hertford waterplant supervisor. The retired U.S. Marine has been engaged in officiating for more than 30 years. He attended the umpires' school in Fort Lauderdale, Fla.

Perkins umpired for two years in the Hawaii Rainbow Classic, and has worked with a number of colleges, including Clemson in South Carolina. He presently officiates games for Chowan and Louisburg colleges as well as for the N.C. Babe Ruth tournaments.

The fee for each course is \$15. Registration will take place during the first two class sessions.

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**HISTORIC DISTRICT**—SOLD—Victorian home on quiet street, seven bedrooms.

**FANTASTIC BUY!**—Country Club area. Owner must sell. 4 BR brick ranch. Over 2000 sq. ft. ½ acre, fenced lot, Garage, family room with fireplace, 9½ per cent assumption.....\$60,500

**CHOWAN BEACH**—House on 2 lots. 2 BR, 1 bath, screened porch, 1 outbuilding. Priced to sell . . . \$18,500.

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**MORGAN PARK** — Lovely 3 BR brick ranch in excellent condition, central heat and air, built-in, 9½ per cent assumption . . . . . \$65,000.

**NEAR TOWN**—Attractive brick veneer home on ½ acre wooded lot, 3 BR, LR, den, dining area, 1½ baths. 10 per cent APR owner financing . . . . . \$39,500

**4 BEDROOM HOME** — On 2 acre lot. Convenient to town, 2 full baths, LR, family room w-woodstove, central air and oil furnace, 3 yrs. old, outbuildings. 10 per cent APR owner financing . . . . . \$42,000.

**BRICK HOME** — Three BD, 2 baths, large livingroom with fireplace, dining room, kitchen. Well insulated. Central heat and air. Two car garage and workshop. 12 per cent owner financing . . . . . \$49,500

**SNUG HARBOR** — Two bedroom frame house . . . . . \$18,500.

**CAPE COLONY** — 3 bedroom home, eat in kitchen, living room with fireplace, workshop on the water. 10 per cent owner financing . . . . . \$39,000

**SMALL HOUSE IN COUNTRY** — 1 year old . . . \$14,400

**TWO BEDROOM HOME** — In town, living room w-fireplace, bath, eat-in kitchen, screened porch, fenced backyard. Make an offer.

**HISTORIC DISTRICT** — Spacious 2½ story home with large, beautifully landscaped yard, 6 bedrooms, 2 full baths, 2 half baths, 2 car garage, workshop, guest house, recreation room, water view.

**APARTMENT HOUSE** — Good location in town, 5 apartments, 3 lots. . . . . \$40,000.

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**ACREAGE** — Three lovely acres in a choice location, privacy. 12 per cent owner financing . \$10,000.

**WATERFRONT** — Elegant home in a spectacular setting on the Albemarle Sound, featuring, foyer, great room, 3 or 4 bedrooms, Florida room, 2 full baths and 2 half baths. Plus 3 bdrm guest house. 1.1 acres with sandy beach. 12 per cent owner financing.

**COMMERCIAL BUILDING** — On 2.6 acres with 365' of highway frontage - 12 per cent owner financing . . . . . \$65,000.

**HISTORIC DISTRICT** — Charming 4 BD home with 2 full baths, eat-in kitchen, formal dining room, LR, den, and utility room. Beautiful yard. Price reduced . . . . . \$47,500.

**Waterfront Lots** — Snug Harbor and Arrowhead. Other Lots and Acreage For Sale.