## Honor Roll Continued From Page 8-B

A-B Hener Rell Teresa Dail, Denita Elliott, Lisa Lassiter, and Lori Nixon. A-Honor Roll

> **Chris Rountree A-B Honor Roll** Tammy Copeland

Jody Anderson, Terri Reid, White, and Robin Ball. A-Honor Roll 8-C

**A-B Honor Roll** Kecia Coston, Deborah Hollowell, Linda Mizelle, Dean Odom, Frankie Pearce, Robin Tynch and Todd Watson.

**A-Honor Roll** 8-D Liza Vaughn Catherine Byrum, C. J. Coston, Dorothy Moore, and Brendette White. **A-Honor Roll** 

**A-B Honor Roll** Terrylynn Adams, Sherie Harrell, and Edward Tripp. **A-Honor Roll** 

8-E

**A-B Honor Roll Teresa Drew Richard Lane** 

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PAINLESS, ALMOST!-Biology instructor David Gregory's young students didn't seem to mind the little pain involved in finding their blood types during a lab exercise in a Summer College for Kids class last year at College of The Albemarle. The summer session for third through sixth graders will begin on July 5. Registration of the six classes this summer will be held from 12-noon until 6 P.M. on June 27 - 28 at the college. (COA Photo)

## The Menhaden Is A Possible Everyday Food Item

fertilizer. Through the products.
research efforts of Dr. Tyre Surimi is the result of a

panding North Carolina's ex-

1

isting menhaden industry.

Lanier, a food scientist at Once the menhaden is made The menhaden, unfamiliar N.C. State University, is into surimi, it can be fish to most North Caroli- developing the technology to manufactured to look and nians, but quite abundant off use protein from the our coast, was once thought of menhaden in surimi, through the addition of real strictly as a source of organic Japanese-style minced food

C. Lanier, the menhaden has deboning, washing and filterthe potential of becoming an ing process that yields bland everyday food item and ex- tasting minced fish proteins.

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taste like any shellfish shellfish meat, flavoring and food coloring. According to Lanier, the use of the menhaden as a food source is a relatively new idea

in America even though it accounts for 39 per cent of all fish and shellfish caught in the U.S. and more than 49 per cent of the total catch in North Carolina.

Ground menhaden meal is used as a nutrition additive for poultry feed and menhaden oil is used in the manufacture of margarines abroad and as an ingredient in antibiotic culture media.

Using Lanier's process, approximately 25 per cent of the menhaden could be recovered for use in surimi and the remaining 75 per cent processed in North Carolina's existing menhaden industries for use as fish meal and oil.

Surimi is a popular food item in Japan and the import of surimi food products into the U.S. from Japan rose from 6-millon pounds in 1981

to 18-million pounds in 1982. Lanier credits the popularity of the surimi-based products on the rising cost and scarcity of fresh shellfish. He added that surimi products cost about half the price of the real thing and are very nutritious because they consist of the best fish proteins.

### Educational **Programs**

Touch Table Touch Children's Story and Hours, Exploring the Estuary House spent several hours Programs, Recreational continuing to debate the Crabbing and Seafood Department of Defense Samplers are just a few of the authorization for 1984. This is public educational programs a most complex bill, and in a being offered at the N.C. period of some three weeks Marine Center/Roanoke Island this been spent concerning this

The Marine Resources teen titles to the bill, and in Center, open from 9 A.M. to 5 spite of the great amount of P.M. weekdays and from 1-5 time consumed in considera-P.M. on weekends, offers a tion, we have not fully convariety of marine educational cluded the discussion of Title programs for area residents I. Of course, this Title is the and visitors. All center pro- most controversial of them all grams are offered free of as it authorizes certain procharge.

A complete three-month listing of summer programs is available upon request. The summer calendar can be a valuable aid in planning an outing to the center or vacation trip to the Outer Banks.

Several programs do require pre-registration. The Marine Resources Center is located north of Manteo and adjacent to the Manteo

# - The Washington Report -

tional negotiating sessions -During the past week the on Disarmament before any weapons can be assembled Allows scheduled completion of our production facilities and procurement of long lead parts and components but prohibits the Resources now, part of each week has assembly of binary munitions - Greatly strengthens our legislation. There are fournegotiating position in Geneva by putting the Soviet Union on notice that we seek a meaningful treaty but do not intend to continue to be duped into unilateral disarmament while Russia continues to produce and use chemical weapons curements. An amendment - Has received the Ad-

> focused on achieving a treaty alternative to help obtain efto ban the manufacture, fective arms control. possession, or use of all When the time expired the chemical weapons - not unilateral disarmament. Among other things, the

was offered Wednesday which

amendment had carried by a margin of some five votes, but several Members, after roll amendment provided were as call was completed, changed their votes and finally the - Strictly prohibits the assembly of any binary four votes. I supported this weapon prior to October 1985 amendment because I do not think any nation should proceed in the matter of stockpiling chemicals. During the debate it was pointed out that this nation already has an adequate supply.

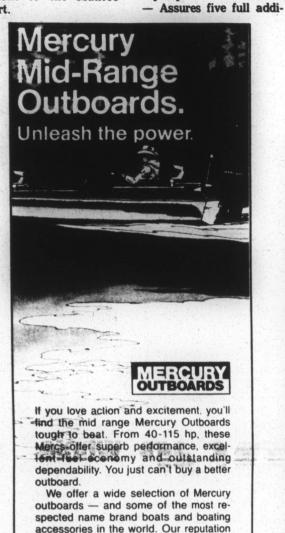
ministration's support as an

In other House action, our Committee had three bills, all child-care centers and feeding of which were on the Suspen- facilities for the elderly.

sion Calendar, and thus con-2-1/2 years - at the Committee sidered to be noncontroversial. Votes were demanded on two of the bills, but in each case the legislation carried by an approximate 10 to 1 margin.

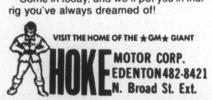
Another matter created quite a bit of conversation on the House Floor was the U.S. Supreme Court ruling on the very sensitive question of abortion. As many of you know, they ruled that, broadly speaking, it is the right of a woman to have an abortion. if she chooses.

The House also approved by a vote of 389 to 18 to authorize Department of Agriculture to make available cornmeal, rice, honey, flour and wheat as well as dairy products for a two-year program starting October 1, all of which products the USDA has heavy surpluses. Aiready the government has reduced its surpluses of butter and cheese amendment was defeated by by making them available to our unemployed and lowincome citizens. The bill would give emergency feeding centers priority on most available commodities, to be determined each year by the Secretary of Agriculture, but the program also would allow shipments to schools,



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